2ND ANNUAL
Asian Health Symposium

LAUREL HEIGHTS CONFERENCE CENTER
3333 California Street, San Francisco, CA

May 3-4, 2013

Course Directors
Gordon Fung, MD, MPH, PhD
Professor of Cardiology, UCSF

Anne Tang, MD
Chief of the Bilingual Chinese Module and
Chief of Pharmacy and Therapeutics,
Chair, Pharmacy Education Committee,
California Regions, Kaiser Permanente,
San Francisco, CA

Diana Lau, PhD, RN, CNS
Assistant Professor
School of Nursing, UCSF
The increase of the Asian-American population in the nation is posing great challenges for healthcare practitioners. In light of this, the Asian Health Institute, University of California, San Francisco, presented its inaugural Asian Health Symposium (AHS) on the underserved health needs of Asian-Americans in 2012. This year, in collaboration with Kaiser Permanente, the second annual Asian Health Symposium will highlight the health disparities in this unique group by reviewing five specific areas of disease impacting this community and an update on state-of-the-art treatments of cancer, cardiovascular disease, infectious disease, and women’s health. A new section on Traditional Chinese Medicine will be presented as an important culturally sensitive medical topic especially to the Asian population.

This course will give a comprehensive review of specific diseases impacting Asians most, which include gastric, lung, liver and breast cancers, cardiovascular areas including preventive care, end-stage heart failure treatments, strokes, infectious disease areas including HIV, Hepatitis B, Hepatitis C, and tuberculosis, aging as well as obstetric and gynecological issues. Special attention will be paid to dispel the “model minority” myths experienced within this unique cultural context. Course participants will use an audience response system during the symposium to facilitate discussion.

TARGET AUDIENCE

This educational activity is intended for family and primary care physicians, internists, and specialists, as well as nurse practitioners, physician assistants, nurses, pharmacists, and other healthcare providers who face the unique health care needs and challenges of their Asian patients.

EDUCATIONAL OBJECTIVES

After attending the two-day symposium, attendees will be able to:

• Discuss preventive health research findings for Asian Americans;

• Use the evidence-based and state-of-the-art management of hypertension, end-stage heart failures, strokes, cancers (gastric, prostate, skin, breast) and gestational diseases, depression, end-of-life care, infections (Hep B and C, HIV and tuberculosis) in Asian-Americans;

• Recommend to patients a holistic health maintenance approach for total wellness by incorporating acupuncture and Oriental medicine into western practice and understand the five basic modalities of acupuncture and Oriental medicine;

• Discuss with patients the use of acupuncture, Chinese herbal medicine, and diet to control post-operative pain, reduce side effects of chemotherapy and menopausal symptoms.
FRIDAY, MAY 3, 2013
7:30 am  Registration and Continental Breakfast
8:00  Welcome and Introduction
Gordon Fung, MD, MPH, PhD and Anne Tang, MD

CANCER
Moderator: Andrew Ko, MD
8:30  All Gastric Cancers Are Not Created Equal: Differences Between East and West
Andrew Ko, MD
9:00  Treatment Controversies Related to Prostate Cancer
Amy Lin, MD
9:30  Coffee Break
10:00  Melanoma: the Unexpected Hit in Asians
Adil Daud, MD
10:30  Lung Cancer Frontiers
Matt Gubens, MD
11:00  Case Presentations and Session Q & A
Faculty Panel
11:30  Lunch & Exhibits

AGING
Moderator: Anne Tang, MD
12:30 pm  Approach to End-of-life Issues in Chinese Patients
Don Ng, MD
1:00  Clinical Tips: Diagnosis and Treatment of Depression in Asian Seniors
Yulan Liao, MD
1:30  Diagnosing Alzheimer’s Disease Early and Accurately in Asians
Howard Rosen, MD
2:00  Case Presentations and Session Q & A
Faculty Panel
2:30  Coffee Break

WOMEN’S HEALTH
Moderator: Victor Fujimoto, MD
3:00  Endometriosis, Fibroids: Diagnosis and Treatment of Infertility in Asian Women
Victor Fujimoto, MD
3:30  Gestational Trophoblast Disease in Asian Women
Lee-may Chen, MD
4:00  Care of the Pregnant Asian Woman: Sexual Transmitted Diseases, Gestational Diabetes Mellitus, Malignant Hypertension
Yvonne Cheng, MD
4:30  Case Presentations and Session Q & A
Faculty Panel
5:00 pm  Adjourn

G – Geriatric credit

GENERAL INFORMATION
Advanced registration closes one business day prior to start of course.

HOW TO ENROLL
Tuition*: $450 Physicians
$250 Nurses/Allied Health Professionals
$100 Residents/Fellows
Payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA
Online:  www.cme.ucsf.edu
Mail: Complete course registration form and send with payment to:
UCSF Office of Continuing Medical Education
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)
Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at
(415) 476-5808.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
University of California, San Francisco
Laurel Heights Conference Center
3333 California Street @ Walnut Street
San Francisco, CA 94118
SATURDAY, MAY 4, 2013

8:00 am  Continental Breakfast

**CARDIOVASCULAR**
Moderator: Gordon Fung, MD, PhD

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<tr>
<td>8:30</td>
<td>G</td>
<td>Diabetes and Cardiovascular Disease in Asians: Strategies for Reducing Cardiometabolic Risks</td>
<td>Nathan D. Wong, PhD, MPH</td>
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<td>9:00</td>
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<td>Invasive Treatment for Refractory Hypertension</td>
<td>Andrew Boyle, MD</td>
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<td>9:30</td>
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<td>Stroke Awareness in Asians</td>
<td>Anthony Kim, MD</td>
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<td>New Horizons in the Management of End-Stage Heart Failures</td>
<td>Georg Wieselthaler, MD</td>
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<td>Stem Cell Therapy in Heart Disease</td>
<td>Yerem Yeghiazarians, MD</td>
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**INFECTIOUS DISEASE**
Moderator: Peter Chin-Hong, MD

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<tr>
<td>1:00</td>
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<td>Continuing Battles with Hepatitis B and Hepatitis C in Asians</td>
<td>Francis Yao, MD</td>
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<td>1:30</td>
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<td>No One Turned Away: Eliminating HIV / AIDS Disparities in Asians</td>
<td>Peter Chin-Hong, MD &amp; Sophy Wong, MD, MPH</td>
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<td>TB Among the Foreign-born in the U.S.: Treatment Guidelines and Infection Control Tips</td>
<td>Julie Higashi, MD, PhD</td>
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**ACUPUNCTURE AND ORIENTAL MEDICINE**
Moderator: Bingzeng Zou, PhD, DC, Lac

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<tr>
<td>3:10</td>
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<td>Holistic Assessment and Practical Tools for Health Maintenance</td>
<td>Bingzeng Zou, PhD, DC, LAc</td>
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<td>Supportive Care for Cancer Patients with Acupuncture and Oriental Medicine</td>
<td>Steve Given, DAOM, LAc</td>
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<td>Case Presentations and Session Q &amp; A</td>
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<td>Closing Statements</td>
<td>Diana Lau, PhD, RN, CNS</td>
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**PARKING**
Limited parking is available at the Laurel Heights Conference Center for $12/day on Friday and Saturday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, and 43).

For your convenience, a block of guests rooms has been reserved at the Laurel Inn, 444 Presidio Avenue, located conveniently nearby the Laurel Heights Conference Center for $219 per night (single/double), based on availability. To make a reservation, please call (800) 552-8735 or (415) 567-8467. When placing reservations by phone or fax with the hotel, please mention that you will be attending the UCSF Asian Health Symposium.

**RENTAL CAR**
Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number # 03BW0132 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

**AIR TRANSPORTATION**
UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

- **American** (800) 433-1790  code: A7753BW
- **United** www.united.com  code: ZN9G605619
COURSE CHAIRS
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Chair, Pharmacy Education Committee, California Regions, Kaiser Permanente
San Francisco, CA
Diana Lau, PhD, RN, CNS
Assistant Professor
School of Nursing, UCSF

COURSE FACULTY
(University of California, San Francisco unless indicated)
Andrew Boyle, MD
Associate Professor of Medicine
Division of Cardiology
Lee-may Chen, MD
Associate Clinical Professor
of Obstetrics, Gynecology & Reproductive Sciences
Yvonne Cheng, MD
Assistant Professor of Obstetrics, Gynecology & Reproductive Sciences
Peter Chin-Hong, MD
Associate Professor of Medicine
Division of Infectious Diseases
Victor Fujimoto, MD
Professor of Obstetrics,
Gynecology & Reproductive Sciences
Steve Given, DAOM, Lac
Dean of Clinical Education and
Director of Academic Assessment
American College of Traditional Chinese Medicine, San Francisco, CA
Julie Higashi, MD, PhD
Program Director
TB Clinic, City College of
San Francisco
Anthony Kim, MD
Assistant Professor of Neurology
Andrew Ko, MD
Associate Professor of Medicine,
Division of Hematology/Oncology
Yulan Liao, MD
Department of Psychiatry
Kaiser Permanente,
San Francisco, CA
Don Ng, MD
Professor of Medicine
Division of General Internal Medicine
Howard Rosen, MD
Associate Professor of Neurology,
Memory & Aging Center
Georg Wiesethaler, MD
Professor of Surgery
Adult Cardiothoracic Surgery Division
Nathan D. Wong, PhD, MPH
Professor and Director,
Heart Disease Prevention Program,
Division of Cardiology,
University of California, Irvine
Sophy Wong, MD MPH
Assistant Professor of Medicine
UCSF Medical Director, HIV ACCESS
Francis Yao, MD
Professor of Medicine
Division of Gastroenterology
Yerem Yeghiazarians, MD
Associate Professor of Medicine
Division of Cardiology
Bingzeng Zou, PhD, DC, Lac
Vice President for Academic Affairs
and Dean of Faculty
American College of Traditional Chinese Medicine
San Francisco, CA
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