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UCSF SCHOOL OF MEDICINE and
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LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, MS, ANP, FAAN

13TH
ANNUAL

MARCH 6-7, 2014



A 2-Day Continuing Medical Education Course Presented By:
University of California, San Francisco • School of Medicine and School of Nursing
This educational activity has been supported in part by a charitable contribution from
The Special Hope Foundation, a non profit 501(c)3 organization.

DEVELOPMENTAL DISABILITIES: Update for Health Professionals

LAUREL HEIGHTS CONFERENCE CENTER • SAN FRANCISCO, CA

This interdisciplinary, interprofessional conference provides a practical and useful update for primary care and subspecialty health care professionals who care for children, youth, and adults with complex health care needs and developmental disabilities. Of special interest is focus on the self advocacy movement for individuals with developmental disabilities. The conference addresses topics across the lifespan on Autism, ADHD, Tourette's Syndrome, relevant DSM V information, Genetics, Epigenetics, Cerebral Palsy, High Risk Infant follow-up, Health Insurance for children and adults with autism, Adaptive transportation and more. Our esteemed faculty include clinicians, researchers, epidemiologists, and health policy experts, as well as expert consultants and self advocates.

Topics should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in the health care of individuals with developmental disabilities, as well as to those in other health disciplines including health policy, school health, psychiatry, dental health, social work, and case management services. The conference, although directed toward health care professionals, welcomes families of individuals with developmental disabilities who wish to learn from various disciplines represented.

Keynote presentations feature self advocates, clinicians, policy experts, and a "Cutting Edge" section on new recommendations for evaluation and management of epilepsy and cerebral palsy. Conference exhibitors will feature resources designed to help our audience better provide care for children and adults with developmental disabilities.

We look forward to seeing you at the 13th Annual Developmental Disabilities Update conference, and know that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP
Course Co-Chair

Geraldine Collins-Bride, MS, ANP, FAAN
Course Co-Chair

EDUCATIONAL OBJECTIVES

An attendee completing this course should be able to:

1. Identify policy issues regarding health insurance benefits for individuals with autism and continued planning toward community inclusion;
2. Define epigenetics and understand its relevance to developmental disabilities;
3. Develop familiarity with associated disabilities of autism spectrum disorders, Tourette's Syndrome and attention deficit disorders;
4. Define etiology or possible causes of Autism Spectrum Disorders, ADHD, Tourette's Syndrome, and Epilepsy;
5. Increase knowledge regarding genetic disorders associated with developmental disabilities and diagnostic confirmation of those associations, as well as indications for genetic counseling;
6. Inform patients and their families regarding resources and palliative services for children, youth, and adults from culturally diverse backgrounds and indications for their use;
7. Define diagnostic considerations and treatment options for autism, ADHD, and Tourette's syndrome, using current and new modalities;
8. Improve knowledge of DSM V content relevant to developmental disabilities, especially to autism and related disorders;
9. Utilize resources about legal and health insurance advocacy needs for children, youth, and adults with developmental disabilities;
10. Understand the history of the Olmstead Decision and importance of the self advocacy movement, increased independence and access, and implications for health care.

THURSDAY MARCH 6, 2014

| | | |
|----------------|---|--|
| 7:15-8:00 am | <i>Registration and Continental Breakfast</i> | |
| 8:00-8:15 | Welcome and Course Overview | Lucy S. Crain, MD, MPH, FAAP Geraldine Collins-Bride, MS, ANP, FAAN |
| 8:15-9:15 | Health Insurance & Autism Treatments: Is It Working? | Feda Amaliti Teresa R. Campbell, Esq Karen Fessel, DrPH Lisa Kleinbub, RN, MSN Holly Pearson, JD |
| 9:15-9:30 | Q & A | |
| 9:30-10:15 | Lessons Learned from Agnews | Alan Wilens, MEd |
| 10:15-10:30 | Q & A | |
| 10:30-10:45 | <i>Break, Exhibits</i> | |
| 10:45-11:15 | Ability Bias | Clarissa Kripke, MD |
| 11:15-12:00 pm | Making Transportation Accessible | Bruce Oka & Mark Anthony Soto |
| 12:00-12:15 | Q & A | |
| 12:15-1:15 | <i>Lunch (Provided) & Exhibits</i> | |
| 1:15-1:45 | The New DSM V & Autism | Robert L. Hendren, DO |
| 1:45-2:30 | DSM V & ADHD | Martin T. Stein, MD |
| 2:30-3:15 | Tourette's Syndrome & DSM V | Thomas K. Koch, MD, FAAP, FAAN |
| 3:15-3:30 | Q & A | |
| 3:30-3:45 | <i>Break, Exhibits</i> | |
| | ANNUAL SHRIVER LECTURE & AWARD | |
| 3:45-4:30 | The Olmstead Decision and the Self Advocacy Movement | Stacie Milbern |
| 4:30-5:00 | SHRIVER AWARD PRESENTATION & COMMENTS | Yomi S. Wrong, Center for Independent Living |
| 5:00-6:00 pm | <i>Networking Reception</i> | |

FRIDAY MARCH 7, 2014

| | | |
|----------------|---|--|
| 7:15-7:50 am | <i>Registration and Continental Breakfast</i> | |
| 8:00-9:00 | Social Media & the Thinking Person's Guide to Autism | Jennifer Bye Myers Shannon Des Roches Rosa, MA Emily Willingham, PhD |
| 9:00-9:30 | Gifts From My Sister | Susannah Kenley |
| 9:30-10:00 | End of Life Considerations: CA Coalition for Compassionate Care | C. Margaret McClaskey, MDiv, BCC |
| 10:00-10:30 | Cultural Disparities & End of Life Considerations | Don C. Ng, MD |
| 10:30-10:45 | Q & A | |
| 10:45-11:00 | <i>Break, Exhibits</i> | |
| 11:00-11:30 | What's the Human Genome Project Got to Do with DD? | Emily Chen, MD & Kimberly Barr, MS, CGC |
| 11:30-12:00 pm | Epigenetics Overview | Mark Miller, MD, MPH |
| 12:00-12:15 | Q & A | |
| 12:15-1:30 | <i>Lunch (on your own) & Exhibits</i> | |
| | THE CUTTING EDGE | |
| 1:30-2:15 | Atypical Seizures | Thomas K. Koch, MD, FAAP, FAAN |
| 2:15-2:50 | Genetic Research & Epilepsy | Daniel H. Lowenstein, MD |
| 2:50-3:00 | Q & A | |
| 3:00-3:15 | <i>Break, Exhibits</i> | |
| 3:15-4:00 | Studies of High Risk Infants: Implications for Cerebral Palsy & Other Developmental Disabilities | Anne DeBattista, PNP, MSN |
| 4:00-4:45 | Movement Disorders: Orthopedic Update | Henry G. Chambers, MD |
| 4:45-5:00 | Q & A | |
| 5:00 pm | <i>Course Adjourns</i> | |

program

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP
Clinical Professor of Pediatrics
(Emerita)
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Clinical Professor of Pediatrics
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**Geraldine Collins Bride, RN, MS,
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Susannah Kenley
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Oracle

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East Bay

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FAAN**
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Professor of
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Chief of Pediatric Neurology
Doernbecher Children's Hospital
Oregon Health and Science
University

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BCC**
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Ethicist, Program Director,
Coalition for Compassionate Care
of California

Stacie Milbern
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Community Organizer
Center for Independent Living
Consultant, Independent
Consulting

Bruce Oka
Former Municipal Transportation
Agency Commissioner,
San Francisco
Disability Rights Advocate

Holly Pearson, JD
Deputy Director, General Counsel
California Department of
Managed Health Care

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General Manager
Veolia Transportation Services, Inc.

Martin T. Stein, MD
Professor of Pediatrics
University of California San Diego

Alan Wilens, MEd
Community Resource Developer
Golden Gate Regional Center

Emily Willingham, PhD
Blogger and Editor,
<http://www.emilywillinghamphd.com>

Yomi S. Wrong
Executive Director
Center For Independent Living

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Department of Family and
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UCSF School of Medicine

Daniel H. Lowenstein, MD
Robert B. and Ellinor Aird
Professor and
Vice-Chair of Neurology
UCSF School of Medicine

Mark Miller, MD, MPH
Assistant Clinical Professor of
Pediatrics
Director, UCSF Pediatric
Environmental Health Specialty
Unit, UCSF School of Medicine
Director, Children's Environmental
Health Program
California Environmental
Protection Agency

Don C. Ng, MD
Clinical Professor of Medicine
Medical Director, General
Medicine Clinic at Osher
UCSF School of Medicine

faculty

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **14.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Licensed Clinical Social Workers This course meets the qualifications on an hour-for-hour basis of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Approval No.PCE 1272.

Nursing For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Physician Assistants AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME.

Psychology This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. The MCEP credit reporting form will be available at the course registration desk. Psychologists from other states should check with their respective licensing boards.

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Photos courtesy of Support for Families and The Arc San Francisco



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**Office of Continuing
Medical Education**
UCSF Box 0742, LH-450
San Francisco, CA
94143-0742

REGISTER TODAY!

For early-bird registration, visit our website at www.cme.ucsf.edu or call (415) 476-5808. For more information, contact the UCSF Office of Continuing Medical Education at info@ocme.ucsf.edu or call (415) 476-4251.

GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus at the course.

How to Enroll

| | |
|-----------------|--|
| Tuition: | \$385 Practicing Physicians (\$460 if postmarked after 2/6/14) |
| | \$260 Nurses and other Health Professionals (\$310 after 2/6/14) |
| | \$100 Parents of Individuals with Developmental Disabilities (no CME) |
| | \$25 Optional Printed Syllabus |
| | \$14 Optional Day Parking Voucher at Laurel Heights Campus |

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:

UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808

ON-SITE REGISTRATION

Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. For your convenience guestrooms have been reserved at the following locations:

The Laurel Inn, 444 Presidio Avenue until **February 6, 2014** (located across the street from the conference center)

| | |
|--------------|----------------------------------|
| \$195 | Presidio King/Double |
| \$215 | City View King/Double |
| \$225 | Presidio King/Double Kitchenette |

Reservations: Telephone 800-552-8735 or 415-567-8467. When placing reservations by phone with the hotel, please mention that you will be attending the UCSF Developmental Disabilities Conference to receive the special rate.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to convention number 03BW0133, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

American (800) 433-1790 code: A8234AN
United - www.united.com - Offer Code: ZQPF200511

13th Annual Developmental Disabilities: An Update for Health Professionals

MOC14001

March 6-7, 2014
Laurel Heights Conference Center
San Francisco, California

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Register online: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Mr. Mrs. Ms.

Last Name _____ First _____ M.I. _____

Degree _____ Specialty _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____

Email _____

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- \$385** Practicing Physicians (**\$460** if postmarked after 2/6/14)
- \$260** Nurses and other Health Professionals (**\$310** after 2/6/14)
- \$100** Parents of Individuals with Developmental Disabilities (no CME)
- \$25** Optional Printed Syllabus
- \$14** March 6th Day Parking Voucher (optional)
- \$14** March 7th Day Parking Voucher (optional)

Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard American Express for \$ _____

Card # _____ / _____ / _____
Expiration date

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: www.cme.ucsf.edu

UCSF Laurel Heights Conference Center
3333 California Street @ Walnut
San Francisco, CA 94118

PARKING

Limited parking is available at the Laurel Heights Conference Center for \$14/day on Thursday/Friday. The conference center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2, and 43).

