4th Annual
Asian Health Symposium:
Best Clinical Practices in Medicine for the Asian American Patient

September 25-26, 2015

Course Directors
Gordon Fung, MD, MPH, PhD
Professor of Medicine, UCSF
Diana Lau, PhD, RN, CNS
Assistant Professor
School of Nursing, UCSF

Steering Committee
Dr. Gordon Fung
Dr. Diana Lau
Dr. Peter Chin-Hong
Dr. Lee-May Chen
Dr. Anand Dhruva
Dr. Andrew Ko
Dr. Byron Lee
Dr. Randall Low
Dr. Anne Tang
The national Asian population has grown rapidly in the last decade, presenting big challenges to healthcare providers in eliminating healthcare disparities. In light of the special needs of the Asian community, many of whom are immigrants, the Asian Health Institute, University of California, San Francisco, started the Asian Health Symposium series in 2012 to educate healthcare providers on the health and healthcare needs of Asians.

The 4th annual Asian Health Symposium will highlight five specific areas for this unique community, including cancer, cardiovascular, geriatrics, integrative medicine, and global health and infectious disease with special emphasis on the differences in Asian patients.

This symposium will help bridge the knowledge and practice gaps in treating the many diseases and health issues that have significant impacts on the Asian community including: common cancer conditions that affect Asians most, including cancer genetics and immunology; cardiovascular issues that are on the rise in Asians: hypertension, heart failures, atrial fibrillation, and diabetic cardiomyopathy, as well as anticoagulation issues. The course also features geriatric issues that include the continuum of care, polypharmacy, distinction between dementia and Alzheimer's disease, and Parkinsonism; integrative medicine that includes a general overview of the common healing approaches from Asia commonly adopted by the community: acupuncture, yoga and herbal medicines; as well as infectious diseases that include travel medicine, hepatitis B & C and the controversies around vaccination requirements.

TARGET AUDIENCE
Designed for family and primary care physicians, internists, and specialists, as well as nurse practitioners, physician assistants, nurses, pharmacists, and other healthcare providers who face the unique health care needs and challenges of their Asian patients.

OBJECTIVES
After attending the two-day symposium, attendees will be able to:

Cancer
• Recognize the main types of cancers that afflict the Asian communities most, such as lung cancer;
• Develop a heightened awareness of cancers that have low screening rates in the Asian communities most;
• Understand the current roles of genetics and immunology in cancer prevention and treatment and implications in Asian patients.

Cardiovascular
• Discuss the state-of-the-art treatment in atrial fibrillation;
• Offer appropriate treatment to Asian patients in heart failure with preserved ejection fraction;
• Incorporate new hypertension guidelines in clinical practice as deemed appropriate;
• Increase the accuracy in the diagnosis of diabetic cardiomyopathy in Asian American patients;
• Discuss the clinical disparities in the use of anticoagulants in Asian Americans.

Geriatrics
• Offer appropriate transitional care for the entire healthcare spectrum to Asian patients;
• Beware of the all-too-common polypharmacy issues with the geriatric population;
• Offer differential treatments to Asian patients between dementia and Alzheimer’s disease;
• Offer culturally appropriate treatments to Asian patients with Parkinson’s disease.

Integrative Medicine
• Integrate the use of yoga in patients as a therapeutic treatment modality in chronic illnesses such as back pain, anxiety, depression, cardiovascular diseases, and cancer;
• Offer acupuncture as a culturally-appropriate treatment option to the Asian patients when indicated;
• Offer appropriate guidance to patients regarding use of herbal medicines.

Global Health and Infectious Diseases
• Offer guidance to patients in their vaccination needs during their trip preparation phase;
• Understand the controversies regarding compulsory vaccination of school children;
• Offer state-of-the-art treatment to patients with Hepatitis B and/or C.

ACCREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 12.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from ACCME., Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Geriatric Medicine: The approved credits shown above include 12.50 credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.
COURSE CHAIRS

Gordon Fung, MD, MPH, PhD
Professor of Medicine, UCSF

Diana Lau, PhD, RN, CNS
Assistant Professor
School of Nursing, UCSF

COURSE FACULTY

Joseph S. Acquah, LAc, OMD
Acupuncturist, Osher Center for Integrative Medicine

Michael Aminoff, MD
Professor of Neurology
Director, Parkinson’s Disease and Movement Disorders Clinic

Lee-May Chen, MD
Professor of Obstetrics, Gynecology, & Reproductive Sciences

Peter Chin-Hong, MD
Professor of Medicine
Director, Pathways to Discovery Program in Clinical and Translational Research
Director, Transplant and Immunocompromised Host Infectious Disease Program

Anand Dhruva, MD
Associate Professor of Medicine
Division of Hematology and Medical Oncology

Andrew Ko, MD
Associate Professor of Medicine,
Division of Hematology and Medical Oncology

Ivy Ku, MD
Assistant Clinical Professor of Medicine and Cardiology (Vol.)
Staff Physician, Department of Cardiology
Kaiser Permanente Hospital and Medical Center, San Francisco, CA

Jennifer Lai, MD
Assistant Professor of General Hepatology and Liver Transplantation

Brian Lee, MD
Associate Professor of Medicine
Division of Nephrology

Byron Lee, MD
Professor of Medicine
Cardiac Electrophysiology and Arrhythmia Service
Division of Cardiology

Gordon Leung, MD
Physician, Department of Cardiology
Kaiser Permanente Hospital and Medical Center, San Francisco

Dandan Liu, MD
Assistant Clinical Professor (Vol.) of Medicine and Geriatrics
Staff Physician, On Lok Lifeways, San Francisco, CA

Julie Mak, MS, MSc, LGCG
Genetic Counselor, Cancer Risk Program

Sanjay Reddy, MD
Assistant Professor of Medicine

Van Selby, MD
Assistant Professor of Medicine
Division of Cardiology

Anne Tang, MD, FACP
Chief, Bilingual Chinese Module
Chief, Pharmacy & Therapeutics
San Francisco Chair, Pharmacy Education Subcommittee, California Regions
Kaiser Permanente Hospital and Medical Center
San Francisco, CA

Elena Tinloy, PharmD
Director of Pharmacy
San Francisco General Hospital
Assistant Professor

Richard Tsai, MD
Clinical Instructor and Behavioral Neurology Fellow
Department of Neurology

Stefanie Ueda, MD
Assistant Professor of Obstetrics, Gynecology, & Reproductive Sciences

Sunny Wang, MD
Assistant Professor of Medicine
Division of Hematology and Medical Oncology

Eugene Yang, MD, FACC
Medical Director, University of Washington Medicine Eastside Specialty Center
Bellevue, WA
Associate Professor of Medicine
Division of Cardiology
University of Washington Medical Center
Seattle, WA
FRIDAY, SEPTEMBER 25, 2015

7:45 am  Registration and Continental Breakfast
8:45    Welcome and Introduction  Gordon Fung, MD, MPH, PhD

GERIATRICS UPDATE
MODERATOR: ANNE TANG, MD

9:00    G  The Continuum of Care: Home, Clinics, Acute Care, Convalescent Care, and Long-term Care  Dandan Liu, MD
9:30    G  Polypharmacy in the Aging Population: Meaningful Management in Dosing, Monitoring, and Adherence  Elena Tinloy, PharmD
10.00  Coffee Break
10:30  G  Differential Diagnosis of Alzheimer’s Disease and Dementia – Guiding Therapeutic Management  Richard Tsai, MD
11:00  G  Parkinson’s Disease: Old and New Approaches to Treatment  Michael Aminoff, MD
11:30  G  Session Q & A and Panel Discussion
12:00 pm  Lunch provided

CARDIOVASCULAR UPDATE
MODERATORS: BYRON LEE, MD & GORDON FUNG, MD, MPH, PhD

1:00    G  Atrial Fibrillation: Medical Management and Ablation  Byron Lee, MD
1:30    G  A Parade of New Anticoagulation Drugs  Gordon Leung, MD
2:00    G  Are there Alternatives to Anticoagulation for the AF Patient?  Eugene Yang, MD
2:30  Coffee Break
3:00    G  Controversies in the New Guidelines for Hypertension Management  Brian Lee, MD
3:30    G  Diabetic Cardiomyopathy  Ivy Ku, MD
4:00    G  Treatment for Heart Failure Patients with Preserved Ejection Fraction  Van Selby, MD
4:30    G  Session Q & A and Panel Discussion
5:00 pm  Adjourn

GENERAL INFORMATION
Advance registration closes one (1) business day prior to start of course.

HOW TO ENROLL
Tuition:
- $475  Physicians
- $295  Nurses/Allied Health Professionals
- $250  Residents/Fellows
Payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA
Online:  www.cme.ucsf.edu
Mail:  Complete course registration form and send with payment to: UCSF Office of Continuing Medical Education
P.O. Box 45368
San Francisco, CA 94145-0368

Fax:  Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)
Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.
On-Site Registration:  Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.
SATURDAY, SEPTEMBER 26, 2015

8:00 am  Continental Breakfast

CANCER UPDATE
MODERATORS: ANDREW KO, MD & LEE-MAY CHEN, MD

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tr>
<td>9:00</td>
<td>G Lung Cancer in Non-smoking Women</td>
<td>Sunny Wang, MD</td>
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<td>9:30</td>
<td>G Cervical Cancer Screening, Prevention (Vaccines), and Treatment</td>
<td>Stefanie Ueda, MD</td>
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<td>10:00</td>
<td>Coffee Break</td>
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<td>10:30</td>
<td>G Cancer Genetics and Genetic Counseling</td>
<td>Julie Mak, MS, MSc, LCGC</td>
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<td>11:00</td>
<td>G What’s New in Cancer Immunology</td>
<td>Lawrence Fong, MD</td>
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<td>11:30</td>
<td>G Session Q &amp; A and Panel Discussion</td>
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<td>12:00 pm</td>
<td>Lunch provided</td>
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INTEGRATIVE MEDICINE: HEALING APPROACHES FROM ASIA
MODERATOR: ANAND DHRUVA, MD

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<tr>
<th>Time</th>
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<th>Speaker</th>
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<tr>
<td>1:00</td>
<td>G Therapeutic Yoga: Clinical Evidence and Mechanisms</td>
<td>Anand Dhruva, MD</td>
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<tr>
<td>1:30</td>
<td>G Acupuncture Approaches in Cancer Care</td>
<td>Joseph Acquah, OMD, LAc</td>
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<td>2:00</td>
<td>G Botanical Medicines</td>
<td>Sanjay Reddy, MD</td>
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<td>2:30</td>
<td>G Session Q &amp; A and Panel Discussion</td>
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<td>Coffee Break</td>
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GLOBAL HEALTH & INFECTIOUS DISEASE
MODERATOR: PETER CHIN-HONG, MD

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<th>Time</th>
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<th>Speaker</th>
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<tr>
<td>3:10</td>
<td>G Travel Medicine</td>
<td>Peter Chin-Hong, MD</td>
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<td>3:40</td>
<td>G Vaccination Update</td>
<td>Chris Keh, MD</td>
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<td>4:10</td>
<td>G Breakthrough Treatments in Hepatitis B and C</td>
<td>Jennifer Lai, MD</td>
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<td>4:40</td>
<td>G Session Q &amp; A and Panel Discussion</td>
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<td>5:00</td>
<td>Closing</td>
<td>Diana Lau, PhD, RN, CNS</td>
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<td>5:15 pm</td>
<td>Adjourn</td>
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G – Geriatric credit

CONFERENCE LOCATION
University of California, San Francisco
Laurel Heights Conference Center
3333 California Street @ Walnut Street
San Francisco, CA 94118

PARKING
Limited parking is available at the Laurel Heights Conference Center for $15/day on Friday and $6/day on Saturday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1 and 43).

RENTAL CAR
Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number 03BW0134 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION
UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:
United: www.united.com code: ZUG2332213
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Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr.  Mr.  Mrs.  Ms.

Last Name  First  M.I.

Degree  Specialty

Address

City  State  Zip

Daytime Phone  Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list?  Yes  No

Date of birth to be used as OCME registrant number:  ____ / ____ / XX

Please indicate if you have any special needs:

Registration Fees

$475  Physicians
$295  Nurses/Allied Health Professionals
$250  Residents/Fellows

Check enclosed payable to UC Regents

Please charge my credit card:  Visa  MasterCard  AmEx for $ __________________

Card #  Expiration date

Name on Card (Please Print)  Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: www.cme.ucsf.edu

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