Minimally Invasive Aesthetic Surgery

Hilton San Francisco Financial District
San Francisco, California

COURSE CHAIRS
Roy C. Grekin, MD
Co-Director, Dermatologic Surgery and Laser Clinic
Clinical Professor, Dermatology
University of California, San Francisco

David W. Kim, MD
Assistant Professor of Otolaryngology; Director, Division of Facial Plastic and Reconstructive Surgery
University of California, San Francisco

Stuart R. Seiff, MD
Professor Emeritus and Recall, Department of Ophthalmology
University of California, San Francisco
With the growing public demand for aesthetic procedures with little recovery, we have seen the emergence of numerous new technologies and techniques in recent years. This trend has ushered in a paradigm shift from invasive interventions to minimally invasive procedures. Though the appeal of these procedures is obvious, these techniques may be ineffective or unsafe if performed incorrectly or applied to an unsuitable patient. Now in its sixth year, the goal of this course is to provide attendees with detailed understanding of the minimally invasive aesthetic techniques currently available. Emphasis will be placed on patient selection, technique, pitfalls, refinements, and alternatives. A distinguished multi-specialty faculty will provide lectures, video and panel discussion.

**TARGET AUDIENCE**
This course is intended for practicing plastic surgeons, facial plastic surgeons, dermatologists, dermatologic surgeons, ophthalmologists, nurses and aestheticians.

**EDUCATIONAL OBJECTIVES**
An attendee completing this course should be able to describe:

- Ablative techniques for skin rejuvenation
- Non-ablative techniques for skin rejuvenation
- Advances in hyperdynamic muscle therapy
- Indications and techniques for contemporary soft tissue fillers
- Range of surgical techniques available for forehead and periorbital rejuvenation
- Range of surgical techniques available for midface rejuvenation
- Range of surgical techniques available for lower face and neck rejuvenation

**ACCREDITATION**
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

UCSF designates this educational activity for a maximum of 16.25 AMA PRA Category 1 Credits™. Physician should only claim credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.

Physician Assistants: AAPA accepts category 1 credit from AOAC-CME. Prescribed credit from AAFP and AMA Category 1 Credit™ for the PRA for organizations accredited by the ACCME.
THURSDAY, MAY 17, 2007
11:00am-12:00pm Registration
12:00-12:10 Opening Remarks Roy Grekin, David Kim, Stuart Seiff
Non-ablative Skin Resurfacing, Session I • Moderator: Roy Grekin
12:10-12:30 Laser and Light-based Rejuvenation Roy Grekin
12:30-12:50 Non-ablative Rejuvenation Roy Grekin
12:50-1:10 Photo-dynamic Therapy Siegrid Yu
1:10-1:30 Treatment of Vascular Lesions Isaac Neuhaus
1:30-2:00 Considerations in Treating Asian Skin Siegrid Yu
2:00-2:30 Break
Ablative Skin Resurfacing, Session II • Moderator: Roy Grekin
2:30-3:00 Treatment of Pigmented Lesions Isaac Neuhaus
3:00-3:30 Fraxel Greg Morganroth
3:30-4:00 Deep Ablative Resurfacing Roy Grekin
4:30-5:00 Resurfacing Panel Discussion

FRIDAY, MAY 18, 2007
Filler and Injectables, Session I • Moderator: David Kim
7:00am Continental Breakfast
7:30-7:50 Assessment David Kim
7:50-8:20 Injectable Fillers Jonathan Sykes
8:20-8:30 Saline Facial Implants James Newman
8:30-8:50 Biologic Solid Implants David Kim
8:50-9:10 Alloplastic Solid Implants Corey Maas
9:10-9:30 Fat Injection Patrick Byrne
9:30-10:00 Break
Filler and Injectables, Session II • Moderator: Corey Maas
10:00-10:20 Lip Augmentation Patrick Byrne
10:20-10:40 Periorbital Augmentation Stuart Seiff
10:40-11:00 What’s New in Injectables Corey Maas
11:00-11:20 Botox Advance Patrick Byrne
11:20-11:40 Advanced Botox Applications Corey Maas
11:40-12:00pm Treatment of HIV Lipoatrophy Michael Chavez
12:00-12:30 Panel Discussion: Fillers and Injectables
12:30-2:00 Lunch on Your Own
Filler and Lower Face and Neck Session • Moderator: Jonathan Sykes
2:00-2:20 Anatomy and Pathophysiology David Kim
2:20-2:40 Traditional Facelift Jonathan Sykes
2:40-3:00 Limited Facelift Jonathan Sykes
3:00-3:20 Suture-Lifts James Newman
3:20-3:40 Feather / Thread Lift Corey Maas
3:40-4:00 Suture-cable Lift David Holck
4:00-4:10 Break
4:10-4:30 Neck David Kim
4:30-5:00 Panel Discussion: Lower Face and Neck
5:00-5:30 Marketing Minimally Invasive Procedures Catherine Maley

SATURDAY, MAY 19, 2007
Management of the Superior Periorbital Complex • Moderator: Stuart Seiff
7:00am Continental Breakfast
7:30-7:50 Functional and Aesthetic Assessment: Rona Silkiss
7:50-8:10 Management of the Brows and Stuart Seiff
7:50-8:10 Management of the Brows and Stuart Seiff
8:10-8:25 Transblepharoplasty Brow Pexy David Holck
Surgical Video
8:25-8:45 Current Status of the Endoscopic Brow Stuart Seiff
Lift: Surgical Video
The Lower Eyelid and Midface Continuum • Moderator: Rona Silkiss

10:00-10:20 Assessment of the Lower Eyelid and Midface Complex

10:20-10:40 Lower Blepharoplasty-Transconjuctival: Surgical Video

10:40-11:00 Lower Blepharoplasty-Transcutaneous Approach with Horizontal Shortening: Surgical Video

11:00-11:20 Midface Implants

11:20-12:00pm Midface Fixation Devices and the SOOF Lift: Surgical Videos

12:00-12:30 Panel Discussion: The Lower Eyelid and Midface Continuum

12:30 Course Adjourns
SIXTH
Minimally Invasive Aesthetic Surgery
May 17-19, 2007
Hilton Hotel Financial District
San Francisco, California

Mail to: UCSF Office of Continuing Medical Education
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San Francisco, CA 94145-0368
Fax: (415) 502-1795
Registration Information: (415) 476-5808
Course Information: (415) 476-4251
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Dr. Mr. Mrs. Ms. __________

Last Name First M.I.

Degree Specialty

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Would you like to be on our priority email list? Yes No

Would you like to be on our priority fax list? Yes No

Date of birth to be used as OCME registrant number: __ __ / __ __ / X X

Please indicate if you have any special needs:

Registration Fees* (receipt/Confirmation will be mailed within two to four weeks):

- $600 Physicians
- $500 Nurses/Pharmacist/Allied Health Professionals/Residents/Fellows

* On-site registration will be $55 additional.

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Reception

Please confirm below so we may plan for the appropriate number of people

- I will attend the reception (included in tuition) # of adults __________
- I will not attend

Make checks payable to UC Regents

Please charge my credit card: □ Visa □ MasterCard □ American Express for $ ________

Card # Expiration date

Name on Card (Please Print) Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date. Please check our website for up to date information on the course: www.cme.ucsf.edu

On-Site Registration

Date: Thursday, May 17, 2007
Time: 11:00am
Hilton San Francisco
Financial District
750 Kearny Street
San Francisco, CA 94108
415-433-6600
COURSE CO-CHAIRS
Roy C. Grekin, MD
Co-Director, Dermatologic Surgery and Laser Clinic; Clinical Professor, Dermatology, University of California San Francisco
David W. Kim, MD
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Stuart R. Seiff, MD
Emeritus Professor and Recall Department of Ophthalmology University of California San Francisco; Chief, Department of Ophthalmology
San Francisco General Hospital; Consultant, Oculofacial and Aesthetic Plastic Surgery
California Pacific Medical Center
Mills Peninsula Medical Center

GUEST FACULTY
Patrick J. Byrne, MD, FACS
Assistant Professor; Director, Facial Plastic and Reconstructive Surgery, Department of Otolaryngology - Head and Neck Surgery, Johns Hopkins University School of Medicine
David E. Holck, MD
Assistant Professor of Surgery, USUHS; Assistant Professor of Ophthalmology, UT, San Antonio, TX; Director, Oculoplastic, Reconstructive, Orbit, and Ocular Oncology Service, Department of Ophthalmology, Wilford Hall Medical Center
Catherine Malay, MBA
President and Senior Marketing Strategist of Cosmetic Image Marketing (CIM)
James P. Newman, MD
Adjunct Clinical Assistant Professor, Department of Otolaryngology - Head and Neck Surgery, Stanford University, Stanford, CA
Jonathan M. Sykes, MD, FACS
Professor, Department of Otolaryngology; Director, Division of Facial Plastic Surgery, University of California, Davis

UCSF FACULTY
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Corey Maas, MD
Associate Clinical Professor, Otolaryngology Head and Neck Surgery
Timothy McCulley, MD
Associate Clinical Professor of Ophthalmology
Gregory Morganroth, MD
Assistant Clinical Professor of Dermatology, Surgery Unit
Isaac Neuhaus, MD
Assistant Professor of Dermatology
Rona Z. Silkiss, MD
Associate Clinical Professor of Ophthalmology; Chief, Division of Ophthalmic Plastic and Reconstructive Surgery, California Pacific Medical Center; Lecturer, Jules Stein Eye Institute
Siegrid Yu, MD
Clinical Instructor of Dermatology

For more information or to register online visit our website at www.cme.ucsf.edu. You may also reach us by calling the Office of Continuing Medical Education at (415) 476-4251 or emailing info@ocme.ucsf.edu.