

SATURDAY, August 13, 2016 – Medicine of Cycling Conference

7:15 AM Registration

MORNING MODERATOR: Aaron Goldberg, MD

7:50 AM Welcome and Introduction

8:00 AM Cardiac Screening in Endurance Athletes -Anne Albers MD

9:00 AM Overtraining and Underperformance. Combining Sports Medicine and Sports Science– Kevin Sprouse MD

10:00 AM Break

10:10 AM Cardiac Risk of Endurance Training -Anne Albers MD

11:10 AM Medical Coverage of Cycling Events -Keith Borg MD

12:10 PM Lunch

AFTERNOON MODERATOR: Anna Abramson MD

1:30 PM Research Presentations

2:30 PM Unique Sports Medicine Concerns of the Female Cyclist -Gloria Cohen MD

3:30 PM Adjourn (Final instructions about ride Hyatt 4p, dinner Marigold 7p (carpool 630p))

4:00 PM Group ride

7:00 PM Group Dinner – Marigold Cafe and Bakery – 4605 Centennial Blvd., Colorado Springs, CO

SUNDAY, August 14th, 2016 – Medicine of Cycling Conference

MORNING MODERATOR: Mark Greve MD

7:30 AM Registration

8:00 AM Physical Therapy Bike Fit Accommodations – Greg Robidoux PT

9:00 AM Acute Cycling Injuries or panel discussion on race safety -Mark Greve MD

10:00 AM Break

10:10 AM Cycling Physiology and Physiological Testing– Inigo San Milan PhD

11:10 AM Pulmonary Limiters in Athletic Performance -Michael Ross MD

12:10 PM Break

12:20 PM Protecting Clean Sport: Global Advances in Drug Detection and Deterrence Efforts – Matthew Fedoruk PhD

1:20 PM Adjourn