44th Annual

Advances in Internal Medicine

Featuring An Electronic Audience Response System

COURSE CHAIR
H. Quinny Cheng, MD
Professor of Medicine
University of California, San Francisco
Now in its 44th year, this course reviews the most recent developments and current controversies in the field of internal medicine. Particular emphasis will be placed on topics of clinical relevance to the practicing physician. The course will include:

**Didactic Lectures** – Clinically active faculty from the Department of Medicine will emphasize recent clinical advances.

**Year-in-Review Literature Reviews** – Faculty will review major articles from the general medical specialty literature with immediate importance to clinical practice.

**Clinical Dilemmas** – In addition to case presentations to illustrate current management strategies, a special session on clinical problem-solving will be included.

**Questions and Answers** – Ample time will be provided for specific questions and discussions of problems commonly encountered by course participants.

**Internal Medicine Topics** – Areas to be covered include cardiology, hematology and oncology, general internal medicine, pulmonary and critical care, gastroenterology, infectious diseases, endocrinology, and rheumatology.

**Multidisciplinary Topics** – Additional topics of interest to the practicing internist will include issues in women’s health, geriatrics, emergency & hospital medicine, and neurology.

Advances in Internal Medicine is presented by the Department of Medicine and is sponsored by the Office of Continuing Medical Education of the University of California, San Francisco School of Medicine.

**TARGET AUDIENCE**

This course is designed for practicing internists, family practitioners, and other primary care health professionals. It is also appropriate for hospitalists who wish to stay current on recent developments in internal medicine beyond the inpatient setting.

The purpose of this course is to increase competence and improve clinician practice in internal medicine. We specifically anticipate improvements in skills and strategies to:

- Apply new knowledge to better manage commonly encountered chronic medical problems such as hypertension, diabetes, osteoporosis, obesity, and obstructive lung disease, as well as acute conditions such as sexually transmitted infections and musculoskeletal injuries.

- Bring practice patterns more in line with current evidence and guidelines with respect to atrial fibrillation, cancer screening, adult vaccination, anticoagulation management, and preoperative medical evaluation.

- Improve competence in the management of common problems traditionally treated by specialists, such as heart failure, HIV infection, end-of-life care, Parkinson’s Disease, rheumatologic disorders, as well as recognize the indications for referral to a subspecialist.
Associate Professor of Medicine
Department of Rheumatology
Sarah Goglin, MD
San Francisco General Hospital
Director, AIDS Consult Service
Susan Philip, MD, MPH
Professor of Medicine
Division of Infectious Diseases
Director, STD Prevention and Control Services
San Francisco Department of Public Health

Associate Professor of Medicine
Department of Rheumatology
S. Andrew Josephson, MD
Assistant Professor of Medicine
Division of Geriatrics
Vanja Douglas, MD
Assistant Professor of Neurology
Sara & Evan Williams Foundation Endowed Neurohospitalist Chair
Elizabeth Dzeng, MD, MPH, MPhil
Assistant Professor of Medicine
Division of Hospital Medicine and Social and Behavioural Science
Laura J. Esserman, MD, MBA
Professor of Surgery and of Radiology, and Affiliate Faculty for the Institute for Health Policy Studies; Director, Carol Franc Buck Breast Care Center; Co-Leader, Breast Oncology Program, UCSF Helen Diller Family Comprehensive Cancer Center
Brian Feeley, MD
Associate Professor of Primary Care Sports Medicine and Shoulder Service
Rena Fox, MD
Professor of Medicine
Monica Gandhi, MD, MPH
Professor of Medicine
Divisions of HIV/AIDS Director, AIDS Consult Service
San Francisco General Hospital
Sarah Goglin, MD
Assistant Professor of Medicine Department of Rheumatology
Jonathan Graf, MD
Associate Professor of Medicine
Department of Rheumatology
Katherine Gundling, MD
Professor of Medicine, Division of Allergy and Immunology
Harry Hollander, MD
Professor of Medicine, Division of Infectious Diseases; Director Internal Medicine Residency Training Program
Edward Hsiao, MD, PhD
Assistant Professor of Medicine
Division of Endocrinology and Metabolism
S. Andrew Josephson, MD
Associate Professor and Vice-Chairman of Neurology; Carmen Castro Franceschi and Gladyne K. Mitchell Neurohospitalist Distinguished Professor; Director, Neurohospitalist Program
Alka Kanaya, MD
Associate Professor of Medicine and of Epidemiology and Biostatistics; Division of General Internal Medicine
Maya Katz, MD
Assistant Professor of Neurology
Karla Kerlikowske, MD
Professor of Medicine and Epidemiology/Biostatistics
Jeffrey Kohlves, MD, MPH
Associate Professor of Medicine Director, VAMC PRIME Program
Associate Program Director Internal Medicine Residency
Lisa Kroon, PharmD
Professor and Chair of Clinical Pharmacy
Lorriana E. Leard, MD
Associate Professor of Medicine
Division of Pulmonary and Critical Care Medicine; Associate Director, Pulmonary and Critical Care Medicine Fellowship
Andrew D. Leavitt, MD
Professor of Laboratory Medicine, Division of Hematology/Oncology
Anthony Luke, MD, MPH
Professor and Director
Primary Care Sports Medicine
Catherine Liu, MD
Associate Professor of Medicine
Division of Infectious Diseases
Umesh Masharani, MD, BS, MRCP
Professor of Medicine
Division of Endocrinology and Metabolism
Michael Peters, MD
Assistant Professor of Medicine
Susan Philip, MD, MPH
Assistant Professor of Medicine
Division of Infectious Diseases
Director, STD Prevention and Control Services
San Francisco Department of Public Health
Thomas A. Ports, MD
Professor of Medicine
Chief, Interventional Cardiology
Hope Rugo, MD
Professor of Medicine
Director, Breast Oncology and Clinical Trial Education
UCSF Helen Diller Family Comprehensive Cancer Center
Bradley A. Sharpe, MD
Associate Professor of Medicine
Division of Hospital Medicine Associate Chief, Medical Service Associate Program Director Internal Medicine Residency Program
Yiwey Shieh, MD
Clinical Instructor in Medicine
Bernie Sunwoo, MD
Assistant Professor of Medicine
Division of Pulmonary and Critical Care Medicine
Judith M. E. Walsh, MD, MPH
Professor of Medicine; Women’s Health Clinical Research Center
Richard Weisiger, MD, PhD
Professor Emeritus of Medicine
Eric Widera, MD
Assistant Professor of Medicine; Director, Hospice & Palliative Care
San Francisco VA Medical Center
Lisa G. Winston, MD
Professor of Medicine
Division of Infectious Diseases; Vice Chief, Inpatient Medical Services and Hospital Epidemiologist, San Francisco General Hospital
Yerem Yeghiazarians, MD
Professor of Medicine
Co-Director, Adult Cardiac Catheterization Laboratory and Director, Peripheral Interventional Cardiology Program
Monday • May 23 and June 20
7:00 am  Registration and Continental Breakfast
8:00  Welcome and Overview  H. Quinny Cheng, MD
CARDIOLOGY • Moderator: Thomas A. Ports, MD
8:10  Recent Advances in Heart Failure  Liviu Klein, MD, MS
9:00  Update on Atrial Fibrillation  Cara Pellegrini, MD
9:50  Break
10:10  Getting with the Cardiology Guidelines  Yerem Yeghiazarians, MD
11:00  Key Note Lecture  Physician Assisted Suicide in California  Elizabeth Dzeng, MD, MPH, MPhil
11:50  Lunch on Own
HOSPITAL MEDICINE • Moderator: H. Quinny Cheng, MD
1:20  Update in Hospital Medicine  Bradley A. Sharpe, MD
2:20  Update in Perioperative Medicine  H. Quinny Cheng, MD
2:50  Break
ENDOCRINOLOGY • Moderator: Umesh Masharani, MB, BS, MRCP
3:10  Update on Diabetes Drugs  Lisa Kroon, PharmD
4:00  New Drugs for Osteoporosis and Bone Disorders  Edward Hsiao, MD, PhD
4:50 pm  Adjourn

Tuesday • May 24 and June 21
7:00 am  Continental Breakfast
GENERAL INTERNAL MEDICINE • Moderator: Robert B. Baron, MD, MS
8:00  Hepatitis C: the New Landscape (May)  Rena Fox, MD (May)
Chronic Kidney Disease: What the Generalist Needs to Know (June)  Kerry Cho, MD (June)
8:50  Obesity Management: Effective Clinical Strategies  Alka Kanaya, MD
9:40  Break
10:00  Modern Management of Hypertension: Should We SPRINT to Change our Guidelines  Robert B. Baron, MD, MS
10:50  Updates in General Internal Medicine: Year in Review  Jeffrey Kohlwes, MD, MPH
11:40  Lunch on Own
WOMEN’S HEALTH • Moderator: Robert B. Baron, MD, MS
1:10  Current Issues in Breast Cancer Screening  Karla Kerlikowske, MD
2:00  Update in Women’s Health: Year in Review  Judith M.E. Walsh, MD, MPH
2:50  Break
GERIATRICS • Moderator: Eric Widera, MD
3:10  A Year In Review: Geriatrics and Palliative Care  Kenneth Covinsky, MD, MPH  Eric Widera, MD
4:50 pm  Adjourn  
G - Satisfies the California requirement for Geriatric CME
P - Satisfies the California requirement for Pain CME

Hilton San Francisco Financial District (May)
UCSF Parnassus Campus, Cole Hall (June)
San Francisco, CA
### Wednesday • May 25 and June 22

7:00 am  *Continental Breakfast*

#### INFECTIOUS DISEASES
- **Moderator:** Lisa G. Winston, MD
- **7:00 am**  
  - New Developments in Vaccination for Adults and Adolescents  
  - Speaker: Lisa G. Winston, MD

#### PUBLIC HEALTH
- **8:00 am**  
  - Updates in Sexually Transmitted Diseases  
  - Speaker: Susan Philip, MD, MPH

#### Break
- **9:40 am**  
  - Lunch on Own

#### INFECTIONOUS DISEASES
- **10:00 am**  
  - Skin and Soft Tissue Infections (May)  
  - Community Acquired Pneumonia: the Latest Data (June)  
  - Speakers: Catherine Liu, MD and Bradley A. Sharpe, MD

#### Break
- **11:40 am**  
  - Lunch on Own

#### INFECTIONIOUS DISEASES
- **1:10 pm**  
  - Clinical Problem Solving Exercise  
  - Speaker: Harry Hollander, MD

#### GASTROENTEROLOGY
- **2:00 pm**  
  - Update on Non-Alcoholic Fatty Liver Disease  
  - Speaker: Danielle Brandman, MD, MAS

#### Break
- **3:10 pm**  
  - P  
  - Advances in Understanding and Treating Irritable Bowel Syndrome  
  - Speaker: Richard A. Weisiger, MD, PhD

#### P  
- **4:00 pm**  
  - Topics in Sports Medicine  
  - Speaker: Anthony Luke, MD (May)  
  - Speaker: Brian Feeley, MD (June)

### Thursday • May 26 and June 23

7:00 am  *Continental Breakfast*

#### HEMATOLOGY AND ONCOLOGY
- **Moderator:** Hope Rugo, MD
- **8:00 am**  
  - Prostate Cancer 2016: Smarter Screening and Risk-Adapted Treatment  
  - Speaker: Matthew R. Cooperberg, MD, MPH

#### Break
- **9:40 am**  
  - Lunch on Own

#### HEMATOLOGY AND ONCOLOGY
- **10:00 am**  
  - Update in Anticoagulation: Weighing the Risks  
  - Speakers: Andrew D. Leavitt, MD and Yiwey Shieh, MD (June)

#### Break
- **11:40 am**  
  - Lunch on Own

#### NEUROLOGY
- **Moderator:** S. Andrew Josephson, MD
- **1:10 pm**  
  - Parkinson’s Disease for the Primary Care Provider  
  - Speaker: Maya Katz, MD

#### Break
- **2:50 pm**  
  - Neurology Potpourri  
  - Speaker: Vanja Douglas, MD

#### RHEUMATOLOGY
- **Moderator:** Jonathan Graf, MD
- **3:10 pm**  
  - Biologics for Rheumatic Disease: What the Internist Should Know  
  - Speaker: Jonathan Graf, MD

#### Break
- **4:00 pm**  
  - Lupus for the Internist  
  - Speaker: Sarah Goglin, MD

4:50 pm  *Adjourn*

### Friday • May 27 and June 24

7:00 am  *Continental Breakfast*

#### PULMONARY AND CRITICAL CARE
- **Moderator:** Lorianna E. Leard, MD
- **8:00 am**  
  - Updates in COPD and Asthma  
  - Speaker: Michael Peters, MD

#### Break
- **9:40 am**  
  - Lunch on Own

#### PULMONARY AND CRITICAL CARE
- **10:00 am**  
  - Time-Related Topics in Pulmonary Medicine  
  - Speaker: Lorriana Leard, MD

#### Break
- **11:40 am**  
  - Lunch on Own

#### PULMONARY AND CRITICAL CARE
- **1:00 pm**  
  - Biologics for Rheumatic Disease: What the Internist Should Know  
  - Speaker: Jonathan Graf, MD

#### Break
- **2:50 pm**  
  - Lupus for the Internist  
  - Speaker: Sarah Goglin, MD

4:50 pm  *Adjourn*

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G - Satisfies the California requirement for Geriatric CME

P - Satisfies the California requirement for Pain CME
ACCREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of 30.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include 5.00 geriatric credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Pain Management and Care for the Terminally Ill: The approved credits shown above include 4.25 AMA PRA Category 1 Credits™ towards meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally Ill.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA category 1 credit for the PRA for organizations accredited by the ACCME.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

GENERAL INFORMATION
Advanced registration closes one (1) business day prior to start of course.

REGISTRATION INFORMATION
Tuition:
$950 Practicing Physicians
$750 Allied Health Professionals/Residents/Fellows

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to: UCSF Office of CME P.O. Box 45368 San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
The May Session of this conference will take place at the Hilton San Francisco Financial District Hotel. Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building.

A block of guestrooms has been reserved at the special UCSF conference rate of $249/night for the May session. You are urged to make your reservations early. The cut-off date is May 2, 2016, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations online, go to www.cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call 1-800-424-8292, please identify yourself as a member of this UCSF conference to receive the special rate.

The June Session is being held at Cole Hall on the UCSF Parnassus Campus at 513 Parnassus Avenue. Our preferred location for room reservations is the Stanyan Park Hotel, conveniently located at 750 Stanyan Street (cross street: Waller), The Stanyan Park Hotel is offering a starting rate of $175.00/night. Additional upgraded room rates are available. To make your reservation, call 415-751-1000.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION AND RENTAL CAR
UCSF has negotiated special fares with United Airlines and Hertz Car Rental. Please visit the TRAVEL AND LODGING section on the course webpage at www.cme.ucsf.edu for more information and the proper discount codes.
Upcoming CME Courses

Essentials of Women's Health: An Integrated Approach to Primary Care and Office Gynecology
July 3-8, 2016
Big Island, HI

Internal Medicine Board Certification and Recertification Review
July 10-14, 2016
San Francisco, CA

Essentials of Primary Care: A Core Curriculum for Ambulatory Practice
August 7-12, 2016
North Lake Tahoe, CA

Primary Care Medicine: Principles and Practices
October 12-14, 2016
San Francisco, CA

Management of the Hospitalized Patient
October 20-22, 2016
San Francisco, CA

Controversies in Women's Health
December 8-9, 2016
San Francisco, CA
Please check our website for up to date information on the course:

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

- Dr. - Ms. - Mr. - Mrs.

Last Name                      First                    M.I.

Degree                        Specialty

Address

City                      State                      Zip

Daytime Phone                Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list?  □ Yes  □ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / X X

Please indicate if you have any special needs:__________________________________

Registration Fees

□ $950  Practicing Physicians
□ $750  Allied Health Professionals/Residents/Fellows/Nurses

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Course (Select One):

□ May 23-27, 2016  MDM16M19 – Hilton San Francisco Financial District • San Francisco, CA
□ June 20-24, 2016  MDM16M20 – UCSF Parnassus Campus, Cole Hall • San Francisco, CA

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Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: www.cme.ucsf.edu