

Presented by the
Division of General Internal Medicine
Department of Medicine
University of California, San Francisco



University of California
San Francisco

December 7-8, 2017

CONTROVERSIES IN WOMEN'S HEALTH



December 7-8, 2017

HOTEL NIKKO
SAN FRANCISCO, CA

PROGRAM CHAIR

Robert B. Baron, MD, MS

Professor of Medicine

Associate Dean for Graduate and
Continuing Medical Education

CONTROVERSIES IN WOMEN'S HEALTH

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Increasing appreciation of the unique needs of women patients and women health care providers has created a need for innovative educational programs on women's health. This program will provide a practical update on a full range of common but controversial issues in women's health. Emphasis will be placed on new developments in preventive care for women, issues in reproductive health, and clinical strategies in the diagnosis and treatment of common gynecologic and medical disorders of women. An audience response system will be used and ample time will be provided for questions and discussion. An electronic course syllabus will be distributed to all participants prior to the meeting. A hard copy of the syllabus will be available for purchase. This course is presented by the Division of General Internal Medicine, Department of Medicine, in close collaboration with the Department of Obstetrics, Gynecology, and Reproductive Sciences and is sponsored by the University of California, San Francisco.

TARGET AUDIENCE

This course is designed for family physicians, internists, gynecologists, nurses, nurse practitioners, physician assistants, pharmacists, and all others involved in providing quality health care for women. Special attention will be paid to the day-to-day controversies of office practice, emphasizing preventive medicine, diagnosis and treatment of common disorders, issues in women's health, and current approaches to management of chronic illness.

EDUCATIONAL OBJECTIVES

The purpose of this course is to increase competence and improve clinician practice in primary care and women's health. We specifically anticipate improvements in skills and strategies to:

- Discuss and implement new guidelines for women for prevention and early detection of cancer with clinical exams, pap tests, genetic tests, and diagnostic imaging;
- Discuss and implement new guidelines for women to prevent infectious diseases with vaccines, screening, and counseling;
- Discuss and implement current guidelines for women to prevent cardiovascular diseases with treatment of hypertension, lipid disorders, and aspirin;
- Diagnose and treat common and controversial problems in women's health including osteoporosis, menopause, fibromyalgia, obesity, cognitive impairment, sports injuries, and allergies;
- Counsel patients about new developments in genetic testing;
- Understand new treatment options for women with gynecologic cancers;
- Counsel patients about treatment options in contraception;
- Manage common skin problems in women;
- Provide comprehensive health care for transgender patients;
- Select the best diagnostic tests;
- Evaluate and prescribe new medications;
- Utilize optimal strategies to enhance value in medical practice;
- Advocate for quality health care services for women.

Hotel Nikko

San Francisco, CA

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **13.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include **7.25** credits toward meeting the requirements under California Assembly Bill 1820, Geriatric Medicine.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Pharmacotherapeutics CEUs for Nurses: This activity is designated for a maximum of **7.25** pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credits™*.

Maintenance of Certification: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **13.50** MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Obstetricians/Gynecologists: Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. **Determination of credit is pending.**

CONTROVERSIES IN WOMEN'S HEALTH

December 7-8, 2017

THURSDAY, DECEMBER 7, 2017

7:30 am *Continental Breakfast and Course Registration*

8:20 **Welcome and Announcements**

Robert B. Baron, MD, MS

PREVENTIVE MEDICINE FOR WOMEN • Moderator: Robert B. Baron, MD, MS

8:30 **Well-Woman Visits in 2018: How Should We Approach Cervical Cancer Screening and Routine Pelvic Examinations?**

George F. Sawaya, MD

9:10 **Q & A**

9:20 **RxG Prevention of Common Infections in Women: Best Practices in Vaccination**

Lisa Winston, MD

10:00 **Q & A**

10:10 *Coffee Break*

10:30 **RxG Current and Emerging Strategies for Osteoporosis**

Douglas C. Bauer, MD

11:10 **Q & A**

11:20 **RxG Preventing Cardiovascular Disease in Women: Current Guidelines for Hypertension, Lipids, and Aspirin**

Robert B. Baron, MD, MS

12:00 pm **Q & A**

12:10 *Lunch (On Your Own)*

CLINICAL STRATEGIES IN WOMEN'S HEALTH I • Moderator: Robert B. Baron, MD, MS

1:30 **Rx Updates in Contraception: Advances in Technical and Interpersonal Care**

Christine E. Dehlendorf, MD, MAS

2:10 **Q & A**

2:20 **Current Concepts in Caring for Transgender Patients**

Maddie Deutsch, MD, MPH

3:00 **Q & A**

3:10 *Coffee Break*

3:30 **RxG Current Strategies for Menopause Management**

Judith M.E. Walsh, MD, MPH

4:10 **Q & A**

4:20 **Rx Understanding Central Sensitization Syndromes: Fibromyalgia, Chronic Pelvic Pain, and Painful Bladder Syndrome**

Molly Heublein, MD

5:00 **Q & A**

5:10 pm *Adjourn*

GENERAL INFORMATION

Pre-registration is preferred to ensure that adequate course materials are available. The syllabus will be transmitted electronically prior to the course. Optional purchase of a printed syllabus is available for \$35.

HOW TO ENROLL

Tuition: **\$555** Physicians
\$455 Allied Health Professionals/
Physicians-in-Training
\$35 Optional Printed Syllabus

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808 or check our website for up-to-date information on the course: cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.



FRIDAY, DECEMBER 8, 20178:00 am *Continental Breakfast***CLINICAL STRATEGIES IN WOMEN'S HEALTH II • Moderator: Robert B. Baron, MD, MS**8:30 **G** **Updates in Breast Cancer Screening** Karla M. Kerlikowske, MD9:10 **Q & A**9:20 **RxG** **Best Practices in Mild Cognitive Impairment and Dementia** Bruce J. Miller, MD10:00 **Q & A**10:10 *Coffee Break*10:30 **Cutting-edge Genetics, Made Easy** Mary E. Norton, MD11:10 **Q & A**11:20 **RxG** **Gynecologic Cancers in the Age of Precision Medicine** Lee-may Chen, MD12:00 pm **Q & A**12:10 *Lunch (On Your Own)***CLINICAL STRATEGIES IN WOMEN'S HEALTH III • Moderator: Robert B. Baron, MD, MS**1:30 **RxG** **Management of Obesity: Diet, Drugs, and Surgery** Michelle Guy, MD2:10 **Q & A**2:20 **RxG** **Dermatology Update: What's New in Women's Skin Health** Kanade Shinkai, MD, PhD3:00 **Q & A**3:10 *Coffee Break*3:30 **Common Sports Injuries in Women** Carlin Senter, MD4:10 **Q & A**4:20 **Rx** **Updates and Clinical Pearls in Allergy and Immunology** Iris Otani, MD5:00 **Q & A****G** - Geriatric Credit**Rx** - Meets Requirements for Pharmacotherapeutics CEUs for NPs/Nurses**CONFERENCE LOCATION**

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

Hotel Nikko is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of **\$240/night**. Please make your reservations early. The cut off date is **November 8, 2017, or until the group room block is filled**. After this date, rooms will be provided on a space-available basis only. To make hotel reservations, call the Hotel Nikko at (415) 394-1111, toll-free at (800) 248-3308. Please identify yourself as a member of the UCSF Controversies in Women's Health conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION AND RENTAL CAR
UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL & LODGING section of the course webpage at cme.ucsf.edu for more information and discount codes.

program
general
info



Upcoming CME Courses

Of Special Interest to the Primary Care Professional

Primary Care Medicine: Principles and Practice

October 11-13, 2017
Hotel Nikko
San Francisco, California

Primary Care Medicine: Update 2018

April 1-6, 2018
Maui, Hawaii

Essentials of Women's Health:

An Integrated Approach to

Primary Care and Office Gynecology

July 1-6, 2018
Big Island, Hawaii

Essentials of Primary Care: A Core Curriculum for Ambulatory Practice

August 5-10, 2018
North Lake Tahoe, California

UCSF

0569

University of California,
San Francisco
Office of Continuing
Medical Education
UCSF Box 0742
San Francisco, CA
94143-0742

COURSE CHAIR

Robert B. Baron, MD, MS

Professor of Medicine
Associate Dean for Graduate
and Continuing Medical Education
University of California,
San Francisco

COURSE FACULTY

(University of California, San Francisco)

Douglas C. Bauer, MD

Professor of Medicine and of
Epidemiology & Biostatistics

Lee-may Chen, MD

John A. Kerner Distinguished
Professor in Gynecologic Oncology;
Professor of Obstetrics, Gynecology
and Reproductive Sciences

Christine Dehlendorf, MD, MAS

Associate Professor in Residence,
Departments of Obstetrics,
Gynecology & Reproductive
Sciences, Family & Community
Medicine and Epidemiology &
Biostatistics

COURSE FACULTY (CONT'D)

Maddie Deutsch, MD, MPH

Associate Professor of Clinical
Family and Community Medicine
Director, UCSF Transgender Care

Michelle Guy, MD

Professor of Medicine

Molly Heublein, MD

Assistant Professor of Medicine

Karla M. Kerlikowske, MD

Professor of Medicine and of
Epidemiology & Biostatistics

Bruce J. Miller, MD

A.W. and Mary Margaret
Clausen Distinguished
Professor of Neurology
Director, UCSF Dementia Center

Mary E. Norton, MD

Professor and Interim Chair
Department of Obstetrics,
Gynecology & Reproductive
Sciences

Iris Otani, MD

Assistant Professor of Medicine,
Allergy & Immunology

COURSE FACULTY (CONT'D)

George F. Sawaya, MD

Professor of Obstetrics, Gynecology
and Reproductive Sciences
and of Epidemiology & Biostatistics;
The Robert B. Domush Chair in
Obstetrics and Gynecology
Education

Carlin Senter, MD

Associate Professor of Orthopaedics
and of Internal Medicine

Kanade Shinkai, MD, PhD

Associate Professor of Dermatology
Program Director, Dermatology
Residency Program

Judith M.E. Walsh, MD, MPH

Professor of Medicine

Lisa Winston, MD

Professor of Medicine
Vice Chief, Inpatient Medical
Services and
Hospital Epidemiologist,
Zuckerberg San Francisco General
Hospital and Trauma Center

For more information,
visit our website at

cme.ucsf.edu

You may also reach
us by calling the
Office of CME at
(415) 476-4251 or
emailing
info@ocme.ucsf.edu



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faculty

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MDM18M05

December 7-8, 2017

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Mail to : UCSF Office of CME
 P.O. Box 45368
 San Francisco, CA 94145-0368
 Fax: (415) 502-1795

Online registration: **cme.ucsf.edu**
 Registration Information: (415) 476-5808
 Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs.

Last Name	First	M.I.
Degree		Specialty
Address		
City	State	Zip
Daytime Phone	Fax	
Email		

License # (Required for Licensed Clinical Social Workers and Marriage and Family Therapists receiving credit)

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____ / ____ / XX
 Month Day

Please indicate if you have any special needs: _____

Tuition:

- \$555** Physicians
- \$455** Allied Health Professionals/Physicians-in-Training
- \$35** Optional Printed Syllabus

Make checks payable to *UC Regents*.

Please charge my credit card: Visa MasterCard AmEx for \$ _____

Card # _____ Expiration date _____

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: **cme.ucsf.edu**

On-Site Registration

Date: Thursday, December 7, 2017
 Time: 7:30 - 8:20 am
 Location: **Hotel Nikko San Francisco**
 222 Mason Street
 San Francisco, CA 94102
 415-394-1111
 1-800-NIKKO-SF (248-3308)
www.hotelnikkosf.com

