CONTROVERSIES IN WOMEN’S HEALTH

December 8-9, 2016
HOTEL NIKKO
SAN FRANCISCO, CA

PROGRAM CHAIR
Robert B. Baron, MD, MS
Professor of Medicine
Associate Dean for Graduate and Continuing Medical Education
Increasing appreciation of the unique needs of women patients and women health care providers has created a need for innovative educational programs on women’s health. This program will provide a practical update on a full range of common but controversial issues in women’s health. Emphasis will be placed on new developments in preventive care for women, issues in reproductive health, and clinical strategies in the diagnosis and treatment of common gynecologic and medical disorders of women. An audience response system will be used and ample time will be provided for questions and discussion. An electronic course syllabus will be distributed to all participants prior to the meeting. A hard copy of the syllabus will be available for purchase. This course is presented by the Division of General Internal Medicine, Department of Medicine, in close collaboration with the Department of Obstetrics, Gynecology, and Reproductive Sciences and is sponsored by the University of California, San Francisco.

TARGET AUDIENCE
This course is designed for family physicians, internists, gynecologists, nurses, nurse practitioners, physician assistants, pharmacists, and all others involved in providing quality health care for women. Special attention will be paid to the day-to-day controversies of office practice, emphasizing preventive medicine, diagnosis and treatment of common disorders, issues in women’s health, and current approaches to management of chronic illness.

EDUCATIONAL OBJECTIVES
The purpose of this course is to increase competence and improve clinician practice in primary care and women’s health. We specifically anticipate improvements in skills and strategies to:

• Discuss and implement new guidelines for women for prevention and early detection of cancer with clinical exams, pap tests, genetic tests, and diagnostic imaging;
• Discuss and implement new guidelines for women to prevent infectious diseases with vaccines, screening, chemoprevention, and counseling;
• Diagnose and treat common and controversial problems in women’s health including lipid disorders, hypertension, osteoporosis, menopause, liver disease, PCOS, STI’s, stroke, sports injuries, and allergies;
• Counsel patients about treatment options in contraception;
• Manage common skin problems in women;
• Counsel patients about the best options to treat symptoms and provide palliative care at the end of life;
• Provide comprehensive health care for transgender patients;
• Work with patients after trauma;
• Select the best diagnostic tests;
• Evaluate and prescribe new medications;
• Utilize optimal strategies to enhance value in medical practice;
• Advocate for quality health care services for women.

ACCREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 13.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency. Geriatric Medicine: The approved credits shown above include 6.00 credits toward meeting the requirements under California Assembly Bill 1820, Geriatric Medicine.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME. Prescribed credit from AAFP, and AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credits™.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Obstetricians/Gynecologists: Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. Determination of credit is pending.

Licensed Clinical Social Workers and Marriage & Family Therapists: This course meets the qualifications on an hour-for-hour basis of continuing education credit for MFT’s and/or LCSW’s as required by the California Board of Behavioral Sciences. Approval No. PCE 1272.
THURSDAY, DECEMBER 8, 2016
7:30 am  Continental Breakfast and Course Registration
8:20  Welcome and Announcements  Robert B. Baron, MD, MS

PREVENTIVE MEDICINE FOR WOMEN
Moderator: Robert B. Baron, MD, MS
8:30  Vaccinations for Adults and Adolescents  Lisa Winston, MD
9:10  Q & A
9:20  Updates in Breast Cancer Screening  Karla M. Kerlikowske, MD
10:00  Q & A
10:10  Coffee Break
10:30  Re-envisioning Annual Well-Woman Visits: Focus on Cervical Cancer Screening and Pelvic Examinations  George F. Sawaya, MD
11:10  Q & A
11:20  Current and Emerging Strategies for Osteoporosis  Douglas C. Bauer, MD
12:00 pm  Q & A
12:10  Lunch (On Your Own)

CLINICAL STRATEGIES IN WOMEN’S HEALTH I
Moderator: Robert B. Baron, MD, MS
1:30  Common Activity-Related Conditions in Women  Cindy J. Chang, MD
2:10  Q & A
2:20  Treating Hypertension and Lipid Disorders in Women: Balancing Benefits and Harms  Robert B. Baron, MD, MS
3:00  Q & A
3:10  Coffee Break
3:30  Current Strategies for Menopause Management  Judith M.E. Walsh, MD, MPH
4:10  Q & A
4:20  New Guidelines for Detection and Treatment of Sexually Transmitted Infections  Michael S. Policar, MD, MPH
5:00  Q & A
5:10 pm  Adjourn

GENERAL INFORMATION
Pre-registration is preferred to ensure that adequate course materials are available. The syllabus will be transmitted electronically prior to the course. Optional purchase of a printed syllabus is available for $30.

HOW TO ENROLL
Tuition:  
$525  Physicians
$425  Allied Health Professionals/Physicians-in-Training
$30  Optional Printed Syllabus
Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
Online:  cme.ucsf.edu
Mail:  Complete course registration form and send with payment to:  UCSF Office of CME  P.O. Box 45368  San Francisco, CA 94145-0368
Fax:  Fax completed registration form to:  (415) 502-1795 (be sure to include your credit card number)
Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808 or check our website for up-to-date information on the course:  cme.ucsf.edu

REFUND POLICY
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.
## FRIDAY, DECEMBER 9, 2016

8:00 am  
**Continental Breakfast**

**CLINICAL STRATEGIES IN WOMEN’S HEALTH II**  
Moderator: Robert B. Baron, MD, MS

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>8:30</td>
<td>G Palliative Care Pearls: What Works, What Doesn’t</td>
<td>Steve Pantilat, MD</td>
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<tr>
<td>9:10</td>
<td>Q &amp; A</td>
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<tr>
<td>9:20</td>
<td>Allergy and Immunology: Pearls for Clinical Practice</td>
<td>Katherine E. Gundling, MD, FACP</td>
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<td>10:00</td>
<td>Q &amp; A</td>
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<td>10:10</td>
<td>Coffee Break</td>
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<tr>
<td>10:30</td>
<td>G Advances in Prevention and Treatment of Stroke</td>
<td>Jeff Kohlwes, MD</td>
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<td>11:10</td>
<td>Q &amp; A</td>
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<td>11:20</td>
<td>Trauma Informed Care: Caring for Women with a History of Trauma</td>
<td>Leigh Kimberg, MD</td>
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<td>12:00</td>
<td>Q &amp; A</td>
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<td>12:10</td>
<td>Lunch (On Your Own)</td>
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**CLINICAL STRATEGIES IN WOMEN’S HEALTH III**  
Moderator: Robert B. Baron, MD, MS

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>1:30</td>
<td>Liver Disease in Women</td>
<td>Monika Sarkar, MD, MAS</td>
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<td>2:10</td>
<td>Q &amp; A</td>
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<td>2:20</td>
<td>G Dermatology Update: What’s New in Women's Skin Health</td>
<td>Kanade Shinkai, MD, PhD</td>
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<td>3:00</td>
<td>Q &amp; A</td>
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<td>3:10</td>
<td>Coffee Break</td>
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<td>3:30</td>
<td>Best Practices in Contraceptive Counseling</td>
<td>Jody E. Steinauer, MD, MAS</td>
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<td>4:10</td>
<td>Q &amp; A</td>
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<tr>
<td>4:20</td>
<td>Current Concepts in Caring for Transgender Patients</td>
<td>Maurice M. Garcia, MD, MAS</td>
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<td>5:00</td>
<td>Q &amp; A</td>
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<td>5:10</td>
<td>Adjourn</td>
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5:10 pm  
G - Geriatric Credit

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### By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

**AIR TRANSPORTATION AND RENTAL CAR**  
UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL & LODGING section of the course webpage at www.cme.ucsf.edu for more information and discount codes.

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**CONFERENCE LOCATION**  
Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building.

**Hotel Nikko** is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of **$229/night**. Please make your reservations early. The cut off date is **November 10, 2016**, or **until the group room block is filled**. After this date, rooms will be provided on a space-available basis only. To make hotel reservations, call the Hotel Nikko at (415) 394-1111, toll-free at (800) 248-3308. Please identify yourself as a member of the UCSF Controversies in Women’s Health conference to receive the special rate.
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December 8-9, 2016
Hotel Nikko • San Francisco, CA

Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

License # (Required for Licensed Clinical Social Workers and Marriage and Family Therapists receiving credit)

Address Label Code Letter (see address label: example, A, B, C, D, etc.) ____________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / XX

Month        Day

Please indicate if you have any special needs: ______________________________

Tuition:
☐ $525 Physicians
☐ $425 Allied Health Professionals/Physicians-in-Training
☐ $30 Optional Printed Syllabus

Make checks payable to UC Regents.

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ ____________________________

Card # | Expiration date

Name on Card (Please Print) | Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration
Date: Thursday, December 8, 2016
Time: 7:30 - 8:20 am
Location: Hotel Nikko San Francisco
222 Mason Street
San Francisco, CA 94102
415-394-1111
1-800-NIKKO-SF (248-3308)
www.hotelnikkosf.com