

Presented by the Division of
Laryngology of the Department of
Otolaryngology-Head and Neck Surgery,
University of California, San Francisco
School of Medicine



2008
UCSF
VOICE
CONFERENCE

**SIR FRANCIS DRAKE
HOTEL
SAN FRANCISCO, CA**

COURSE DIRECTORS

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THURSDAY - SATURDAY
October 16-18, 2008

NEW FOR 2008!

**Hands-On Singing and Acting
Voice Day**

FRIDAY, OCTOBER 17

2008 UCSF VOICE CONFERENCE

SIR FRANCIS DRAKE HOTEL • SAN FRANCISCO, CA

October 16-18, 2008

The University of California, San Francisco Voice Conference is designed to provide a multi-disciplinary approach to the management of vocal difficulties. The focus of this two and a half-day conference is on the clinical care of patients with voice and speech related difficulties. The conference will be divided between invited lectures, panel discussions and scientific presentations. Speech language pathologists, voice teachers, voice scientists and physicians are encouraged to attend and participate.

Upon completion of this conference, attendees should be able to:

- Define and use the scientific and clinical applications of laryngeal electromyography for use within the physician's clinical setting
- Demonstrate knowledge of behavioral intervention techniques for voice therapy and effecting change in the singing voice
- Describe and implement a multidisciplinary approach to behavioral voice treatment.
- Describe the physiology and clinical aspect of vocal fold wound healing
- Interpret and integrate techniques for treatment and management of patients with spasmodic dysphonia
- Discuss updates in surgical techniques for laryngeal disorders

EDUCATIONAL OBJECTIVES

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this educational activity for a maximum of 18.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, Continuing Education and Cultural and Linguistic Competency. For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit(s)[™] issued by organizations accredited by the ACCME.

ASHA Credit – The California Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in Speechlanguage pathology and audiology. This program is offered for 1.8 CEUs (intermediate level; professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.



AMERICAN SPEECH-LANGUAGE-
HEARING ASSOCIATION

11:30am-12:30pm *Registration*

GENERAL SESSION

Treatment Adherence to Behavioral, Medical and Surgical Intervention

Moderator: Edie Hapner

12:30	The Conservation Priority Protocol	Joanna Cazden
12:42	The Voice Handicap Index in Light of Personality Differences	Maria Dietrich
12:54	Who Walks In and Who Walks Out	Carissa Portone-Maira
1:06	Evidence-based Interventions to Improve Behavioral Treatment Adherence	Eva Van Leer
1:18	A Taste of Motivational Interviewing	DeeDee Stout
1:50	Panel discussion with presenters	

CONCURRENT SESSION IA

Laryngeal EMG: Clinical and Research Applications

Moderator: Christy Ludlow

2:00	The Role of Laryngeal Electromyography in the Diagnosis and Management of Laryngeal Synkinesis	Clark Rosen
2:15	Clinical Correlations: Vocal Fold Paresis and Electromyography	Albert Merati
2:30	Laryngeal Electromyography and Vocal Fold Paresis: Utility and Problems	Lucian Sulica
2:45	Current Practice Parameters for the Use of Laryngeal EMG from the Beaver Creek Conference	Christy Ludlow
3:00	Panel discussion with presenters	

CONCURRENT SESSION IB

Problems of the Professional Voice Patient Related to Classification of Voice Range or Styles

Moderator: Molly Erikson

2:00	An Overview of Voice Classification	Chris Gaskill
2:12	Traditional/Acoustic Music Project: A Study of Vocal Demand and Vocal Health	Molly Erikson
2:24	Common Pathologies in Musical Theater Performers	Wendy DeLeo Leborgne
2:36	Vocal Monitoring of Musical Theater and Acting Students	Sue Hume
2:48	Dysphonia Assessment Using a Voice Recognition System	Joana Revis
3:00	Panel discussion with presenters	
3:30-4:00	<i>Break</i>	

CONCURRENT WORKSHOPS

4:00 - 5:30	LEMG: Clinical Performance and Interpretation Mark Courey, Christy Ludlow, Lucian Sulica	4:00 - 5:30	Flow Phonation Jackie Gartner-Schmidt	4:00 - 5:30	Semi-Occluded Vocal Tract Therapy Ingo Titze
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5:30-7:00pm **Conference Reception**

7:00-8:00am *Registration and Continental Breakfast*

8:00-8:30	INVITED LECTURE: Psychological Paradigms for Effecting Change in the Singing Voice	Thomas Cleveland
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GENERAL SESSION I:

Voice Therapy: What Are We Really Doing?

Moderator: Jackie Gartner-Schmidt

8:30	Voice Therapy and Patient Adherence: What Are We Doing to Change the Habit?	Amanda Hembree
8:42	Evaluating Therapy Effectiveness and Efficiency Using Transnasal Flexible Laryngoscopy: A Randomized Controlled Trial	Helen Ingham
8:54	Basic Concepts in Voice Therapy: A System for Quantifying Voice Therapy Concepts	Jackie Gartner-Schmidt
9:06	Outcomes Measurement in the Treatment of Voice Disorders: Application of an Acoustic Index of Dysphonia Severity	Shaheen Awan
9:18	Motor Learning in the Therapeutic Domain	Douglas Roth
9:30	Vocal Fatigue Index - Development and Validation	Chayadevie Nanjundeswaran
9:42	Panel discussion with presenters	
10:00-10:30	<i>Break</i>	

GENERAL SESSION II

New Scientific Developments in the Effects, Diagnosis, and Management of Extra-esophageal Reflux

Moderator: Nikki Johnston

10:30	Gene Expression Changes of Inflammatory Mediators in Posterior Laryngitis Due to LPR and Evolution with PPI Treatment	Susan Thibeault
10:38	Does Reflux-induced Laryngitis Exist?	James Thomas

10:46	Novel Drug Targets for Reflux Disease	Nikki Johnston
10:54	Impedence/pH Monitoring: The Importance of Non-Acid Reflux in EER	Brant Oelschlager
11:02	Idiopathic Subglottic Stenosis: Reflux Mediated? What is the Evidence?	Joel Blumin
11:10	Surgery for Extraesophageal Manifestations of GERD	Carlos Pellegrini
11:18	50,000,000 Laryngologists Can't Be Wrong	Albert Merati
11:32	Panel discussion with presenters	
12:00-1:00pm	<i>Lunch (on your own)</i>	

GENERAL SESSION III**Voice Considerations and Airway Surgery****Moderator: Marshall Smith**

1:00	The Effect of Subglottal Contour on Glottal Airflow/Turbulence	Sid Khosla
1:10	Voice and Swallowing Outcomes After Cricotracheal Resection (CTR) for Adult Laryngotracheal Stenosis (LTS)	Lynda Bryans
1:20	How Cricotracheal Resection Affects the Female Voice	Marshall Smith
1:30	Voice Changes after Treatment for Bilateral Motion Vocal Fold Impairment	Betty Tsai
1:40	Use of Balloon Dilators in the Treatment of Laryngeal and Upper Tracheal Stenosis	J. Pieter Nordzij
1:50	Panel discussion with presenters	
2:15-2:30	<i>Break</i>	

GENERAL SESSION IV**Current Considerations in Treatment and Treatment Outcomes for Spasmodic Dysphonia****Moderator: Mark Courey**

2:30	Theories Related to Neuroplasticity and Focal Dystonia	John Houde
2:39	The Neural Bases for Spasmodic Dysphonia Based on Findings from Neuroimaging and Postmortem Neuropathology	Christy Ludlow
2:48	Longitudinal Follow-up of Adductor Spasmodic Dysphonia Patients after Botulinum Toxin Injection: Quality of Life Results	Randy Paniello
2:57	Cures of All Types of Spasmodic Dysphonia for Over Thirty-Five Years by All Natural Direct Voice Rehabilitation (DVR)	Morton Cooper
3:06	Correlation of Perceptual Voice Analysis with Patient Self-perception	Theresa Kim
3:15	Outcomes of Selective Laryngeal Denervation and Re-innervation for ADSD	Dinesh Chhetri
3:24	Outcomes of Laryngeal Nerve Avulsion for ADSD	Mark Courey
3:33	Panel Discussion with Presenters	
3:50-4:00	<i>Break</i>	

CONCURRENT WORKSHOPS

4:00 - 5:30	Surgical Workshop Marc Remacle	4:00 - 5:30	All Natural Direct Voice Rehabilitation Morton Cooper	4:00 - 5:30	PANEL from Acting & Singing Workshop
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7:00-8:00am *Registration and Continental Breakfast***CONCURRENT SESSION IA****Surgery for Benign Laryngeal Disease****Moderator: Gaelyn Garrett**

8:00	Treatment of Vocal Fold Scarring by CO2 Laser and Collagen Injection: A Retrospective Study of 10 Patients	Marc Remacle
8:12	Biotechnological Production of Synthetic Vocal Folds for Phonomicrosurgical Training	Adam Klein
8:24	Side Effects of Cidofovir in the Treatment of RRP	Frederick Dikkers
8:36	Transventricular Chondroplastic Laryngotomy - A New Surgical Technique	Marcos Sarvat
8:48	Exudative Lesions of Reinke's Space: A Terminology Proposal	Marc Remacle
9:00	Awake Photoangiolytic Laser Therapy for the Management of the Difficult to Expose Laryngology Patient	Michael Johns
9:12	In-office KTP Treatment of Vascular Polyps	J. Pieter Nordzij
9:24	Panel discussion with presenters	

CONCURRENT SESSION IB**Imaging, Biomechanical Considerations in Normal, Diseased and Augmented Vocal Folds****Moderator: Jan Svec**

8:00	Analysis of Body Posture During Vocal Effort	Antoine Giovanni
8:11	A New Mechanism for Rapid Flow-shutoff in Symmetric and Periodic, Asymmetric Vocal Fold Motion	Sid Khosla
8:22	The Effects of Pitch and Intensity Variations on Normal Vocal Fold Dynamics Detected by PVG Analysis	Melda Kunduk
8:33	Vocal Fatigue Dynamic Recovery Trajectories as Measured by 3 Vocal Fatigue Measures	Eric Hunter

8:44	Refinements in Modeling the Mechanical Properties of Laryngeal Soft Tissue	Eric Hunter
8:55	Direct Viscoelastic Measure up to 1000 Hz of Vocal Fold Biomaterials to Predict Phonation Threshold Pressure	Sarah Klemuk
9:06	Porcine Vocal ECM for the Treatment of Vocal Fold Scar	Thomas Gilbert
9:17	The Elastin Gene, Elastic Fibers, and Vocal Fold Biomechanics: Evidence from Inherited Connective Tissue Disorders	Christopher Watts
9:28	Expression of Genes Coding Hyaluronan, TGF- beta-1, TGF- β 1, procollagen types --I and --II	Bernard Rousseau
9:39	Panel discussion with presenters	
10:00-10:15	<i>Break</i>	
CONCURRENT SESSION IIA		
Behavioral and Surgical Management of Vocal Fold Motion Impairment		
Moderator: Lucian Sulica		
10:15	Management of the Aging Voice	Ted Mau
10:25	Type I Gore-tex Laryngoplasty for Glottic Incompetence in Mobile Vocal Folds: The UNC Voice Center Experience	Robert Buckmire
10:35	<i>In Vivo</i> Modeling of Acute Superior Laryngeal Nerve Denervation: Auditory-Perceptual, Acoustic and Aerodynamic Results	Nelson Roy
10:45	<i>In Vivo</i> Modeling of Acute Superior Laryngeal Nerve Denervation: Laryngoscopic Findings	Nelson Roy
10:55	Muscle Pedicle Thyroplasty: A New Approach to Difficult or Revision Thyroplasty	Joseph Spiegel
11:05	Trial Vocal Fold Injection	Thomas Carroll
11:15	Use of Vocal Function Exercises as a Treatment Modality for Vocal Fold Mobility Compromise	Wendy DeLeo LeBorgne
11:25	Panel discussion with presenters	
CONCURRENT SESSION IIB		
Paradigms for Effecting Change in the Singing Voice		
Moderator: Thomas Cleveland		
10:15	The Acoustics of Singing Styles	Ingo Titze
10:30	Hyperfunctional Under Closure: Description, Diagnosis, and Treatment	Thomas Cleveland
10:45	Effects of Childhood Sexual Abuse on the Adult Classical Singing Voice	Grace Johnson
11:00	Developing Perceptual Judgement Reliability in Otolaryngology Residents	Stephanie Misono
11:15	An Overview of High Speed Cinematography and VKG for Evaluating Dysphonia in Professional Voice Patients	Jan Svec
11:45	Panel discussion with presenters	
12:00-1:00pm	<i>Lunch (on own)</i>	
GENERAL SESSION		
Moderators: Gaelyn Garrett and Molly Erickson		
1:00-3:30	Panel Discussion – Challenging Cases: Ask the Experts	
3:30 pm	<i>Adjourn/Evaluations/Certificates</i>	

NEW FOR 2008! HANDS-ON SINGING AND ACTING VOICE DAY

7:30-8:00am	<i>Registration and Continental Breakfast</i>	
8:30	Two Heads are Better than One: Singing Teacher/SLP Teamwork and the Injured Singer	Edie Hapner John Nix
10:00	<i>Break</i>	
10:15	Combining Therapeutic Approaches for Muscle Tension Dysphonia	Starr Cookman Alissa Deeter
11:45-12:45pm	<i>Lunch on your own</i>	
12:45	From the Toolbox: Keys to Healthy and Easy Singing	Soha Al-Jurf Ruth Ruth Rainero
2:15	<i>Break</i>	
2:30	Coaching Actors Performing Heightened Emotional Text	Kate Devore Fonta Hadley
4:00	Panel Discussion: Multidisciplinary Approach to Voice Care in Actors and Singers	Moderator – Sarah Schneider
5:30	<i>Adjourn</i>	

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For more information or to register online visit our website at www.cme.ucsf.edu. You may also reach us by calling the Office of Continuing Medical Education at (415) 476-4251 or email info@ocme.ucsf.edu.

GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus and CME Certificate at the course.

How to Enroll

Tuition:

- \$525** Practicing Physicians
- \$395** Allied Health Professionals/Residents/Fellows
- \$130** Friday Acting and Singing Voice Workshop

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Payment can be made by Visa, MasterCard, American Express or check.

On-Site Registration

- Time: 11:30 am - 12:30 pm
- Date: Thursday, October 16, 2008
- Place: The Sir Francis Drake Hotel
450 Powell Street
San Francisco, CA 94102

Register via:

- Online: www.cme.ucsf.edu
- Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
- Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

On-Site Registration: Generally we are able to accommodate on-site registration at our courses. To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: www.cme.ucsf.edu

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

The Sir Francis Drake Hotel is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of \$199/night. You are urged to make your reservations early. The cut off date is September 15, 2008, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. If you prefer to phone in your reservation, please identify yourself as a member of this conference to receive the special rate.

To make hotel reservations on-line, go to www.sirfrancisdrake.com, use the booking code: VCN. If you prefer to telephone in your reservation, call 800-227-5480 and identify yourself as a member of this UCSF conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to identification number #O3BW0127, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

Special arrangements have been made with Montgomery Travel. Simply call (800) 391-2287 or complete the form on the UCSF web page at www.montgomerytravel.com. In addition to offering lower rates than published fares, ticketed passengers may take advantage of the 24 hour emergency service. There is a \$35 service fee. UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

- American (800) 433-1790 code: 15273
- United (800) 521-4041 code: 510CF