Family Medicine Board Review:
Improving Clinical Care Across the Lifespan

Hotel Kabuki • San Francisco, California

MARCH 19-22, 2018

COURSE CHAIRS
Ronald H. Goldschmidt, MD
Professor of Family and Community Medicine; Vice Chair, Department of Family and Community Medicine

Shira Shavit, MD
Associate Professor of Family and Community Medicine
Executive Director, Transitions Clinic

Family Medicine Board Examination
San Francisco is one of the sites for the computerized Family Medicine Board Examination.
For more information regarding the examination, please contact the American Board of Family Medicine in Lexington, KY
www.theabfm.org

This CME activity is self-supporting and receives no funding from industry.
OVERVIEW
Presented by the University of California, San Francisco, School of Medicine, The Family Medicine Board Review Course provides a review of common problems encountered in Primary Care. The format is designed to help prepare eligible candidates for the American Board of Family Medicine examination and to assist practitioners with strategies to improve their patient care. Presentations will cover a broad range of important clinical information in a board review format. A syllabus with outlines of all lectures, as well as extensive questions and answers, will be provided to attendees.

TARGET AUDIENCE
Clinicians interested in expanding their knowledge and improving their practice in primary care, including family physicians, internists, pediatricians, OB/GYNs, nurses, nurse practitioners and physicians assistants.

QUESTIONS AND ANSWERS WORKSHOPS
will be conducted to review typical board exam questions. The workshops will be offered in Medicine, Pediatrics and Obstetrics/Gynecology.

OBJECTIVES
Upon completion of this course, participants should be able to:

• Incorporate nationally recommended screening strategies for adults for health care maintenance;
• Implement appropriate health care maintenance for adult patients in the ambulatory setting;
• Implement appropriate screening and diagnosis of diabetes consistent with national guidelines;
• Employ effective strategies in management of Type 2 diabetes;
• Improve the approaches to diagnosis and classification of hypertension in adults;
• Adequately control chronic diseases states, such as hypertension and diabetes;
• Demonstrate increase competence in the treatment of hypertension and effectively manage adult hypertensive patients;
• Recognize and properly manage common surgical problems;
• Avoid selection for antibiotic resistance in adults and children;
• Implement comprehensive immunization programs for infants and children;
• Provide approved treatment regimens for sexually transmitted infections;
• Incorporate evidence-based guidelines for preventative medicine and standard of care to improve obstetric and office gynecologic outcomes.
## MONDAY, MARCH 19, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15 am</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>7:50</td>
<td>Introduction and Welcome</td>
<td>Ronald Goldschmidt, MD</td>
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<tr>
<td></td>
<td></td>
<td>Shira Shavit, MD</td>
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<tr>
<td>8:00</td>
<td>Common Dermatoses in Children and Adults</td>
<td>Rita Khodosh, MD</td>
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<tr>
<td>9:00</td>
<td>Geriatrics</td>
<td>Daniel Pound, MD</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>Common Orthopaedic Problems and Sports Injuries</td>
<td>Cindy Chang, MD</td>
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<tr>
<td>11:15</td>
<td>Neurology Review</td>
<td>Karen L. Parko, MD</td>
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<tr>
<td>12:00 pm</td>
<td>Lunch</td>
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<tr>
<td>1:15</td>
<td>The Family Medicine Board Examination: What to Expect</td>
<td>Shira Shavit, MD</td>
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<tr>
<td>1:30</td>
<td>Emergency Medicine</td>
<td>Jahan Fahimi, MD</td>
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<tr>
<td>2:30</td>
<td>Break</td>
<td></td>
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<tr>
<td>2:45</td>
<td>Fundamentals of Obstetrics</td>
<td>Christine Pecci, MD</td>
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<tr>
<td>3:45</td>
<td>OB/GYN Q&amp;As</td>
<td>Pooja Mittal, DO</td>
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<tr>
<td>4:45 pm</td>
<td>Adjourn</td>
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## TUESDAY, MARCH 20, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:15 am</td>
<td>Continental Breakfast</td>
<td>Andrea Marmor, MD, MSEd</td>
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<tr>
<td>8:00</td>
<td>Infectious Diseases in Children</td>
<td>Ronald Goldschmidt, MD</td>
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<tr>
<td>8:45</td>
<td>Medicine Q&amp;As</td>
<td>Ina Park, MD, MS</td>
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<tr>
<td>9:30</td>
<td>Sexually-transmitted Diseases</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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</tr>
<tr>
<td>10:30</td>
<td>Surgical Problems in Primary Care</td>
<td>Ronald H. Labuguen, MD</td>
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<tr>
<td>11:30</td>
<td>Overview of Preventive Medicine for the Family Physician</td>
<td>Larry Dickey, MD</td>
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<tr>
<td>12:00</td>
<td>Lunch</td>
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<tr>
<td>1:15</td>
<td>High Yield GI for the Generalist</td>
<td>Jack Chase, MD FAAFP</td>
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<tr>
<td>2:15</td>
<td>Problems of the Neonatal Period</td>
<td>Susan A. Fisher-Owens, MD, MPH</td>
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<tr>
<td>3:15</td>
<td>Break</td>
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<tr>
<td>3:30</td>
<td>Clinical Problems in Childhood and Adolescence</td>
<td>Shannon Thyne, MD</td>
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<tr>
<td>4:15</td>
<td>Pediatric Q&amp;As</td>
<td>Shannon Thyne, MD</td>
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<tr>
<td>5:15 pm</td>
<td>Adjourn</td>
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WEDNESDAY, MARCH 21, 2018

7:15 am  Registration and Breakfast
8:00  Hypertension and Valvular Disease: Diagnosis and Treatment  David Schneider, MD
9:00  Angina, Acute Coronary Syndrome, and Congestive Heart Failure  David Schneider, MD
10:00  Break
10:15  Common Pulmonary Problems  Diana Coffa, MD
11:00  Essentials of Nephrology  Shieva Khayam-Bashi, MD
12:00 pm  Lunch
1:15  Management of Diabetes  Sarah Kim, MD
2:15  Refresher on Diseases of the Thyroid, Parathyroid, Pituitary and Adrenal Gland  Robert J. Rushakoff, MD
3:15  Break
3:30  Arthritis / Rheumatology  Jonathan D. Graf, MD
4:30  Common Eye Conditions Every Primary Care Provider Should Know  Cynthia S. Chiu, MD, FACS
5:30 pm  Adjourn

THURSDAY, MARCH 22, 2018

7:15 am  Registration and Breakfast
8:00  Infectious Disease and Antimicrobials  Brian Schwartz, MD
9:00  Common Problems in Psychiatry  Lee Rawitscher, MD
10:00  Break
10:15  Abnormal Vaginal Bleeding and Cervical Cytology  Sara Whetstone, MD, MHS
11:15  Contraception and Menopause  Sara Whetstone, MD, MHS
12:15 pm  Adjourn

GENERAL INFORMATION
Advanced registration closes one (1) business day prior to start of course. On site registration fees, if applicable, will be applied after this date.

HOW TO ENROLL
Tuition:

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<tr>
<th>Before 3/1/2018</th>
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<tr>
<td>$775 Physicians</td>
<td>$875 Physicians</td>
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<tr>
<td>$625 Allied Health Professionals</td>
<td>$725 Allied Health Professionals</td>
</tr>
<tr>
<td>$425 Residents/Fellows</td>
<td>$525 Residents/Fellows</td>
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Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
Online:  www.cme.ucsf.edu
Mail:  Complete course registration form and send with payment to: UCSF Office of CME P.O. Box 45388 San Francisco, CA 94145-0368
Fax:  Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)
Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY
Cancellations received in writing before March 1, 2018 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
This course will be held at the Hotel Kabuki in the heart of San Francisco’s Japan Town, conveniently located near most of San Francisco’s destinations. You can drive/taxi in or enjoy convenient access via public transportation from all Bay Area locations.
COURSE DIRECTORS

Ronald H. Goldschmidt, MD  
Professor of Family and Community Medicine  
Vice Chair, Department of Family and Community Medicine

Shira Shavit, MD  
Associate Professor of Family and Community Medicine  
Executive Director, Transitions Clinic

Cindy Chang, MD  
Professor of Orthopaedics

Jack Chase, MD, FAAFP  
Director of Operations, Family Medicine Inpatient Service  
Co-Director, Minor Procedure  
Clinic at Family Health Center  
Attending Physician, Supportive and Palliative Care Service

Cynthia S. Chiu, MD, FACS  
Associate Professor of Ophthalmology

Diana Coffa, MD  
Program Director, ZSF Family and Community Medicine Residency  
Associate Professor of Family and Community Medicine

Larry L. Dickey, MD, MPH  
Associate Professor of Family and Community Medicine  
Medical Director, Office of Health Information Technology, California Department of Health Care Services

Jahan Fahimi, MD  
Assistant Professor of Medicine

Susan A. Fisher-Owens, MD, MPH, FAAP  
Associate Professor of Pediatrics  
Associate Professor of Preventative and Restorative Dental Sciences

Jonathan D. Graf, MD  
Professor of Medicine

Ronal H. Goldschmidt, MD  
Professor of Clinical Family and Community Medicine  
Vice-Chair, Department of Family and Community Medicine

S. Andrew Josephson, MD  
Professor of Medicine  
Director, Neurohospitalist Program  
Medical Director, Inpatient Neurology

Shieva Khayam-Bashi, MD  
Clinical Professor of Family and Community Medicine  
Medical Director, Skilled Nursing Facility

Sarah Kim, MD  
Assistant Professor of Medicine

Rita Khodosh, MD, PhD  
Assistant Professor of Dermatology

Ronald H. Labuguen, MD  
Professor of Family and Community Medicine  
Medical Director, Urgent Care Center, ZSFG

Andrea Marmor, MD, MSED  
Professor of Medicine

Pooja Mittal, DO  
Medical Director, HealthNet Inc.  
Adjunct Professor of Family and Community Medicine

Karen L. Parko, MD  
National Director, VA Epilepsy Centers of Excellence  
Professor of Neurology

Ina Park, MD, MS  
Associate Professor of Family and Community Medicine

Christine Pecchi, MD  
Associate Professor of Family and Community Medicine

Michael S. Policar, MD, MPH  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Daniel Pound, MD  
Professor of Family and Community Medicine

Lee Rawitscher, MD  
Professor of Psychiatry

Robert J. Rushakoff, MD  
Professor of Medicine  
Medical Director, Diabetes Center at Mount Zion and Inpatient Diabetes at UCSF Medical Center

David M. Schneider, MD  
Professor of Family and Community Medicine, and Pharmacy  
Faculty Physician/Didactics, Director/Procedures, Director/Medical & Pharmacy, Student Clerkship Director, Santa Rosa Family Medicine Residency

Brian Schwartz, MD  
Associate Professor of Medicine

Shira Shavit, MD  
Executive Director, Transitions Clinic  
Associate Professor of Family and Community Medicine

Shannon Thyne, MD, Professor of Pediatrics, UCLA, Los Angeles.  
Chief Medical Officer and Chair of Pediatrics, Olive View Medical Center

Sara Whetstone, MD, MHS  
Assistant Professor of Obstetrics, Gynecology, & Reproductive Sciences  
Assistant Residency Director, Department of Obstetrics, Gynecology, & Reproductive Sciences

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For more information or to register online visit our website at www.cme.ucsf.edu. You may also reach us by calling the Office of CME at (415) 476-4251 or email info@cme.ucsf.edu.

ATTN: Amanda Sell  
UCSF Box 0900  
500 Parnassus Avenue  
MU 307  
San Francisco, CA  
94143
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Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name ____________________________________________ First M.I. ____________________________

Degree ____________________________________________ Specialty __________________________

Address ____________________________________________

City __________________________________ State ______ Zip ______

Daytime Phone __________________________________ Fax ______________________

Email ____________________________________________

Address Label Code Letter (see address label: example, A, B, C, D, etc.)__________________________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / X X ⎮ Month       Day

Please indicate if you have any special needs: ____________________________________________

Registration Fees

Before 3/1/2018          After 3/1/2018
☐ $775 Physicians          ☐ $875 Physicians
☐ $625 Allied Health Professionals ☐ $725 Allied Health Professionals
☐ $425 Residents/Fellows   ☐ $525 Residents/Fellows

Make checks payable to UC Regents

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ ____________________

_________________________________________ |__________________________
Card #                                                                                      Expiration date

Name on Card (Please Print) ____________________________ Authorized Signature ______________

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Please check our website for up to date information on the course: cme.ucsf.edu

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1625 Post Street
San Francisco, CA 94115
(415) 922-3200