CONTROVERSIES IN WOMEN’S HEALTH

HOTEL NIKKO
SAN FRANCISCO, CA

PROGRAM CHAIR
Robert B. Baron, MD, MS
Professor of Medicine
Associate Dean for Graduate and Continuing Medical Education
University of California, San Francisco
CONTROVERSIES IN WOMEN’S HEALTH

December 11-12, 2014

Increasing appreciation of the unique needs of women patients and women health care providers has created a need for innovative educational programs on women’s health. This program will provide a practical update on a full range of common but controversial issues in women’s health. Emphasis will be placed on new developments in preventive care for women, issues in reproductive health, and clinical strategies in the diagnosis and treatment of common gynecologic and medical disorders of women. An audience response system will be used and ample time will be provided for questions and discussion. An electronic course syllabus will be distributed to all participants prior to the meeting. This course is presented by the Division of General Internal Medicine, Department of Medicine, in close collaboration with the Department of Obstetrics, Gynecology, and Reproductive Sciences and is sponsored by the University of California, San Francisco.

TARGET AUDIENCE

Designed for practicing internists, family practitioners, and all other health professionals interested in providing high quality primary care, this course will present a comprehensive review of new developments in outpatient medicine. Special attention will be paid to the day-to-day controversies of office practice, emphasizing preventive medicine, diagnosis and treatment of common disorders, issues in women’s health, and current approaches to management of chronic illness.

EDUCATIONAL OBJECTIVES

The purpose of this course is to increase competence and improve clinician practice in primary care and women’s health. We specifically anticipate improvements in skills and strategies to:

- discuss and implement new guidelines for women for prevention and early detection of cancer with clinical exams, pap tests, genetic tests, and diagnostic imaging;
- discuss and implement new guidelines for women to prevent infectious diseases with vaccines, screening, and chemoprophylaxis;
- diagnose and treat common problems in women’s health including lipid disorders, hypertension, osteoporosis, menopause, amenorrhea, PCOS, breast cancer, UTI’s, and dementia;
- counsel patients about treatment options in contraception and therapeutic abortion;
- counsel women about best strategies for maintaining an ideal diet, the use of vitamin and mineral supplements, and the role of bariatric surgery;
- manage common problems in dermatology;
- provide optimal care for transgender patients;
- select the best diagnostic tests;
- utilize optimal strategies to enhance value in medical practice.

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 13.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine:
The approved credits shown above include 8.25 credits toward meeting the requirements under California Assembly Bill 1820, Geriatric Medicine.

Nurses:
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants:
AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Pharmacy:
The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credits™.

Family Physicians:
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Licensed Clinical Social Workers and Marriage & Family Therapists:
This course meets the qualifications on an hour-for-hour basis of continuing education credit for MFT’s and/or LCSW’s as required by the California Board of Behavioral Sciences. Approval No. PCE 1272.

Obstetricians/Gynecologists:
Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. Determination of credit is pending.
THURSDAY, DECEMBER 11, 2014

7:30 am  Course Registration and Continental Breakfast

8:20  Welcome  Robert B. Baron, MD, MS

PREVENTIVE MEDICINE FOR WOMEN
Moderator: Robert B. Baron, MD, MS

8:30  Cervical Cancer Screening Update and Implications for Annual Exams  George F. Sawaya, MD

9:10  Q and A

9:20  Updates in Breast Cancer Screening  Karla Kerlikowske, MD

10:00  Q and A

10:10  Break

10:30  Vaccinations for Adults and Adolescents  Lisa Winston, MD

11:10  Q and A

11:20  Prevention of Cardiovascular Disease in Women: Implications of New Guidelines for Hypertension and Lipid Disorders  Robert B. Baron, MD, MS

12:00 pm  Q and A

12:10  Lunch (On Own)

CLINICAL STRATEGIES IN WOMEN’S HEALTH I
Moderator: Robert B. Baron, MD, MS

1:30  Breast Cancer: Key Topics for the Primary Care Clinician  Leah Karter, MD, MAS

2:10  Q and A

2:20  New Approaches to Urinary Tract Infection  Brian Schwartz, MD

3:00  Q and A

3:10  Break

3:30  Updates in Diagnosis and Treatment of Dementia  Katherine A. Julian, MD

4:10  Q and A

4:20  New Guidelines for Menopause Management  Judith M.E. Walsh, MD, MPH

5:00  Q and A

5:10 pm  Adjourn

GENERAL INFORMATION
Pre-registration is preferred to ensure that adequate course materials are available. The syllabus will be transmitted electronically prior to the course. Optional purchase of a printed syllabus is available for $30.

HOW TO ENROLL
Tuition:  
Physicians  $465
Allied Health Professionals/ Physicians-in-Training  $365
Optional Printed Syllabus  $30
Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
Online:  www.cme.ucsf.edu
Mail:  Complete course registration form and send with payment to: UCSF Office of CME  P.O. Box 45368  San Francisco, CA  94145-0368

Fax:  Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)
Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808 or check our website for up-to-date information on the course:  www.cme.ucsf.edu

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building.
FRIDAY, DECEMBER 12, 2014

8:00 am  Continental Breakfast

CLINICAL STRATEGIES IN WOMEN’S HEALTH II
Moderator: Robert B. Baron, MD, MS

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>8:30</td>
<td>Care of the Transgender Patient</td>
<td>Erica Weiss, MD</td>
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<td>9:10</td>
<td>Q and A</td>
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<tr>
<td>9:20</td>
<td>Amenorrhea and PCOS: An Efficient Approach to Work-up and Treatment</td>
<td>Rebecca Jackson, MD</td>
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<td>10:00</td>
<td>Q and A</td>
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<td>10:10</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>New Guidelines for Detection and Treatment of Sexually Transmitted Infections</td>
<td>Michael S. Policar, MD, MPH</td>
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<td>11:10</td>
<td>Q and A</td>
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<tr>
<td>11:20</td>
<td>Contraception in Medically Complicated Women</td>
<td>Jennifer Kerns, MD, MPH</td>
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<td>12:00</td>
<td>Lunch (On Own)</td>
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12:10

CLINICAL STRATEGIES IN WOMEN'S HEALTH III
Moderator: Robert B. Baron, MD, MS

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>1:30</td>
<td>The ABC and D’s of Vitamins and Supplements in Women's Health</td>
<td>Jeffrey A. Tice, MD</td>
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<td>2:10</td>
<td>Q and A</td>
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<td>2:20</td>
<td>Current and Emerging Strategies for Osteoporosis</td>
<td>Anne Schafer, MD</td>
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<td>3:00</td>
<td>Q and A</td>
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<td>Break</td>
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<td>3:30</td>
<td>The Bariatric Surgery Patient: What the Primary Care Provider Needs to Know</td>
<td>Michelle Guy, MD</td>
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<td>4:10</td>
<td>Q and A</td>
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<td>4:20</td>
<td>Dermatology for Women’s Health</td>
<td>Toby Maurer, MD</td>
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<td>5:00</td>
<td>Q and A</td>
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<td>5:10</td>
<td>Adjourn</td>
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5:10 pm

CONFERENCE LOCATION (CONT’D)

Hotel Nikko is just steps from Union Square and the Theatre District.
A block of guestrooms has been reserved at the special UCSF conference rate of $209/night. Please make your reservations early. The cut off date is November 12, 2014, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations, call the Hotel Nikko at (415) 394-1111, toll-free at (800) 248-3308. Please identify yourself as a member of the UCSF Controversies in Women’s Health conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to identification number #03BW0133, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:
COURSE CHAIR
Robert B. Baron, MD, MS
Professor of Medicine
Associate Dean for Graduate and Continuing Medical Education
University of California, San Francisco

COURSE FACULTY
(University of California, San Francisco unless otherwise indicated)
Michelle Guy, MD
Associate Professor of Medicine
Rebecca Jackson, MD
Associate Professor of Obstetrics, Gynecology and Reproductive Sciences and of Epidemiology and Biostatistics; Chief, Obstetrics, Gynecology and Reproductive Sciences, San Francisco General Hospital
Katherine A. Julian, MD
Professor of Medicine; Program Director, UCSF Primary Care General Internal Medicine Residency Program

COURSE FACULTY (CONT’D)
Leah Karliner, MD, MAS
Associate Professor of Medicine
Karla Kerlikowske, MD
Professor of Medicine and of Epidemiology & Biostatistics
Jennifer Kerns, MD, MPH
Assistant Professor of Obstetrics, Gynecology and Reproductive Sciences
Toby Maurer, MD
Professor of Dermatology; Chief, Dermatology, San Francisco General Hospital
Michael S. Pollicar, MD, MPH
Professor of Obstetrics, Gynecology and Reproductive Sciences
George F. Sawaya, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences and of Epidemiology & Biostatistics
Anne Schafer, MD
Assistant Professor of Medicine

COURSE FACULTY (CONT’D)
Brian S. Schwartz, MD
Associate Professor of Medicine; Program Director, Infectious Diseases Fellowship; Gold-Headed Cane Endowed Teaching Chair in Internal Medicine Division of Infectious Diseases
Jeffrey A. Tice, MD
Associate Professor of Medicine
Judith M.E. Walsh, MD, MPH
Professor of Medicine
Erica Weiss, MD
Northern California OB/GYN Lead, Transgender Health, Kaiser Permanente, San Francisco, CA
Lisa Winston, MD
Professor of Medicine, Division of Infectious Diseases Director, Inpatient Medical Services and Hospital Epidemiologist San Francisco General Hospital
CONTROVERSIES IN WOMEN’S HEALTH

MDM15M05

December 11-12, 2014
Hotel Nikko • San Francisco, California

Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: __ __ / __ __ / XX

Month Day

Please indicate if you have any special needs:

Tuition:

☐ $465 Physicians

☐ $365 Allied Health Professionals/Physicians-in-Training

☐ $30 Optional Printed Syllabus

Make checks payable to UC Regents.

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ __________

__________

Card # Expiration date

Name on Card (Please Print) Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

On-Site Registration

Date: Thursday, December 11, 2014
Time: 7:30 - 8:20 am
Location: Hotel Nikko San Francisco
222 Mason Street
San Francisco, CA 94102
415-394-1111
1-800-NIKKO-SF (248-3308)
www.hotelnikkosf.com