Changing patterns of medical practice are placing greater emphasis on ambulatory medicine. Greater emphasis is being placed on office-based preventive medicine, reduction of cardiovascular risk factors, care of elderly patients, issues in women’s health, application of behavioral medicine skills to ambulatory medical patients and the rational use of diagnostic tests and new medications.

This course is designed for practicing internists, family practitioners, and other primary care health professionals. This course will present a comprehensive review of new developments in outpatient medicine. Special attention will be paid to the day-to-day controversies of office practice, emphasizing preventive medicine, diagnosis and treatment of common disorders, and issues in women’s health.

This course is presented by the Division of General Internal Medicine, Department of Medicine, and is sponsored by the University of California, San Francisco School of Medicine.

**COURSE OBJECTIVES**

An attendee completing this course should be able to describe:

- Evidence-based approaches to office-based preventive medicine including cancer screening, genetic testing, and prevention of stroke and coronary artery disease;

- New developments in the diagnosis and treatment of common disorders such as high blood cholesterol, diabetes, depression, anxiety, abnormalities of liver enzymes, hepatitis B and hepatitis C, cirrhosis, obesity, headache, and osteoporosis;

- New approaches to issues in women’s health such as cervical cancer, hormone replacement, menopause, and amenorrhea;

- The use of diet therapy, exercise and nutritional supplements for prevention and treatment of chronic medical illness;

- The importance of new and emerging infectious diseases including influenza, SARS, West Nile Virus, and resistant bacterial infections;

- Ten major articles in the last year that have changed the way we practice medicine;

- How to find the best clinical evidence and evaluate its quality.

**ACCREDITATION**

The University of California, San Francisco (UCSF) School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. UCSF designates this educational activity for a maximum of 18 AMA PRA Category 1 Credit(s)™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians (AAFP) Determination of credit is pending.

Geriatric Medicine: The approved credits shown above include 8.75 credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine for internists and family practice physicians licensed in California to complete 20% of their ongoing mandatory continuing medical education if their practice is comprised of a patient population of which 25% is aged 65 years or older.

Pain Management and End-of-Life Care: The approved credits shown above include 1 credit toward meeting the requirement under California Assembly Bill 487, Pain Management and End-of-Life Care for physicians licensed in California (except radiologists and pathologists) to complete 12 hours of continuing medical education in pain management and/or end-of-life care by December 31, 2006.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

The California State Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved by the AMA for category 1 credit. Pharmacists licensed in states other than California should inquire with those State Boards for specific continuing education policies.
## Course Schedule

### SUNDAY, April 2, 2006

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 pm</td>
<td>Registration</td>
</tr>
<tr>
<td>5:00</td>
<td>Welcome</td>
</tr>
<tr>
<td></td>
<td>Robert B. Baron, MD, MS, Course Chair</td>
</tr>
<tr>
<td>5:00</td>
<td>Cancer Screening 2006: Setting Evidence-Based Priorities</td>
</tr>
<tr>
<td></td>
<td>Judith M. E. Walsh, MD, MPH</td>
</tr>
<tr>
<td>6:00</td>
<td>Cervical Cancer Screening: How Did This Get So Complicated?</td>
</tr>
<tr>
<td></td>
<td>George F. Sawaya, MD</td>
</tr>
<tr>
<td>7:00</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

### MONDAY, April 3, 2006

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>7:00</td>
<td>Prevention and Treatment of Emerging Illnesses</td>
</tr>
<tr>
<td></td>
<td>Jeffrey Kohlwes, MD, MPH</td>
</tr>
<tr>
<td>7:55</td>
<td>Hepatitis B: Diagnosis, Treatment and Prevention</td>
</tr>
<tr>
<td></td>
<td>Teresa L. Wright, MD</td>
</tr>
<tr>
<td>8:50</td>
<td>Break</td>
</tr>
<tr>
<td>9:10</td>
<td>Prevention and Treatment of Osteoporotic Fractures</td>
</tr>
<tr>
<td></td>
<td>Judith M. E. Walsh, MD, MPH</td>
</tr>
<tr>
<td>10:05</td>
<td>Abnormal Uterine Bleeding: You Will Never Be Confused Again</td>
</tr>
<tr>
<td></td>
<td>George F. Sawaya, MD</td>
</tr>
<tr>
<td>11:00</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

### TUESDAY, April 4, 2006

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>7:00</td>
<td>Prevention and Treatment of Emerging Illnesses</td>
</tr>
<tr>
<td></td>
<td>Jeffrey Kohlwes, MD, MPH</td>
</tr>
<tr>
<td>7:55</td>
<td>Hepatitis B: Diagnosis, Treatment and Prevention</td>
</tr>
<tr>
<td></td>
<td>Teresa L. Wright, MD</td>
</tr>
<tr>
<td>8:50</td>
<td>Break</td>
</tr>
<tr>
<td>9:10</td>
<td>Prevention and Treatment of Osteoporotic Fractures</td>
</tr>
<tr>
<td></td>
<td>Judith M. E. Walsh, MD, MPH</td>
</tr>
<tr>
<td>10:05</td>
<td>Abnormal Uterine Bleeding: You Will Never Be Confused Again</td>
</tr>
<tr>
<td></td>
<td>George F. Sawaya, MD</td>
</tr>
<tr>
<td>11:00</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

### WEDNESDAY, April 5, 2006

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00</td>
<td>New Developments in Clinical Nutrition</td>
</tr>
<tr>
<td></td>
<td>Robert B. Baron, MD, MS</td>
</tr>
<tr>
<td>7:00</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

### REGISTRATION

- **Date:** Sunday, April 2, 2006 at 3:00 pm
- **Location:** Hapuna Beach Prince Hotel, 62-100 Kauna’oa Dr. Kamuela, Big Island, HI 96743 808/880-1111
- **Course Fee:** $715 physicians; $565 allied health professionals, interns and residents. Registration fee includes admission to educational lectures, course syllabus, and daily continental breakfast

▲ Satisfies California requirement for Pain and End-of-Life CME
○ Satisfies the California requirement for Geriatric CME
THURSDAY, April 6, 2006

Moderator
Judith M. E. Walsh, MD, MPH

6:30-7:00am Continental Breakfast

7:00 Diabetes Management 2006: Integrating New Medicines and New Devices
Robert Baron, MD MS

7:55 Clinical Dilemmas in Liver Disease
Teresa L. Wright, MD

8:50 Break

9:10 Hormone Therapy: Myths, Updates and Alternatives
Judith M. E. Walsh, MD

10:05 Modern Management of Headache
Mary S. Beattie, MD, MAS

11:00 Adjourn

FRIDAY, April 7, 2006

Moderator
Mary S. Beattie, MD, MAS

6:30-7:00am Continental Breakfast

7:00 am Current Strategies for Common Psychiatric Problems
Mary S. Beattie, MD, MAS

8:00 Primary Care 2006: Year in Review
Jeffrey Kohlwes, MD, MPH

9:00 Closing Address
Best Evidence: How to Find It, How to Evaluate It
George F. Sawaya MD

10:00 Adjourn

COURSE CHAIR

Robert B. Baron, MD, MS Professor of Medicine; Associate Dean for Graduate and Continuing Medical Education

COURSE FACULTY

University of California San Francisco

Mary S. Beattie, MD, MAS Associate Professor of Medicine, Division of General Internal Medicine

Jeffrey Kohlwes, MD, MPH Associate Professor of Medicine; Director, PRIME Program, Veterans Affairs Medical Center, San Francisco

George F. Sawaya, MD Associate Professor of Obstetrics, Gynecology and Reproductive Sciences, and Epidemiology & Biostatistics

Judith M. E. Walsh, MD, MPH Associate Professor of Medicine; Division of General Internal Medicine, Women's Health Clinical Research Center

Teresa L. Wright, MD Professor of Medicine; Chief, Division of Gastroenterology, Veterans Affairs Medical Center, San Francisco

FAST, EASY, EFFICIENT!

Register online at: www.cme.ucsf.edu
**ACCOMMODATIONS**

Situated along the Big Island’s Kohala Coast, the Mauna Kea Resort features the Mauna Kea Beach Hotel and the newer Hapuna Beach Prince Hotel. For more details, visit www.princeresortshawaii.com.

A block of guestrooms has been reserved at the Hapuna Beach Prince Hotel and the neighboring Mauna Kea Beach Hotel at the following discounted rates:

- Hapuna Beach Terrace View: $205
- Hapuna Beach Partial Ocean: $215
- Hapuna Beach Ocean View: $230
- Hapuna Beach Premium Ocean: $250
- Hapuna Beach Ocean Front: $275

A limited number of rooms are also available at the Mauna Kea Hotel. Inquire with the reservations department.

Rates are per room, per night, single/double, and subject to 11.416% occupancy tax; simply call 866/774-6236, or fax 808/944-4491 and identify yourself as a member of UCSF Primary Care Medicine to receive the special rates. **Reservations must be received by May 28, 2006**, to guarantee availability of accommodations; after this date, rooms will be provided on a space-available basis.

**By staying at the host hotel, you help the University of California meet its contractual obligations and keep future registration fees reasonable. Please take this into consideration when making your accommodation decisions.**

---

**RENTAL CAR**

Hertz is offering special rates for participants of this conference; simply go online to www.hertz.com or call 800/654-2240 or call your travel agent. Refer to the identification number CV03BW0041. Advance reservations are recommended.

---

**AIR TRANSPORTATION**

Special arrangements have been made with Montgomery Travel; simply call 800/391-2287, or complete the form on the UCSF web page at www.montgomerytravel.com. In addition to offering lower rates than the published airfares, ticketed passengers may take advantage of the 24-hour emergency service. There is a $35 service fee. Due to the popularity of this holiday destination, we encourage you to make your travel arrangements as soon as possible.

---

**REGISTRATION INFORMATION**

**Online Registration:** cme.ucsf.edu

Mail: UCSF Office of CME, P.O. Box 45368
San Francisco, CA 94145-0368
Fax: 415/502-1795
Registration: 415/476-5808
Course Information: 415/476-4251

---

**COURSE REGISTRATION**

Mail to: UCSF Office of CME, PO Box 45368, San Francisco, CA 94145-0368
Fax: 415/502-1795

Primary Care Medicine: Update 2006  April 2-7, 2006  MDM06M23

(Please Print) Last Name  First  M.I.  Degree

Street Address  Apt.No.  City  State  Zip Code

Daytime Phone  Email  Specialty

Would you like to be on our priority email list?  ☐ Yes  ☐ No

What is the one-letter code located to the right of the mailing address on the back of this form? ___

Month & Date of birth (to be used as OCME registrant number): ___/___/XX

**Registration Fee:** $715 physicians; $565 allied health professionals, interns and residents with accompanying status verification letter

Please indicate any special needs ______________________________

Please charge my  ☐ Visa  ☐ MasterCard or  ☐ American Express for $______.

☐ Check enclosed payable to UC Regents.

Card No.  Exp. Date

(Please Print) Name on Card  Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded less a $75 administrative fee. No refunds will be made on cancellations received after that date. To receive a refund, please return your registration receipt with a written request to OCME, UCSF Box 0742, San Francisco CA 94143-0742.
Upcoming CME Courses

- Diabetes Update and Advances in Endocrinology and Metabolism
  March 23-25, 2006, San Francisco
- Advances in Internal Medicine
  May 22-26, 2006, San Francisco
- Critical Care Medicine and Trauma
  June 8-10, 2006, San Francisco
- Pain Management and End-of-Life Care
  June 4-5, 2006
  November 16-17, 2006, San Francisco
- Essentials of Women’s Health
  July 2-7, 2006, Hawaii’s Big Island
- Internal Medicine Board Certification and Recertification Review
  July 16-20, 2006, San Francisco
- Essentials of Primary Care
  August 13-18, 2006, North Lake Tahoe, CA
- Primary Care Medicine: Principals and Practice
  October 25-27, 2006
- Controversies in Women’s Health
  December 7-8, 2006

For a listing of our courses, visit us online at www.cme.ucsf.edu or call 415/476-5808.
These programs are self-supporting and receive no state funding.