Hip and Knee Orthopaedic Surgery 2016

PARK CENTRAL HOTEL • SAN FRANCISCO, CA

December 8-9, 2016

CO-ChAIRS
William P. Barrett, MD
Thomas J. Blumenfeld, MD
Erik Hansen, MD

CO-Use HOST
Thomas P. Vail, MD

TECHNOLOGY AND INNOVATION CHAIR
Stefano A. Bini, MD
Our nationally and internationally known faculty have created a dynamic program focused on the latest advances, and translational innovative technologies, in hip and knee replacement. This primarily case based program will focus on the general orthopaedic surgeon. Combining didactic, case based, and small group breakout sessions, our esteemed faculty hopes to engage the attendee in two days of interactive education.

An attendee completing this course will be able to:
• Compare and discuss the latest approaches and techniques in the performance of total hip and knee arthroplasty (THA and TKA);
• Critically appraise the current arthroplasty literature for clinically relevant, evidence-based practice changing studies;
• Recognize both the challenges and the potential of safely decreasing hospital length of stay through novel multimodal pain protocols and alternative reimbursement strategies;
• Understand the current technologies available to improve surgical technique and the patient perioperative experience;
• Review the insights and trends highlighted by National and International Joint Replacement Registries;
• Engage the attendees in all facets of the course through the use of case based panel discussion and faculty led small group breakout sessions.
COURSE HOST
Thomas P. Vail, MD
Professor and Chairman
Department of Orthopaedic Surgery
University of California, San Francisco

COURSE CHAIRS
William P. Barrett, MD
Orthopaedic Surgeon
Medical Director, Joint Center,
Valley Medical Center
Renton, WA

Thomas J. Blumenfeld, MD
Orthopaedic Surgeon
Associate Clinical Professor
University of California, Davis
Sacramento, CA

Erik Nathan Hansen, MD
Assistant Professor of Clinical Orthopaedic Surgery
UCSF Department of Orthopaedic Surgery
Division of Adult Reconstructive Surgery

TECHNOLOGY AND INNOVATION CHAIR
Stefano A. Bini, MD
Professor of Clinical Orthopaedics
Department of Orthopedic Surgery

COURSE FACULTY

Pedram Aleshi, MD
Associate Professor of Medicine
Department of Anesthesia

Lawrence Dorr, MD
Medical Director, Total Joint Reconstruction
Dorr Arthritis Institute,
Keck Hospital of USC
Los Angeles, CA

Stuart Goodman, MD, PhD
The Robert L. and Mary Ellenburg Professor in Surgery and Professor
Stanford University
Palo Alto, CA

Walter Greenleaf, PhD
MediaX Distinguished Visiting Scholar
Stanford University
Palo Alto, CA

James Huddleston, MD
Associate Professor of Orthopaedic Surgery
Stanford University Medical Center
Palo Alto, CA

Sanjay Joshi, PhD
Professor, Mechanical & Aerospace Engineering
University of California, Davis
Davis, CA

Daniel Kraft, MD
Chair, Medicine and Neuroscience
Singularity University
Palo Alto, CA

Jay R. Lieberman, MD
Professor and Chair, Department of Orthopaedic Surgery
Director of the Institute of Orthopaedics, Keck Hospital of USC
Los Angeles, CA

Steven MacDonald, MD, FRCSC
Professor of Orthopaedic Surgery
Western University,
Chief of Orthopaedics and Chief of Surgery,
London Health Sciences Centre, University Campus
London, Ontario, Canada

Ramana K. Naidu, MD
Assistant Professor of Medicine
Department of Anesthesiology and Pain Medicine

Nader A. Nassif, MD
Orthopaedic Surgeon
Newport Orthopaedic Institute
Newport Beach, CA

Michael Ries, MD
Professor of Medicine
Department of Orthopaedic Surgery

Aenor Sawyer, MD
Assistant Professor of Medicine
Department of Orthopaedic Surgery
Director, UCSF Skeletal Health Service; Director, Pediatric Bone Health Consortium

Thomas P. Schmalzried, MD
Medical Director
Joint Replacement Institute
St. Vincent Medical Center
Los Angeles, CA
THURSDAY, DECEMBER 8, 2016 • TIME TO BE HIP

7:00 am  Registration
8:00  Welcome, Introduction to Hip Session and Audience Polling Questions  
Thomas Vail, MD and Thomas Blumenfeld, MD
8:05  Journal Club  
My Top 4 JBJS Articles  
My Top 4 CORR Articles  
My Top 4 JOA Articles
PANEL DISCUSSION / Q&A
8:45  Performance of a Primary THA  
Anterior Always Video + Presentation  
Modern Posterior Always Video + Presentation  
Anterolateral Always Video + Presentation
CASE-BASED PANEL DISCUSSION
10:00  Break
10:30  The Problem Primary Total Hip  
Avoiding A Mal-Aligned Socket  
Metal – Bearings, Trunnions and Ions  
Gluteus Medius Tears and Repair Techniques
CASE-BASED PANEL DISCUSSION
11:20  THE 2016 TOTAL JOINT PATIENT: Out of the Hospital Quickly and Safely  
Experience With Bundled Payment Models: Early Insights  
P Preoperative Multimodal Pain Protocols  
P State of the Art Pre and Post-Surgical Interventional Pain Procedures for TKA and THA  
P Same Day Surgery: Tips for Success
CASE-BASED PANEL DISCUSSION
12:10 pm  Lunch
1:10  JOINT REGISTRIES: What Can They Tell Us and What Do they Miss?  
Global Overview: Is the Device the Cause of All Failures?  
Insights Provided by the New Zealand / Australian Registry Update on the American Joint Replacement Registry (AJRR)
CASE-BASED PANEL DISCUSSION
2:20  KEYNOTE ADDRESS: A Brave New World: The Promise of Digital Health  
A New Technologies that will Impact Orthopaedics  
Telehealth: Managing the Patient Outside the Hospital  
Robotics Applied to Orthopaedic Surgery  
Virtual and Augmented Reality in Orthopedics  
Smart Devices in Musculoskeletal Care
CASE-BASED PANEL DISCUSSION
3:00  Break
3:30  RAPID FIRE: Revision Surgery Cases  
Symposium will Consist of Five Minute Cases Covering Trunnionosis, Infection, Dislocation, Femoral and/or Acetabular Component Loosening, Femoral Fracture Management
Panel: All Faculty
4:30  Putting It All Together: Faculty Breakout – Attendees – Cases
5:30 pm  Reception
FRIDAY, DECEMBER 9, 2016 • KNEE DAY

7:30 am Registration

8:00 Welcome, Introduction to Knee Session and Audience Polling Questions
   Thomas Blumenfeld, MD

8:05 Journal Club
   My Top 4 JBJS Articles
   My Top 4 CORR Articles
   My Top 4 JOA Articles
   CASE-BASED PANEL DISCUSSION / Q&A
   Thomas Blumenfeld, MD

8:45 Performance of A Primary TKA
   Balancing the Valgus Knee – Video of Gerry Engh with John Insall Narrating
   Alternative Option for Valgus
   Managing the Varus Knee
   CASE-BASED PANEL DISCUSSION
   William Barrett, MD

10:00 Break

10:30 THE PAINFUL PRIMARY KNEE: It Looks Great….
   How to Work-Up the Painful Total Knee
   CASE-BASED PANEL DISCUSSION
   Stuart Goodman, MD

11:20 THE 2016 TOTAL KNEE PATIENT: Are We Aligned?
   Traditional Alignment with Measured Resection Is the Gold Standard
   Kinematic Alignment is Best
   Balancing Controls All the Variables
   CASE-BASED PANEL DISCUSSION
   Thomas Blumenfeld, MD

12:10 pm Lunch

1:30 The Infected Total Knee
   Options for Treating the Acutely Infected Total Knee
   Treating the Chronically Infected Total Knee
   CASE-BASED PANEL DISCUSSION
   Hutch Huddleston, MD

3:00 Break

3:30 RAPID FIRE: Revision Surgery Cases
   Symposium will Consist of Five Minute Cases Covering the Stiff Total Knee, the Use of Constraint, Porous Metal or Sleeve Augments, Patella Fractures, Extensor Mechanism Injuries and Treatment Strategies, Periprosthetic Fractures
   Steven MacDonald, MD, FRSC
   Panel: All Faculty

4:30 PUTTING IT ALL TOGETHER: Faculty Breakout – Attendees – Cases

5:30 pm Reception

P Pain Credit
GENERAL INFORMATION
Pre-registration is preferred to ensure that registrants receive a syllabus at the course.

HOW TO ENROLL
Tuition:
$475  Practicing Physicians*
$375  Nurses/ Pharmacists/Allied Health Professionals/Residents/Fellows*
$375  Industry*
* On-site registration will be $50 additional

GREENER MEETING (optional)
We're saving paper! The syllabus will be transmitted electronically prior to the course.

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
Online: cme.ucsf.edu
Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA  94145-0368
Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)
Phone: To register by phone or to inquire about registration status, please call (415) 476-5808.
On-Site Registration: Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information: cme.ucsf.edu

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
The course will take place at the Park Central Hotel San Francisco, located in the South of Market (SOMA) district. The hotel is within walking distance to the famed San Francisco Shopping Center, Yerba Buena Gardens, and the San Francisco Museum of Modern Art (MOMA). Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building.

A block of guestrooms has been reserved at a special UCSF conference rate of $244/night. The contracted cut-off date is November 17, 2016, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, (go to cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage).
If you prefer to telephone in your reservation, call (888) 627-8561, please identify yourself as a member of this UCSF conference to receive the special rate.
By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.
For air transportation and rental car discount information, please visit our website at cme.ucsf.edu.
UPCOMING CME COURSES

Hip and Knee Orthopaedic Surgery
October 12-14, 2017
Fairmont Sonoma Mission Inn
Sonoma, CA
Dr. Ms. Mr. Mrs.

Last Name ___________ First ___________ M.I. ___________

Degree ___________ Specialty ___________

Address __________________________________________________________________

City ___________ State ___________ Zip ___________

Daytime Phone ___________ Fax ___________

Email ____________________________________________________________________

Address Label Code Letter (see address label: example, A, B, C, D, etc.) __________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: _____ / _____ / X X

Month Day

Please indicate if you have any special needs: ____________________________________

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

☐ $475 Practicing Physicians*
☐ $375 Nurses/Pharmacists/Allied Health Professionals/Residents/Fellows*
☐ $375 Industry*

* On-site registration will be $50 additional.

Make checks payable to UC Regents

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $_______________

______________________________ | ____________ / ____________

Card # | Expiration date

Name on Card (Please Print) ___________________________ | Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: cme.ucsf.edu