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UCSF SCHOOL OF MEDICINE and the
UCSF SCHOOL OF NURSING



LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, MS, ANP, FAAN

16TH ANNUAL

MARCH 2-3, 2017



A 2-Day Continuing Medical Education Course Presented By:
University of California, San Francisco • School of Medicine and School of Nursing
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Photos courtesy of Support for Families and The Arc San Francisco

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

The 16th annual interdisciplinary conference celebrates **INFORMED HEALTH CARE FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES**, offering a unique update for primary care and subspecialty health care professionals and others who care for children, youth, and adults with developmental disabilities and complex health care needs. The 2017 conference continues to cover topics across the lifespan on a broad range of developmental disabilities including autism spectrum disorders and Down syndrome. Experts will continue the discussion of community living options and transforming systems of care for the 21st century for children and adults with Developmental Disabilities. The 2017 conference will feature special focus on the emerging topic of Zika virus infection and associated intellectual and developmental disabilities with subspecialists from infectious disease, developmental pediatrics, obstetrics, and environmental health. Cultural and social diversity and determinants of disability will be highlighted with special presentations on toxic stress and an exciting presentation of the FRAME Project by renowned fashion photographer Rick Guidotti. Policy updates on supportive decision making and self-determination within a broader social construct will continue. We are pleased to present cutting edge talks on psychopharmacology, intriguing research, Autism Spectrum Disorders, alternative therapies, and anxiety de-escalation and stress reduction for people with developmental disabilities.

Presentations should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in health care of individuals with developmental disabilities, as well as to those in other health-related disciplines including health policy, dentistry, epidemiology, psychiatry, school health, social work, occupational and speech therapy and case management services. While the conference is designed for health care professionals, we welcome families and individuals with developmental disabilities who wish to learn from various represented disciplines.

Non-profit conference exhibitors feature resources designed to help our audience better provide care for children, youth, and adults with developmental disabilities. We look forward to welcoming you to the 16th annual Developmental Disabilities Update Conference and hope that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, MS, ANP, FAAN
Conference Co-Chairs

EDUCATIONAL OBJECTIVES

An attendee completing this course will be able to:

1. Be familiar with state and national advocacy, and policy issues addressing special needs and interventions for children and adults with developmental disabilities in the 21st century;
2. Understand expanded concepts and impact of diversity in the DD population;
3. Describe and apply the current evidence-basis for music, movement, and other alternative therapies for autism spectrum disorders and other developmental disabilities;
4. Incorporate new standards of care regarding diagnosis and counseling for caregivers and parents regarding expectations and prognosis of Down Syndrome into practice;
5. Promote awareness of social and cultural disparities, and implications for healthcare access and quality of care for individuals with developmental disabilities;
6. Put into practice techniques to minimize stress and anxiety in DD patients, and counsel patients and caregivers on de-escalation techniques;
7. Integrate supportive decision making and self-determination and relevant policies within the framework of quality healthcare;
8. Describe Zika syndrome associated pathology and guidelines for long term follow-up of co-morbidities, including hearing impairment;
9. Identify dysmorphic features, screening guidelines for, and confirmation of a diagnosis of Zika disease, including consultation with the PEHSU (Pediatric Environmental Health Screening Unit);
10. Better understand how continuing neuro-genetic research holds promise for putting research into practice;
11. Apply new knowledge about psychotropic medications and develop a strategy for when to prescribe, and when to refer;
12. Recognize when cultural profiling might refer to children and adults with dysmorphic features or syndromes associated with developmental disabilities.

THURSDAY MARCH 2, 2017

8:15-8:50 am	<i>Registration and Continental Breakfast</i>	
8:50-9:00	Welcome and Course Overview	Lucy S. Crain, MD, MPH, FAAP Geraldine Collins-Bride, MS, ANP, FAAN Nancy Bargmann & Eric Zigman
9:00-10:00	Update on California's Intellectual and Developmental Disabilities Systems and Services	
10:00-10:15	<i>Break, Exhibits</i>	
10:15-10:45	When Listening is Complicated: Skills for Honoring the Individual Perspectives of Every Person with Disabilities	Ruti Regan
10:45-11:15	Quality in Home & Community Based Services to Support Community Living	Ari Ne'eman
11:15-11:45	Supported Decision Making, Civil Liberties & Alternatives to Guardianship	Susan Mizner
11:45-12:00 pm	Q & A	
12:00-1:00	<i>Lunch (Provided) & Exhibits</i>	
1:00-2:30	Zika Update	I. Leslie Rubin MD Mark Miller, MD, MPH Yvonne (Bonnie) Maldonado, MD Kirsten Salmeeen, MD
2:30-2:45	Q & A	
2:45-3:00	<i>Break, Exhibits</i>	
3:00-3:30	Child Development, Resilience, and the Environment	Mark Miller, MD, MPH
3:30-4:00	Social and Cultural Determinants of Developmental Disability	I. Leslie Rubin MD
4:00-4:15	Q & A	
ANNUAL SHRIVER LECTURE & AWARD		
4:15-4:45	California Association of Regional Center Agencies	Eileen Richey (Introduction by Elizabeth Grigsby, Client Advocate, GGRC)
SPECIAL PRESENTATION		
4:45-5:45	POSITIVE EXPOSURE: The FRAME Project (Faces Redefining the Art of Medical Education)	Rick Guidotti
5:45-7:15 pm	<i>Networking Reception</i>	

FRIDAY MARCH 3, 2017

7:15-7:50 am	<i>Registration and Continental Breakfast</i>	
7:50-8:00	Welcome and Daily Overview	Lucy S. Crain, MD, MPH, FAAP & Geraldine Collins-Bride, MS, ANP, FAAN Matthew M. Verscheure, MS-HSA
8:00-8:45	Developing Resilience: How to Be Inspired (When You're Really Just Tired)	
8:45-9:30	Examining the Evidence for Music Therapy with Individuals with ASD and DD	Pierre Brennan, MM, MT-BC, NMT, BCBA
9:30-9:45	Q & A	
9:45-10:00	<i>Break, Exhibits</i>	
10:00-10:30	Brain Plasticity Research & Implications for ASD and DD	Michael M. Merzenich, PhD
10:30-11:00	Conversations About Down Syndrome	Cathleen Small
11:15-11:45	Atypical Seizures in Children & Youth with DD	Joseph Sullivan, MD
11:40-1:00 pm	<i>Lunch (On Your Own)</i>	
THE CUTTING EDGE		
1:00-1:30	Differential Diagnosis of Autism Spectrum Disorder: A Neurologist's Perspective	Elliott H. Sherr, MD, PhD
1:30-2:00	Psychopharmacology and Autism Spectrum Disorders	Bennett L. Leventhal, MD
2:00-2:10	Q & A	
2:10-2:30	<i>Break, Exhibits</i>	
2:30-3:00	Complimentary and Integrative Therapies	Robert Hendren, DO
3:00-3:30	The STAR Program	Whitney Ence, PhD, BCBA-D
3:30-4:00	Anxiety De-escalation and Stress Reduction Techniques	Vanessa Hus Bal, PhD & Gregory Lyons, BCBA
4:00-4:30	Q & A	
4:30 pm	<i>Course Adjourns</i>	

program

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP
Clinical Professor of Pediatrics
(Emerita)
UCSF School of Medicine
Clinical Professor of Pediatrics
Stanford University

**Geraldine Collins Bride, MS,
ANP, FAAN**
Clinical Professor and Vice-Chair
Department of Community
Health Systems
UCSF School of Nursing

GUEST FACULTY

Nancy Bargmann

Director,
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Sacramento, CA

Pierre Brennan, MM, MT-BC, NMT, BCBA

Certified Music Therapist;
Fellow of the Academy of Neurologic
Music Therapy;
Board Certified Behavior Analyst,
Marin, CA

Rick Guidotti

Award-winning Fashion
Photographer
Founder and CEO:
Positive Exposure
New York, NY

Yvonne (Bonnie) Maldonado, MD

Senior Associate Dean, Faculty
Development and Diversity;
Professor of Pediatrics (Infectious
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Policy; Director, Global Child Health
Stanford University,
Stanford CA

GUEST FACULTY (CONT'D)

Susan Mizner

Disability Counsel
American Civil Liberties Union,
San Francisco, CA

Ari Ne'eman

President and Co-Founder,
Autistic Self Advocacy Network
Washington, DC

Eileen Richey

Executive Director, Association of
Regional Center Agencies,
Sacramento, CA

I. Leslie Rubin, MD

President, Innovative Solutions
for Disadvantage and Disability;
Associate Professor of Pediatrics,
Morehouse School of Medicine;
Co-director, Southeast

Pediatric Environmental Health
Specialty Unit, Emory University;
Medical Director,

Developmental Pediatrics
Specialists,
Atlanta, GA

Ruti Regan

Rabbinical Student,
Jewish Theological Seminary
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Board Member and
Founder, Anachnu;
Inclusion Speaker and Trainer,
New York, NY

Cathleen Small

Medical Outreach Alliance
Coordinator and Legislative
Advocate, Down Syndrome
Connection of the Bay Area;
Board of Directors,
Down Syndrome Diagnosis Network;
Member, Special Education
Advisory Committee for
the California Office of
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Danville, CA

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San Francisco, CA

Eric Zigman

Executive Director,
Golden Gate Regional Center
San Francisco, CA

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Department of Psychiatry, UCSF

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Behavioral Science, Division of Child
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Co-Director of the UCSF
Dyslexia Center;
Director, Program for Research
on Neurodevelopmental and
Translational Outcomes Program
(NTORP)

Vanessa Hus Bal, PhD

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STAR Center for ASD & NDDs

Bennett L. Leventhal, MD

Professor, Division of Child &
Adolescent Psychiatry,
Department of Psychiatry,
Langley Porter Psychiatric Institute

Gregory Lyons, BCBA

Behavioral Analyst, UCSF STAR
Center for ASD & NDDs

Michael M. Merzenich, PhD

Professor Emeritus Neuroscientist,
UCSF
Winner, 2016 Kavli Prize in
Neuroscience

Mark Miller MD, MPH

Co-director, Western States Pediatric
Environmental Health Specialty Unit
at University of California,
San Francisco;
Director, Community Outreach and
Translation Core, Center for
Integrative Research on Childhood
Leukemia and the Environment,
UC Berkeley;
Director, Children's Environmental
Health Program, California EPA

Kirsten Salmeen, MD

Assistant Professor of Obstetrics,
Gynecology & Reproductive
Sciences

Elliott H. Sherr, MD, PhD

Professor of Neurology & Pediatrics
Institute of Human Genetics

Joseph Sullivan, MD

Director UCSF Pediatric
Epilepsy Center
Associate Professor of Neurology
& Pediatrics

faculty

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **13.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Licensed Clinical Social Workers This course is not currently approved to offer continuing education credit for MFTs and/or LCSWs. Please check the course website for updates.

Nursing For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Physician Assistants AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME.

Psychology This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.

16th Annual Developmental Disabilities: An Update for Health Professionals

MOC17001

March 2-3, 2017

Laurel Heights Conference Center
San Francisco, California

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Register online: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs.

Last Name _____ First _____ M.I. _____

Degree _____ Specialty _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____

Email _____

License # (Required for Licensed Clinical Social Workers and Marriage and Family Therapists receiving credit)

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- \$425** Practicing Physicians (**\$525** if postmarked after 2/1/17)
- \$295** Nurses and other Health Professionals (**\$375** after 2/1/17)
- \$100** Community Members (no CME credit)
- \$15** March 2nd Day Parking Voucher (optional)
- \$15** March 3rd Day Parking Voucher (optional)

Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard American Express for \$ _____

Card # _____ / _____ / _____
Expiration date

Name on Card (Please Print) _____ Authorized Signature _____

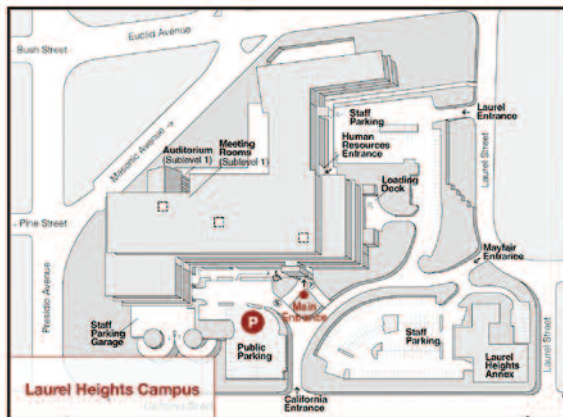
Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: cme.ucsf.edu

**UCSF Laurel Heights
Conference Center**
3333 California Street @ Walnut
San Francisco, CA 94118

PARKING

Limited parking is available at the Laurel Heights Conference Center for \$15/day on Thursday/Friday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, and 43).



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Photos courtesy of Support for Families and The Arc San Francisco

REGISTER TODAY!

For early-bird registration, visit our website at cme.ucsf.edu or call (415) 476-5808. For more information, contact the UCSF Office of Continuing Medical Education at info@ocme.ucsf.edu or call (415) 476-4251.



0569

Office of Continuing
Medical Education

3333 California Street
Suite 450
San Francisco, CA
94143-0742

GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus at the course.

How to Enroll

- Tuition:** **\$425** Practicing Physicians
(\$525 if postmarked after 2/1/17)
- \$295** Nurses and other Health
Professionals (\$375 after 2/1/17)
- \$100** Community Members
(no CME credit)
- \$15** Optional Day Parking Voucher
at Laurel Heights Campus

* All registrants will receive a printed syllabus when they check in to the conference.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: **cme.ucsf.edu**

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808

ON-SITE REGISTRATION

Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information on the course: cme.ucsf.edu

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