2013 Obstetrics and Gynecology Update: 
What Does the Evidence Tell Us?

October 23-25, 2013

HILTON FINANCIAL DISTRICT
SAN FRANCISCO, CA

UCSF DEPARTMENT OF OBSTETRICS, GYNECOLOGY and 
REPRODUCTIVE SCIENCES
A n attendee completing this course will be able to apply acquired skills and strategies to:

- Identify the appropriate intervention for pelvic organ prolapse and stress urinary incontinence;
- Discuss the recent developments in aneuploidy screening;
- Implement the most recent screening guidelines for cervical cancer and osteoporosis;
- Summarize the fertility options for cancer victims;
- Discuss the recent advances in prevention of HIV transmission;
- Incorporate the components of an evidence-based well-woman visit into clinical practice.

New information on obstetric and gynecologic practice is being produced at a rapid rate. Leaders in the field, including those at the American College of Obstetricians and Gynecologists, have begun to take an evidence-based approach when formulating practice guidelines. This course is designed to provide a comprehensive update for the practitioner, placing emphasis on reviewing current evidence-based data and applying new practice guidelines.

**GREEN MEETING**

We’re saving paper! The syllabus will be transmitted electronically two weeks prior to the course. Optional purchase of a printed syllabus is available for an additional $50.

**TARGET AUDIENCE**

Designed for practicing physicians, residents, and allied health professionals seeking an update on a wide range of current issues in obstetrics and gynecology.

**EDUCATIONAL OBJECTIVES**

An attendee completing this course will be able to apply acquired skills and strategies to:

- Identify the appropriate intervention for pelvic organ prolapse and stress urinary incontinence;
- Discuss the recent developments in aneuploidy screening;
- Implement the most recent screening guidelines for cervical cancer and osteoporosis;
- Summarize the fertility options for cancer victims;
- Discuss the recent advances in prevention of HIV transmission;
- Incorporate the components of an evidence-based well-woman visit into clinical practice.

**GENERAL INFORMATION**

Pre-registration is preferred to ensure that adequate materials and space are available at the course. Pre-registration closes (1) business day prior to course start date.

**HOW TO ENROLL**

Tuition: $725 Physicians
($745 postmarked after 8/17/13)
$495 Nurses/Pharmacists/Allied Health Professionals/Residents/Fellows
($515 postmarked after 8/17/13)

**GREEN MEETING**

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Payment can be made by Visa, MasterCard, AmEx or check.

**REGISTER VIA:**

- **Online:** www.cme.ucsf.edu
- **Mail:** Complete course registration form and send with payment to: UCSF Office of CME P.O. Box 45368, San Francisco, CA 94145-0368
- **Fax:** Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)
- **Phone:** To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: www.cme.ucsf.edu
- **On-Site Registration:** Generally we are able to accommodate on-site registration at our courses. Please call or refer to our website for course status.

**ACCREDITATION**

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 23.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

- **Nurses:** For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.
- **Pharmacists:** The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.
- **Family Physicians:** Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**
- **Obstetricians/Gynecologists:** Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. **Determination of credit is pending.**
# 2013 Obstetrics and Gynecology Update: What

**WEDNESDAY, OCTOBER 23, 2013**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Registration / Continental Breakfast</td>
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<tr>
<td>7:45</td>
<td>Welcome and Opening Statements</td>
<td>Dr. Amy (Meg) Autry</td>
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<tr>
<td>8:00</td>
<td>Robotic Surgery for Benign Gynecology</td>
<td>Dr. Alison F. Jacoby</td>
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<tr>
<td>8:35</td>
<td>Q &amp; A</td>
<td>Dr. Abner Korn</td>
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<td>8:45</td>
<td>Office Gynecologic Procedures</td>
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<tr>
<td>9:20</td>
<td>Q &amp; A</td>
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<tr>
<td>9:30</td>
<td>New Treatments for Uterine Fibroids</td>
<td>Dr. Vanessa Jacoby</td>
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<tr>
<td>10:05</td>
<td>Q &amp; A</td>
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<tr>
<td>10:15</td>
<td>Coffee Break</td>
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<tr>
<td>10:30</td>
<td>Long Acting Reversible Contraception</td>
<td>Dr. Jennifer Kerns</td>
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<tr>
<td>11:05</td>
<td>Q &amp; A</td>
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<tr>
<td>11:15</td>
<td>Updates in HIV Care and Other STIs</td>
<td>Dr. Deborah Cohan</td>
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<tr>
<td>11:50</td>
<td>Q &amp; A</td>
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<tr>
<td>12:00 pm</td>
<td>Lunch On Own</td>
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<tr>
<td>1:15</td>
<td>Surgery for Urinary Stress Incontinence</td>
<td>Dr. Sharon K. Knight</td>
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<tr>
<td>1:50</td>
<td>Q &amp; A</td>
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<tr>
<td>2:00</td>
<td>Treatment Options for Pelvic Organ Prolapse</td>
<td>Dr. Michelle Y. Morrill</td>
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<tr>
<td>2:35</td>
<td>Q &amp; A</td>
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<td>2:45</td>
<td>Coffee Break</td>
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<tr>
<td>3:00</td>
<td>Treatment Options for Overactive Bladder</td>
<td>Dr. Leslee L. Subak</td>
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<tr>
<td>3:35</td>
<td>Q &amp; A</td>
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<tr>
<td>3:45</td>
<td>Screening for Cervical Cancer</td>
<td>Dr. George F. Sawaya</td>
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<tr>
<td>4:20</td>
<td>Q &amp; A</td>
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<tr>
<td>4:30</td>
<td>Treatment of Precancerous Lesions of the Cervix</td>
<td>Dr. Karen Smith-McCune</td>
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<tr>
<td>5:05</td>
<td>Q &amp; A</td>
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<tr>
<td>5:15 pm</td>
<td>Adjourn</td>
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**THURSDAY, OCTOBER 24, 2013**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>Environmental Determinants of Health</td>
<td>Dr. Marya G. Zlatnik</td>
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<td>8:35</td>
<td>Q &amp; A</td>
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<tr>
<td>8:45</td>
<td>Prediction and Prevention of Preterm Birth</td>
<td>Dr. Juan M. Gonzalez</td>
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<td>9:20</td>
<td>Q &amp; A</td>
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<tr>
<td>9:30</td>
<td>Update on Intrauterine Growth Restriction</td>
<td>Dr. Danny W. Wu</td>
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<tr>
<td>10:05</td>
<td>Q &amp; A</td>
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<tr>
<td>10:15</td>
<td>Coffee Break</td>
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<tr>
<td>10:30</td>
<td>Labor Induction</td>
<td>Dr. Yair J. Blumenfeld</td>
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<tr>
<td>11:05</td>
<td>Q &amp; A</td>
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<tr>
<td>11:15</td>
<td>Diagnosis and Management of Diabetes in Pregnancy</td>
<td>Dr. Kristen Salmeen</td>
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<tr>
<td>11:50</td>
<td>Q &amp; A</td>
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</tbody>
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**COURSE DIRECTOR**

Amy (Meg) Autry, MD  
Professor and Residency Director, Department of Obstetrics, Gynecology and Reproductive Sciences

**GUEST FACULTY**

Yair J. Blumenfeld, MD  
Assistant Professor, Department of Obstetrics and Gynecology, Stanford University, Stanford, CA

Ami Burnham, LM, RN, IBCLC  
Licensed Midwife, Rites of Passage Midwifery and Lactation Consulting, San Francisco, CA

Michelle Y. Morrill, MD  
Director of Urogynecology; TPMG Chief of Urogynecology, Kaiser Permanente, San Francisco, CA

Mary E. Norton, MD  
Professor, Department of Obstetrics and Gynecology, Stanford University, Stanford, CA

Mark C. Walters, MD  
Director, Blood and Marrow Transplantation Program, Children's Hospital and Research Center, Oakland, CA

Danny W. Wu, MD  
Attending Physician, Maternal Fetal Medicine Physician, Kaiser Permanente, San Francisco, CA

**UCSF FACULTY**

(Department of Obstetrics, Gynecology and Reproductive Sciences unless otherwise noted)

Jonathan Carter, MD  
Assistant Professor of Surgery, Division of General Surgery

Marcelle I. Cedars, MD  
Professor; Director, Division of Reproductive Endocrinology

Lee-may Chen, MD  
Professor and Edward C. Hill, MD Endowed Chair in Obstetrics, Gynecology and Reproductive Sciences

Deborah Cohan, MD, MPH  
Associate Professor; Medical Director, Bay Area Perinatal AIDS Center; Clinical Director, National Perinatal HIV Hotline and Clinicians Network
THURSDAY, OCTOBER 24, 2013 (CONT’D)

12:00 pm  Lunch On Own
1:15  Rapidly Changing Trends in Aneuploidy Screening  Dr. Mary E. Norton
1:50  Q & A  Dr. Mark C. Walters
2:00  Cord Blood Banking  Dr. Mark Rollins
2:35  Q & A  Dr. Amy Burnham
2:45  Anesthesia and Obstetrics  Dr. Sarah Wilson
3:20  Q & A  Dr. Mary E. Norton
3:30  Coffee Break
3:45  Options for Low Milk Supply  Dr. Mary E. Norton
4:20  Q & A  Dr. Mark C. Walters
4:30  Laborists in your Practice  Dr. Sarah Wilson
5:05  Q & A
5:15 pm  Adjourn

FRIDAY, OCTOBER 25, 2013

7:30 am  Continental Breakfast
8:00  Testing for Ovarian Reserve  Dr. Marcelle I. Cedars
8:45  Q & A  Dr. Heather G. Huddleston
8:55  Egg Freezing  Dr. Heather G. Huddleston
9:30  Q & A  Dr. Mitchell Rosen
9:40  Fertility Options for Cancer Patients  Dr. Mitch Rosen
10:15  Q & A  Dr. Mary E. Norton
10:25  Coffee Break
10:40  Gynecologic Care for Cancer Survivors  Dr. Mindy Goldman
11:15  Q & A  Dr. Bethan Powell
11:25  The Fallopian Tube and Ovarian Cancer  Dr. Bethan Powell
12:00 pm  Q & A  Dr. Mary E. Norton
12:10  Lunch On Own
1:15  Precancerous and Cancerous Conditions of the Vulva  Dr. Stefanie Ueda
1:50  Q & A  Dr. Mary E. Norton
2:00  Gestational Trophoblastic Disease  Dr. Lee-May Chen
2:35  Q & A  Dr. Mary E. Norton
2:45  Coffee Break
3:00  Prevention of Osteoporotic Fractures  Dr. Jeffrey Tice
3:35  Q & A  Dr. Mary E. Norton
3:45  Obesity Surgery in the Ob/Gyn Patient  Dr. Jonathan Carter
4:20  Q & A  Dr. Mary E. Norton
4:30  Where do We Stand on Well-Woman Visits?  Dr. Michael S. Policar
5:05  Q & A
5:15 pm  Adjourn / Evaluations / Attendance Verification

UCSF FACULTY (CONT’D)
Mindy Goldman, MD
Professor; Director, Women’s Cancer Care Program, UCSF Women’s Health and Carol Franc Buck Breast Care Center
Juan M. González, MD, MS, FACOG
Assistant Professor
Heather G. Huddleston, MD
Assistant Professor
Alison F. Jacoby, MD
Professor; Director, UCSF Comprehensive Fibroid Center
Vanessa Jacoby, MD, MAS
Assistant Professor
Jennifer Kerns, MD, MPH
Assistant Professor
Sharon K. Knight, MD
Associate Professor

UCSF FACULTY (CONT’D)
Abner Korn, MD
Professor; Director of Gynecology, San Francisco General Hospital
Michael S. Policar, MD, MPH
Professor; Medical Director, UCSF/ Family PACT Program Support and Evaluation, California Office of Family Planning, Sacramento, CA
C. Bethan Powell, MD
Professor
Mark Rollins, MD, PhD
Associate Professor, Departments of Anesthesia and Surgery; Director, Fetal Anesthesia Preservation Center
Kristen Salmen, MD
Assistant Professor

UCSF FACULTY (CONT’D)
George F. Sawaya, MD
Professor, Departments of Obstetrics, Gynecology and Reproductive Sciences, and Epidemiology and Biostatistics
Karen Smith-McCune, MD, PhD
Professor
Leslie L. Subak, MD
Professor, Departments of Obstetrics, Gynecology and Reproductive Sciences, Epidemiology and Biostatistics, and Urology
Jeffrey A. Tice, MD
Associate Professor of Medicine, Division of General Internal Medicine
Stefanie Ueda, MD
Assistant Professor
Sarah Wilson, MD, MEd
Assistant Professor
Marya G. Zlatnik, MD, MMS
Professor
REGISTER TODAY!

For more information or to register online, visit our website at www.cme.ucsf.edu.
You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.

UPCOMING COURSES

Antepartum & Intrapartum Management
June 6-8, 2013
Hotel Nikko
San Francisco

Essentials of Women’s Health: An Integrated Approach to Primary Care and Office Gynecology
June 30 - July 5, 2013
Hapuna Beach Prince Hotel
Big Island, Hawaii

CONFERENCE LOCATION
The Hilton Financial District is conveniently located between the famed North Beach area and Chinatown. It is within short walking distance to Union Square and the Embarcadero. A block of guestrooms has been reserved at the special UCSF conference rate of $289/night. You are urged to make your reservations early. The cut off date is September 27, 2013, or until the group room block is filled.

To make hotel reservations by phone please call (800) 424-8292 and identify yourself as a member of this UCSF conference to receive the special rate. To book your room online under the group block, please find the course information page on the UCSF CME website and scroll down to the Travel & Lodging section for the webink. Alternatively you can scan this code with your device to access this link instantly.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

RENTAL CAR
Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to identification number #03BW0132 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION
UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:
American 800-433-1790 code: A34H3AA
United - www.united.com - Offer Code: ZPMR732995

CONVENIENT LOCATION
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