

Presented by the
UCSF SCHOOL OF MEDICINE and
the UCSF SCHOOL OF NURSING



11TH ANNUAL

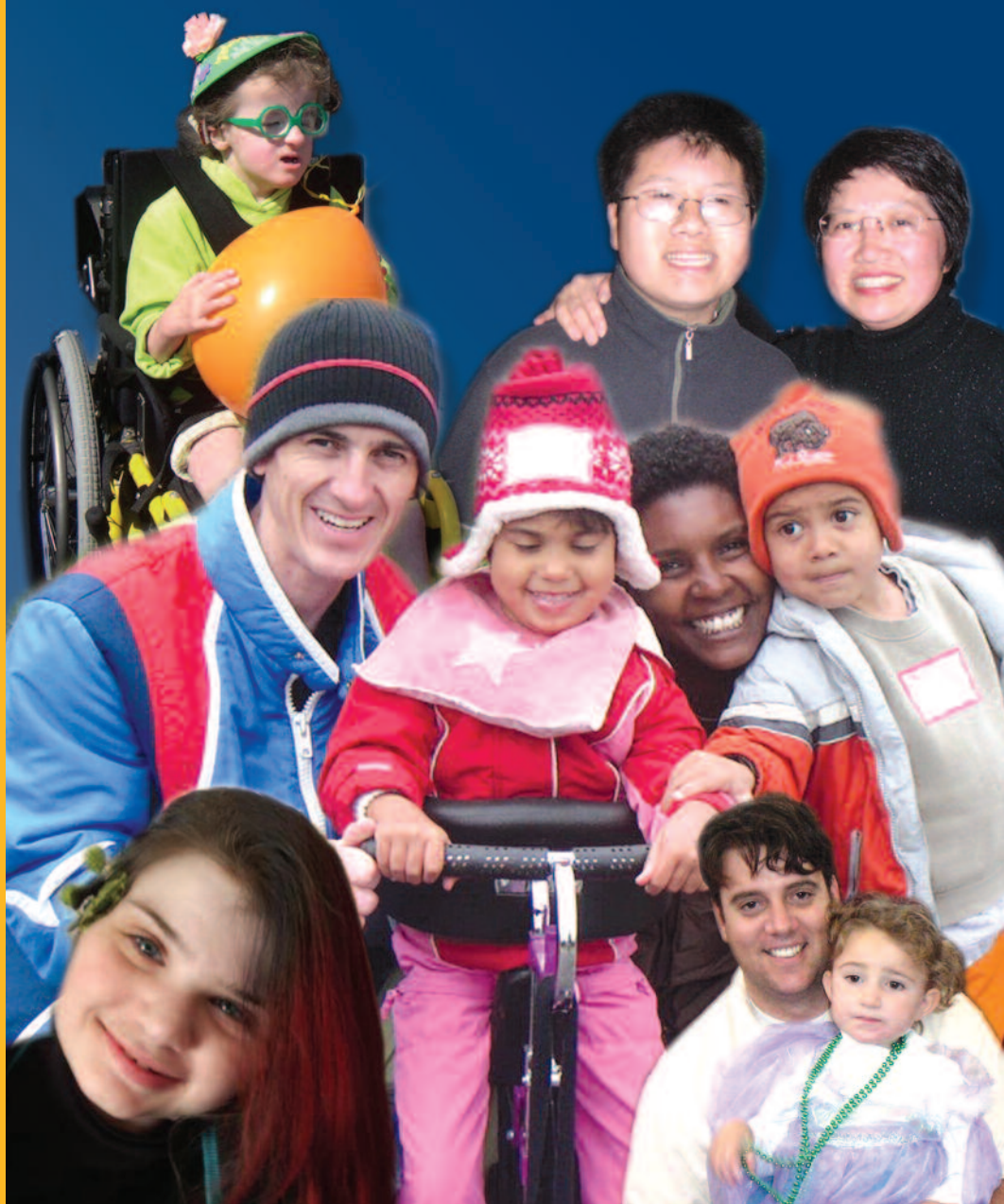
DEVELOPMENTAL DISABILITIES: An Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

COURSE CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, RN, MS, ANP, FAAN



A 2-Day Continuing Medical Education Course Presented By:
University of California, San Francisco • School of Medicine and School of Nursing
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The Special Hope Foundation, a non profit 501(c)3 organization.

MARCH 8-9, 2012

DEVELOPMENTAL DISABILITIES: An Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

This interdisciplinary, interprofessional conference provides a practical and useful update for primary care and subspecialty health care professionals who care for children, youth, and adults with complex health care needs and developmental disabilities. The 2012 topics, as in previous years, address current and new perspectives, research findings, and clinical guidelines on autism spectrum disorders and other developmental disabilities across the lifespan. This year's conference also includes topics on Down Syndrome, Fetal Alcohol Disorders, Cerebral Palsy, Psychopharmacology, Dental Health, School Health, Transition to Adult Services and more. Our esteemed faculty includes clinicians, researchers, epidemiologists, health policy experts, as well as individuals living with disabilities. The conference should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in the health care of individuals with developmental disabilities, as well as to those in other health disciplines including health policy, school health, psychiatry, dental health, social work, and case management services. We will address how to improve collaboration among various systems to improve information and quality of care for children and adults with disabilities. The conference, although directed toward health care professionals, welcomes families of individuals with developmental disabilities, who register for the conference, to learn from the various disciplines represented.

Keynote presentations feature outstanding clinicians, policy experts, researchers, and epidemiologists. The "Cutting Edge" section features updates on new recommendations for evaluation and management of health and developmental issues associated with Fetal Alcohol Disorders, updates on Cerebral Palsy prevalence trends and treatments, and health concerns in adults with Down Syndrome. Conference exhibitors again will feature resources designed to help our audience better provide care for children and adults with developmental disabilities.

We look forward to seeing you at the 11th Annual Developmental Disabilities Update conference and know that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP
Course Co-Chair

Geraldine Collins-Bride, RN, MS, ANP, FAAN
Course Co-Chair

EDUCATIONAL OBJECTIVES

An attendee completing this course should be able to:

1. Describe legislative advocacy and policy issues addressing health insurance benefits for children with autism;
2. Associate environmental and genetic factors impacting incidence of developmental disabilities;
3. Utilize behavioral and psycho-pharmacologic options in the diagnosis and treatment of individuals with both developmental and emotional/ behavioral disorders (ie: dual diagnosis);
4. Identify epidemiologic trends and factors affecting incidence and prevalence of both autism spectrum disorders and cerebral palsy;
5. Define etiology or causes of Autism Spectrum Disorders using current research;
6. Translate new Down Syndrome guidelines into clinical practice for children and adults with Down Syndrome;
7. Foster appropriate and informative discussions about sex and sexuality with youth and adults with developmental disabilities;
8. Transition youth with developmental disabilities to adult health care services and its impact on families;
9. Utilize current and new treatment modalities for movement disorders, ie: dystonia and spasticity;
10. Utilize oral health screening and treatment guidelines for individuals with developmental disabilities;
11. Improve competency about school health protocols and practices, for students with developmental disabilities;
12. Apply the new clinical and psycho-educational guidelines for diagnosis and health care management of individuals with Fetal Alcohol Disorders.

THURSDAY MARCH 8, 2012

7:15-7:50 am	<i>Registration and Continental Breakfast</i>	
7:50-8:00	Welcome and Course Overview	Lucy S. Crain, MD, MPH, FAAP Geraldine Collins-Bride, RN, MS, ANP, FAAN
8:00-8:45	Legislative Update: Autism and Developmental Disabilities	Louis A. Vismara, MD
8:45-9:30	Epigenetics and Environment: Early Experience is Not Necessarily	Mark D. Miller, MD, MPH
9:30-9:40	Q&A	
9:40-10:00	<i>Break, Exhibits</i>	
10:00-10:45	Developmental Disability and Psychiatric Disorders: Assessment and Intervention for Challenging Behaviors	Coni Kalinowski, MD
10:45-11:30	Psychopharmacology for Children and Adults with Autism and Developmental Disabilities: An Update	James F. O'Hanlon, PhD
11:30-11:45	Q&A	
11:45-1:00 pm	<i>Lunch on your own</i>	
1:00-1:45	Autism: An Epidemiologic Update	Marshalyn Yeargin-Allsop, MD
1:45-2:30	Autism Research: Current and Future Status	Robin Hansen, MD
2:30-2:45	Q&A	
2:45-3:00	<i>Break, Exhibits</i>	
3:00-3:45	The New Down Syndrome Guidelines	Nancy J. Roizen, MD
3:45-4:15	Living with Disabilities	
ANNUAL SHRIVER LECTURE & AWARD		
4:15-5:00	The ARC's Health Advocacy Program	Alan S. Fox, MPH
5:00-6:30 pm	<i>Networking Reception</i>	

FRIDAY MARCH 9, 2012

7:15-7:50 am	<i>Registration and Continental Breakfast</i>	
7:50-8:00	Welcome and Introductions	
8:00-8:45	Talking about Sex and Sexuality with Adults with Developmental Disabilities	Leonard Magnani, MD, PhD
8:45-9:30	Transitions to Adulthood: Family Priorities and Implications with Developmental Disabilities	Roberta Rehm, RN, PhD
9:30-10:15	Living with Disabilities	William Coolman Richard B. Coolman, MD, MPH
10:15-10:30	Q&A	
10:30-10:45	<i>Break, Exhibits</i>	
10:45-11:30	A Population Perspective on Cerebral Palsy Surveillance and Research	Marshalyn Yeargin-Allsop, MD
11:30-12:15 pm	Cerebral Palsy: Maximizing Function and Preparing for the Future	Amy Houtrow, MD, MPH
12:15-12:30	Q&A	
12:30-1:30	<i>Lunch on your own</i>	
THE CUTTING EDGE		
1:30-2:00	Adults with Down Syndrome	Nancy J. Roizen, MD
2:00-2:30	Oral Health and Developmental Disabilities	Sophia Saeed, DMD
2:30-3:00	Update on School Health and Developmental Disabilities	Linda Boyer-Chu, RN, MPH
3:00-3:15	<i>Break, Exhibits</i>	
3:15-3:45	Fetal Alcohol Syndrome Disorders: Clinical Diagnosis and Epidemiology	Richard B. Coolman MD, MPH
3:45-4:15	Fetal Alcohol Syndrome Disorders: New Recommendations on Psycho-educational Profile and Evaluation	Barbara Bentley, PsyD, MSEd
4:15-4:30 pm	<i>Q&A and Adjour</i>	

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Clinical Professor Emeritus
Department of Pediatrics
UCSF School of Medicine
Clinical Professor of Pediatrics,
Lucille Packard Children's Hospital at
Stanford University School of Medicine

Geraldine Collins Bride, RN, MS, ANP, FAAN

Clinical Professor and Vice-Chair
Department of Community Health Systems

GUEST FACULTY

Barbara L. Bentley, PsyD, MS Ed

Pediatric Psychologist,
Lucille Packard Children's Hospital,
Stanford University, Stanford, CA

Lynda Boyer-Chu, RN, MPH

Mentor School District Nurse/Wellness Center Nurse
San Francisco Unified School District (SFUSD),
San Francisco, CA

William Coolman

San Jose, CA

Richard B. Coolman MD, MPH

Developmental-Behavioral Pediatrician and Director,
KidScope, San Jose, CA

Alan S. Fox, MPA

Chief Operating Officer, The ARC, San Francisco, CA

Robin L. Hansen, MD

Professor of Pediatrics Director,
Center for Excellence in Developmental Disabilities
Director of Clinical Programs M.I.N.D.
Institute/UCDavis School of Medicine
Sacramento, CA

Amy Houtrow, MD, MPH

Vice Chair, Pediatric Rehabilitation,
Department of Physical Medicine and Rehabilitation,
University of Pittsburgh, Pittsburgh, PA

GUEST FACULTY (CONT'D)

Coni Kalinowski, MD

Medical Director, Mojave Adult, Child,
and Family Services
Administrative Faculty, Department of Psychiatry,
University of Nevada School of Medicine,
Las Vegas, NV

Leonard Magnani, MD, PhD

Alta Regional Center, Sacramento, CA

Mark D. Miller, MD, MPH

Director, UCSF Pediatric Environmental
Health Specialty Unit and (Public Health Medical
Officer), California EPA Office of Environmental
Health Hazard Assessment, Oakland CA

James F. O'Hanlon, PhD

Staff Psychopharmacologist,
Tri-Counties Regional Center,
Santa Barbara, CA

Nancy J. Roizen, MD

Director, Developmental-Behavioral
Pediatrics and Psychology,
Rainbow Babies and Children's Hospital;
Professor of Pediatrics
Case Western Reserve University, Cleveland, OH

Louis A. Vismara MD

Policy Consultant to Senator Darrell Steinberg
Office of the President Pro Tempore
The State Capitol, Sacramento, CA

Marshalyn Yeargin-Allsop, MD

Medical Epidemiologist and Chief of the
Developmental Disabilities Branch,
National Center on Birth Defects and
Developmental Disabilities,
Centers for Disease Control and Prevention (CDC),
Atlanta, GA

UCSF FACULTY

Roberta Rehm, RN, PhD

Associate Professor, Family Healthcare Nursing,
UCSF School of Nursing

Sophia Saeed, DMD

Assistant Clinical Professor,
UCSF School of Dentistry

faculty

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Licensed Clinical Social Workers This course meets the qualifications on an hour-for-hour basis of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Approval No.PCE 1272.

Nursing For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit[™]* issued by organizations accredited by the ACCME.

Physician Assistants AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit[™]* from organizations accredited by the ACCME.

Psychology This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. The MCEP credit reporting form will be available at the course registration desk. Psychologists from other states should check with their respective licensing boards.



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Office of Continuing

Medical Education

UCSF Box 0742, LH-450

San Francisco, CA

94143-0742

REGISTER TODAY!

For early-bird registration, visit our website at www.cme.ucsf.edu or call (415) 476-5808. For more information, contact the UCSF Office of Continuing Medical Education at info@ocme.ucsf.edu or call (415) 476-4251.

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Photos: Courtesy of Support For Families and Friends

GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus at the course.

How to Enroll

- Tuition:** **\$375** Practicing Physicians
(\$450 if postmarked after 3/1/12)
- \$250** Nurses and other Health Professionals (\$300 after 3/1/12)
- \$100** Parents, Families and Caregivers of Individuals with Developmental Disabilities

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808

ON-SITE REGISTRATION

Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. For your convenience guestrooms have been reserved at the following locations:

The Laurel Inn, 444 Presidio Avenue until **January 23, 2012** (located across the street from the conference center)

- Presidio King/Double \$188.00
- City View King/Double \$206.00
- Presidio King/Double Kitchenette \$206.00

After this date, rooms will be provided on a space available basis only. Telephone 800-552-8735 or 415-567-8467; fax 415-928-1866. When placing reservations by phone or fax with the hotel, please mention that you will be attending the UCSF Developmental Disabilities Conference to receive the special rate.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to convention number 03BW0131, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

Special arrangements have been made with Montgomery Travel. Simply call (800) 391-2287 or complete the form on the UCSF web page at www.montgomerytravel.com. In addition to offering lower rates than published fares, ticketed passengers may take advantage of the 24 hour emergency service. There is a \$40 service fee.

UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

- American (800) 433-1790 code: A9432B
- United (800) 521-4041 code: 510CF

11th Annual Developmental Disabilities: An Update for Health Professionals

MOC12001

March 8-9, 2012
Laurel Heights Conference Center
San Francisco, California

Mail to : UCSF Office of CME
 P.O. Box 45368
 San Francisco, CA 94145-0368
 Fax: (415) 502-1795

Register online: www.cme.ucsf.edu
 Registration Information: (415) 476-5808
 Course Information: (415) 476-4251

Dr. Mr. Mrs. Ms.

Last Name _____ First _____ M.I. _____

Degree _____ Specialty _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____

Email _____

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
 Month Day

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- \$375** Practicing Physicians (\$450 if postmarked after 3/1/12)
- \$250** Nurses and other Health Professionals (\$300 after 3/1/12)
- \$100** Parents, Family and Caregivers of Individuals with Developmental Disabilities

Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard American Express for \$ _____

Card # _____ Expiration date _____

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: www.cme.ucsf.edu

UCSF Laurel Heights Conference Center
 3333 California Street @ Walnut
 San Francisco, CA 94118

PARKING

Limited parking is available at the Laurel Heights Conference Center for \$14/day on Thursday/Friday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, and 43).

