30th Annual Symposium

Cardiology

FOR THE PRACTITIONER

October 21-23, 2013

Yosemite National Park
Yosemite, California

Special Reduced Hotel Rates:
- Yosemite Lodge $227/night
- Ahwahnee Hotel $434/night Weekday Rate
  $483/night Friday-Saturday

PROGRAM DIRECTOR
PRAKASH C. DEEDWANIA, MD, FACC

HOTEL REGISTRATION DEADLINE:
September 3, 2013

REGISTER EARLY • SPACE IS LIMITED
Yosemite National Park will be the site for the 30th annual course, “Cardiology for the Practitioner.” This three-day symposium is an intensive course designed for internists, primary care physicians, family practitioners, cardiologists, and other health care providers who encounter patients with various heart diseases. Recent advances in pathophysiology, treatment, and clinical relevance of common cardiovascular disorders will be presented. Emphasis will be placed on the frequently encountered clinical problems in cardiac patients by primary care physicians.

There will be state-of-the-art and comprehensive reviews on coronary risk factors, hypertension, hyperlipidemia, coronary artery disease, acute and chronic ischemic syndromes, heart disease in women and pregnancy, syncope, atrial fibrillation, aortic valve disease, and heart failure. Special focus will be placed on review of traditional and emerging cardiac risk factors highlighting primary and secondary prevention strategies. In addition, we will discuss updates and critical review of newer diagnostic imaging modalities, use of newer therapeutic strategies based on recent clinical trials, and emerging interventional strategies. Lastly, topics will be discussed pertaining to reviews on recent clinical trials and practice guidelines in the management of hypertension, dyslipidemia, stable and unstable angina, atrial fibrillation, heart failure, and heart disease in pregnancy.

This year's program will be devoted to topics of clinical relevance in practice and will include special emphasis on cost-effective, office-based evaluation of common symptoms as well as typical cardiac conditions. The topics and speakers will pay special attention to the clinical problems frequently encountered by the primary care physician in his/her practice. Special features of the program will include a workshop on ECG interpretation and cardiac auscultation. Throughout this course, efforts will be made to provide the clinician with practical knowledge required for the management of cardiac patients utilizing a selection of evidence-based, cost-effective therapies in the current climate of cost-containment in health care.
Upon completion of this course, the attendees will be better able to:

- Identify the chest pain evaluation and need for pre-discharge stress or imaging studies;
- Recognize the latest advances in the management of patients with acute coronary syndromes;
- Understand the appropriateness of immediate coronary intervention in high risk CAD and diabetic patients;
- Identify new and emerging risk factors for CVD and the role of diet and nutrition;
- Apply the newer treatment modalities for patients with stable ischemic heart disease, left ventricular function, and the need for newer therapies;
- Manage treatment modalities including various imaging techniques for evaluation of CHD;
- Apply the newer treatment modalities for patients with chronic ischemic syndromes;
- Apply guideline based therapy for hypertension;
- Evaluate and manage patients with systolic and diastolic heart failure;
- Evaluate patients with tricuspid valvular heart disease;
- Apply cardiovascular risk reduction strategies in clinical practice;
- Apply management strategies for heart disease in women and pregnancy;
- Evaluate and manage patients with dizziness and syncope;
- Identify signs of stress cardiomyopathy and Takotsubo syndrome;
- Identify residual risk despite statin therapy in patients with CHD;
- Apply various treatment strategies with statins in asymptomatic patients;
- Better understand various cardiac sounds and murmurs and related disorders;
- Preoperatively evaluate cardiac patients for non-cardiac surgery;
- Communicate the emerging role of genetic evaluation in patients with heart disease;
- Appropriately administer diagnostic tests/ interventions in patients with CVD;
- Improve reading skills in electrocardiography and identify common EKG abnormalities.

CONFERENCE LOCATION

The conference is located at Yosemite Lodge in Yosemite National Park, one of the most beautiful wilderness parks in the United States best known for its waterfalls. Within its nearly 1,200 square miles, you can find deep valleys, grand meadows, ancient giant sequoias, a vast wilderness area, and much more. There are four entrance options to Yosemite National Park: California 120 from Manteca, 140 from Merced; 41 from Fresno; and the Tioga Pass Trans Sierra Road connecting with Highway 395.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the Ahwahnee Hotel and Yosemite Lodge. Cut off date for receipt of reservations is September 3, 2013. Early reservations are necessary as rooms sell out annually. Unreserved rooms will be released after September 3, 2013. You can book your reservations online at www.YosemitePark.com with the group booking code 13Y676 or by completing the group booking form below and returning it to the hotel via fax. Should you require assistance with your reservation, contact the Conference Reservations Department at (801) 559-4932. No reservations are accepted by phone.

GENERAL INFORMATION

Pre-registration is preferred. Registration fee includes course syllabus and continental breakfast. Additional meals and accommodations are not included.

REGISTRATION INFORMATION

Tuition: $500
Physicians: $400
Allied Health Professionals
Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: www.cme.ucsf.edu
Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA
94145-0368
Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

There will be a $100.00 service charge for refunds requested for course registration before the deadline. No refunds will be provided after September 20, 2013. All refund requests made before the deadline must be submitted in writing and received in our office by September 20, 2013.
MONDAY, OCTOBER 21, 2013

7:00 am  Registration - Yosemite Lodge (Cliff/Falls Room)
7:30  Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)

SESSION TITLE: Acute and Chronic Coronary Syndromes
Session Chair: Prakash C. Deedwania, MD, FACC

8:00  Welcome and Introduction  Prakash C. Deedwania, MD, FACC
8:05  Acute Chest Pain Evaluation: Does Everybody Need a Pre-Discharge Stress Test Imaging Study?  Ezra Amsterdam, MD, FACC
8:45  Questions and Answers
8:55  An Update on Acute Coronary Syndromes: What’s New in Treating STEMI/NSTEMI  Jeffrey Anderson, MD, FACC
9:40  Questions and Answers
9:50  Revascularization vs. Medical Therapy in High Risk CAD and in Diabetic Patients  Michael Crawford, MD, FACC
10:30  Questions and Answers
10:40  Break/Meet the Faculty

SESSION TITLE: Chronic CHD: Risk Factors, Evaluation, and Management Strategies
11:20  Question and Answers
11:30  Left Ventricular Function and Stable Ischemic Heart Disease  Uri Elkayam, MD, FACC
12:15 pm  Question and Answers
12:25  Appropriate Use of Stress Testing and Imaging Modalities: Are We Overutilizing?  Ezra Amsterdam, MD, FACC
1:05  Question and Answers
1:15 pm  Adjourn

MONDAY EVENING

6:00 -  Meet the Experts  These evening workshops will be held in the Yosemite Lodge – Each participant may attend and switch between workshops in the two rooms.

A) Cardiac Auscultation Workshop Using Commonly Encountered Clinical Scenarios: What do I Hear and What does it Mean?  Michael Crawford, MD, FACC

B) Special Interactive Session on ECG Interpretation (participants are encouraged to read in advance the ECG examples given in their course handbook and bring digital images of challenging ECGs)  Nora F. Goldschlager, MD, FACC

TUESDAY, OCTOBER 22, 2013

7:30 am  Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)

SESSION TITLE: Heart Failure and Valvular Heart Disease
Session Chair: Prakash C. Deedwania, MD, FACC

8:30  Heart Failure: Epidemiology and Risk Factors  Daniel Levy, MD, FACC
9:00  Questions and Answers
9:10  Diastolic vs. Systolic Heart Failure: Evaluation and Management Strategies  Uri Elkayam, MD, FACC
9:50  Questions and Answers
10:00  Tricuspid Valve Disease: An Emerging Problem  Michael Crawford, MD, FACC
10:30  Questions and Answers
10:40  Break/Meet the Faculty
TUESDAY, OCTOBER 22, 2013 (CONT’D)

SESSION TITLE: Heart Disease in Special Populations

10:50  Heart Disease in Women: a Refreshing Perspective  Ezra Amsterdam, MD, FACC
11:20  Questions and Answers
11:30  Heart Disease in Pregnancy and Peripartum Cardiomyopathy  Uri Elkayam, MD, FACC
12:05 pm  Questions and Answers
12:15  Syncope and Dizziness: Evaluation and Management  Nora F. Goldschlager, MD, FACC
12:40  Question and Answers
12:50  Newer and Old Oral Anticoagulants: When and How to Use?  Jeffrey Anderson, MD, FACC
1:20  Question and Answers
1:30  Adjourn

TUESDAY EVENING

6:00 - 7:30 pm  Meet the Experts  These evening workshops will be held in the Yosemite Lodge – Each participant may attend and switch between workshops in the two rooms.

A)  Clinical Approach to Cardiovascular Risk Evaluation and Risk Reduction  Prakash C. Deedwania, MD, FACC  Daniel Levy, MD, FACC  Mary Malloy, MD
B)  Appropriate Use of Diagnostic Modalities in Clinical Practice: Less is More  Nora F. Goldschlager, MD, FACC  Rita Redberg, MD, FACC

WEDNESDAY, OCTOBER 23, 2013

7:30 am  Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)

SESSION TITLE: Consensus and Controversies in Cardiology
Session Chair: Cyrus Buhari, DO

8:00  Hypertension 2013: Insights from Observational Studies and Clinical Trials that Formulate Treatment Guidelines  Daniel Levy, MD, FACC
8:40  Questions and Answers
8:50  Preoperative Evaluation for Noncardiac Surgery: Is a Cardiology Consult Needed for Everyone?  Nora F. Goldschlager, MD, FACC
9:20  Question and Answers
9:30  Residual Risk After Statin Therapy: Are There any Choices Left?  Mary Malloy, MD
10:00  Question and Answers
10:10  Break/Meet the Faculty
10:25  Broken Heart Syndrome: Is it for Real?  John Ambrose, MD, FACC
10:50  Questions and Answers
11:00  An Update on Genetics of Cardiovascular Disease: Findings from the Framingham and GWAS  Daniel Levy, MD, FACC
11:40  Questions and Answers
11:50  Debate: Are Statins Indicated for Everyone?
11:55  Pro  John Kane, MD, Ph.D
12:10 pm  Con  Rita Redberg, MD, FACC
12:25  Rebuttal  John Kane, MD, Ph.D  Rita Redberg, MD, FACC
12:35  Audience Judgment
12:45 pm  Adjourn

Please note that all sessions are held in the Cliff/Falls room at Yosemite Lodge. For emergency phone calls during the program, please use the following numbers: The Ahwahnee Hotel Front Desk (209) 372-1407, or the Yosemite Lodge Front Desk (209) 372-1274.
HOTEL RESERVATION REQUEST FORM

UCSF CARDIOLOGY CONFERENCE 2013

Arrival Date: OCTOBER 21, 2013 • Departure Date: OCTOBER 23, 2013

Please check preferred accommodation:

☐ The Ahwahnee Hotel – $482/nt per room Weekend  ☐ Yosemite Lodge at the Falls Hotel –
$434/nt per room Weekdays

Rate Based On Single Or Double Occupancy. Additional Adult Rate $16.00 at The Ahwahnee, $10.00 at Yosemite Lodge. (Children 12 and under stay free in adult's room. If there is a 3rd child an additional rate will apply). First night’s room charges are required, including 10% tax and 1% tourism fee, secure your room reservation.

☐ Dr. □ Mr. □ Mrs. □ Ms.

First Name M.I. Last Name

Company Name (if applicable)

Mailing Address

City State Zip

Daytime Phone Fax

Email

Arrival Date / Departure Date # Adults # Children

Please indicate if you have any special needs:

Please charge my first night’s deposit (room and taxes) to credit card (cardholder’s name and billing address are required to process credit card charge):

☐ Visa ☐ MasterCard ☐ AmEx ☐ Discover for $ _____________

________________________________________/________________________

Card # Expiration date

Name on Card (Please Print) Authorized Signature

Billing Address

Reservation Deadline – SEPTEMBER 3, 2013

HOTEL RESERVATIONS – via fax (559) 456-0542 or online ONLY

ONLINE REGISTRATION AVAILABLE: WWW.YOSEMITEPARK.COM – BOOKING CODE: 13Y676

The rooms being held for this group are limited. They are booked on first-come, first-served basis. Forms received after the specified deadline date or after rooms are filled will be reserved on a space and rate available basis.

Payments: We accept American Express, Visa, Discover, Master Card.

Rates: Rates are not guaranteed. Rates may change pending National Park Service Approvals. Quoted rates do not include 10% Room Tax nor the 1% Tourism Fee.

Cancel/Change Policy: Cancellations or changes must be received at least 7 days prior to arrival date in order to receive deposit refund. All early departures and no shows will be charged the contracted nightly rate for each night reserved.

For Assistance with Rooms: Conference Reservations Dept at (801) 559-4932, Monday-Friday, 8:30am-4:30pm.

Check-In & Check-Out Times: Registration begins at 12:00 p.m. and check in is guaranteed by 5:00 p.m. Check-out is 12:00 p.m. at the Ahwahnee Hotel and 11:00 a.m. for all other accommodations.

Ahwahnee Dining Room Seating: Individual dinner reservations are advised and may be made up to 30 days in advance by calling (209) 372-1489. Dress Code: Gentlemen are respectfully requested to wear sport coats or dress sweaters and long pants. Ladies are respectfully requested to wear skirts, dresses, pantsuits or pants that reach below the knee. Shorts and athletic wear may be worn at breakfast and lunch.

Road & Weather Info: Please call (209) 372-0209 for road and weather information prior to your arrival. The National Park Service requires chains be carried from Oct – Apr and may become mandatory on any park road at any time. There is a $20.00 entrance fee per vehicle collected by the National Park Service at park entrance stations.

Visit our web site at www.YosemitePark.com

__________ I have read the attached reservation request form policies and information provided. (please initial)
COURSE FACULTY (CONT’D)

Michael Crawford, MD, FACC
Professor of Medicine and Chief of Cardiology for Clinical Services, UCSF School of Medicine, San Francisco, CA

Uri Elkayam, MD, FACC
Professor of Medicine, University of Southern California, Los Angeles, CA; Attending Cardiologist, USC Medical Center, Los Angeles, CA

Nora F. Goldschlager, MD, FACC
Professor of Medicine; UCSF School of Medicine, San Francisco, CA; Chief, Clinical Cardiology; Director, CCU, ECG Lab and Pacemaker Clinic, San Francisco General Hospital

John P. Kane, MD, PhD
Professor of Medicine, Biochemistry, and Biophysics, UCSF School of Medicine, San Francisco, CA; Director, Adult and Pediatric Lipid Clinics, Moffitt-Long Hospitals, San Francisco, CA

Daniel Levy, MD, FACC
Professor of Medicine, Boston University School of Medicine; Associate Clinical Professor of Medicine, Harvard Medical School; Director, Framingham Heart Study; Director, Center for Population Studies, National Heart, Lung, and Blood Institute, NIH, Bethesda, MD

PLANNING COMMITTEE
Chairman:
Prakash C. Deedwania, MD, FACC

Members:
Tushar Acharya, MD
Debra Adell, NP
Cyrus Buhari, DO
Patricia DeMasters, RN
Richard Kiel, MD
Martin Lauber, MD
Kamal Kotak, MD
Nabil Shafi, MD
C A R D I O L O G Y  F O R  T H E  P R A C T I T I O N E R  S Y M P O S I U M
Yosemite  N a t i o n a l  Park,  C A  •  O c t o b e r  2 1-2 3,  2 0 1 3

Mail to:  UCSF Office of CME
P.O. Box 45368
San Francisco, C A  9 4 1 4 5-0368
Fax: (415) 502-1795

On l i n e  r e g i s t r a t i o n:  w w w .c m e.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ M r. ☐ Mrs. ☐ M s.

Last N a m e  F i r s t  M.I.

D e g r e e  S p e c i a l t y

A d d r e s s

C i t y  S t a t e  Z i p

D a y t i m e  P h o n e  F a x

E m a i l

A d d r e s s  L a b e l  C o d e  L e t t e r  (see a d d r e s s  l a b e l:  e x a m p l e,  A ,  B ,  C ,  D,  e t c.)

Would you like to be on our priority email list?  ☐ Yes  ☐ No

D a t e  o f  b o r n  t o  b e  u s e d  a s  O C M E  r e g i s t r a n t  n u m b e r:  __  __ /  __  __  /  X  X

Please indicate if you have any special needs: ___________________________________

R e g i s t r a t i o n  F e e s (R e c e i p t/ C o n f i r m a t i o n  w i l l  b e  m a i l e d  w i t h i n  t w o  t o  f o u r  w e e k s):

☐ $500  Physicians

☐ $400  Allied Health Professionals

M a k e  c h e c k s  p a y a b l e  t o  U C  R e g e n t s

P l e a s e  c h a r g e  m y  c r e d i t  c a r d:  ☐ V i s a  ☐ M a s t e r C a r d  ☐ A m E x  f o r  $ ________________

_________________________________________________ / __________/________

M a p  K e y:  w w w .y o s e m i t e p a r k.com

N  S  E  W

W e b s i t e:  w w w .c m e.ucsf.edu