41st Annual

Advances in Internal Medicine

Featuring An Interactive Audience Response System

COURSE CHAIR
H. Quinny Cheng, MD
Professor of Medicine
University of California, San Francisco

This course does not receive support from the medical devices or pharmaceuticals industry.
Now in its 41st year, this course reviews the most recent developments and current controversies in the field of internal medicine. Particular emphasis will be placed on topics of clinical relevance to the practicing physician. The course will include:

**Didactic Lectures** – Clinically active faculty from the Department of Medicine will emphasize recent clinical advances.

**Year-in-Review Literature Reviews** – Faculty will review major articles from the general medical specialty literature with immediate importance to clinical practice.

**Clinical Dilemmas** – In addition to case presentations to illustrate current management strategies, a special session on clinical problem-solving will be included.

**Questions and Answers** – Ample time will be provided for specific questions and discussions of problems commonly encountered by course participants.

**Internal Medicine Topics** – Areas to be covered include cardiology, hematology and oncology, general internal medicine, pulmonary and critical care, gastroenterology, infectious diseases, endocrinology, and rheumatology.

**Multidisciplinary Topics** – Additional topics of interest to the practicing internist will include issues in women’s health, geriatrics, emergency & hospital medicine and neurology.

The purpose of this course is to increase competence and improve clinician practice in internal medicine. We specifically anticipate improvements in skills and strategies to:

- Apply new knowledge to better manage commonly encountered medical problems such as hypertension, diabetes, obesity, skin & soft tissue infections, allergy, and obstructive lung disease;
- Bring their practice patterns more in alignment with current evidence and guidelines with respect to heart failure management, treating sexually transmitted infections, colon cancer screening, and preoperative medical evaluation;
- Improve competence in the management of common problems traditionally treated by specialists, such as stroke, HIV disease, end-of-life care, chronic hepatitis, celiac sprue, rheumatologic disorders, as well as recognize the indications for referral to a subspecialist.
- Apply the major recent advances in the fields of primary care, cardiology, geriatrics, hospital medicine, rheumatology, and pulmonary medicine.

Advances in Internal Medicine is presented by the Department of Medicine and is sponsored by the Office of Continuing Medical Education of the University of California, San Francisco School of Medicine.
COURSE FACULTY

(All UCSF unless indicated)

H. Quinny Cheng, MD
Professor of Medicine

Sarah Kim, MD
Assistant Clinical Professor of Medicine, Division of Endocrinology and Metabolism
San Francisco General Hospital

Donald I. Abrams, MD
Professor of Medicine
Program Member, UCSF Comprehensive Cancer Center
Director, Integrative Oncology Research Program, Osher Center

Jeffrey Kohlwees, MD, MPH
Associate Professor of Medicine
Director, VAMC PRIME Program
Associate Program Director Internal Medicine Residency

Robert B. Baron, MD, MS
Professor of Medicine
Associate Dean for Graduate and Continuing Medical Education
Vice Chief, Division of General Internal Medicine

Lauren L. Koh, MD
Associate Professor of Medicine
Division of Pulmonary and Critical Care Medicine

Stephanie Cohen, MD
Assistant Professor of Medicine

Jennifer C. Lai, MD, MBA
Assistant Professor of Medicine
Department of Hepatology and Liver Transplant

Vanja C. Douglas, MD
Assistant Professor of Neurology

Stephen C. Lazarus, MD
Professor of Medicine
Director, Training Program in Pulmonary & Critical Care Medicine; Associate Director, Adult Pulmonary Laboratory

Katherine Eubanks, MD
Associate Professor of Medicine
Division of Geriatric Medicine
Medical Director, ACE Unit
San Francisco VA Medical Center

Catherine Liu, MD
Assistant Professor of Medicine
Division of Infectious Diseases

Lynn Flint, MD
Clinical Instructor in Medicine
Division of Geriatrics

Christian Mathy, MD
Assistant Professor of Medicine
Division of Gastroenterology

Monica Gandhi, MD, MPH
Associate Professor of Medicine, Divisions of HIV/AIDS and Infectious Disease; Director, AIDS Consult Service, SFGH

Michelle E. Melisko, MD
Associate Professor of Medicine
Division of Hematology and Oncology

Ralph Gonzales, MD, MSPH
Associate Professor of Medicine
Epidemiology and Biostatistics
Associate Director, Clinical and Translational Sciences
Career Development Program

Michelle M. Milic, MD, FCCP
Assistant Professor of Medicine
Division of Pulmonary and Critical Care Medicine

Jonathan Graf, MD
Assistant Professor of Medicine

Michelle M. Milic, MD
Assistant Professor of Medicine
Division of Pulmonary and Critical Care Medicine

Katherine E. Gundling, MD
Associate Professor of Allergy and Immunology

Christopher Moriates, MD
Assistant Professor of Medicine

Chanda Ho, MD
Assistant Professor of Medicine
Division of Gastroenterology

Division of Infectious Diseases; Director Internal Medicine Residency Training Program

Lisa G. Winston, MD
Associate Professor; Professor of Clinical Medicine
Chief, Division of Endocrinology
San Francisco General Hospital

Richard Jacobs, MD, PhD
Clinical Professor of Medicine
Emeritus

Umesh Masharani, MB, BS, MRCP
Professor of Medicine

S. Andrew Josephson, MD
Associate Professor of Neurology
Director, Neurohospitalist Program

Elizabeth J. Murphy, MD, DPhil
Professor of Clinical Medicine
Chief, Division of Endocrinology
San Francisco General Hospital

Sam H. James, MD
Professor of Nephrology
Medical Director, San Francisco General Hospital Dialysis Center

Eliseo J. Perez-Stable, MD
Professor of Medicine
Chief, Division of General Internal Medicine; Director, Medical Effectiveness Research Center for Diverse Populations

Sam H. James, MD
Professor of Medicine
Medical Director, San Francisco General Hospital Dialysis Center

Theresa A. Ports, MD
Professor of Medicine
Chief, Interventional Cardiology

Leah Karliner, MD, MAS
Assistant Professor of Medicine
of and Medical Effectiveness Research Center for Diverse Populations, UCSF Helen Diller Family Comprehensive Cancer Center

Atif N. Qasim, MD, MSCE
Assistant Professor of Medicine
Division of Cardiology

Michael W. Rabow, MD
Associate Professor of Medicine
Division of General Internal Medicine; Director, Symptom Management Service, UCSF Helen Diller Family Comprehensive Cancer Care Center

Hope Rugo, MD
Professor of Medicine
Director, Breast Oncology and Clinical Trial Education

Eric J. Seeley, MD
Assistant Professor of Medicine
Division of Pulmonary Medicine

Bradley A. Sharpe, MD
Associate Professor of Medicine
Division of Hospital Medicine
Associate Chief, Medical Service Associate Program Director Internal Medicine Residency Program

Amandeep Shergill, MD
Assistant Professor of Medicine
Division of Gastroenterology

Jeffrey A. Tabas, MD
Professor of Emergency Medicine
Director, Outcomes and Innovations, Office of Continuing Medical Education

John R. Teerlink, MD, FACC
Professor of Medicine
Division of Cardiology
Director of the Heart Failure Program and Clinical Echocardiography Laboratory
San Francisco VA Medical Center

Judith M.E. Walsh, MD, MPH
Professor of Medicine, Women's Health Clinical Research Center

Eric Widera, MD
Assistant Professor of Medicine; Director, Hospice & Palliative Care
San Francisco VA Medical Center

Lisa G. Winston, MD
Associate Professor
Division of Infectious Diseases
Vice Chief, Inpatient Medical Services and Hospital Epidemiologist, San Francisco General Hospital

Yerem Yeghiiazarians, MD, FACC
Associate Professor of Medicine
Leone-Perrins Family Endowed Chair in Cardiology and Interventional Cardiology
Director, Translational Cardiac Stem Cell Program
Director, Peripheral Interventional Cardiology Program
Co-Director, UCSF Cardiac Catheterization Laboratory
Cardiovascular Research Institute Eli and Edythe Broad Center of Regeneration Medicine and Stem Cell Research
Monday • May 20 and June 24

7:00 am  Registration and Continental Breakfast
8:00  Welcome  H. Quinny Cheng, MD

CARDIOLOGY • Moderator: Thomas A. Ports, MD
8:10  Update on Heart Failure  John R. Teerlink, MD, FACC
9:00  What's New in Interventional Cardiology  Yerem Yeghiazarians, MD, FACC
9:50  Break
10:10  Choosing the Right Cardiac Test  Atif N.Qasim, MD, MSCE
11:00  KEYNOTE: High Value Healthcare  Christopher Moriates, MD
11:50  Lunch on Own

GERIATRICS • Moderator: Eric Widera, MD
1:20 pm  G Update in Geriatrics  Katherine Eubanks, MD
2:20  G Palliative Care: Year in Review  Lynn Flint, MD
2:50  Break

ENDOCRINOLOGY • Moderator: Umesh Masharani, MB, BS, MRCP
3:10  Medical Nutrition Therapy for Diabetes  Sarah Kim, MD
4:00  Evaluation & Management of Low TSH  Elizabeth J. Murphy, MD, DPhil
4:50 pm  Adjourn

Tuesday • May 21 and June 25

7:30 am  Continental Breakfast

GENERAL INTERNAL MEDICINE • Moderator: Robert B. Baron, MD, MS
8:00  Current Strategies in Hypertension: Getting Ready for JNC 8  Eliseo J. Perez-Stable, MD
8:50  Evidence-Based Management of Acute Respiratory Tract Infections  Ralph Gonzales, MD, MSPH
9:40  Break
10:00  Hot Topics in Obesity  Robert B. Baron, MD, MS
10:50  Advances in Primary Care Medicine: Year in Review  Jeffrey Kohlwes, MD, MPH
11:40  Lunch on Own

WOMEN'S HEALTH • Moderator: Robert B. Baron, MD, MS
1:10 pm  Breast Cancer: Key Issues for the Non-Oncologist  Leah Karliner, MD, MAS
2:00  Review  Judith M.E. Walsh, MD, MPH
2:50  Break
3:10  Update in Perioperative Medicine  H. Quinny Cheng, MD
4:00  Update in Hospital Medicine  Bradley A. Sharpe, MD
4:50 pm  Adjourn

G - Satisfies the California requirement for Geriatric CME
Wednesday • May 22 and June 26

7:30 am  Continental Breakfast

INFECTION DISEASES  •  Moderator: Lisa G. Winston, MD

8:00  Vaccinations for Adults and Adolescents  Lisa G. Winston, MD
8:50  Update on Sexually Transmitted Disease  Stephanie Cohen, MD
9:40  Break
10:00  HIV for the Primary Care Provider  Annie Leutkemeyer, MD (May); Monica Gandhi, MD, MPH (June)
10:50  Current Approach to Skin & Soft Tissue Infections  Catherine Liu, MD (May); Richard Jacobs, MD, PhD (June)

11:40  Lunch on Own
1:10 pm  Clinical Problem-Solving Session  Harry Hollander, MD

GASTROENTEROLOGY  •  Moderator: Christian Mathy, MD

2:00  Colorectal Cancer: Screening & Surveillance  Chanda Ho, MD
2:50  Break
3:10  Update in Hepatitis B & C  Jennifer C. Lai, MD, MBA
4:00  Celiac Sprue & Gluten Sensitivity  Amandeep Shergill, MD
4:50 pm  Adjourn

Thursday • May 23 and June 27

7:30 am  Continental Breakfast

HEMATOLOGY AND ONCOLOGY  •  Moderator: Hope Rugo, MD

8:00  Cancer Survivorship; Follow-up Guidelines and Symptom Management  Michelle E. Melisko, MD
8:50  Concurrent Care: the New Paradigm of Palliative & Oncologic Care  Michael W. Rabow, MD (May); Tom Reid, MD (June)
9:40  Break
10:00  Integrative Cancer Care: Rationale Use of Natural Supplements  Donald I. Abrams, MD
10:50  Recent Advances in Nephrology  Sam James, MD (May); Jeffrey A. Tabas, MD (June)
11:40  Lunch on Own

NEUROLOGY  •  Moderator: S. Andrew Josephson, MD

1:10 pm  Management of Common Neurologic Disorders  Vanja C. Douglas, MD
2:00  2013 Update on Diagnosis and Treatment of Stroke  S. Andrew Josephson, MD
2:50  Break

RHEUMATOLOGY  •  Moderator: Jonathan Graf, MD

3:10  Laboratory Testing in Rheumatology: Update & Review  Jonathan Graf, MD
4:00  Modern Management of Common Problems in Rheumatology  Jonathan Graf, MD
4:50 pm  Adjourn

Friday • May 24 and June 28

7:30 am  Continental Breakfast

PULMONARY AND CRITICAL CARE  •  Moderator: Michelle M. Milic, MD, FCCP

8:00  Update on Asthma & COPD  Stephen C. Lazarus, MD
8:50  Sarcoidosis: Review & Update  Laura L. Koth, MD
9:40  Break
10:00  Updates in Critical Care for the Internist  Eric J. Seeley, MD
10:50  Clinical Pearls in Allergy & Immunology  Katherine E. Gundling, MD
11:40 am  Adjourn

G  •  Satisfies the California requirement for Geriatric CME
ACCREDITATION

Physicians: The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 30.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include 1.50 geriatric credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine

Nursing: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA category 1 credit for the PRA for organizations accredited by the ACCME.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

GENERAL INFORMATION

Pre-registration is preferred to ensure that attendees receive a syllabus at the course.

REGISTRATION INFORMATION

Tuition: $880 Practicing Physicians
$680 Allied Health Professionals/ Residents/Fellows

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: www.cme.ucsf.edu
Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

The May Session of this conference will take place at the Renaissance Stanford Court Hotel, located atop Nob Hill and within walking distance of Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of $159.00. You are urged to make your reservations early. The cut off date is April 28, 2013, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make your reservation, call (800) 468-3571 or go online at www.stanfordcourt.com and use the group code uucuuca to identify yourself as a member of this UCSF conference to receive the special rate.

The June Session is being held at Cole Hall on the UCSF Parnassus Campus at 513 Parnassus Avenue. A small block of rooms has been reserved at the Stanyan Park Hotel at 750 Stanyan Street (cross street: Waller). The Stanyan Park Hotel is offering a special conference rate of $155.00 per night. Rooms must be reserved by May 23, 2013 to receive the special rate. Additional upgraded room rates are available. To make your reservation, call 415-751-1000 and identify yourself as a member of this UCSF conference to receive the special rate.

CONFERENCE LOCATION (CONT’D)

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

For Air Transportation, Rental Car, Parking, or UCSF Shuttle information, please visit our website for complete details.
Critical Care Medicine and Trauma  
May 30-June 1, 2013  
San Francisco, CA  

Essentials of Women’s Health:  
An Integrated Approach to Primary  
Care and Office Gynecology  
June 30-July 5, 2013  
Big Island, HI  

Internal Medicine Board Certification  
and Recertification Review  
July 7-11, 2013  
San Francisco, CA  

Essentials of Primary Care: A Core  
Curriculum for Ambulatory Practice  
August 4-9, 2013  
North Lake Tahoe, CA  

Primary Care Medicine: Principles  
and Practices  
October 30-November 1, 2013  
San Francisco, CA  

Management of the Hospitalized Patient  
October 31-November 2, 2013  
San Francisco, CA  

Primary Care Sports Medicine  
December 6-7, 2013  
San Francisco, CA  

Controversies in Women’s Health  
December 12-13, 2013  
San Francisco, CA
41ST ANNUAL ADVANCES IN INTERNAL MEDICINE

May 20-24, 2013
Renaissance Stanford Court Hotel, San Francisco
MDM13M19

June 24-28, 2013
University of California, San Francisco
Cole Hall, Parnassus Campus
MDM13M20

Mail to: UCSF Office of CME
P.O. Box 45968
San Francisco, CA 94145-0368
Fax: (415) 502-1795

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name
First
M.I.

Degree
Specialty

Address

City
State
Zip

Daytime Phone
Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.) ____________________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ______/_____/XX

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

☐ $880 Practicing Physicians
☐ $680 Allied Health Professionals/Residents/Fellows/Nurses

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Course (Select One):

☐ May 20-24, 2013 MDM13M19 – Renaissance Stanford Court Hotel • San Francisco, CA
☐ June 24-28, 2013 MDM13M20 – UCSF Cole Hall, Parnassus Campus • San Francisco, CA

Make checks payable to UC Regents

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ _______________________

| Card # | Expiration date
|--------|-------------------|

Name on Card (Please Print) __________________________

Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: www.cme.ucsf.edu

Date of birth to be used as OCME registrant number: ______/_____/XX

Registration Fees

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number:

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

☐ $880 Practicing Physicians
☐ $680 Allied Health Professionals/Residents/Fellows/Nurses

Physicians in training must include a letter of verification from training program with registration to qualify for reduced tuition fee.

Course (Select One):

☐ May 20-24, 2013 MDM13M19 – Renaissance Stanford Court Hotel • San Francisco, CA
☐ June 24-28, 2013 MDM13M20 – UCSF Cole Hall, Parnassus Campus • San Francisco, CA

Make checks payable to UC Regents

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ _______________________

| Card # | Expiration date
|--------|-------------------|

Name on Card (Please Print) __________________________

Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: www.cme.ucsf.edu