

Presented by the
UCSF SCHOOL OF MEDICINE and the
UCSF SCHOOL OF NURSING



LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, MS, ANP, FAAN

17TH ANNUAL

MARCH 8-9, 2018



This educational activity has been supported in part by a grant from WITH Foundation, a non profit 501(c)3 organization, and support from Alta California, Far Northern, Golden Gate, North Bay, Redwood Coast, and San Andreas Regional Centers.

Photos courtesy of Support for Families and The Arc San Francisco

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

The 17th annual interdisciplinary conference celebrates **PROMOTING QUALITY OF LIFE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES**, offering a unique update for primary care and subspecialty health care professionals and others who care for children, youth, and adults with developmental disabilities and complex health care needs. The 2018 conference will cover topics across the lifespan on a broad range of developmental disabilities including autism spectrum disorders and cerebral palsy. Experts will continue the discussion from last year of healthcare coverage and transforming systems of care for the 21st century for children and adults with developmental disabilities. This year's conference will feature special focus on sexuality and sexual health and identity from a variety of specialists. Mental health, bullying, and legal issues will be highlighted. Policy updates on supportive decision making and self-determination within a broader social construct will continue. We are pleased to present cutting edge talks on dental care, dementia in individuals with developmental disabilities, and intriguing research and therapeutic techniques for autism spectrum disorders.

Presentations should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in health care of individuals with developmental disabilities, as well as to those in other health-related disciplines including health policy, dentistry, epidemiology, psychiatry, school health, social work, occupational and speech therapy, and case management services. While the conference is designed for health care professionals, we welcome families and individuals with developmental disabilities who wish to learn from various represented disciplines.

Non-profit conference exhibitors feature resources designed to help our audience better provide care for children, youth, and adults with developmental disabilities. We look forward to welcoming you to the 17th annual Developmental Disabilities Update Conference and hope that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, MS, ANP, FAAN
Conference Co-Chairs

EDUCATIONAL OBJECTIVES

An attendee completing this course will be able to:

1. Be familiar with state and national advocacy, and policy issues surrounding insurance for those with special needs and creating access to healthcare for children and adults with developmental disabilities in the 21st century;
2. Be familiar with innovations in dental care for people with DD/ID and make patient recommendations accordingly;
3. Increase awareness of social and cultural models enabling bullying, indications of bullying, and how to take appropriate action;
4. Increase awareness of social and cultural disparities, and implications for healthcare access and quality of care for individuals with developmental disabilities;
5. Provide informed healthcare for the sexual health needs of people with DD/ID, including counseling on sex education, birth control, and gender identity issues;
6. Gain new knowledge about the diagnosis of autism spectrum disorders and other behavioral disorders and develop strategies for appropriate referral;
7. Describe the current state of pivotal response therapy for autism spectrum disorders;
8. Apply state of the art healthcare for patients with movement disorders to improve quality of life;
9. Describe current scientific research on cerebral palsy, prevention and treatment models;
10. Identify signs of early dementia in patients with DD/ID and recommend the most appropriate medical intervention.

THURSDAY MARCH 8, 2018

7:15 am	<i>Registration and Continental Breakfast</i>	
7:50	Welcome and Course Overview PROMOTING QUALITY OF LIFE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES	Lucy S. Crain, MD, MPH, FAAP Geraldine Collins-Bride, MS, ANP, FAAN
8:00	Health Insurance: The Importance of MediCal for Individuals with Disabilities	Amy Westling, MPA
8:40	Children's Hospitals and the Importance of Health Insurance for Children with Disabilities and Special Health Care Needs	Sherry Sager, MPA & Lisa Chamberlain, MD, MPH
9:20	Q & A	
9:30	<i>Coffee Break and Exhibits</i>	
9:45	Innovations in Dental Care and DentiCal	Paul Glassman, DDS, MA, MBA
10:30	Mental Health Issues, Legal Defense and DD	Kara Chien, JD
11:15	SPHERE: Collaborative Research and Precision Medicine	Yvonne Maldonado, MD
11:45	Q & A	
12:00 pm	<i>Lunch (Included in your registration)</i>	
1:00	Clinical Pearls for Contraceptive Management of Women with Developmental Disabilities	Michael S. Policar, MD, MPH
1:45	Sexuality and Disability	Erica Monasterio, MN, FNP-BC
2:30	Gender Identity	Finn V. Gratton, LMFT, LPCC
3:15	Q & A	
3:30	<i>Coffee Break and Exhibits</i>	
3:45	The AASPIRE Healthcare Toolkit	Dora M. Raymaker, PhD & Clarissa Kripke, MD, FAAFP
4:45	Q & A	
	ANNUAL SHRIVER LECTURE & AWARD	
5:00	The ACLU and Promoting Quality of Life for People with Developmental Disabilities	Susan P. Mizner, JD
5:30-6:30 pm	<i>Networking Reception</i>	

FRIDAY MARCH 9, 2018

7:50 am	Announcements	Lucy S. Crain, MD, MPH, FAAP Geraldine Collins-Bride, MS, ANP, FAAN
8:00	A Population Perspective on Cerebral Palsy: Findings from Current Surveillance and Research	Marshall Yeargin-Allsopp, MD
8:50	Overview of Cerebral Palsy	Henry G. Chambers, MD
9:50	What a County CCS Cerebral Palsy Team Provides	Christina Buysse, MD, Helen Phung, PT, BS, and Patty Walsh, OTR/L, MS
10:20	Q & A	
10:30	<i>Coffee Break and Exhibits</i>	
10:45	Challenging Health Issues for Adults with CP	Henry G. Chambers, MD
11:15	Multispecialty Management of Movement Disorders	Speaker Panel
11:45	Q & A	
12:00 pm	<i>Lunch (On your own)</i>	
1:30	Prevention of Cerebral Palsy in Newborns with Birth Asphyxia	Yvonne Wu, MD, MPH
2:15	Dementia and Developmental Disabilities	Jennifer Dresen, MSW, MPH & Joanne Rolle, MA
2:45	Q & A	
3:00	<i>Coffee Break and Exhibits</i>	
3:15	Siblings of Children with Autism and Other Select Research Topics from the MIND Institute	Meghan Miller, PhD
4:00	Pivotal Response Therapy	Robert Koegel, PhD & Lynn Koegel, PhD, CCC-SLP
5:00	Q & A	
5:15 pm	<i>Course Adjourns</i>	

CHAIRS

Lucy S. Crain, MD, MPH, FAAP
Clinical Professor of Pediatrics
(Emerita)
UCSF School of Medicine
Adjunct Professor of Pediatrics
Stanford University

**Geraldine Collins Bride, MS,
ANP, FAAN**
Professor and Vice-Chair
Department of Community
Health Systems
UCSF School of Nursing

GUEST FACULTY

Christina Buisse, MD
Assistant Professor
Developmental and
Behavioral Pediatrics
Stanford University School of
Medicine, Stanford, CA

Lisa Chamberlain, MD, MPH
Associate Professor of Pediatrics
Stanford University
School of Medicine, Stanford, CA

Henry G. Chambers, MD
Professor of Orthopedic Surgery
University of California, San Diego
Rady Children's Hospital

Kara Chien, JD
Managing Attorney,
Mental Health Unit
Office of the Public Defender
of San Francisco

Jennifer A. Dresen, MSW, MPH
Director, Center for Health &
Wellness
The Arc San Francisco

Paul Glassman, DDS, MA, MBA
Professor of Dental Practice;
Director of Community Oral Health;
Director of the Pacific Center for
Special Care
University of the Pacific
School of Dentistry,
San Francisco, CA

Finn V. Gratton, LMFT, LPCC
Psychotherapist, Trainer, and
Consultant
Santa Cruz, CA

GUEST FACULTY (CONT'D)

Lynn Kern Koegel, PhD, CCC-SLP
Professor of Psychiatry and
Behavioral Science
Stanford University
School of Medicine, Stanford, CA

Robert Koegel, PhD
Senior Researcher,
Stanford Autism Program
Stanford University
School of Medicine, Stanford, CA
Co-founder, Koegel Autism Center

Yvonne (Bonnie) Maldonado, MD
Professor of Pediatrics (Infectious
Diseases) and
Health Research and Policy;
Director, Global Child Health
Program
Stanford University, Stanford CA

Meghan Miller, PhD
Assistant Professor
Department of Psychiatry
& Behavioral Sciences and
MIND Institute
University of California, Davis

Susan P. Mizner, BA, JD
Disability Counsel,
American Civil Liberties
Union (ACLU),
San Francisco, CA

Helen Phung, PT, BS
PT Supervisor,
CCS San Mateo County, CA

Dora M. Raymaker, PhD
Assistant Research Professor,
Regional Research Institute,
Portland State University;
Co-Director, Academic Autism
Spectrum Partnership in Research
and Education, Portland, OR

Joanne Rolle, MA
Chief of Services
The Arc San Francisco

Sherri Sager, MPA
Chief Government and Community
Relations Officer
Lucile Packard Children's Hospital,
Stanford, CA

GUEST FACULTY (CONT'D)

Patty Walsh, OTR/L, MS
Chief Therapist, CCS San Mateo
County, CA

Amy Westling, MPA
Executive Director, Association of
Regional Center Agencies,
Sacramento, CA

Marshalyne Yeargin-Allsopp, MD
Medical Epidemiologist & Chief,
Developmental Disabilities Branch,
Centers for Disease Control and
Prevention, Atlanta, GA

UCSF FACULTY

Clarissa C. Kripke, MD, FAAFP
Professor of Family and
Community Medicine;
Director, Office of Developmental
Primary Care,
Department of Family and
Community Medicine

Erica Monasterio, MN, FNP-BC
Clinical Professor;
Director, Family Nurse Practitioner
Program, Family Health Care
Nursing

Michael S. Policar, MD, MPH
Professor of Obstetrics, Gynecology
and Reproductive Sciences,
UCSF School of Medicine

Yvonne Wu, MD, MPH
Professor of Neurology
and Pediatrics,
UCSF School of Medicine

faculty

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **15.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

Licensed Clinical Social Workers and Marriage & Family Therapists

University of California, San Francisco School of Medicine is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for psychologists, licensed clinical social workers, and licensed professional clinical counselors. UCSF maintains responsibility for this program/course and its content.

Course meets the qualifications for **15.50** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Nursing

For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Physician Assistants

AAPA accepts category 1 credit from AOACCMCE, Prescribed credit from AAFP, and **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME.

Psychology

This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.



0569

**Office of Continuing
Medical Education**
3333 California Street
Suite 450
San Francisco, CA
94143-0742

♻️ Printed on Recycled Paper

Photos courtesy of Support for Families and The Arc San Francisco

REGISTER TODAY!

For early-bird registration, visit our website at cme.ucsf.edu or call (415) 476-5808. For more information, contact the UCSF Office of Continuing Medical Education at info@ocme.ucsf.edu or call (415) 476-4251.

GENERAL INFORMATION

Pre-registration is preferred to ensure that there are adequate course materials.

How to Enroll

- Tuition:** **\$450** Practicing Physicians (\$550 if postmarked after 1/31/18)
- \$325** Nurses and other Health Professionals (\$400 after 1/31/18)
- \$100** Community Members (no CE/CME credit)
- \$16** Optional Day Parking Voucher at Laurel Heights Campus

* All registrants will receive a printed syllabus when they check in to the conference.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808

ON-SITE REGISTRATION

Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information on the course: cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

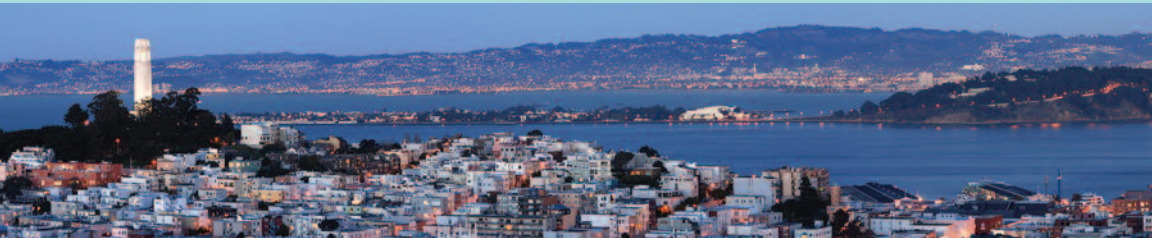
ACCOMMODATIONS

The Laurel Inn, 444 Presidio Avenue (located across the street from the conference center)
Conference Rate: **\$269** per night for a Presidio or City View Room.

Cut-off date: February 5, 2018 **or as soon as room block fills.**

Reservations: Telephone 800-552-8735 or 415-567-8467. When placing reservations by phone with the hotel, please mention that you will be attending the UCSF Developmental Disabilities Conference to receive the special rate.

general info



17th Annual Developmental Disabilities: An Update for Health Professionals

MOC18001

March 8-9, 2018
UCSF Laurel Heights Conference Center
San Francisco, California

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Register online: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs.

Last Name	First	M.I.
Degree	Specialty	
Address		
City	State	Zip
Daytime Phone	Fax	
Email		

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- \$450** Practicing Physicians (**\$550** if postmarked after 1/31/18)
- \$325** Nurses and other Health Professionals (**\$400** after 1/31/18)
- \$100** Community Members (no CE/CME credit)
- \$16** March 8th Day Parking Voucher (optional)
- \$16** March 9th Day Parking Voucher (optional)

Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard American Express for \$ _____

Card # _____ Expiration date _____

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: cme.ucsf.edu

UCSF Laurel Heights Conference Center
3333 California Street@Walnut
San Francisco, CA 94118

PARKING

Limited parking is available at the Laurel Heights Conference Center for \$16/day on Thursday/Friday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, and 43).

