DEVELOPMENTAL DISABILITIES: Update for Health Professionals

COURSE CO-CHAIRS
Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, MS, ANP, FAAN

A 2-Day Continuing Medical Education Course Presented By: University of California, San Francisco • School of Medicine and School of Nursing
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Photos courtesy of Support for Families and The Arc San Francisco
The 16th annual interdisciplinary conference celebrates **INFORMED HEALTH CARE FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES**, offering a unique update for primary care and subspecialty health care professionals and others who care for children, youth, and adults with developmental disabilities and complex health care needs. The 2017 conference continues to cover topics across the lifespan on a broad range of developmental disabilities including autism spectrum disorders and Down syndrome. Experts will continue the discussion of community living options and transforming systems of care for the 21st century for children and adults with Developmental Disabilities. The 2017 conference will feature special focus on the emerging topic of Zika virus infection and associated intellectual and developmental disabilities with subspecialists from infectious disease, developmental pediatrics, obstetrics, and environmental health. Cultural and social diversity and determinants of disability will be highlighted with special presentations on toxic stress and an exciting presentation of the FRAME Project by renowned fashion photographer Rick Guidotti. Policy updates on supportive decision making and self-determination within a broader social construct will continue. We are pleased to present cutting edge talks on psychopharmacology, intriguing research, Autism Spectrum Disorders, alternative therapies, and anxiety de-escalation and stress reduction for people with developmental disabilities.

Presentations should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in health care of individuals with developmental disabilities, as well as to those in other health-related disciplines including health policy, dentistry, epidemiology, psychiatry, school health, social work, occupational and speech therapy and case management services. While the conference is designed for health care professionals, we welcome families and individuals with developmental disabilities who wish to learn from various represented disciplines. Non-profit conference exhibitors feature resources designed to help our audience better provide care for children, youth, and adults with developmental disabilities. We look forward to welcoming you to the 16th annual Developmental Disabilities Update Conference and hope that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, MS, ANP, FAAN
Conference Co-Chairs

**EDUCATIONAL OBJECTIVES**
An attendee completing this course will be able to:

1. Be familiar with state and national advocacy, and policy issues addressing special needs and interventions for children and adults with developmental disabilities in the 21st century;
2. Understand expanded concepts and impact of diversity in the DD population;
3. Describe and apply the current evidence-basis for music, movement, and other alternative therapies for autism spectrum disorders and other developmental disabilities;
4. Incorporate new standards of care regarding diagnosis and counseling for caregivers and parents regarding expectations and prognosis of Down Syndrome into practice;
5. Promote awareness of social and cultural disparities, and implications for healthcare access and quality of care for individuals with developmental disabilities;
6. Put into practice techniques to minimize stress and anxiety in DD patients, and counsel patients and caregivers on de-escalation techniques;
7. Integrate supportive decision making and self-determination and relevant policies within the framework of quality healthcare;
8. Describe Zika syndrome associated pathology and guidelines for long term follow-up of co-morbidities, including hearing impairment;
9. Identify dysmorphic features, screening guidelines for, and confirmation of a diagnosis of Zika disease, including consultation with the PEHSU (Pediatric Environmental Health Screening Unit);
10. Better understand how continuing neuro-genetic research holds promise for putting research into practice;
11. Apply new knowledge about psychotropic medications and develop a strategy for when to prescribe, and when to refer;
12. Recognize when cultural profiling might refer to children and adults with dysmorphic features or syndromes associated with developmental disabilities.
THURSDAY MARCH 2, 2017
8:15-8:50 am  Registration and Continental Breakfast
8:50-9:00  Welcome and Course Overview  
Lucy S. Crain, MD, MPH, FAAP  
Geraldine Collins-Bride, MS, ANP, FAAN  
9:00-10:00  Update on California's Intellectual and Developmental Disabilities Systems and Services  
Nancy Bargmann & Eric Zigman  
10:00-10:15  Break, Exhibits  
10:15-10:45  When Listening is Complicated: Skills for Honoring the Individual Perspectives of Every Person with Disabilities  
Ruti Regan  
10:45-11:15  Quality in Home & Community Based Services to Support Community Living  
Ari Ne’eman  
11:15-11:45  Supported Decision Making, Civil Liberties & Alternatives to Guardianship  
Susan Mizner  
11:45-12:00 pm  Q & A  
12:00-1:00  Lunch (Provided) & Exhibits  
1:00-2:30  Zika Update  
I. Leslie Rubin MD  
Mark Miller, MD, MPH  
Yvonne (Bonnie) Maldonado, MD  
Kirsten Salmeen, MD  
2:30-2:45  Q & A  
2:45-3:00  Break, Exhibits  
3:00-3:30  Child Development, Resilience, and the Environment  
Mark Miller, MD, MPH  
3:30-4:00  Social and Cultural Determinants of Developmental Disability  
I. Leslie Rubin MD  
4:00-4:15  Q & A  
ANNUAL SHRIVER LECTURE & AWARD  
4:15-4:45  California Association of Regional Center Agencies  
Eileen Richey  
(Introduction by Elizabeth Grigsby, Client Advocate, GGRC)  
SPECIAL PRESENTATION  
4:45-5:45  POSITIVE EXPOSURE: The FRAME Project (Faces Redefining the Art of Medical Education)  
Rick Guidotti  
5:45-7:15 pm  Networking Reception  
FRIDAY MARCH 3, 2017
7:15-7:50 am  Registration and Continental Breakfast  
7:50-8:00  Welcome and Daily Overview  
Lucy S. Crain, MD, MPH, FAAP & Geraldine Collins-Bride, MS, ANP, FAAN  
Matthew M. Verscheure, MS-HSA  
8:00-8:45  Developing Resilience: How to Be Inspired (When You're Really Just Tired)  
Pierre Brennan, MM, MT-BC, NMT, BCBA  
8:45-9:30  Examining the Evidence for Music Therapy with Individuals with ASD and DD  
9:30-9:45  Q & A  
9:45-10:00  Break, Exhibits  
10:00-10:30  Brain Plasticity Research & Implications for ASD and DD  
Michael M. Merzenich, PhD  
10:30-11:00  Conversations About Down Syndrome  
Cathleen Small  
11:15-11:45  Atypical Seizures in Children & Youth with DD  
Joseph Sullivan, MD  
11:40-1:00 pm  Lunch (On Your Own)  
THE CUTTING EDGE  
1:00-1:30  Differential Diagnosis of Autism Spectrum Disorder: A Neurologist’s Perspective  
Elliott H. Sherr, MD, PhD  
1:30-2:00  Psychopharmacology and Autism Spectrum Disorders  
Bennett L. Leventhal, MD  
2:00-2:10  Q & A  
2:10-2:30  Break, Exhibits  
2:30-3:00  Complimentary and Integrative Therapies  
Robert Hendren, DO  
3:00-3:30  The STAR Program  
Whitney Ence, PhD, BCBA-D  
3:30-4:00  Anxiety De-escalation and Stress Reduction Techniques  
Vanessa Hus Bal, PhD & Gregory Lyons, BCBA  
4:00-4:30  Q & A  
4:30 pm  Course Adjourns
COURSE CO-CHAIRS
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Medical Director, Developmental Pediatrics Specialists, Atlanta, GA
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Board Member and Founder, Anachnu;
Inclusion Speaker and Trainer, New York, NY
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Board of Directors, Down Syndrome Diagnosis Network;
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Director, Community Outreach and Translation Core, Center for Integrative Research on Childhood Leukemia and the Environment,
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Elliott H. Sherr, MD, PhD
Professor of Neurology & Pediatrics
Institute of Human Genetics
Joseph Sullivan, MD
Director UCSF Pediatric Epilepsy Center
Associate Professor of Neurology & Pediatrics

ACCRREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of 13.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Licensed Clinical Social Workers: This course is not currently approved to offer continuing education credit for MFTs and/or LCSWs. Please check the course website for updates.

Nursing: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants: AAP accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Psychology: This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.
16th Annual Developmental Disabilities: An Update for Health Professionals
March 2-3, 2017
Laurel Heights Conference Center
San Francisco, California

Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
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Dr. Ms. Mr. Mrs.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

License # (Required for Licensed Clinical Social Workers and Marriage and Family Therapists receiving credit)

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / XX

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- $425 Practicing Physicians ($525 if postmarked after 2/1/17)
- $295 Nurses and other Health Professionals ($375 after 2/1/17)
- $100 Community Members (no CME credit)
- $15 March 2nd Day Parking Voucher (optional)
- $15 March 3rd Day Parking Voucher (optional)

Make checks payable to UC Regents

Please charge my credit card: □ Visa □ MasterCard □ American Express for $ ____________

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Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date. Please check our website for up-to-date information on the course: cme.ucsf.edu

U CSF Laurel Heights Conference Center
3333 California Street®Walnut
San Francisco, CA 94118

PARKING
Limited parking is available at the Laurel Heights Conference Center for $15/day on Thursday/Friday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, and 43).
GENERAL INFORMATION
Pre-registration is preferred to ensure that registrants receive a syllabus at the course.

How to Enroll
Tuition: $425
- Practicing Physicians ($525 if postmarked after 2/1/17)
- Nurses and other Health Professionals ($375 after 2/1/17)
- Community Members (no CME credit)
- Optional Day Parking Voucher at Laurel Heights Campus

* All registrants will receive a printed syllabus when they check in to the conference.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:
Online: cme.ucsf.edu
Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)
Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808

ON-SITE REGISTRATION
Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information on the course: cme.ucsf.edu

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