Increasing appreciation of the unique needs of women patients and women health care providers has created a need for innovative educational programs on women’s health. This program will provide a practical update on a full range of common but controversial issues in women’s health. Emphasis will be placed on new developments in preventive care for women, issues in reproductive health, and clinical strategies in the diagnosis and treatment of common gynecologic and medical disorders of women. An audience response system will be used and ample time will be provided for questions and discussion. An electronic course syllabus will be distributed to all participants prior to the meeting. A hard copy of the syllabus will be used and ample time will be provided for questions and discussion. An electronic course syllabus will be distributed to all participants prior to the meeting. A hard copy of the syllabus will be available for purchase. This course is presented by the Division of General Internal Medicine, Department of Medicine, in close collaboration with the Department of Obstetrics, Gynecology, and Reproductive Sciences and is sponsored by the University of California, San Francisco.

The purpose of this course is to increase competence and improve clinician practice in primary care and women’s health. We specifically anticipate improvements in skills and strategies to:

- Discuss and implement new guidelines for women for prevention and early detection of cancer with clinical exams, pap tests, genetic tests, and diagnostic imaging;
- Discuss and implement new guidelines for women to prevent infectious diseases with vaccines, screening, and counseling;
- Discuss and implement current guidelines for women to prevent cardiovascular diseases with treatment of hypertension, lipid disorders, and aspirin;
- Diagnose and treat common and controversial problems in women’s health including osteoporosis, menopause, fibromyalgia, obesity, cognitive impairment, sports injuries, and allergies;
- Counsel patients about new developments in genetic testing;
- Understand new treatment options for women with gynecologic cancers;
- Counsel patients about treatment options in contraception;
- Manage common skin problems in women;
- Provide comprehensive health care for transgender patients;
- Select the best diagnostic tests;
- Evaluate and prescribe new medications;
- Utilize optimal strategies to enhance value in medical practice;
- Advocate for quality health care services for women.

Hotel Nikko
San Francisco, CA

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 13.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include 7.25 credits toward meeting the requirements under California Assembly Bill 1820, Geriatric Medicine.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AAMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Pharmacotherapeutics CEUs for Nurses: This activity is designated for a maximum of 7.25 pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

Physician Assistants: AAPA accepts category 1 credit from AOACCME. Prescribed credit from AAPA, and AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credits™. Maintenance of Certification: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.50 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credits.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Obstetricians/Gynecologists: Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. Determination of credit is pending.

EDUCATIONAL OBJECTIVES

TARGET AUDIENCE

This course is designed for family physicians, internists, gynecologists, nurses, nurse practitioners, physician assistants, pharmacists, and all others involved in providing quality health care for women. Special attention will be paid to the day-to-day controversies of office practice, emphasizing preventive medicine, diagnosis and treatment of common disorders, issues in women’s health, and current approaches to management of chronic illness.
THURSDAY, DECEMBER 7, 2017

7:30 am  Continental Breakfast and Course Registration
8:20 am  Welcome and Announcements
Robert B. Baron, MD, MS

PREVENTIVE MEDICINE FOR WOMEN • Moderator: Robert B. Baron, MD, MS
8:30 am  Well-Woman Visits in 2018: How Should We Approach Cervical Cancer Screening and Routine Pelvic Examinations?
George F. Sawaya, MD

9:10 am  Q & A
Lisa Winston, MD

10:00 am  Q & A
10:10 am  Coffee Break
10:30 am  RxG Current and Emerging Strategies for Osteoporosis
Douglas C. Bauer, MD

11:10 am  Q & A
11:20 am  RxG Preventing Cardiovascular Disease in Women: Current Guidelines for Hypertension, Lipids, and Aspirin
Robert B. Baron, MD, MS

12:00 pm  Q & A
12:10 pm  Lunch (On Your Own)

CLINICAL STRATEGIES IN WOMEN’S HEALTH I • Moderator: Robert B. Baron, MD, MS
1:30 pm  RxG Updates in Contraception: Advances in Technical and Interpersonal Care
Christine E. Dehlendorf, MD, MAS

2:10 pm  Q & A
2:20 pm  Current Concepts in Caring for Transgender Patients
Maddie Deutsch, MD, MPH

3:00 pm  Q & A
3:10 pm  Coffee Break

3:30 pm  RxG Current Strategies for Menopause Management
Judith M.E. Walsh, MD, MPH

4:10 pm  Q & A
4:20 pm  Rx Understanding Central Sensitization Syndromes: Fibromyalgia, Chronic Pelvic Pain, and Painful Bladder Syndrome
Molly Heublein, MD

5:00 pm  Q & A
5:10 pm  Adjourn

GENERAL INFORMATION
Pre-registration is preferred to ensure that adequate course materials are available. The syllabus will be transmitted electronically prior to the course. Optional purchase of a printed syllabus is available for $35.

HOW TO ENROLL
Tuition:
- $555 Physicians
- $455 Allied Health Professionals/Physicians-in-Training
- $35 Optional Printed Syllabus

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
Online:  cme.ucsf.edu
Mail:  Complete course registration form and send with payment to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA  94145-0368

Fax:  Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808 or check our website for up-to-date information on the course: cme.ucsf.edu

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.
FRIDAY, DECEMBER 8, 2017

8:00 am  Continental Breakfast

CLINICAL STRATEGIES IN WOMEN’S HEALTH II  •  Moderator: Robert B. Baron, MD, MS

8:30  G  Updates in Breast Cancer Screening  Karla M. Kerlikowske, MD
9:10  Q & A
9:20  RxG  Best Practices in Mild Cognitive Impairment and Dementia  Bruce J. Miller, MD
10:00  Q & A
10:10  Coffee Break
10:30  Cutting-edge Genetics, Made Easy  Mary E. Norton, MD
11:10  Q & A
11:20  RxG  Gynecologic Cancers in the Age of Precision Medicine  Lee-may Chen, MD
12:00 pm  Q & A
12:10  Lunch (On Your Own)

CLINICAL STRATEGIES IN WOMEN’S HEALTH III  •  Moderator: Robert B. Baron, MD, MS

1:30  RxG  Management of Obesity: Diet, Drugs, and Surgery  Michelle Guy, MD
2:10  Q & A
2:20  RxG  Dermatology Update: What’s New in Women’s Skin Health  Kanade Shinkai, MD, PhD
3:00  Q & A
3:10  Coffee Break
3:30  Common Sports Injuries in Women  Carlin Senter, MD
4:10  Q & A
4:20  Rx  Updates and Clinical Pearls in Allergy and Immunology  Iris Otani, MD
5:00  Q & A

G - Geriatric Credit  Rx - Meets Requirements for Pharmacotherapeutics CEUs for NPs/Nurses

CONFERENCE LOCATION
Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building.

Hotel Nikko is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of $240/night. Please make your reservations early. The cut off date is November 8, 2017, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations, call the Hotel Nikko at (415) 394-1111, toll-free at (800) 248-3308. Please identify yourself as a member of the UCSF Controversies in Women’s Health conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION AND RENTAL CAR
UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL & LODGING section of the course webpage at cme.ucsf.edu for more information and discount codes.
### Upcoming CME Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care Medicine: Principles and Practice</td>
<td>October 11-13, 2017</td>
<td>Hotel Nikko, San Francisco, California</td>
</tr>
<tr>
<td>Primary Care Medicine: Update 2018</td>
<td>April 1-6, 2018</td>
<td>Maui, Hawaii</td>
</tr>
<tr>
<td>Essentials of Women’s Health: An Integrated Approach to Primary Care and Office Gynecology</td>
<td>July 1-6, 2018</td>
<td>Big Island, Hawaii</td>
</tr>
<tr>
<td>Essentials of Primary Care: A Core Curriculum for Ambulatory Practice</td>
<td>August 5-10, 2018</td>
<td>North Lake Tahoe, California</td>
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</tbody>
</table>

### COURSE CHAIR
Robert B. Baron, MD, MS  
Professor of Medicine  
Associate Dean for Graduate and Continuing Medical Education  
University of California, San Francisco

### COURSE FACULTY (CONT’D)
Maddie Deutsch, MD, MPH  
Associate Professor of Clinical Family and Community Medicine  
Director, UCSF Transgender Care
Michelle Guy, MD  
Professor of Medicine  
Molly Heublein, MD  
Assistant Professor of Medicine  
Karla M. Kerlikowske, MD  
Professor of Medicine and of Epidemiology & Biostatistics  
Bruce J. Miller, MD  
A.W. and Mary Margaret Clausen Distinguished Professor of Neurology  
Director, UCSF Dementia Center  
Mary E. Norton, MD  
Professor and Interim Chair  
Department of Obstetrics, Gynecology & Reproductive Sciences  
Iris Otani, MD  
Assistant Professor of Medicine, Allergy & Immunology

George F. Sawaya, MD  
Professor of Obstetrics, Gynecology and Reproductive Sciences  
and of Epidemiology & Biostatistics;  
The Robert B. Dornush Chair in Obstetrics and Gynecology Education
Carlin Senter, MD  
Associate Professor of Orthopaedics and of Internal Medicine
Kanade Shinkai, MD, PhD  
Associate Professor of Dermatology  
Program Director, Dermatology Residency Program
Judith M.E. Walsh, MD, MPH  
Professor of Medicine
Lisa Winston, MD  
Professor of Medicine  
Vice Chief, Inpatient Medical Services and  
Hospital Epidemiologist, Zuckerberg San Francisco General Hospital and Trauma Center

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For more information, visit our website at [cme.ucsf.edu](http://cme.ucsf.edu)  
You may also reach us by calling the Office of CME at (415) 476-4251 or by emailing info@ocme.ucsf.edu
CONTROVERSIES IN WOMEN’S HEALTH
December 7-8, 2017
Hotel Nikko • San Francisco, CA

Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

License # (Required for Licensed Clinical Social Workers and Marriage and Family Therapists receiving credit)

Address Label Code Letter (see address label: example, A, B, C, D, etc.) ___________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / XX

Month Day

Please indicate if you have any special needs: _____________________________________________

Tuition:
☐ $555 Physicians
☐ $455 Allied Health Professionals/Physicians-in-Training
☐ $35 Optional Printed Syllabus

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Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a
$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration
Date: Thursday, December 7, 2017
Time: 7:30 - 8:20 am
Location: Hotel Nikko San Francisco
222 Mason Street
San Francisco, CA 94102
415-394-1111
1-800-NIKKO-SF (248-3308)
www.hotelnikkosf.com