Family Medicine Board Review: Improving Clinical Care Across the Lifespan

Grand Hyatt Hotel • San Francisco

M O N D A Y – T H U R S D A Y
March 10–13, 2014

COURSE CHAIRS

Ronald H. Goldschmidt, MD
Professor of Clinical Family and Community Medicine;
Vice Chair, Department of Family and Community Medicine

Shira Shavit, MD
Associate Professor, Department of Family and Community Medicine
Director, Transitions Clinic

Family Medicine Board Examination
San Francisco is one of the sites for the computerized Family Medicine Board Examination.
For more information regarding the examination, please contact the American Board of Family Medicine in Lexington, KY
www.theabfm.org

This CME activity is self-supporting and receives no funding from industry.
Presented by the University of California, San Francisco, School of Medicine. The Family Medicine Board Review Course provides a review of common problems encountered in Primary Care. The format is designed to help prepare eligible candidates for the American Board of Family Medicine examination and to assist practitioners with strategies to improve their patient care. Presentations will cover a broad range of important clinical information in a board review format. A syllabus with outlines of all lectures as well as extensive questions and answers will be provided to attendees.

**TARGET AUDIENCE**
Clinicians interested in expanding their knowledge and improving their practice in primary care including family physicians, internists, pediatricians, OB/GYNs, nurses, nurse practitioners and physician assistants.

**QUESTIONS AND ANSWERS WORKSHOPS** will be conducted to review typical board exam questions. The workshops will be offered in Medicine, Pediatrics and Obstetrics/Gynecology.

**EDUCATIONAL OBJECTIVES**
Upon completion of this course, participants should be able to:
- Incorporate nationally recommended screening strategies for adults for health care maintenance;
- Implement appropriate health care maintenance for adult patients in the ambulatory setting;
- Implement appropriate screening and diagnosis of diabetes consistent with national guidelines;
- Employ effective strategies in management of type 2 diabetes;
- Improve the approaches to diagnosis and classification of hypertension in adults;
- Adequately control chronic diseases states, such as hypertension and diabetes;
- Increase competence in the treatment of hypertension and effectively manage adult hypertensive patients;
- Recognize and properly manage common surgical problems;
- Refine the approach in the use of antibiotics to avoid selection for antibiotic resistance in adults and children;
- Implement comprehensive immunization programs for infants and children;
- Provide approved treatment regimens for sexually transmitted infections;
- Incorporate evidence-based guidelines for preventative medicine and standard of care to improve obstetric and office gynecologic outcomes.

**ACCREDITATION**
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 26.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

**Nurses:**
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

**Physician Assistants:**
AAPA accepts category 1 credit from AOACME, Prescribed credit from AAFP, and AMA PRA category 1 credit™ from organizations accredited by the ACCME.

**Family Physicians:**
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Geriatric Medicine:**
The approved credits shown above include 2.00 credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

**Pain Management and care for the Terminally Ill:**
The approved credits shown above include 1.50 credits toward meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally Ill.
## General Information

Advanced registration closes one (1) business day prior to start of course.

### How to Enroll

<table>
<thead>
<tr>
<th>Tuition</th>
<th>Before 2/10/14</th>
<th>After 2/10/14</th>
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<tbody>
<tr>
<td>Physicians</td>
<td>$775</td>
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<tr>
<td>Allied Health Professionals</td>
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<tr>
<td>Residents/Fellows</td>
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Payment may be made by Visa, MasterCard, AmEx or check.

### Online

- [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

### Mail

Complete course registration form and send with payment to:

UCSF Office of CME
P. O. Box 45368
San Francisco, CA 94145-0368

Fax: (415) 502-1795 (be sure to include your credit card number)

Phone: (415) 476-5808

Please check our website for up-to-date information on the course: [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

### On-Site Registration

- Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.

### Refund Policy

Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

## Conference Location

Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building.

**The Grand Hyatt San Francisco** is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of $249/night (Single) or $274/night (Double). You are urged to make your reservations early. The cut-off date is 2/14/2014, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, go to [www.cme.ucsf.edu](http://www.cme.ucsf.edu) and click on the hotel link in the Travel & Lodging section of the course webpage or go to www. and use booking code:

If you prefer to telephone in your reservation, call 1(888) 421-1442, please identify yourself as a member of this UCSF conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

### Rental Car

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to convention number # 038W0133 or call your travel agent. You may also make reservations at [www.Hertz.com](http://www.Hertz.com). Advance reservations are recommended.

### Transportation

UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

- American – [www.aa.com](http://www.aa.com) code: 8234AN
- United – [www.united.com](http://www.united.com) code: ZPH861554

## Monday, March 10, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Session / Topic</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>7:15</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>7:50</td>
<td>Introduction and Welcome</td>
<td>Ronald H. Goldschmidt, MD</td>
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<td>Shira Shavit, MD</td>
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**Pediatrics**

- **8:00** Clinical Problems in Childhood and Adolescence
  - Shannon M. Thyne, MD

**Geriatrics**

- **9:00** Geriatric Health Care
  - Veronica Rivera, MD

- **10:15** Break

**Endocrinology**

- **10:30** Refresher on Diseases of the Thyroid, Parathyroid, Pituitary and Adrenal Gland
  - Robert J. Rushakoff, MD

**Dermatology**

- **11:15** Common Dermatoses in Children and Adults
  - Erin Amerson, MD

**Gynecology**

- **1:30** Vaginitis and Abnormal Vaginal Bleeding
  - Michael S. Policar, MD, MPH

- **2:00** Break

**Gastroenterology**

- **3:45** Hepatitis, Peptic Ulcer Disease and Other Gastrointestinal Problems
  - Jack Chase, MD

- **4:45 pm** Adjourn
TUSSDAY, MARCH 11, 2014

7:15 am  Continental Breakfast

**CARDIOLOGY**
8:00  Hypertension and Valvular Disease: Diagnosis and Treatment  
      David M. Schneider, MD
8:45  Angina, Acute Coronary Syndrome, and Congestive Heart Failure  
      David M. Schneider, MD

**PULMONARY**
9:30  Common Pulmonary Problems  
      George Su, MD
10:15  Break

**EMERGENCY MEDICINE**
10:30  Emergency Medicine  
      David Duong, MD

**PREVENTIVE MEDICINE**
11:30  Overview of Preventive Medicine for the Family Physician  
      Larry L. Dickey, MD, MPH
12:00 pm  Lunch on own

**SURGERY**
1:15  Surgical Problems in Primary Care  
      Ronald H. Labuguen, MD

**INFECCIOUS DISEASE**
2:15  Infectious Disease and Antimicrobials  
      Brian S. Schwartz, MD
3:15  Break
3:30  Sexually-transmitted Diseases / AIDS  
      Ronald H. Goldschmidt, MD
4:15  Medicine Qs & As  
      Ronald H. Goldschmidt, MD
5:30 pm  Adjourn

WEDNESDAY, MARCH 12, 2014

7:15 am  Continental Breakfast

**ORTHOPEDIC/SPORTS MEDICINE**
8:00  Common Orthopaedic Problems and Sports Injuries  
      Anthony Luke, MD, MPH

**NEPHROLOGY**
9:00  Essentials of Nephrology  
      Shieva Khayam-Bashi, MD
10:00  Break

**OPHTHALMOLOGY**
10:15  Common Eye Conditions Every Primary Care Provider Should Know  
      Cynthia S. Chiu, MD, FACS

**PEDIATRICS**
11:00  Problems of the Neonatal Period  
      Susan Fisher-Owens, MD
12:00 pm  Lunch on own

**PEDIATRICS**
1:15  Infectious Diseases in Children  
      Kevin Coulter, MD
2:15  Pediatric Qs & As  
      Kevin Coulter, MD
3:15  Break

**NEUROLOGY**
3:30  Neurology Review  
      S. Andrew Josephson, MD

**PSYCHIATRY**
4:30  Common Problems in Psychiatry  
      G. David Elkin, MD
5:30 pm  Adjourn

THURSDAY, MARCH 13, 2014

7:15 am  Continental Breakfast

**DIABETES**
8:00  Management of Type 1 and Type 2 Diabetes  
      Theresa Villela, MD

**RHEUMATOLOGY**
8:45  Arthritis / Rheumatology  
      Jonathan D. Graf, MD

**OBSTETRICS**
9:30  Fundamentals of Obstetrics  
      Lisa Ward, MD
10:30  Break
10:45  OB/GYN Qs & As  
      Pooja Mittal, MD
12:15  Adjourn
COURSE DIRECTORS

Ronald H. Goldschmidt, MD
Professor and Vice Chair of Family and Community Medicine
University of California, San Francisco

Shira Shavit, MD
Assistant Professor of Family and Community Medicine; Director, Transitions Clinic
University of California, San Francisco

GUEST FACULTY

Kevin Coulter, MD, FAAP
Clinical Professor of Pediatrics; Section Chief, Division of Child Abuse and Neglect, University of California, Davis, Sacramento, CA

Veronica Rivera, MD
Family Physician, New York, NY

UCSF FACULTY

(University of California, San Francisco unless indicated)

Erin Amerson, MD
Assistant Professor of Dermatology

Jack Chase, MD
Assistant Professor, Family and Community Medicine; Co-Director, Family Medicine Inpatient Service, San Francisco General Hospital

Cynthia S. Chiu, MD, FACS
Associate Professor of Ophthalmology

Larry L. Dickey, MD, MPH
Associate Professor of Family and Community Medicine; Medical Director, Office of Health Information Technology, California Department of Health Care Services

David Duong, MD
Assistant Professor of Emergency Medicine

G. David Elkin, MD
Associate Professor of Psychiatry

Jonathan D. Graf, MD
Associate Professor of Medicine

Susan Fisher-Owens, MD
Associate Professor of Pediatrics

S. Andrew Josephson, MD
Professor and Vice Chairman of Neurology

C. Castro Franceschi and G.K. Mitchell Endowed Neurohospitalist Distinguished Professor

Shieva Khayam-Bashi, MD
Professor of Family and Community Medicine

Anthony Luke, MD, MPH
Professor of Orthopaedics and of Family and Community Medicine; Director, Primary Care Sports Medicine

Ronald H. Labuguen, MD
Associate Professor of Family and Community Medicine; Medical Director and Physician-in-Charge, Urgent Care Center, San Francisco General Hospital

Pooja Mittal, MD
Assistant Professor of Family and Community Medicine, Director, Maternal and Child Programs, Department of Family and Community Medicine, SFGH

Michael S. Policar, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences; Medical Director, California Office of Family Planning

Robert J. Rushakoff, MD
Professor of Medicine, Division of Endocrinology and Metabolism

David M. Schneider, MD
Faculty Physician, Santa Rosa Family Medicine Residency Program, Department of Family and Community Medicine

Brian S. Schwartz, MD
Assistant Professor of Medicine, Division of Infectious Diseases

George Su, MD
Assistant Professor of Medicine

Shannon M. Thyne, MD
Professor of Pediatrics and Chief of the Medical Staff, SF General Hospital

Theresa Villela, MD
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Lisa Ward, MD, MS
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P.O. Box 45368
San Francisco, CA 94108-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name ___________________________ First ___________________________ M.I. ___________________________

Degree ___________________________ Specialty ___________________________

Address

City ___________________________ State ___________________________ Zip ___________________________

Daytime Phone ___________________________ Fax ___________________________

Email ___________________________

Address Label Code Letter (see address label: example, A, B, C, D, etc.) ___________________________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ________ / ________ / XX

Please indicate if you have any special needs: __________________________

Registration Fees

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<tr>
<th>Before 2/10/14</th>
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<tr>
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Make checks payable to UC Regents

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ ___________________________

_________________________ / ___________________________
Card # ___________________________ Expiration date ___________________________

Authorized Signature ___________________________

Name on Card (Please Print) ___________________________

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Please check our website for up to date information on the course: www.cme.ucsf.edu

Grand Hyatt Hotel
345 Stockton Street
San Francisco, CA 94108
(415)398-1234