

Presented by:
Department of Surgery
University of California, San Francisco
School of Medicine



University of California
San Francisco

The Postgraduate Course in **Hernia Surgery**

MARINES' MEMORIAL CLUB AND HOTEL • SAN FRANCISCO, CA

THURSDAY - SATURDAY
May 12-14, 2016



COURSE CHAIRS

Hobart W. Harris, MD, MPH

J. Englebert Dunphy Chair in Surgery
Chief, Division of General Surgery

Laurence F. Yee, MD

Director, Laparoscopic Gastrointestinal Surgery
California Pacific Medical Center

The Postgraduate Course in Hernia Surgery

MARINES' MEMORIAL CLUB AND HOTEL • SAN FRANCISCO, CA

Presented by the University of California, San Francisco School of Medicine, this clinically-oriented course brings the practicing surgeon up-to-date on the latest developments in hernia surgery with an intensive overview of problems encountered in daily practice and is of substantial value in preparation for board and recertification examinations. This year's program emphasis is on the diagnosis, peri-operative evaluation and surgical treatment of hernias involving the abdominal wall and diaphragm.

WHO SHOULD ATTEND THIS COURSE?

This symposium is designed for general surgeons, plastic surgeons, thoracic surgeons, and other surgeons and allied health professionals who participate in the surgical management of hernia conditions.

OBJECTIVES

Upon completion of this course, participants should be able to:

- Identify, diagnose, understand the pathophysiology and surgically treat hernias of the abdominal wall and diaphragm, including inguinal, umbilical, incisional and paraesophageal hernias;
- Appropriately select from the broad range of diagnostic and therapeutic options, including the most contemporary applications of minimally invasive and robotic techniques and new prosthetic materials.

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Hobart W. Harris, MD, MPH

J. Englebert Dunphy Chair in Surgery
Chief, Division of General Surgery

Laurence F. Yee, MD

Associate Professor of Surgery;
Director, Laparoscopic
Gastrointestinal Surgery,
California Pacific Medical Center

INVITED GUEST SPEAKERS

Conrad Ballecer, MD

Center for Minimally Invasive
and Robotic Surgery
Peoria, AZ

Guilherme M. Campos, MD

Nutter Eminent Scholar Endowed
Chair in Surgery; Chairman, Division
of Bariatric and Gastrointestinal
Surgery; Director, Advances GI
and MIS Fellowship, Virginia
Commonwealth University,
Richmond, VA

Alfredo M. Carbonell, DO

Associate Professor of Surgery;
Chief, Division of Minimal Access
and Bariatric Surgery; Co-Director
Hernia Center, Greenville
Health System, University of
South Carolina School of Medicine
Greenville, SC

Robert G. Martindale, MD, PhD

Professor of Surgery; Chief of
Gastrointestinal and General
Surgery; Medical Director Hospital
Nutritional Service; Oregon
Health & Science University
Portland, OR

Carlos A. Pellegrini, MD

Henry N. Harkins Endowed
Chair in Surgery; Professor and
Chair, Department of Surgery
University of Washington,
School of Medicine
Seattle, WA

UCSF FACULTY

Joshua Adler, MD

Chief Medical Officer;
Executive Vice President for
Physician Services,
UCSF Health; Professor
of Clinical Medicine;
Vice Dean for Clinical Affairs,
UCSF School of Medicine

Jonathan Carter, MD

Associate Professor of Surgery,
Division of General Surgery

John P. Cello, MD

Professor of Medicine and Surgery;
Medical Director, Bariatric Surgery
Center at UCSF Medical Center

Tammy T. Chang, MD, PhD

Assistant Professor of Surgery,
Division of General Surgery

Scott L. Hansen, MD, FACS

Associate Professor of Plastic,
Reconstructive & Orthopedic
Surgery; Chief, Hand and
Microvascular Surgery, UCSF

Kevin R. Hiler, MD

Associate Professor of Surgery

Arthur Hill, MD

Professor of Surgery, Division of
Adult Cardiothoracic Surgery

Carter Lebares, MD

Assistant Professor of Surgery,
Division of General Surgery

Michelle L. Li, MD

Assistant Clinical Professor of
Surgery; Vice-Chair of the
Department of Surgery, California
Pacific Medical Center

UCSF FACULTY (CONTD)

Matthew Y.C. Lin, MD

Assistant Professor of Surgery,
Division of General Surgery

Lawrence Poree, MD, PhD, MPH

Associate Professor of
Anesthesiology, UCSF Pain
Management Center

Stanley J. Rogers, MD

Associate Professor & Chief,
Minimally Invasive Surgery,
Division of General Surgery
Director, Bariatric Surgery Center &
Liver Tumor Ablation Program

Ankit Sarin, MD, MHA

Assistant Professor of Surgery,
Division of General Surgery

Hani Sbitany, MD

Assistant Professor of Surgery,
Division of Plastic & Reconstructive
Surgery

Insoo Suh, MD

Assistant Professor of Surgery,
Division of General Surgery

David M. Young, MD

Professor of Surgery, Division of
Plastic and Reconstructive Surgery

faculty

THURSDAY, MAY 12, 20167:30 am *Registration and Continental Breakfast*8:00 **Welcome and Overview**Laurence F. Yee, MD
Hobart W. Harris, MD, MPH**INGUINAL HERNIA REPAIR**8:10 **Open Inguinal Hernia Repair: Indications and Benefits**

Kevin R. Hiler, MD

8:25 **Management of Recurrent Inguinal Hernia**

Insoo Suh, MD

8:40 **P Chronic Inguinodynia: Prevention and Surgical Treatment**

Jonathan Carter, MD

8:55 **P Chronic Inguinodynia: Modern Pain Management**

Lawrence Poree, MD, PhD, MPH

MINIMALLY INVASIVE HERNIA SURGERY9:15 **Laparoscopic Surgical Techniques: TAPP**

Laurence F. Yee, MD

9:30 **Laparoscopic or Open Inguinal Hernia Repair: The Data**

Matthew Lin, MD

9:45 **Robotic Inguinal Hernia Repair**

Conrad Ballecer, MD

10:00 **Robotic Repair of Abdominal Wall Hernias**

Alfredo M. Carbonell, DO

10:15 **Robotic Surgery: The Economics and Outcomes**

Carter Lebares, MD

10:30 **Panel Discussion and Questions**10:45 *Coffee Break*11:15 **NAFFZIGER LECTURE: New Frontiers in Minimally Invasive and Endoscopic Surgery**

Guilherme M. Campos, MD

12:00 pm *Lunch on your own***MESH PROSTHETICS**1:00 **Evolution of Hernia Prosthetics**

Robert G. Martindale, MD, PhD

1:15 **Biologics: Fact or Fancy?**

Hobart W. Harris, MD, MPH

1:30 **Synthetic Biologics: A New Era**

Robert G. Martindale, MD, PhD

1:45 **Role of Antibiotics in Preventing and Treating Mesh Infections**

Kevin R. Hiler, MD

2:00 **Mesh Fixation: Staples and Tacks, Sealants and Glues**

Matthew Y.C. Lin, MD

2:15 **Onlay, Inlay or Underlay; Does Location Matter?**

Conrad Ballecer, MD

2:45 **Panel Discussion and Questions**3:00 *Coffee Break***HERNIA SURGERY OUTCOMES**3:15 **Quality of Life after Ventral Hernia Repair**

Conrad Ballecer, MD

3:30 **G Hernia Surgery in the Elderly: Functional Recovery**

Ankit Sarin, MD

3:45 **Groin Hernia: Is Watchful Waiting Appropriate?**

Kevin R. Hiler, MD

4:00 **G Surgical Pre-Habilitation in the Digital Age**

Ankit Sarin, MD

4:15 **Panel Discussion and Questions**4:30 pm *Adjourn***FRIDAY, MAY 13, 2016**7:30 am *Registration and Continental Breakfast***RECONSTRUCTIVE ABDOMINAL WALL SURGERY**8:00 **Separation of Components: When and How?**

Hani Sbitany, MD

8:15 **Minimally Invasive Separation of Components**

Alfredo M. Carbonell, DO

8:30 **Advances in Abdominal Wall Reconstruction**

Scott Hansen, MD

8:45 **Transversus Abdominis Release (TAR)**

Alfredo M. Carbonell, DO

9:00 **Management of Chronic Wound Infections**

David M. Young, MD

9:15 **Panel Discussion and Questions****COMPLEX ABDOMINAL WALL HERNIA SURGERY**9:30 **Contaminated Ventral Hernias**

Alfredo M. Carbonell, DO

9:45 **Loss of Abdominal Domain**

Hobart W. Harris, MD, MPH

10:00 **F flank Hernias**

Robert G. Martindale, MD, PhD

10:15 **Parastomal Hernias**

Hani Sbitany, MD

10:30 **Surgical Management of Diastasis Rectus**

Scott L. Hansen, MD

10:45 **Panel Discussion and Questions**11:00 *Break*

FRIDAY, MAY 13, 2016 (CONT'D)

KEYNOTE PRESENTATION

11:15 **G** Perioperative Patient Optimization

Robert G. Martindale, MD, PhD

12:15 pm Lunch on own

NAFFZIGER ROUNDS

1:15 **T** Abdominal Wall Catastrophes

Moderator Hobart W. Harris, MD, MPH
 Alfredo M. Carbonell, DO
 Kevin Hiler, MD
 Robert G. Martindale, MD, PhD
 Hani Sbitany, MD
 David M. Young, MD

2:30 Coffee Break

HERNIA SURGERY POTPOURRI

2:45 Stem Cells and Hernia Repair: A Regenerative Medicine Approach

Tammy T. Chang, MD

3:00 COBRA Trial: Early Results

Robert G. Martindale, MD, PhD

3:15 Will Health Care Reform Impact Hernia Surgery?

Joshua Adler, MD

3:30 American Hernia Society Quality Collaborative

Alfredo M. Carbonell, DO

3:45 ICD-10 Coding for Hernia Repair: Improvement or Insanity?

Michelle L. Li, MD

4:00 Abdominal Wall Hernia Prevention

Hobart W. Harris, MD, MPH

4:15 Panel Discussion and Questions

4:30 pm Adjourn

SATURDAY, MAY 14, 2016

7:30 am Continental Breakfast

8:00 Leadership in Surgery

Carlos A. Pellegrini, MD

HERNIAS OF THE DIAPHRAGM I

8:30 Paraesophageal Hernia: Management and Operative Techniques

Stanley J. Rogers, MD

8:45 Prosthetic Reinforcement of the Hiatus

Carlos A. Pellegrini, MD

9:00 Treatment of Paraesophageal Hernias & GERD in the Patient with Obesity

Guilherme M. Campos, MD

9:15 Gastric Volvulus: Diagnosis and Management

Stanley J. Rogers, MD

9:30 Reoperative Surgery for GERD

Carlos A. Pellegrini, MD

9:45 Panel Discussion and Questions

10:00 Coffee Break

HERNIAS OF THE DIAPHRAGM II

10:30 What Patients Need Surgery for GERD?

John P. Cello, MD

10:45 Laparoscopic Anti-Reflux Surgery: Options and Outcomes

Jonathan Carter, MD

11:00 Endoluminal Therapies for Esophageal Disease

Carter Lebares, MD

11:15 Magnetic Sphincter Augmentation for GERD

Guilherme M. Campos, MD

11:30 Congenital and Acquired Hernias of the Diaphragm

Arthur Hill, MD

11:45 Panel Discussion and Questions

12:00 pm Course Adjourn/Evaluations

P = Pain Credit **G** = Geriatric Credit **T** = Trauma Credit

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **17.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Physician Assistants

AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

Pharmacy

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Upcoming CME Courses

UCSF Vascular Symposium

April 11-16, 2016
Park Central Hotel
San Francisco, CA

♻️ Printed on Recycled Paper

For more information or to register online visit our website at www.cme.ucsf.edu. You may also reach us by calling the Office of Continuing Medical Education at (415) 476-4251 or emailing: info@ocme.ucsf.edu.

UCSF

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San Francisco
Office of CME
UCSF Box 0742
San Francisco, CA
94143-0742

GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course.

HOW TO ENROLL

Tuition:

Physicians

\$700 by 3/12/16

\$750 on or after 3/13/16

Nurses/Pharmacists/Allied Health
Professionals/Full-Time Military

\$600 by 12/31/15

\$650 on or after 1/1/16

Residents/Fellows

(Non-UCSF Department of Surgery)

\$500 by 3/12/16

\$550 on or after 3/13/16

*On-site registration will be \$50 additional payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:

UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: www.cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses.

REFUND POLICY Cancellations received in writing by **May 9, 2016** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

WHERE Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. **The Marines' Memorial Club and Hotel**, 609 Sutter Street, San Francisco is just steps from Union Square, famed cable cars, and the Theatre District.

WHAT

A block of guestrooms has been reserved at the special UCSF conference rate of **\$239 for a standard room or \$259 for a deluxe room per night**. You are urged to make your reservations early. The cutoff date is **April 15, 2016**. After this date, rooms will be provided on a space-available basis only.

HOW To make hotel reservations on-line, go to www.cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

RENTAL CAR Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to identification number #03BW0135, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour codes to book on your own:

United – www.united.com code: ZVNR195536

POSTGRADUATE COURSE IN HERNIA SURGERY

MSU16001

May 12-14, 2016

Marines' Memorial Club and Hotel • San Francisco, California

Mail to : UCSF Office of CME

P.O. Box 45368
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 Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
 Registration Information: (415) 476-5808
 Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs.

 Last Name First M.I.

 Degree Specialty

 Address

 City State Zip

 Daytime Phone Fax

 Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: _____ / _____ / **XX**
 Month Day

Please indicate if you have any special needs: _____

Registration Fees

- \$700** Physicians on or before 3/12/16;
\$750 on or after 3/13/16
- \$600** Allied Health Professionals/Military on or before 3/12/16;
\$650 on or after 3/13/16
- \$500** Residents/Fellows (non-UCSF Department of Surgery) on or before 3/12/16;
\$550 on or after 3/13/16

Complimentary for Naffziger Surgical Society Members whose dues are current.

Check enclosed payable to *UC Regents*

Please charge my credit card: Visa MasterCard AmEx for \$ _____

 Card # Expiration date

 Name on Card (Please Print) Authorized Signature

Refund Policy: Cancellations received in writing by May 9, 2016 will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date. Please check our website for up to date information on the course: www.cme.ucsf.edu.

Marines' Memorial Club and Hotel
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<http://www.marineclub.com>

