The Adult Congenital Heart Association invites adults born with heart defects, their families, and interested health professionals to the

ACHA FOURTH NATIONAL CONFERENCE

Crowne Plaza San Francisco International Airport

Co-sponsored by UCSF and Stanford University
ACHA FOURTH NATIONAL CONFERENCE
9:00 am Friday, Sept. 15 – 12:30 pm Sunday, Sept. 17
at the Crowne Plaza San Francisco International Airport

The Adult Congenital Heart Association (ACHA) invites adults born with heart defects, their families, and interested health professionals to attend ACHA’s Fourth National Conference. This event will bring together top ACHD specialists from throughout the U.S. to provide the latest information in ACHD research, treatment, and resources. It also offers a unique opportunity for the heart defect community to come together to share our stories, offer peer support, celebrate our triumphs, and plan for our future.

In addition to sessions geared exclusively for patients and family members, this conference will offer ACHA’s first ACHD Research Symposium. Health professionals are also invited to participate in a case-based educational symposium offered on Saturday, September 16th. This event is targeted to cardiologists and midlevel providers, and will offer CME credit. For more information visit www.cme.ucsf.edu.

ACHA is a nonprofit organization which seeks to improve the quality of life and extend the lives of adults with congenital heart defects. Through education, outreach, advocacy, and promotion of research, ACHA serves and supports the more than one million adults with congenital heart defects, their families, and the medical community. For more information, go to www.achaheart.org or call (888) 921-2242.

Location  The Crowne Plaza San Francisco International Airport Hotel, at 1177 Airport Blvd. in Burlingame, CA, is located 1.5 miles south of San Francisco International Airport, just off Highway 101. There is a free shuttle service to and from San Francisco International Airport, which also allows BART access to and from downtown San Francisco. For directions, visit www.sfocp.com.

Lodging  A special room rate of $99 per night will be available at the Crowne Plaza for conference attendees. For reservations, call the Crowne Plaza at (877) 252-1558 and ask for “UCSF” or “ACHA.” Reservations must be made by September 1, 2006 to receive the special reduced rate. For more information about the Crowne Plaza, visit www.sfocp.com.

Registration  Online registration is available at www.cme.ucsf.edu or complete and return the attached registration form. Advanced registration is highly recommended, as space will be limited. For questions about registration call (415) 476-5808.

Financial Aid  Reduced registration fees and scholarship assistance for travel expenses are available for qualified individuals from the Karen McNulty Memorial Scholarship Fund. For more information and application forms, visit www.achaheart.org/conference or call (888) 921-2242.

Refund Policy  Cancellations received in writing on or before September 12, 2006 will be refunded, less a $40 administrative fee. No refunds will be made on cancellations received after that date.
# ACHA FOURTH NATIONAL CONFERENCE
## COURSE REGISTRATION FORM

**Mail to:** UCSF Office of Continuing Medical Education  
P.O. Box 45368, San Francisco, CA 94145-0368  
**Fax to:** (415) 502-1795

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Conference Information: (888) 921-2242</th>
<th>Registration Information: (415) 476-5808</th>
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- Dr.  
- Mr.  
- Mrs.  
- Ms.

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**LAST NAME**  
**FIRST NAME**  
**DEGREE**

**ADDRESS**  
**CITY**  
**STATE**  
**ZIP**

**DAYTIME PHONE**  
**FAX**

**EMAIL**

**Month/Day of Birth (to be used as OCME Registrant Number)**

**Special needs or dietary restrictions:**

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**Registration Fees:** Includes Gala Dinner, lunch and snack Friday and Saturday, breakfast Saturday, and Sunday

<table>
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<tr>
<th>Patient/family</th>
<th>BEFORE AUG 18</th>
<th>AFTER AUG 18</th>
<th>NUMBER ATTENDING</th>
<th>AMOUNT</th>
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<tbody>
<tr>
<td>ACHA member*</td>
<td>$195</td>
<td>$245</td>
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<tr>
<td>Patient/family nonmember</td>
<td>$220</td>
<td>$270</td>
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| MD-ACHA member | (includes CME course and credit) | $425 | NA | $ |
| MD-nonmember | (includes CME course and credit) | $450 | NA | $ |
| Allied Health Professional | ACHA member | (includes CME course and credit) | $325 | NA | $ |
| Allied Health Professional | nonmember | (includes CME course and credit) | $350 | NA | $ |

| Gala for non-conference attendees | Family members | $35 | NA | $ |
| Children under 12 | $15 | NA | $ |

- I would like to donate to the Karen McNulty Scholarship fund to help individuals who otherwise would not be able to attend.

**Total # attending:**  
I am paying a total amount of $ 

**Payment Method**  
- [ ] Check/Money Order (payable to UC Regents)  
- [ ] Visa  
- [ ] MasterCard  
- [ ] Amex

(Please print)

**Name on Card**

**Card #**

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*To join ACHA, please visit [www.achaheart.org](http://www.achaheart.org) or call (888) 921-2242.
CONFERENCE TOPICS WILL INCLUDE:

• Defect and Syndrome-Specific Breakouts
• History of ACHD Care
• Care Guidelines in ACHD
• Access and Barriers to Care
• Psychosocial Issues in ACHD
• Preparing for Open Heart Surgery
• Coping Strategies in ACHD
• Parenting with a Heart Defect
• Cardiac Imaging
• Birth Control and ACHD
• Stress Reduction Through Meditation
• Tips for Living Well with Cyanosis
• Getting and Keeping Health Records
• New Catheter-based Options
• New Surgical Options
• Valve Replacement Options
• New Treatments for Pulmonary Hypertension
• Heart Failure and Heart Transplant
• Heart Defects Over Age 40
• Rhythm Problems and Treatments
• Pacemakers and AICDs
• ACHD and Disability Law
• Managing Insurance
• ACHD and Pregnancy
• Gifts and Challenges of ACHD
• What Causes Heart Defects?
• Avoiding Endocarditis
• Exercise and ACHD
• International ACHD – Making Connections
• Legislative Action
• ACHD Research Update

OPTIONAL EVENTS WILL ALSO INCLUDE:

• Discussion groups for spouses, parents, and siblings
• Defect-specific discussion groups
• Special screening of the film “Openhearted” with presentation by director Marc Ostrick
• Memorial celebration in remembrance of those lost to CHD
• Poster sessions with ACHD researchers
• A Gala Dinner on Saturday night will include dinner, dancing, and a keynote speech by Dr. Joseph K. Perloff

A full schedule is available at www.achaheart.org/conference

Questions? E-mail info@achaheart.org or call (888) 921-2242

This program is presented in cooperation with The Council on Clinical Cardiology and the Council on Cardiovascular Disease in the Young of the American Heart Association, and is supported by the International Society for Adult Congenital Cardiac Disease and the American College of Cardiology.
CONFERENCE CO-DIRECTORS
Elyse Foster, MD
Director, ACHD Clinic,
University of California,
San Francisco Medical Center
Daniel Murphy, MD
Director, ACHD Clinic,
Stanford University
Medical Center

KEYNOTE SPEAKER
Joseph K. Perloff, MD – Founder and Director,
Ahmanson/UCLA Adult Congenital Heart Disease Center
Dr. Perloff is a pioneer in the field of adult congenital heart defects, the founder of the first U.S. ACHD program, and a co-founder of the International Society for Adult Congenital Cardiac Disease (ISACCD). Since publishing the first-ever article on this topic in 1973, Dr. Perloff has worked tirelessly to promote health and well-being for adult congenital heart patients throughout the world.

FACULTY
Robert Battle, MD
Fletcher Allen
Health Care, VT
Craig Broberg, MD
Oregon Health Sciences University
Dawn Calderon, DO
Deborah Heart and Lung Center
Mary Canobbio, RN, MN
University of California, Los Angeles Medical Center
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Mayo Clinic
John Child, MD
University of California, Los Angeles Medical Center
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Hershey Medical Center
Anne Dubin, MD
Stanford University Medical Center
Jeff Feinstein, MD
Stanford University Medical Center
Wayne Franklin, MD
Texas Children’s/St. Luke’s Episcopal
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Author, Take Heart!
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Marla Mendelson, MD
Northwestern Memorial Hospital
Phillip Moore, MD
University of California, San Francisco Medical Center
Marc Ostrick
Director, “Openhearted”
Dirty Pearson, PA-C
Boston Children’s/Brigham and Women’s Hospital
James Perry, MD
Yale New Haven Medical Center
Robert Popper, MD
California Pacific Medical Center
John Reiss, PhD
University of Florida, Institute of Child Health Policy
Lawrence Rhodes, MD
University of West Virginia Healthcare
Patricia Robertson, MD
University of California, San Francisco Medical Center
David Sahn, MD
Oregon Health Sciences University
Arwa Saidi, MD
University of Florida Shands Children’s Hospital
Libby Sparks, RN
Ohio State University Medical Center
Karen Stout, MD
University of Washington Medical Center
Elisabeth Utens, MD
Erasmus University Rotterdam
Amy Verstappen
Adult Congenital Heart Association
Carole Warnes, MD
Mayo Clinic
Claire Wilby
The Grown Up Congenital Heart Patients Association, United Kingdom
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REGISTER TODAY! To register online, visit www.cme.ucsf.edu. For more information go to www.achaheart.org, call the Adult Congenital Heart Association at (888) 921-2242 or email info@achaheart.org