

Presented by the  
Asian Health Institute  
Department of Medicine  
University of California, San Francisco



University of California  
San Francisco

# 5th ANNUAL Asian Health Symposium

Laurel Heights Conference Center • 3333 California Street • San Francisco, California



FRIDAY - SATURDAY  
**August 26 - 27, 2016**

## Course Directors

**Gordon Fung, MD, MPH, PhD**  
Professor of Medicine, UCSF

**Diana Lau, PhD, RN, CNS**  
Assistant Professor  
School of Nursing, UCSF

## Steering Committee

**Gordon Fung, MD, MPH, PhD**  
**Diana Lau, PhD, RN, CNS**  
**Peter Chin-Hong, MD**  
**Andrew Ko, MD**  
**Anthony Kim, MD**  
**Randall Low, MD**  
**Don Ng, MD**  
**Anne Tang, MD**

# 5th Annual Asian Health Symposium

The national Asian population has grown rapidly in the last decade, presenting big challenges to healthcare providers in eliminating healthcare disparities. In light of the special needs of the Asian community, many of whom are immigrants, the Asian Health Institute, University of California, San Francisco, started the Asian Health Symposium series in 2012 to educate healthcare providers on the health and healthcare needs of Asians.

The 5th Annual Asian Health Symposium will highlight specific areas for this unique community, including cancer, cardiovascular disease, integrative medicine, and infectious disease with special emphasis on the differences in Asian patients.

This symposium will help bridge the knowledge and practice gaps in treating the many diseases and health issues that have significant impacts on the Asian community. This includes common cancer conditions of the head, neck, and prostate as well as cardiovascular issues including valve replacement, cholesterol metabolism, and stroke with an emphasis on access to care and outcomes.

The course also features other important issues including precision medicine, pharmacogenomics, dermatologic conditions affecting Asians with thyroid disease, traditional herbal medicines, infectious diseases including HIV/AIDS, hepatitis B and C, and controversies around the use of antibiotics.

## TARGET AUDIENCE

Designed for family and primary care physicians, internists, and specialists, as well as nurse practitioners, physician assistants, nurses, pharmacists, and other healthcare providers who face the unique health care needs and challenges of their Asian patients.

## OBJECTIVES

After attending the two-day symposium, attendees will be able to:

- Name and plan to implement one policy change that impacts healthcare regarding physicians or Asian patients that is relevant to one's own practice;
- State one disease area common to Asian patients where pharmacogenomics can be used to personalize treatment for patients;
- Name one skin problem common to Asian patients that you requires a dermatologic patient referrals;
- Utilize cutting-edge diagnosis and treatment for thyroid cancers;
- Create a strategy to diagnose patients in the pre-diabetes and diabetes stages;
- Develop a heightened awareness for the higher incidence of stroke in the Asian patients;
- Develop a prudent medical management strategy for dizzy patients;
- Explain how the California's end-of-life Options Act can improve palliative care;
- Name two cutting-edge advances in cancer detection, treatment, survivorship or reduction of complications from cancer treatments;
- Implement risk factor reduction strategies for nasopharyngeal and other head and neck cancers in Asians;
- Perform risk scoring for prostate cancers;
- Develop an effective strategy to decrease the persistent problems with under- screening and under-diagnosing;
- Reduce excessive use of antibiotics in daily practice;
- Promote screening for Hepatitis B for Asians;
- Identify patients at high risk for liver cirrhosis/cancers;
- Describe symptoms of post-traumatic stress disorder (PTSD) relating to major diseases and treatments;
- State at least one challenge in transcatheter valve replacement for Asian patients;
- Improve treatment of cholesterol metabolism disorders in the Asian patient utilizing recent advances;
- Describe the differential diagnosis for migraine headaches;
- Describe at least one common use of Chinese traditional medicine as adjunctive treatment to western medicine in cancer care;
- Appropriately use common herbs and dietary supplements.

## ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **12.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

### Nurses:

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

**Physician Assistants:** AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

### Pharmacy:

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

### Geriatric Medicine:

The approved credits shown above include **12.75** credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

# 5th Annual Asian Health Symposium

## FRIDAY, AUGUST 26, 2016

7:45 am *Registration and Continental Breakfast*

8:45 **Welcome and Introduction**

Gordon Fung, MD, MPH, PhD

### GERIATRICS MEDICINE SESSION I

MODERATOR: DON NG, MD

9:00 **G Policy Changes Impacting Access and Healthcare: Effects on the Asian Patients and Practicing Physicians**

Winston F. Wong, MD, MS, FAAFP

9:30 **G Precision Medicine and Pharmacogenomics: Implications for the Asian Patient**

Alan Wu, PhD

10:00 *Coffee Break*

10:30 **G Dermatologic Issues Affecting Asian Patients: Common Skin Conditions and Skin Cancers**

Pui Yan Kwok, MD

11:00 **G Advances in Treating Thyroid Disease in Asians**

Chienying Liu, MD

11:30 **G Session Q & A and Panel Discussion**

Conference Faculty

12:00 pm *Lunch provided*

### GENERAL MEDICINE SESSION II

MODERATOR: ANTHONY KIM, MD

1:00 **G The Diabetes Epidemic in Asian Patients: Is the Cure in Sight?**

Robert Rushakoff, MD

1:25 **G Cerebrovascular Disease in Asians: Prevention and Acute Treatment Updates**

Anthony Kim, MD

1:50 **G Medical Management of the Dizzy Patient**

Roseanne Krauter, BS, BSN, MSN, RN, NP

2:15 **G Session Q & A and Panel Discussion**

Conference Faculty

2:45 *Coffee Break*

### GENERAL MEDICINE SESSION III

MODERATOR: RANDALL LOW, MD AND GORDON FUNG, MD, MPH, PhD

3:15 **G Post-traumatic Stress Disorder (PTSD) Relating to Heart Attacks, Strokes, Terrorism, and Automobile Accidents**

Richard Feng, MD

3:40 **G Challenges in Transcatheter Valve Replacement for Asian Patients**

Vaikom Mahadevan, MD

4:05 **G Advances in the Management of Cholesterol Metabolism Disorders in Asian Patients**

Eveline Oestreicher Stock, MD

4:30 **G Session Q & A and Panel Discussion**

Conference Faculty

5:00 pm *Adjourn*

**G** – Geriatric credit

### GENERAL INFORMATION

Advance registration closes one (1) business day prior to start of course.

#### HOW TO ENROLL

**Tuition:** **\$475** Physicians  
**\$295** Allied Health Professionals  
**\$250** Residents/Fellows  
**\$375** UCSF Physicians  
**\$195** UCSF Allied Health Professionals  
**\$150** UCSF Residents/Fellows

Payment can be made by Visa, MasterCard, AmEx or check.

#### REGISTER VIA

**Online:** [cme.ucsf.edu](http://cme.ucsf.edu)

**Mail:** Complete course registration form and send with payment to:  
UCSF Office of Continuing Medical Education  
P.O. Box 45368  
San Francisco, CA 94145-0368

**Fax:** Fax completed registration form to:  
(415) 502-1795 (be sure to include your credit card number)

**Phone:** To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: [cme.ucsf.edu](http://cme.ucsf.edu)

**On-Site Registration:** Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred to ensure that we have adequate course materials.

#### REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.



## SATURDAY, AUGUST 27, 2016

8:00 am *Registration and Continental Breakfast*

### CANCER UPDATE

**MODERATORS: ANDREW KO, MD**

- |          |   |                      |
|----------|---|----------------------|
| 9:00     | <b>G The California End-of-Life Options Act: an Opportunity to Improve Palliative Care</b>                  | Michael Rabow, MD    |
| 9:30     | <b>G Advances in Cancer Detection, Treatment, Survivorship, and Long-term Complications from Treatments</b> | Raymond Liu, MD      |
| 10:00    | <i>Coffee Break</i>   |                      |
| 10:30    | <b>G Nasopharyngeal and Other Cancers of the Head and Neck in Asians</b>                                    | Sue Yom, MD          |
| 11:00    | <b>G Diet, Lifestyle, and Risk Scoring for Prostate Cancers</b>   | Stacey Kenfield, ScD |
| 11:30    | <b>G Session Q &amp; A and Panel Discussion</b>   | Conference Faculty   |
| 12:00 pm | <i>Lunch provided</i>   |                      |

### INFECTIOUS AND GENDER DISEASES

**MODERATOR: PETER CHIN-HONG, MD**

- |      |  |                    |
|------|--|--------------------|
| 1:00 | <b>G HIV/AIDS in Asians in the US: Under-screened and Under-diagnosed?</b> | Felicia Chow, MD   |
| 1:30 | <b>G Judicious Use of Antibiotics</b>                                      | Catherine Liu, MD  |
| 2:00 | <b>G Updates in Hepatitis B and C in Asian Patients 2016</b>               | Bilal Hameed, MD   |
| 2:30 | <b>G Session Q &amp; A and Panel Discussion</b>                            | Conference Faculty |
| 2:50 | <i>Coffee Break</i>  |                    |

### GENERAL MEDICINE SESSION IV

**MODERATOR: ANNE TANG, MD**

- |         |   |                                 |
|---------|---|---------------------------------|
| 3:10    | <b>G Headaches from Headaches?</b>  | Morris Levin, MD                |
| 3:40    | <b>G Using Traditional Chinese Medicine in Adjunctive Care: Common Herbal Drugs that May Cause Drug-Drug Interactions</b> | Richard Ko, Pharm D, PhD        |
| 4:10    | <b>G Herbs and Supplements</b>  | Candy Tsourounis, PharmD, FCSHP |
| 4:40    | <b>G Session Q &amp; A and Panel Discussion</b>   | Conference Faculty              |
| 5:00    | <b>Closing</b>  |                                 |
| 5:15 pm | <i>Adjourn</i>  |                                 |

**G** – Geriatric credit

### CONFERENCE LOCATION

University of California, San Francisco  
Laurel Heights Conference Center  
3333 California Street @ Walnut Street  
San Francisco, CA 94118

### PARKING

Limited parking is available at the Laurel Heights Conference Center for \$15/day on Friday and \$6/day on Saturday. The Conference Center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1 and 43).

### RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number 03BW0135 or call your travel agent. You may also make reservations at [www.Hertz.com](http://www.Hertz.com). Advance reservations are recommended.

### AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:  
United: [www.united.com](http://www.united.com) code: ZVNP249310





## REGISTER TODAY!

For more information or to register online visit our website at [cme.ucsf.edu](http://cme.ucsf.edu).

You may also reach us by calling the Office of Continuing Medical Education at (415) 476-4251 or emailing [info@ocme.ucsf.edu](mailto:info@ocme.ucsf.edu).

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