

LEE SPECIALTY CLINIC: An Interdisciplinary Clinic for Adults with IDD

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Disclosures

- Chyron, LLC (Lee Specialty Clinic)
- Advantage Medical Corporation (Lee Specialty Clinic)
- Special Olympics International
- American Academy of Developmental Medicine and Dentistry

What I'm Covering

- What is the Lee Specialty Clinic
- How it came to be
- Challenges in implementation
- How to create your own

What is the Lee Specialty Clinic?

General Specs

- Classified by the Commonwealth of Kentucky as an “Intermediate Care Clinic”
- Governed by 902 KAR 20:410 and 907 KAR 3:225
- 17,000 Sq/ft of clinic space
- Cost: \$4.7 million to build

General Specs

- Serving exclusively patients with IDD
- Over 600 patients from 55 counties
- Approximately 10,000 patient visits per year
- Cost: \$4.8 million to operate



Dental Services

- Dental Program
 - Dental director
 - Two dental residents
 - Dental hygienist
 - Four dental assistants



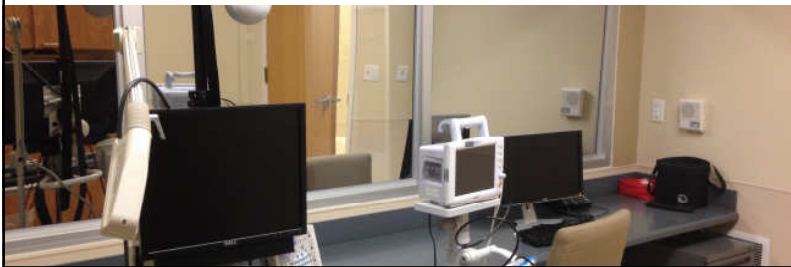
Medical Services

- Medical Program
 - Two primary care physicians
 - Nurse practitioner
 - Two medical assistants
 - Four medical exam rooms
 - Phlebotomy lab



Behavioral/Psychiatric Services

- Behavioral Program
 - Psychiatrist
 - Behavior analyst
 - Crisis intervention team



Therapeutic Services

- Therapeutic Program
 - Two physical therapists
 - Two speech therapists
 - Two occupational therapists



Specialty Services

- Specialty Service Program
 - Neurologist
 - Neurology technician
 - Audiology, podiatry, nutrition, ENT, psychology, genetics
 - EEG, EKG, Radiology, peripheral bone density
 - Other affiliated specialists outside of the clinic



Teaching

- Dental residency/fellowship (AEGD, Developmental Dentistry).
- Dental student rotation site
- Dental hygiene student rotation site
- Behavior analyst student practicum site
- Occupational therapy rotation site
- Nurse practitioner student practicum site
- Speech Therapy practicum site
- Still need PT, medical students



Values

- Interdisciplinary, coordinated patient care
- Professional mentorship
- Patient advocacy
- Better health outcomes
 - Identifying underlying neurodevelopmental diagnosis
 - Finding/confirming various diagnoses
 - Applying appropriate treatment
 - Reducing polypharmacy
 - Decreasing the need for institutional care



How it came to be



History

- 1999 – Dr. Hood has the idea of creating an outpatient medical/dental clinic, begins discussions with the state
- 2002 – Pilot dental clinic is funded
- 2005 – Dr. Holder begins to develop plans for expanded clinic
- 2006 – The clinic teams up with family and community advocates and legislators



History

- 2007 – Initial approval from republican administration, passage of first law to create clinic.
- 2008 – Final approval from democratic administration, appropriation is approved for project.
- 2009 – Ground breaking ceremony for construction.
- 2011 – Construction complete

History

- 2011-13 – state works with Medicaid to create operations funding mechanism
- 2013 – RFP for clinic operation hits the street, twice!
- 2014 – Clinic opens its doors
- 2015 – over 600 patients in the first 8 months of operations.

Implementation challenges

Implementation Challenges

- The entire process prior to opening
 - Recommend a design-build-operate procedure for the future.
- Interdisciplinary care is hard to schedule
 - There is no one-size-fits-all approach
- Changing the culture of low expectations
 - Caregiver resistance to additional clinical time
 - Being compared to the “lower bar” of quality

Implementation Challenges

- Utilization of medical immobilization
 - Feared, hated and misunderstood
 - Offering the continuum allows for the greatest opportunity for eventual independence
 - Movement vs. behaviors
- Getting the toughest cases first
 - The greatest need is the most immediate need
 - Adult protective services cases



Implementation Challenges

- Bureaucracy and the challenging institutional mindset
 - Entrepreneurship vs. Bureaucracy
 - Preference for imposing ICF regulations on outpatient setting does not make sense
- Informed consent and decisional capacity
 - HIPAA
- Marketing



How to create your own

- Politically astute insider
- Families
- Knowledgeable and persuasive docs
- Get political, don't get partisan
- Must be financially sustainable
- Beware of models that can erode quality over time



Thank You

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