5th ANNUAL
Asian Health Symposium
August 26-27, 2016

Course Directors
Gordon Fung, MD, MPH, PhD
Professor of Medicine, UCSF
Diana Lau, PhD, RN, CNS
Assistant Professor
School of Nursing, UCSF

Steering Committee
Gordon Fung, MD, MPH, PhD
Diana Lau, PhD, RN, CNS
Peter Chin-Hong, MD
Andrew Ko, MD
Anthony Kim, MD
Randall Low, MD
Don Ng, MD
Anne Tang, MD
The national Asian population has grown rapidly in the last decade, presenting big challenges to healthcare providers in eliminating healthcare disparities. In light of the special needs of the Asian community, many of whom are immigrants, the Asian Health Institute, University of California, San Francisco, started the Asian Health Symposium series in 2012 to educate healthcare providers on the health and healthcare needs of Asians.

The 5th Annual Asian Health Symposium will highlight specific areas for this unique community, including cancer, cardiovascular disease, integrative medicine, and infectious disease with special emphasis on the differences in Asian patients.

This symposium will help bridge the knowledge and practice gaps in treating the many diseases and health issues that have significant impacts on the Asian community. This includes common cancer conditions of the head, neck, and prostate as well as cardiovascular issues including valve replacement, cholesterol metabolism, and stroke with an emphasis on access to care and outcomes.

The course also features other important issues including precision medicine, pharmacogenomics, dermatologic conditions affecting Asians with thyroid disease, traditional herbal medicines, infectious diseases including HIV/AIDS, hepatitis B and C, and controversies around the use of antibiotics.

**TARGET AUDIENCE**

Designed for family and primary care physicians, internists, and specialists, as well as nurse practitioners, physician assistants, nurses, pharmacists, and other healthcare providers who face the unique health care needs and challenges of their Asian patients.

**OBJECTIVES**

After attending the two-day symposium, attendees will be able to:

- Name and plan to implement one policy change that impacts healthcare regarding physicians or Asian patients that is relevant to one’s own practice;
- State one disease area common to Asian patients where pharmacogenomics can be used to personalize treatment for patients;
- Name one skin problem common to Asian patients that you require a dermatologic patient referrals;
- Utilize cutting-edge diagnosis and treatment for thyroid cancers;
- Create a strategy to diagnose patients in the pre-diabetes and diabetes stages;
- Develop a heightened awareness for the higher incidence of stroke in the Asian patients;
- Develop a prudent medical management strategy for dizzy patients;
- Explain how the California’s end-of-life Options Act can improve palliative care;
- Name two cutting-edge advances in cancer detection, treatment, survivorship or reduction of complications from cancer treatments;
- Implement risk factor reduction strategies for nasopharyngeal and other head and neck cancers in Asians;
- Perform risk scoring for prostate cancers;
- Develop an effective strategy to decrease the persistent problems with under-screening and under-diagnosing;
- Reduce excessive use of antibiotics in daily practice;
- Promote screening for Hepatitis B for Asians;
- Identify patients at high risk for liver cirrhosis/cancers;
- Describe symptoms of post-traumatic stress disorder (PTSD) relating to major diseases and treatments;
- State at least one challenge in transcatheter valve replacement for Asian patients;
- Improve treatment of cholesterol metabolism disorders in the Asian patient utilizing recent advances;
- Describe the differential diagnosis for migraine headaches;
- Describe at least one common use of Chinese traditional medicine as adjunctive treatment to western medicine in cancer care;
- Appropriately use common herbs and dietary supplements.
GENERAL INFORMATION
Advance registration closes one (1) business day prior to start of course.

HOW TO ENROLL
Tuition:
$475 Physicians
$295 Allied Health Professionals
$250 Residents/Fellows
$375 UCSF Physicians
$195 UCSF Allied Health Professionals
$150 UCSF Residents/Fellows
Payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA
Online: cme.ucsf.edu
Mail: Complete course registration form and send with payment to: UCSF Office of Continuing Medical Education P.O. Box 45368 San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

FRIDAY, AUGUST 26, 2016
7:45 am Registration and Continental Breakfast
8:45 am Welcome and Introduction Gordon Fung, MD, MPH, PhD

GERIATRICS MEDICINE SESSION I
MODERATOR: DON NG, MD

9:00 G Policy Changes Impacting Access and Healthcare: Effects on the Asian Patients and Practicing Physicians Winston F. Wong, MD, MS, FAAFP
9:30 G Precision Medicine and Pharmacogenomics: Implications for the Asian Patient Alan Wu, PhD
10:00 Coffee Break
10:30 G Dermatologic Issues Affecting Asian Patients: Common Skin Conditions and Skin Cancers Pui Yan Kwok, MD
11:00 G Advances in Treating Thyroid Disease in Asians Chiennying Liu, MD
11:30 G Session Q & A and Panel Discussion Conference Faculty
12:00 pm Lunch provided

GENERAL MEDICINE SESSION II
MODERATOR: ANTHONY KIM, MD

1:00 G The Diabetes Epidemic in Asian Patients: Is the Cure in Sight? Robert Rushakoff, MD
1:25 G Cerebrovascular Disease in Asians: Prevention and Acute Treatment Updates Anthony Kim, MD
1:50 G Medical Management of the Dizzy Patient Roseanne Krauter, BS, BSN, MSN, RN, NP
2:15 G Session Q & A and Panel Discussion Conference Faculty
2:45 Coffee Break

GENERAL MEDICINE SESSION III
MODERATOR: RANDALL LOW, MD AND GORDON FUNG, MD, MPH, PhD

3:15 G Post-traumatic Stress Disorder (PTSD) Relating to Heart Attacks, Strokes, Terrorism, and Automobile Accidents Richard Feng, MD
3:40 G Challenges in Transcutaneous Valve Replacement for Asian Patients Vaikom Mahadevan, MD
4:05 G Advances in the Management of Cholesterol Metabolism Disorders in Asian Patients Eveline Oestreicher Stock, MD
4:30 G Session Q & A and Panel Discussion Conference Faculty
5:00 pm Adjourn

G = Geriatric credit
### SATURDAY, AUGUST 27, 2016

8:00 am  
*Registration and Continental Breakfast*

#### CANCER UPDATE

**MODERATORS: ANDREW KO, MD**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>9:00</td>
<td><strong>G</strong> The California End-of-Life Options Act: an Opportunity to Improve Palliative Care</td>
<td>Michael Rabow, MD</td>
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<tr>
<td>9:30</td>
<td><strong>G</strong> Advances in Cancer Detection, Treatment, Survivorship, and Long-term Complications from Treatments</td>
<td>Raymond Liu, MD</td>
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<td>10:00</td>
<td><strong>Coffee Break</strong></td>
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<td>10:30</td>
<td><strong>G</strong> Nasopharyngeal and Other Cancers of the Head and Neck in Asians</td>
<td>Sue Yom, MD</td>
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<td>11:00</td>
<td><strong>G</strong> Diet, Lifestyle, and Risk Scoring for Prostate Cancers</td>
<td>Stacey Kenfield, ScD</td>
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<tr>
<td>11:30</td>
<td><strong>G</strong> Session Q &amp; A and Panel Discussion</td>
<td>Conference Faculty</td>
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<tr>
<td>12:00</td>
<td><strong>Lunch provided</strong></td>
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#### INFECTIOUS AND GENDER DISEASES

**MODERATOR: PETER CHIN-HONG, MD**

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<tbody>
<tr>
<td>1:00</td>
<td><strong>G</strong> HIV/AIDS in Asians in the US: Under-screened and Under-diagnosed?</td>
<td>Felicia Chow, MD</td>
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<tr>
<td>1:30</td>
<td><strong>G</strong> Judicious Use of Antibiotics</td>
<td>Catherine Liu, MD</td>
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<tr>
<td>2:00</td>
<td><strong>G</strong> Updates in Hepatitis B and C in Asian Patients 2016</td>
<td>Bilal Hameed, MD</td>
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<tr>
<td>2:30</td>
<td><strong>G</strong> Session Q &amp; A and Panel Discussion</td>
<td>Conference Faculty</td>
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<tr>
<td>2:50</td>
<td><strong>Coffee Break</strong></td>
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#### GENERAL MEDICINE SESSION IV

**MODERATOR: ANNE TANG, MD**

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<th>Presenter</th>
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<tbody>
<tr>
<td>3:10</td>
<td><strong>G</strong> Headaches from Headaches?</td>
<td>Morris Levin, MD</td>
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<tr>
<td>3:40</td>
<td><strong>G</strong> Using Traditional Chinese Medicine in Adjunctive Care: Common Herbal Drugs that May Cause Drug-Drug Interactions</td>
<td>Richard Ko, Pharm D, PhD</td>
</tr>
<tr>
<td>4:10</td>
<td><strong>G</strong> Herbs and Supplements</td>
<td>Candy Tsourounis, PharmD, FCSHP</td>
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<tr>
<td>4:40</td>
<td><strong>G</strong> Session Q &amp; A and Panel Discussion</td>
<td>Conference Faculty</td>
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<tr>
<td>5:00</td>
<td><strong>Closing</strong></td>
<td>Diana Lau, PhD, RN, CNS</td>
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<tr>
<td>5:15</td>
<td><strong>Adjourn</strong></td>
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### G – Geriatric credit

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**CONFERENCE LOCATION**

University of California, San Francisco  
Laurel Heights Conference Center  
3333 California Street @ Walnut Street  
San Francisco, CA 94118

**PARKING**

Limited parking is available at the Laurel Heights Conference Center for $15/day on Friday and $6/day on Saturday. The Conference Center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1 and 43).

**RENTAL CAR**

Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number 03BW0135 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

**AIR TRANSPORTATION**

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:  
United: www.united.com code: ZVNP249310
COURSE CHAIRS

Gordon Fung, MD, MPH, PhD
Professor of Medicine, UCSF

Diana Lau, PhD, RN, CNS
Assistant Professor
School of Nursing, UCSF

COURSE FACULTY

(Faculty of the University of California, San Francisco unless indicated)

Felicia Chow, MD
Assistant Professor of Neurology

Richard Feng, MD
Psychiatrist
Richmond Area Multi-Services, Inc.
San Francisco, CA

Bilal Hameed, MD
Assistant Professor of Medicine
Division of Gastroenterology
Hepatology and Liver Transplantation

Stacey Kenfield, ScD
Assistant Professor of Urology

Anthony Kim, MD, MAS
Assistant Professor of Neurology
Medical Director, Stroke Center

Richard Ko, PharmD, PhD
Consultant
Herbal Synergy
Oakland, CA

Roseanne Kruter, BS, BSN, MSN, RN, NP
Nurse Practitioner
Department of Otolaryngology –
Head and Neck Surgery

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Cardiologist
Clinical Instructor in Cardiology

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Medication Outcomes Center
School of Pharmacy

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Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr.  ☐ Mr.  ☐ Mrs.  ☐ Ms.

Last Name ________________________________ First ________________________________ M.I. ________________________________

Degree ________________________________ Specialty ________________________________

Address ________________________________

City ________________________________ State ________________________________ Zip ________________________________

Daytime Phone ________________________________ Fax ________________________________

Email ________________________________

Address Label Code Letter (see address label: example, A, B, C, D, etc.) ________________________________

Would you like to be on our priority email list?  ☐ Yes  ☐ No

Date of birth to be used as OCME registrant number: ______/______/XXXX

Please indicate if you have any special needs: ________________________________

Registration Fees

☐ $475 Physicians  ☐ $375 UCSF Physicians
☐ $295 Allied Health Professionals  ☐ $195 UCSF Allied Health Professionals
☐ $250 Residents/Fellows  ☐ $150 UCSF Residents/Fellows

Check enclosed payable to UC Regents

Please charge my credit card:  ☐ Visa  ☐ MasterCard  ☐ AmEx for $ ________________________________

Card # ________________________________ Expiration date ________________________________

Name on Card (Please Print) ________________________________ Authorized Signature ________________________________

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