The Postgraduate Course in Hernia Surgery

MARIINES’ MEMORIAL CLUB AND HOTEL • SAN FRANCISCO, CA

May 12-14, 2016

COURSE CHAIRS
Hobart W. Harris, MD, MPH
J. Englebert Dunphy Chair in Surgery
Chief, Division of General Surgery

Laurence F. Yee, MD
Director, Laparoscopic Gastrointestinal Surgery
California Pacific Medical Center
The Postgraduate Course in Hernia Surgery

Presented by the University of California, San Francisco School of Medicine, this clinically-oriented course brings the practicing surgeon up-to-date on the latest developments in hernia surgery with an intensive overview of problems encountered in daily practice and is of substantial value in preparation for board and recertification examinations. This year’s program emphasis is on the diagnosis, peri-operative evaluation and surgical treatment of hernias involving the abdominal wall and diaphragm.

WHO SHOULD ATTEND THIS COURSE?

This symposium is designed for general surgeons, plastic surgeons, thoracic surgeons, and other surgeons and allied health professionals who participate in the surgical management of hernia conditions.

OBJECTIVES

Upon completion of this course, participants should be able to:

- Identify, diagnose, understand the pathophysiology and surgically treat hernias of the abdominal wall and diaphragm, including inguinal, umbilical, incisional and paraesophageal hernias;
- Appropriately select from the broad range of diagnostic and therapeutic options, including the most contemporary applications of minimally invasive and robotic techniques and new prosthetic materials.

COURSE CHAIRS

Hobart W. Harris, MD, MPH
J. Englebert Dunphy Chair in Surgery
Chief, Division of General Surgery

Laurence F. Yee, MD
Associate Professor of Surgery; Director, Laparoscopic Gastrointestinal Surgery
California Pacific Medical Center

IN V ITED G UEST S P EA K ER S

Conrad Ballecer, MD
Center for Minimally Invasive and Robotic Surgery
Peoria, AZ

Guilherme M. Campos, MD
Nutter Eminent Scholar Endowed Chair in Surgery; Chairman, Division of Bariatric and Gastrointestinal Surgery; Director, Advances GI and MIS Fellowship, Virginia Commonwealth University, Richmond, VA

Alfredo M. Carbonell, DO
Associate Professor of Surgery; Chief, Division of Minimally Access and Bariatric Surgery; Co-Director Hernia Center, Greenville Health System, University of South Carolina School of Medicine
Greenville, SC

Robert G. Martindale, MD, PhD
Professor of Surgery; Chief of Gastrointestinal and General Surgery; Medical Director Hospital Nutritional Service; Oregon Health & Science University
Portland, OR

Carlos A. Pellegrini, MD
Henry N. Harkins Endowed Chair in Surgery; Professor and Chair, Department of Surgery
University of Washington, School of Medicine
Seattle, WA

UCSF F ACULTY

Joshua Adler, MD
Chief Medical Officer; Executive Vice President for Physician Services, UCSF Health; Professor of Clinical Medicine; Vice Dean for Clinical Affairs, UCSF School of Medicine

Jonathan Carter, MD
Associate Professor of Surgery, Division of General Surgery

John P. Cello, MD
Professor of Medicine and Surgery; Medical Director, Bariatric Surgery Center at UCSF Medical Center

Tammy T. Chang, MD, PhD
Assistant Professor of Surgery, Division of General Surgery

Scott L. Hansen, MD, FACS
Associate Professor of Plastic, Reconstructive & Orthopedic Surgery; Chief, Hand and Microvascular Surgery, UCSF

Kevin R. Hiler, MD
Associate Professor of Surgery

Arthur Hill, MD
Professor of Surgery, Division of Adult Cardiothoracic Surgery

Carter Lebares, MD
Assistant Professor of Surgery, Division of General Surgery

Michelle L. Li, MD
Assistant Clinical Professor of Surgery; Vice-Chair of the Department of Surgery, California Pacific Medical Center

UCSF F ACULTY (CONTD)

Matthew Y.C. Lin, MD
Assistant Professor of Surgery, Division of General Surgery

Lawrence Poree, MD, PhD, MPH
Associate Professor of Anesthesiology, UCSF Pain Management Center

Stanley J. Rogers, MD
Associate Professor & Chief, Minimally Invasive Surgery, Division of General Surgery
Director, Bariatric Surgery Center & Liver Tumor Ablation Program

Ankit Sarin, MD, MHA
Assistant Professor of Surgery, Division of General Surgery

Hani Sbitany, MD
Assistant Professor of Surgery, Division of Plastic & Reconstructive Surgery

Insoo Suh, MD
Assistant Professor of Surgery, Division of Plastic and Reconstructive Surgery

David M. Young, MD
Professor of Surgery, Division of Plastic and Reconstructive Surgery
THURSDAY, MAY 12, 2016

7:30 am Registration and Continental Breakfast

8:00 Welcome and Overview

Laurence F. Yee, MD
Hobart W. Harris, MD, MPH

INGUINAL HERNIA REPAIR

8:10 Open Inguinal Hernia Repair: Indications and Benefits

Kevin R. Hiler, MD

8:25 Management of Recurrent Inguinal Hernia

Insoo Suh, MD

8:40 Chronic Inguinodynia: Prevention and Surgical Treatment

Jonathan Carter, MD

8:55 Chronic Inguinodynia: Modern Pain Management

Lawrence Poree, MD, PhD, MPH

MINIMALLY INVASIVE HERNIA SURGERY

9:15 Laparoscopic Surgical Techniques: TAPP

Laurence F. Yee, MD

9:30 Laparoscopic or Open Inguinal Hernia Repair: The Data

Matthew Lin, MD

9:45 Robotic Inguinal Hernia Repair

Conrad Ballecer, MD

10:00 Robotic Repair of Abdominal Wall Hernias

Alfredo M. Carbonell, DO

10:15 Robotic Surgery: The Economics and Outcomes

Carter Lebares, MD

10:30 Panel Discussion and Questions

10:45 Coffee Break

11:15 NAFFZIGER LECTURE: New Frontiers in Minimally Invasive and Endoscopic Surgery

Guilherme M. Campos, MD

12:00 pm Lunch on your own

MESH PROSTHETICS

1:00 Evolution of Hernia Prosthetics

Robert G. Martindale, MD, PhD

1:15 Biologics: Fact or Fancy?

Hobart W. Harris, MD, MPH

1:30 Synthetic Biologics: A New Era

Robert G. Martindale, MD, PhD

1:45 Role of Antibiotics in Preventing and Treating Mesh Infections

Kevin R. Hiler, MD

2:00 Mesh Fixation: Staples and Tacks, Sealants and Glues

Matthew Y.C. Lin, MD

2:15 Onlay, Inlay or Underlay; Does Location Matter?

Conrad Ballecer, MD

2:45 Panel Discussion and Questions

3:00 Coffee Break

HERNIA SURGERY OUTCOMES

3:15 Quality of Life after Ventral Hernia Repair

Conrad Ballecer, MD

3:30 Hernia Surgery in the Elderly: Functional Recovery

Ankit Sarin, MD

3:45 Groin Hernia: Is Watchful Waiting Appropriate?

Kevin R. Hiler, MD

4:00 Surgical Pre-Habilitation in the Digital Age

Ankit Sarin, MD

4:15 Panel Discussion and Questions

4:30 pm Adjourn

FRIDAY, MAY 13, 2016

7:30 am Registration and Continental Breakfast

RECONSTRUCTIVE ABDOMINAL WALL SURGERY

8:00 Separation of Components: When and How?

Hani Sbitany, MD

8:15 Minimally Invasive Separation of Components

Alfredo M. Carbonell, DO

8:30 Advances in Abdominal Wall Reconstruction

Scott Hansen, MD

8:45 Transversus Abdominis Release (TAR)

Alfredo M. Carbonell, DO

9:00 Management of Chronic Wound Infections

David M. Young, MD

9:15 Panel Discussion and Questions

COMPLEX ABDOMINAL WALL HERNIA SURGERY

9:30 Contaminated Ventral Hernias

Alfredo M. Carbonell, DO

9:45 Loss of Abdominal Domain

Hobart W. Harris, MD, MPH

10:00 Flank Hernias

Robert G. Martindale, MD, PhD

10:15 Parastomal Hernias

Hani Sbitany, MD

10:30 Surgical Management of Diastasis Rectus

Scott L. Hansen, MD

10:45 Panel Discussion and Questions

11:00 Break
FRIDAY, MAY 13, 2016 (CONT’D)

KEYNOTE PRESENTATION
11:15 G  Perioperative Patient Optimization
Robert G. Martindale, MD, PhD
12:15 pm  Lunch on own

NAFFZIGER ROUNDS
1:15 T  Abdominal Wall Catastrophes  Moderator Hobart W. Harris, MD, MPH
Alfredo M. Carbonell, DO
Kevin Hiler, MD
Robert G. Martindale, MD, PhD
Hani Sbitany, MD
David M. Young, MD
2:30  Coffee Break

HERNIA SURGERY POTPOURRI
2:45 Stem Cells and Hernia Repair: A Regenerative Medicine Approach
Tammy T. Chang, MD
3:00  COBRA Trial: Early Results
Robert G. Martindale, MD, PhD
3:15 Will Health Care Reform Impact Hernia Surgery?
Joshua Adler, MD
3:30 American Hernia Society Quality Collaborative
Alfredo M. Carbonell, DO
3:45 ICD-10 Coding for Hernia Repair: Improvement or Insanity?
Michelle L. Li, MD
4:00 Abdominal Wall Hernia Prevention
Hobart W. Harris, MD, MPH
4:15 Panel Discussion and Questions

SATURDAY, MAY 14, 2016
7:30 am  Continental Breakfast
8:00 Leadership in Surgery
Carlos A. Pellegrini, MD

HERNIA OF THE DIAPHRAGM I
8:30 Paraesophageal Hernia: Management and Operative Techniques
Stanley J. Rogers, MD
8:45 Prosthetic Reinforcement of the Hiatus
Carlos A. Pellegrini, MD
9:00 Treatment of Paraesophageal Hernias & GERD in the Patient with Obesity
Guilherme M. Campos, MD
9:15 Gastric Volvulus: Diagnosis and Management
Stanley J. Rogers, MD
9:30 Reoperative Surgery for GERD
Carlos A. Pellegrini, MD
9:45 Panel Discussion and Questions
10:00 Coffee Break

HERNIA OF THE DIAPHRAGM II
10:30 What Patients Need Surgery for GERD?
John P. Cello, MD
10:45 Laparoscopic Anti-Reflux Surgery: Options and Outcomes
Jonathan Carter, MD
11:00 Endoluminal Therapies for Esophageal Disease
Carter Lebares, MD
11:15 Magnetic Sphincter Augmentation for GERD
Guilherme M. Campos, MD
11:30 Congenital and Acquired Hernias of the Diaphragm
Arthur Hill, MD
11:45 Panel Discussion and Questions
12:00 pm Course Adjourn/Evaluations

P = Pain Credit  G = Geriatric Credit  T = Trauma Credit

ACCREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
UCSF designates this live activity for a maximum of 17.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants
AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Pharmacy
The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.
GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course.

HOW TO ENROLL

Tuition:
- Physicians
  - $700 by 3/12/16
  - $750 on or after 3/13/16
- Nurses/Pharmacists/Allied Health Professionals/Full-Time Military
  - $600 by 12/31/15
  - $650 on or after 1/1/16
- Residents/Fellows (Non-UCSF Department of Surgery)
  - $500 by 3/12/16
  - $550 on or after 3/13/16

*On-site registration will be $50 additional payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
- Online: www.cme.ucsf.edu
- Mail: Complete course registration form and send with payment to: UCSF Office of CME P.O. Box 45368 San Francisco, CA 94145-0368
- Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)
- Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: www.cme.ucsf.edu
- On-Site Registration: Generally we are able to accommodate on-site registration at our courses.

REFUND POLICY
Cancellations received in writing by May 9, 2016 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

WHERE
Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building. The Marines’ Memorial Club and Hotel, 609 Sutter Street, San Francisco is just steps from Union Square, famed cable cars, and the Theatre District.

WHAT
A block of guestrooms has been reserved at the special UCSF conference rate of $239 for a standard room or $259 for a deluxe room per night. You are urged to make your reservations early. The cutoff date is April 15, 2016. After this date, rooms will be provided on a space-available basis only.

HOW
To make hotel reservations on-line, go to www.cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

RENTAL CAR
Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to identification number #03BW0135, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION
UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour codes to book on your own:
United – www.united.com code: ZVNR195536
## POSTGRADUATE COURSE IN HERNIA SURGERY

**May 12-14, 2016**  
Marines’ Memorial Club and Hotel • San Francisco, California

**Mail to:** UCSF Office of CME  
P.O. Box 45368  
San Francisco, CA 94145-0368  
Fax: (415) 502-1795  

**Online registration:** [www.cme.ucsf.edu](http://www.cme.ucsf.edu)  
**Registration Information:** (415) 476-5808  
**Course Information:** (415) 476-4251

- Dr.  
- Ms.  
- Mr.  
- Mrs.

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First</th>
<th>M.I.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Degree</th>
<th>Specialty</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Address</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>City</th>
<th>State</th>
<th>Zip</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Daytime Phone</th>
<th>Fax</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Email</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Address Label Code Letter (see address label: example, A, B, C, D, etc.)</th>
</tr>
</thead>
</table>

Would you like to be on our priority email list?  
- Yes  
- No

<table>
<thead>
<tr>
<th>Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / X X</th>
</tr>
</thead>
<tbody>
<tr>
<td>Month</td>
</tr>
</tbody>
</table>

Please indicate if you have any special needs:____________________________________

### Registration Fees

- **$700** Physicians on or before 3/12/16;  
- **$750** on or after 3/13/16
- **$600** Allied Health Professionals/Military on or before 3/12/16;  
- **$650** on or after 3/13/16
- **$500** Residents/Fellows (non-UCSF Department of Surgery) on or before 3/12/16;  
- **$550** on or after 3/13/16

Complimentary for Naffziger Surgical Society Members whose dues are current.

Check enclosed payable to **UC Regents**.

Please charge my credit card:  
- Visa  
- MasterCard  
- AmEx for $______________

<table>
<thead>
<tr>
<th>Card #</th>
<th>Expiration date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Name on Card (Please Print)  
Authorized Signature

### Refund Policy:  
Cancellations received in writing by May 9, 2016 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date. Please check our website for up to date information on the course: [www.cme.ucsf.edu](http://www.cme.ucsf.edu).