Presented by the UCSF SCHOOL OF MEDICINE and the UCSF SCHOOL OF NURSING

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

COURSE CO-CHAIRS
Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, MS, ANP, FAAN

A 2-Day Continuing Medical Education Course Presented By:
University of California, San Francisco • School of Medicine and School of Nursing
This educational activity has been supported in part by a charitable contribution from The Special Hope Foundation, a non profit 501(c)3 organization.

Photos courtesy of Support for Families and The Arc San Francisco
The 15th annual interdisciplinary conference celebrates MAXIMIZING POTENTIAL FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES, offering a unique update for primary care and subspecialty health care professionals and others who care for children, youth, and adults with developmental disabilities and complex health care needs. The 2016 conference continues to cover topics across the lifespan on a broad range of developmental disabilities including autism spectrum disorders, Down syndrome, and co-morbidities of dementia and aging with developmental disabilities. Experts will discuss how systems of care will be transformed for the 21st century for children and adults with developmental disabilities. Perspectives of various California departmental spokespersons will provide insight on planning for improved services to help maximize the potential of people with disabilities. Of special interest will be discussions of developmental disabilities plus deafness, resources and treatment modalities, and the development of communication with its implications for autism spectrum disorders and other disabilities. Cultural diversity will be highlighted with presentations on mental health disparities and DD. Policy updates on supportive decision making and self determination will be defined and discussed. Examples of transition to supported and independent employment in different communities for youth and adults with DD will be presented. We are excited to present cutting edge talks on “The New Dentistry” and Psychopharmacology, intriguing research on Autism Spectrum Disorders, Genetic breakthroughs in a variety of disorders associated with DD, the role of neuropeptides in social cognition, and the impact of maternal depression and mental health on child development.

Presentations should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in health care of individuals with developmental disabilities, as well as to those in other health related disciplines including health policy, dentistry, epidemiology, psychiatry, school health, social work, occupational and speech therapy and case management services. While the conference is designed for health care professionals, we welcome families and individuals with developmental disabilities who wish to learn from various represented disciplines.

Non-profit conference exhibitors feature resources designed to help our audience better provide care for children, youth, and adults with developmental disabilities. We look forward to welcoming you to the 15th annual Developmental Disabilities Update Conference and hope that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, MS, ANP, FAAN
Conference Co-Chairs

EDUCATIONAL OBJECTIVES
An attendee completing this course should be able to:

1. Become knowledgeable about state and national plans, advocacy, and policy issues addressing special needs and interventions for children and adults with developmental disabilities in the 21st century;
2. Understand expanded concepts and impact of diversity in the DD population with particular focus on those with hearing impairment or deafness;
3. Define the development of communication and how it pertains to autism spectrum disorders, other developmental disabilities, and deafness;
4. Consult with caregivers and parents regarding lifespan expectations and prognosis of Down Syndrome and other developmental disabilities;
5. Increase awareness of mental health care disparities, and implications for health, in Latino families caring for an individual with developmental disabilities;
6. Describe supportive decision making and self-determination;
7. Understand the importance of long term follow up to anticipate co-morbidities of Autism Spectrum Disorder;
8. Appropriately identify differences between Early Dementia and Alzheimer’s in individuals with Down Syndrome and those in the geriatric population with DD;
9. Address higher education options and career opportunities for youth and adults with DD;
10. Refer patients or caregivers to programs that assist transition, support employment choices, and maximize potential for individuals with DD;
11. Define new innovations in dental practice for individuals with DD;
12. Describe social cognition in people with autism and the role of neuropeptides;
13. Better understand how continuing neuro-genetic research holds promise for putting research into practice;
14. Define the potential impact of maternal depression and psychiatric health issues on child development;
15. Improve identification of at risk infants and young children and appropriately access resources;
16. Gain new knowledge about psychotropic medications and develop a strategy for when to prescribe or not, and when to refer.
THURSDAY MARCH 3, 2016

7:15-7:50 am  Registration and Continental Breakfast
7:50-8:00  Welcome and Course Overview  
Lucy S. Crain, MD, MPH, FAAP & Geraldine Collins-Bride, MS, ANP, FAAN  
James L. Shorter  

8:00-8:30  Transforming the System for Developmental Disabilities Services for the 21st Century & the Sonoma Developmental Center Closure  
Panelists: Shelton Dent, Sarah Brooks, Sarah Brooks, Ari Ne’eman, Clarissa Kripke, MD  

8:30-9:15  Transforming the System: Panel on Various Perspectives

9:15-9:30  Break, Exhibits

9:30-10:15  Cultural Diversity, Mental Health Disparities & DD: Latino Families in Therapy  
Celia Jaes Falicov, PhD  

10:00-11:00  The Development of Communication: What's the Right Language to Teach Children with Deafness?  
Heidi M. Feldman, MD, PhD  

11:00-12:00 pm  Communication and Program Options for Children with Severe Hearing Impairment  
Panelists: Jill Ellis, Patricia Mejia, John Digges, MD, PhD, Sean M. Virnig, PhD, Mark Melanson  

12:00-1:15  Lunch (On Your Own)

1:15-2:00  Policy Updates: Supportive Decision Making & Self-Determination  
Samantha Crane, JD  

2:00-2:45  Health Issues of Adults with Autism (Including Q & A)  
Lisa Croen, PhD & Maria Massolo, PhD  

2:45-3:00  Break, Exhibits

3:00-3:45  Aging, Dementia, and Disabilities  
Nancy J. Roizen, MD  
Seth M. Keller, MD  

ANNUAL SHRIVER LECTURE & AWARD
4:30-5:00  Maximizing Potential for Individuals with DD: Toolworks and the Source Program  
Kristy Feck

FRIDAY MARCH 4, 2016

7:15-7:50 am  Registration and Continental Breakfast
7:50-8:00  Welcome and Daily Overview  
Lucy S. Crain, MD, MPH, FAAP & Geraldine Collins-Bride, MS, ANP, FAAN  
Carla Johnson, CBO, CASp  

8:00-8:30  People with Disabilities & Developmental Disabilities: Services and Opportunities in San Francisco  
Panelists: Heidi Seretan, Sara Murphy, Kevin Hickey  
Heather Weldon  

8:30-9:30  Promoting Transition & Maximizing Potential for Youth & Adults with DD in San Francisco  

9:30-10:10  Jobs & People with Developmental Disabilities: The City of Seattle's Supported Employment Program  
Panelists: Heidi Seretan, Sara Murphy, Kevin Hickey  
Heather Weldon  

10:10-10:30  Break, Exhibits

10:30-11:10  Down Syndrome: Transitions / A Dialogue  
Nancy J. Roizen, MD  

11:10-11:40  The New Dentistry  
Paul E. Subar DDS, EdD & Allen Wong, DDS, EdD  

11:40-1:00 pm  Lunch (On Your Own)

THE CUTTING EDGE
1:00-1:30  Exploding Genetic Information, Neurology & DD...  
Elliott H. Sherr, MD, PhD  

1:30-2:00  Social Cognition in People with Autism: Role of Neuropeptides  
Karen J. Parker, PhD  

2:00-2:10  Q & A

2:10-2:30  Break, Exhibits

2:30-3:15  Maternal Depression & Mental Health: Impact on Child Development: Putting Research into Practice  
Carol D. Berkowitz, MD, FAAP, FACEP  

3:15-3:45  Expanded Early Intervention: Putting Research into Practice  
Marie Kanne Poulsen, PhD  

3:45-4:00  Q & A

4:00-4:45  Psychopharmacology / Psychotropic Medications Update  
Michael S. Marcin, MD, MSCR  

4:45-5:00  Q & A

5:00 pm  Course Adjourns
COURSE CO-CHAIRS
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LEAD Center
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Keck School of Medicine,
University of Southern California

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Department of Family and Community Medicine

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Assistant Director, LPPHSC Acute Inpatient Program

Patricia Mejía
Program Coordinator, Office of Developmental Primary Care; Parent Advocate

Elliott H. Sherr, MD, PhD
Professor of Neurology, Pediatrics
Institute of Human Genetics

Nursing
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants
AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Psychology
This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.

ACCREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of 15.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Licensed Clinical Social Workers This course meets the qualifications on an hour-for-hour basis of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Approval No.PCE 1272.
GENERAL INFORMATION
Pre-registration is preferred to ensure that registrants receive a syllabus at the course.

How to Enroll
Tuition: $425
Practicing Physicians
($525 if postmarked after 2/2/16)
$295
Nurses and other Health Professionals ($375 after 2/2/16)
$100
Community Members
(no CME credit)
$45
Optional Printed Syllabus*
$15
Optional Day Parking Voucher at Laurel Heights Campus

* Syllabus files will be transmitted electronically a week before the conference. Registrants are able to optionally purchase a printed syllabus, which they will be able to pick up when they check in to the conference.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:
Online: www.cme.ucsf.edu
Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)
Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808

ON-SITE REGISTRATION
Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.
15th Annual Developmental Disabilities:
An Update for Health Professionals
March 3-4, 2016
Laurel Heights Conference Center
San Francisco, California

Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Dr.  Ms.  Mr.  Mrs.

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Email

License # (Required for Licensed Clinical Social Workers and Marriage and Family Therapists receiving credit)

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list?  □ Yes  □ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / X X

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

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Make checks payable to UC Regents

Please charge my credit card:  □ Visa  □ MasterCard  □ American Express for $ ______________

Card #   

Name on Card (Please Print)   Authorized Signature

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Please check our website for up-to-date information on the course: www.cme.ucsf.edu

UCSF Laurel Heights
Conference Center
3333 California Street@Walnut
San Francisco, CA 94118

PARKING
Limited parking is available at the Laurel Heights Conference Center for $15/day on Thursday/Friday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, and 43).