

THE J. DAVID GLADSTONE INSTITUTES

2004 Lipid Disorders Minifellowships

March 25 – 27 (MME0412A), June 10 – 12 (MME0412B),
and October 21 – 23 (MME0412C)

2004 Lipid Disorders Updates

May 15 (MME0413A) and December 4 (MME0413B)

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The Lipid Disorders Courses are educational opportunities designed specifically for cardiologists and other physicians, pharmacists, nurses, and dietitians. **Thomas P. Bersot, MD, PhD**, and **Mikelle McCoin, MPH, RD**, of the Gladstone Institute of Cardiovascular Disease and **various guest faculty** will conduct intensive, two-and-a-half-day Minifellowships and one-day Saturday Updates on Lipid Disorders. The Update courses are designed for graduates of our Minifellowship course or those with a similar knowledge base.

Minifellowships

Subjects discussed include lipid treatment guidelines, diagnosis of various dyslipidemias, pharmacologic treatments for lipid disorders, features influencing treatment, and results of recent clinical trials. A unique feature of the minifellowship is a demonstration clinic in which course participants see Gladstone Lipid Clinic patients and analyze their treatment. Course lectures will be held at the San Francisco Airport Westin Hotel, and the demonstration clinic will take place at the Gladstone Lipid Clinic, San Francisco General Hospital. This program is partially supported by an unrestricted educational grant from Merck & Co., Inc.

Minifellowship Agenda

Thursdays (8:00 a.m. - 4:30 p.m.) Lecturers: Dr. Bersot, Ms. McCoin, Guest Faculty

Continental Breakfast/CME Registration

Structure, Composition, and Metabolism of Plasma Lipoproteins

Primary Hypercholesterolemia Disorders

Triglyceride Disorders and Secondary Hyperlipidemia

The Rationale for Treatment: Epidemiology and Clinical Trials

Lunch (included)

Nutrition Guidelines for Dyslipidemia and Basic Nutrition Assessment Techniques

Pharmacologic Treatment of Hyperlipidemia and Review of Treatment Guidelines

Atherogenesis/ Endothelial Function

Fridays (9:00 a.m. - 3:45 p.m.) Dr. Bersot and Staff

Demonstration Clinic (transportation will be provided)

Saturdays (8:30 a.m. - noon) Lecturers: Dr. Bersot, Ms. McCoin

Continental Breakfast

Alternative Nutrition Therapies

Special Populations: Patients with Low HDL Cholesterol Levels, Elderly, and Women

Case Presentations

Updates

The one-day Updates are designed for graduates of our basic course and as an advanced lipidology course for cardiologists, endocrinologists, and other specialists with comparable knowledge and experience in the management of dyslipidemic patients. Updates provide the latest information from clinical and basic research. Specific topics are based on newly available, practical information. The Updates will be held at the San Francisco Airport Westin Hotel from 8:30 a.m. to 4:00 p.m.

Registration

While all of these programs are primarily targeted to physicians and pharmacists, we strongly encourage participants to invite a clinic nurse, counselor, and/or dietitian to attend. Registration fees are detailed for both courses on the accompanying registration form. The fee includes all instructional materials, planned group meal functions, and CME certificate. Space for this program is limited, so please register today! For more information, contact the UCSF Office of CME at (415) 476-5808 or (415) 695-3847.

CME Accreditation

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this educational activity (the Minifellowship) for a maximum of 16 category 1 credits (6 credits for the Updates) toward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the activity.

Pharmacists licensed in the State of California, nurses, and dietitians also receive course credit.