32nd Annual Symposium

Cardiology

FOR THE PRACTITIONER

October 19-21, 2015

Yosemite National Park
Yosemite, California

Special Reduced Hotel Rates:
• Yosemite Lodge
  $237/night
• Ahwahnee Hotel
  $445/night Week Day Rate
  $482/night Friday-Saturday

PROGRAM DIRECTOR
PRAKASH C. DEEDWANIA, MD, FACC

HOTEL REGISTRATION DEADLINE:
September 1, 2015

REGISTER EARLY • SPACE IS LIMITED
Yosemite National Park will be the site for the 32nd Annual Course “Cardiology for the Practitioner.” This three-day symposium is an intensive course designed for internists, primary care physicians, family practitioners, cardiologists, and other health care providers who encounter patients with various heart diseases. Recent advances in pathophysiology, therapeutic considerations, and clinical relevance of common cardiovascular disorders will be presented. Emphasis will be placed on the recent practice guidelines and updates for common cardiovascular conditions. The entire course will focus on frequently encountered clinical problems in cardiac patients by the practicing physicians.

There will be state-of-the-art and comprehensive reviews on coronary risk factors, hypertension, hyperlipidemia, coronary artery disease, acute and chronic ischemic syndromes, syncope, atrial fibrillation, aortic valve disease, and heart failure. Special focus will be placed on review of traditional and emerging cardiac risk factors highlighting primary and secondary prevention strategies. In addition, we will discuss updates and critical review of newer diagnostic imaging modalities, use of newer therapeutic strategies based on recent clinical trials, and emerging interventional techniques for CVD.

Lastly, topics will be discussed pertaining to reviews on recent clinical trials and practice guidelines in the management of hypertension, dyslipidemia, stable and unstable angina, atrial fibrillation, and heart failure.

This year’s program will be devoted to topics of clinical relevance in practice and will include special emphasis on cost-effective, guidelines based treatment of most common cardiac conditions in clinical practice. The topics and speakers will pay special attention to the clinical problems frequently encountered by the clinician in his/her practice. Special features of the program will include most recent guidelines, and workshops on ECG interpretation and cardiac auscultation. Throughout this course, efforts will be made to provide the clinician with practical knowledge required for the management of cardiac patients utilizing a selection of evidence-based, guidelines recommended cost-effective therapies in the current climate of cost-containment in health care.
Upon completion of this course, the attendees will be better able to:

- Apply newly acquired knowledge of Guidelines-Based treatments in the care of their cardiac patients.
- Incorporate the most reasonable cost-effective diagnostic evaluation of common cardiovascular disorders.
- Determine the appropriate goals as recommended by the guidelines to be achieved in the care of their cardiac patients.
- Recognize the latest advances in the management of patients with hypertension, hyperlipidemia, acute and chronic coronary syndromes, valvular heart diseases, atrial fibrillation, and heart failure.
- Identify new and emerging risk factors for CVD and role of new ACC/AHA risk score.
- Understand the work up and management of patients with Acute and Chronic coronary Syndromes.
- Recognize the emerging role of genetic evaluation in patients with heart disease.
- Evaluate the uses and abuses of various imaging modalities in cardiac patients.
- Incorporate the role of newer lipid lowering drugs beyond statins in clinical practice.
- Recognize the indications of newer vs. old antithrombotic in CVD.
- Evaluate and follow up of patients with syncope.
- Understand the role of percutaneous approaches for valvular heart disorders.
- Identify the indications and limitations of stress testing in cardiovascular disorders.
- Evaluate and manage patients atrial fibrillation.
- Incorporate the role of newer drugs in patients with refractory heart failure.
- Identify various cardiac sounds, murmurs and related disorders.
- Interpret electrocardiography to identify common EKG abnormalities.

---

**GENERAL INFORMATION**

Pre-registration is preferred. Registration fee includes course syllabus and continental breakfast. Additional meals and accommodations are not included.

**REGISTRATION INFORMATION**

Tuition: $550  Physicians  
$450  Allied Health Professionals

Payment may be made by Visa, MasterCard, AmEx or check.

**REGISTER VIA:**

Online:  [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

Mail:  Complete course registration form and send with payment to:  
UCSF Office of CME  
P.O. Box 45368  
San Francisco, CA  
94145-0368

Fax:  Fax completed registration form to:  
(415) 502-1795 (be sure to include your credit card number)

Phone:  415-476-5808

Please check our website for up-to-date information on the course:  [www.cme.ucsf.edu](http://www.cme.ucsf.edu)

---

**REFUND POLICY**

There will be a $100.00 service charge for refunds requested before the registration deadline. No refunds will be provided after September 19, 2015. All refund requests made before the deadline must be submitted in writing and received in the CME office by September 16, 2015.

**CONFERENCE LOCATION**

The conference, located at Yosemite Lodge in Yosemite National Park is one of the most beautiful wilderness parks in the United States, and best known for its waterfalls. Within its nearly 1,200 square miles, you can find deep valleys, grand meadows, ancient giant sequoias, a vast wilderness area, and much more. There are four entrance options to Yosemite National Park: California 120 from Manteca, 140 from Merced; 41 from Fresno; and the Tioga Pass Trans Sierra Road connecting with Highway 395.

**HOTEL ACCOMMODATIONS**

A block of rooms has been reserved at the Ahwahnee Hotel and Yosemite Lodge. Cut-off date for receipt of reservations is September 1, 2015. Early reservations are necessary, as unreserved rooms will be released on September 2, 2015. You can book your reservations online at [www.YosemitePark.com](http://www.YosemitePark.com) with the group booking code 14P4MA or by fax with the completed form to (559) 456-0542.

---

**ACREDITATION**

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Physicians:**  UCSF designates this live activity for a maximum of 17.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meeting the requirements under California Assembly Bill 1195, continuing education and cultural linguistic competency.

**Nurses:**  For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.
MONDAY, OCTOBER 19, 2015

All sessions will be held in the Cliff/Falls Room at Yosemite Lodge.

7:30 am  Registration / Complimentary Continental Breakfast  
(Registrants Only—Mountain View Lounge)

SESSION TITLE: Coronary Artery Disease and Acute Coronary Syndromes
Session Chair: Prakash C. Deedwania, MD, FACC

8:00  Welcome and Course Overview  
Prakash C. Deedwania, MD, FACC

8:05  An Update on Coronary Risk Factors: Lessons Learned from the Framingham Study, a 66 year Journey Unravelling the Mysteries of CV Disorders  
Daniel Levy, MD, FACC

8:40  Questions and Answers

8:50  New Insights into the Pathophysiology of Acute Coronary Syndromes: The Concept of Vulnerable Patients vs Vulnerable Plaques  
John Ambrose, MD, FACC

9:30  Questions and Answers

Ezra Amsterdam, MD, FACC

10:20  Questions and Answers

10:30  Break/Meet the Faculty

SESSION TITLE: Special Topics in Cardiology for the Clinicians
Session Chair: Prakash C. Deedwania, MD, FACC

10:45  Syncope: Work up and Treatment Strategy – Has Anything Really Changed?  
Nora F. Goldschlager, MD, FACC

11:20  Question and Answers

11:30  Cardiac Rehabilitation: Practical Aspects and Therapeutic Benefits  
Ezra Amsterdam, MD, FACC

12:15 pm  Question and Answers

12:30  Adjourn

MONDAY EVENING

6:00 - Special Evening Session
7:30 pm  (This evening workshop will be held in the Yosemite Lodge – Cliff/Falls Room)

Session A: Workshop on Cardiac Auscultation – Workshop using Commonly Encountered Clinical Scenarios: What do I Hear and What does it Mean?

TU ESD AY, OCTOBER 20, 2015

7:30 am  Complimentary Continental Breakfast (Registrants Only—Mountain View Lounge)

8:00  Special Interactive Session on ECG Interpretation  
Nora F. Goldschlager, MD, FACC
(participants are encouraged to read in advance the ECG examples given in their course handbook and bring digital images of challenging ECGs)

SESSION TITLE: Common Clinical Dilemmas and most Frequently Asked Questions in Cardiology
Session Chair: Prakash C. Deedwania, MD, FACC

9:00  Cardiac Biomarkers: Which Ones are Really Useful and How to Choose the Appropriate Test for your Patients?  
Michael Crawford, MD, FACC

9:40  Stress Testing for CVD: When, Why, and How to Choose the Appropriate Test  
Ezra Amsterdam, MD, FACC

10:20  Questions and Answers

10:30  Break/Meet the Faculty

10:45  Cardiac Imaging Modalities: Which Modality and When?  
Rita Redberg, MD, FACC

11:20  Questions and Answers
TUESDAY, OCTOBER 20, 2015 (CONT’D)

11:30 Pacemaker Implantation: When, Why, and Which One? Nora F. Goldschlager, MD, FACC
12:00 pm Questions and Answers
12:10 When, Why, and How to use the Newer Antiplatelet and Antithrombotic Agents in Clinical Practice: Practical Considerations & Consequences of Dual Antiplatelet Therapy (DAPT) John Ambrose, MD, FACC
1:00 Questions and Answers
1:15 Adjourn

TUESDAY EVENING

6:00 pm - 7:30 pm Special Evening Sessions (These evening workshops will be held in the Yosemite Lodge – Cliff/Falls Room)
Each participant may attend and switch between workshops in the two rooms.

Session A: Evaluation and Management of Patients with Atrial Fibrillation and Other Common Arrhythmias
Prakash C. Deedwania, MD, FACC
Byron Lee, MD, FACC

Session B: Clinical Approach to Cardiovascular Risk Evaluation and Risk Reduction
Daniel Levy, MD, FACC
Karol Watson, MD, PhD, FACC

WEDNESDAY, OCTOBER 21, 2015

7:30 am Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)
SESSION TITLE: Debates, Recent Advances and Updates in Cardiology
Session Chair: Prakash C. Deedwania, MD, FACC

8:00 Debate: Routine Cardiac Screening for School Children and Athletes
Pro Byron Lee, MD, FACC
Con Rita Redberg, MD, FACC

8:25 Rebuttal

8:30 Participants Vote/Questions & Answers

8:40 Is Precision Medicine Ready for Clinical Application? Advances in Genetics and Genomics in CVD
Daniel Levy, MD, FACC

9:20 The Rationale and Clinical Application of the 2013 Cholesterol Guidelines: Is it Time to Change Them Now?
Karol Watson, MD, PhD, FACC

10:00 Question and Answers
10:10 Break/Meet the Faculty

10:30 Hypertension Guidelines: What is the Rationale for So Many Changes? Do they Need an Update Soon?
Daniel Levy, MD, FACC

11:00 Question and Answers

11:10 Role of Newer Therapies beyond Statins in Clinical Practice: PCSK9 Inhibitors, CETP Inhibitors, MTP Inhibitors, etc.
Karol Watson, MD, PhD, FACC

11:40 Question and Answers

11:50 Pericarditis: Diagnosis and Management Considerations
Michael Crawford, MD, FACC

12:15 pm Atrial Fibrillation: Pharmacologic and Non-Pharmacologic (Ablation) approaches and the Role of Newer Anticoagulants
Byron Lee, MD, FACC

1:00 Question and Answers
1:15 Adjourn

Please note that all sessions are held in the Cliff/Falls room at Yosemite Lodge. For emergency phone calls during the program, please use the following numbers: The Ahwahnee Hotel Front Desk (209) 372-1407, or the Yosemite Lodge Front Desk (209) 372-1274.
HOTEL RESERVATION REQUEST FORM  

UCSF CARDIOLOGY CONFERENCE 2015  

Arrival Date: OCTOBER 18, 2015  •  Departure Date: OCTOBER 21, 2015

Please check preferred accommodation:  
☐ The Ahwahnee Hotel – $482/nt per room Fri-Sat  
☐ Yosemite Lodge at the Falls Hotel – $237/nt per room

Rate Based On Single Or Double Occupancy. Add’l Adult Rate $16.00 The Ahwahnee, $10.00 Yosemite Lodge (Children 12 And Under Stay Free In Adult’s Room. If There Is A 3rd Child Add’l Rate Will Apply). First night’s room including 10% tax and 1% tourism fee is required to secure your room reservation

☐ Dr.  ☐ Mr.  ☐ Mrs.  ☐ Ms.

First Name  Last Name  M.I.

Company Name (if applicable)

Mailing Address

City  State  Zip

Daytime Phone  Fax

Email

_________________________/________________________   _______/______

Arrival Date  Departure Date  # Adults  # Children

Please indicate if you have any special needs:

Please charge my first night’s deposit (room and taxes) to credit card (cardholder’s name and billing address are required to process credit card charge):

☐ Visa  ☐ MasterCard  ☐ AmEx  ☐ Discover  for  $ _____________

_________________________________________________|________/_______

Card #  Expiration date

Name on Card (Please Print)  Authorized Signature

Billing Address

Reservation Deadline – SEPTEMBER 1, 2015

HOTEL RESERVATIONS  – via fax (559) 456-0542 or online ONLY

ONLINE REGISTRATION AVAILABLE: WWW.YOSEMITEPARK.COM – BOOKING CODE: 14P4MA

COMPLETED FORM IS REQUIRED • Deadline Sept 1

(Do not forget to make your hotel reservations by submitting this reservation request form to yosemite concession services or booking your room online)  •  YOSEMITE NATIONAL PARK  •  Yosemite Concession Services Corporation

The rooms being held for this group are limited. They are booked on first-come, first-serve basis. Forms received after the specified deadline date or after rooms are filled will be reserved on a space and rate available basis.

Payments: We accept American Express, Visa, Discover, Master Card.

Rates: Rates are not guaranteed. Rates may change pending National Park Service Approvals. Quoted rates do not include 10% Room Tax and 1% Tourism Fee.

Cancel/Change Policy: Cancellations or changes must be received at least 7 days prior to arrival date in order to receive deposit refund. All early departures and no shows will be charged the contracted nightly rate for each night reserved.

For Assistance with Rooms: Conference Reservations Dept at (801) 559-4932, Monday-Friday, 8:30 am-4:30 pm.

Visit our web site at www.YosemitePark.com

Check-In & Check-Out Times: Registration begins at 12:00 pm and check in is guaranteed by 5:00 pm Check-out is 12-30 pm at the Ahwahnee Hotel and 11:00 am for all other accommodations.

Ahwahnee Dining Room Seating: Individual dinner reservations are advised and may be made up to 30 days in advance by calling (209) 372-1489.

Dress Code: Gentlemen are respectfully requested to wear sport coats or dress sweaters and long pants. Ladies are respectfully requested to wear skirts, dresses, pantsuits or pants that reach below the knee. Shorts and athletic wear may be worn at breakfast and lunch.

Road & Weather Info: Please call (209) 372-0209 for road and weather information prior to your arrival. The National Park Service requires chains be carried from Oct – Apr and may become mandatory on any park road at any time. There is a $20.00 entrance fee per vehicle collected by the National Park Service at park entrance stations.

I have read the attached reservation request form policies and information provided. (please initial)
Upcoming CME Courses

PROGRAM CHAIRMAN
Prakash C. Deedwania, MD, FACC
Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA

COURSE FACULTY
John Ambrose, MD, FACC
Professor of Medicine,
UCSF School of Medicine,
Chief, Cardiology Division
UCSF Fresno, CA
Ezra Amsterdam, MD, FACC
Distinguished Professor of Medicine,
University of California, Davis; Director of Coronary Care Unit, UC Davis Medical Center,
Davis, CA
Michael Crawford, MD, FACC
Professor of Medicine and Chief of Cardiology for Clinical Services,
UCSF School of Medicine,
San Francisco, CA

COURSE FACULTY (CONT’D)
Nora F. Goldschlager, MD, FACC
Chief, Clinical Cardiology; Director,
CCU, ECG Lab and Pacemaker Clinic,
San Francisco General Hospital; Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA
Byron Lee, MD, FACC
Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA
Daniel Levy, MD, FACC
Professor of Medicine,
Framingham Heart Study Population Sciences Branch,
National Heart, Lung, and Blood Institute; National Institutes of Health, Boston University,
Framingham, MA

COURSE FACULTY (CONT’D)
Rita Redberg, MD, FACC
Editor-in-Chief, JAMA Internal Medicine, Co-Director, Center of Excellence for Heart Disease in Women, Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA

PLANNING COMMITTEE
Chairman:
Prakash C. Deedwania, MD, FACC
C A R D I O L O G Y F O R  T H E  P R A C T I T I O N E R

Yosemite National Park, C A  •  O c t o b e r  1 9 - 2 1 ,  2 0 1 5

Mail to :  UCSF Office of CME
P.O. Box 45368
San Francisco, CA  94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

□ Dr.  □ Mr.  □ Mrs.  □ Ms.

Last Name  First  M.I.

Degree  Specialty

Address

City  State  Zip

Daytime Phone  Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list?  □ Yes  □ No

Date of birth to be used as OCME registrant number:  _____ / _____ / X X

Please indicate if you have any special needs:

Registration Fees (Receipt/confirmation will be mailed within two to four weeks):

□ $550  Physicians
□ $450  Allied Health Professionals

Make checks payable to UC Regents

Please charge my credit card:  □ Visa  □ MasterCard  □ AmEx for $ ____________________

Card #                                                                                                                  Expiration date

Name on Card (Please Print)  Authorized Signature

Refund Policy: There will be a $100.00 service charge for refunds requested before the registration deadline. No refunds will be provided after September 19, 2015. All refund requests made before the deadline must be submitted in writing and received in our office by September 18, 2015.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu