

UCSF Department of Obstetrics, Gynecology
and Reproductive Sciences
University of California San Francisco, School of Medicine



43rd Annual

Antepartum and Intrapartum Management

aim

JUNE 13-15, 2019
HOTEL NIKKO, SAN FRANCISCO, CA



2019

Antepartum and Intrapartum Management

Hotel Nikko San Francisco, CA

Presented by the University of California, San Francisco School of Medicine, this course stresses antepartum and intrapartum assessment and clinical management in obstetrics. On the first day, various aspects of prenatal diagnosis, ultrasound, antepartum conditions, and maternal complications of pregnancy are covered. The second day is largely devoted to fetal heart rate interpretation and management of fetal heart rate patterns. The third day continues with discussions of potential complications of pregnancy and appropriate management. The course is designed for physicians, midwives, obstetric nurses, and trainees. The faculty instructors are internationally known through their clinical and basic research, scholarly articles, and texts. The faculty are highly qualified, certified by their respective specialties, and the majority are qualified or eligible for the subspecialty division of Maternal Fetal Medicine of the American Board of Obstetrics and Gynecology.

OBJECTIVES

Upon completion of this course, participants should be able to:

- Counsel patients regarding genetic tests for prenatal diagnosis;
- Manage and treat selected maternal medical complications of pregnancy and delivery using evidence-based guidelines;
- Appropriately manage fetal heart rate patterns during labor;
- Apply the evidence for intermittent auscultation and correct method of conducting intermittent auscultation;
- Counsel patients appropriately regarding postpartum care and maternal mental health.



ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **18.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Pharmacists:

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Physician Assistants

American Academy of Physician Assistants accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

SPECIALTY CREDIT

AMCB Credit

AMA PRA Category 1 Credit™ is accepted by the Certificate Maintenance Program (CMP) of the American Midwifery Certification Board (AMCB) for programs relevant to midwifery. Certified nurse-midwives and certified midwives attending this program may report **18.00** credit hours.

ACOG Credit

Application has been filed with the American College of Obstetricians and Gynecologists. **Determination of credit is pending.**

Fetal Heart Rate Monitoring

The approved credits include **2.50 AMA PRA Category 1 Credit™** towards Fetal Heart Rate Monitoring and Assessment Education.

Pharmacotherapeutics CEUs for Nurses

This activity is designated for a maximum of **3.00** pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

THURSDAY, June 13, 2019

| | | |
|---|--|---------------------------------|
| 7:00 am | Registration and Continental Breakfast | |
| 8:10 | Introduction | Aaron B. Caughey, MD, PhD |
| MODERATOR: AARON B. CAUGHEY, MD, PhD | | |
| 8:15 | Making Sense of Carrier Screening in 2019 | Mary E. Norton, MD |
| 8:45 | Pregnancy Questions: Myths and Evidence | Amy (Meg) Autry, MD |
| 9:15 | Cell Free DNA Screening—the Latest and Greatest | Shilpa P. Chetty, MD |
| 9:45 | Questions and Answers | |
| 10:05 | <i>Coffee Break</i> | |
| 10:25 | Beyond the Birth Plan | Rebecca H. Amirault, CNM |
| 10:55 | Induction of Labor: Implications of the ARRIVE Trial | Melissa G. Rosenstein, MD, MAS |
| 11:25 | P Update on Group B Strep Prophylaxis Guidelines | Tekoa L. King CNM, MPH |
| 11:55 | Questions and Answers | |
| 12:15 pm | <i>Lunch (individually arranged)</i> | |
| MODERATOR: MARY E. NORTON, MD | | |
| 1:30 | Postpartum Care: It Takes a Village | Kate Frometa, CNM, MSN |
| 2:00 | Obesity Management on Labor and Delivery | Naomi E. Stotland, MD |
| 2:30 | Preterm Birth: Prediction and Prevention | Juan M. González Velez, MD, PhD |
| 3:00 | Questions and Answers | |
| 3:20 | <i>Coffee Break</i> | |
| 3:40 | Update on Fetal Growth Restriction | Brian L. Shaffer, MD |
| 4:10 | MAPS: A Guide for Managing Morbidly Adherent Placenta | Ben C. Li, MD |
| 4:40 | P Update on Hypertension in Pregnancy | Christian Pettker, MD |
| 5:10 | Questions and Answers | |
| 5:30 pm | <i>Adjourn</i> | |
| 5:30-6:45 pm | <i>Julian T. Parer Wine and Cheese Reception</i> | |

FRIDAY, June 14, 2019

| | | |
|--|---|---|
| 7:00 am | Registration and Continental Breakfast | |
| MODERATOR: BRIAN L. SHAFFER, MD | | |
| 8:00 | P Preeclampsia: What's New in Prediction and Prevention? | Roxanna Irani, MD, PhD |
| 8:30 | Quality Improvement on Labor and Delivery | Christian Pettker, MD |
| 9:00 | Disparities in Obstetric Outcomes: Improvement Strategies | Allison S. Bryant, MD, MPH |
| 9:30 | Questions and Answers | |
| 9:50 | <i>Coffee Break</i> | |
| 10:10 | Double Trouble: Management of Twins | Annalisa Post, MD |
| 10:40 | Optimizing the Use of Operative Vaginal Delivery in 2019 | Deirdre J. Lyell, MD |
| 11:10 | Management of the Impacted Head at Time of Cesarean | Maurice L. Druzin, MD |
| 11:40 | Questions and Answers | |
| 12:00 pm | <i>Lunch (individually arranged)</i> | |
| MODERATOR: TEKOA L. KING CNM, MPH | | |
| 1:30 | F Labor Curve – How Do We Manage in 2019? | Ellen L. Tilden, PhD, CNM |
| 2:00 | F Fetal Heart Rate Monitoring | Jeanne S. Sheffield, MD |
| 2:30 | Management of the Second Stage: What's New? | Aaron B. Caughey, MD, PhD |
| 3:00 | Questions and Answers | |
| 3:20 | <i>Coffee Break</i> | |
| 3:40 | F Fetal Heart Rate Monitoring Interactive Session with Faculty Panel | |
| | Moderator: Aaron B. Caughey, MD, PhD | Panelists: Allison S. Bryant, MD, MPH Maurice L. Druzin, MD William M. Gilbert, MD Christian Pettker, MD Brian L. Shaffer, MD Jeanne S. Sheffield, MD Ellen L. Tilden, CNM, PhD |
| 5:10 | Questions and Answers | |
| 5:15 pm | <i>Adjourn</i> | |

SATURDAY, June 15, 2019

7:00 am Registration and Continental Breakfast

MODERATOR: MARY E. NORTON, MD

| | | | |
|----------|---|--|------------------------------|
| 8:00 | P | Thyroid Disease in Pregnancy: Hot or Cold? | Amy M. Valent, DO |
| 8:30 | P | What's New in Hepatitis Care? | Jeanne S. Sheffield, MD |
| 9:00 | | Activity Restriction in Pregnancy? | William M. Gilbert, MD |
| 9:30 | | Questions and Answers | |
| 9:50 | | <i>Coffee Break</i> | |
| 10:10 | | How Hospitalist Models Improve Quality and Safety in Obstetrics | Vasiliki Tatsis, MD, MS, MBA |
| 10:40 | | Health Policy in the 2019 Political Climate | Michael S. Policar, MD, MPH |
| 11:10 | P | Maternal Mental Health: Beyond Postpartum Depression | Amanda J. Yeaton-Massey, MD |
| 11:40 | | Questions and Answers | |
| 12:00 pm | | <i>Adjourn</i> | |

P Nursing Pharmacology Credit

F Fetal Heart Rate Monitoring Credit



GENERAL INFORMATION

Advance registration closes one (1) business day prior to start of course. On site registration fees will be applied after this date.

HOW TO ENROLL

Tuition:

By 3/28/2019

| | |
|-------|--|
| \$765 | Practicing Physicians |
| \$675 | Nurses/Pharmacists/Allied Health Professionals/Residents/Fellows |

After 3/28/2019

| | |
|-------|--|
| \$815 | Practicing Physicians |
| \$625 | Nurses/Pharmacists/Allied Health Professionals/Residents/Fellows |

*Onsite registration will be \$50 additional

Payment can be made by American Express, Visa, MasterCard or check.

REGISTER VIA:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA 94118

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY

Cancellations received in writing before **June 12, 2019** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

Hotel Nikko San Francisco is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of **\$309/night**. You are urged to make your reservations early. The cut off date is **May 22, 2019**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations online, go to cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage.

If you prefer to telephone in your reservation, call 800-248-3308, please identify yourself as a member of this UCSF conference to receive the special rate. *By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.*

AIR TRANSPORTATION AND RENTAL CAR

UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL & LODGING section of the course webpage at cme.ucsf.edu for more information and discount codes.

REGISTER TODAY! For more information or to register online visit our website at cme.ucsf.edu. You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.

UPCOMING COURSE

0569 • University of California, San Francisco
Office of Continuing Medical Education
3333 California Street, Suite 450
San Francisco, CA 94118

**2019 Obstetrics & Gynecology Update:
What Does the Evidence Tell Us?**
October 16-18, 2019
Marines' Memorial Hotel
San Francisco, California

COURSE CHAIRS

Mary E. Norton, MD
Professor, Department of Obstetrics, Gynecology and Reproductive Science, and of Pediatrics
University of California, San Francisco

Aaron B. Caughey, MD, MPP, MPH, PhD

Professor and Chair
Department of Obstetrics & Gynecology; Associate Dean for Women's Health Research & Policy
Oregon Health & Science University, Portland, Oregon

Tekoa L. King, CNM, MPH
Emeritus AIM Course Chair

Brian L. Shaffer, MD
Associate Professor, Department of Obstetrics & Gynecology, Division of Maternal-Fetal Medicine, Oregon Health & Science University, Portland, Oregon

GUEST FACULTY

Allison S. Bryant, MD, MPH
Vice Chair of Quality, Equity and Safety, Department of Obstetrics and Gynecology
Massachusetts General Hospital, Boston, Massachusetts

Maurice L. Druzin, MD
Professor and Vice Chair, Department of Obstetrics and Gynecology, Division of Maternal Fetal Medicine, Stanford University Medical Center, Stanford, California

William M. Gilbert, MD
Regional Medical Director, Women's Services Sutter Health Valley Region; Clinical Professor, Department of Obstetrics and Gynecology, University of California Davis

GUEST FACULTY (CONT'D)

Deirdre J. Lyell, MD
Professor, Department of Obstetrics and Gynecology; Associate Division Director, Maternal Fetal Medicine and Program Director, Maternal Fetal Medicine Fellowship
Stanford University Medical Center, Stanford, California

Christian Pettker, MD
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences; Chief of Obstetrics, Yale School of Medicine and Yale-New Haven Hospital; Medical Director, Labor & Birth Unit and Maternal Special Care Unit, Yale-New Haven Hospital, New Haven, Connecticut

Jeanne S. Sheffield, MD
Director of the Division of Maternal-Fetal Medicine
Professor of Gynecology and Obstetrics; Johns Hopkins Medicine, Baltimore, Maryland

Vasiliki Tatsis, MD, MS, MBA
Associate Clinical Professor
Assistant Director, OB/GYN Hospitalist Fellowship
Department of Obstetrics & Gynecology
University of California, Irvine

Ellen L. Tilden, PhD, CNM
Assistant Professor, School of Nursing and Department of Obstetrics & Gynecology, Oregon Health & Science University, Portland, Oregon

Amy M. Valent, DO
Assistant Professor, Department of Obstetrics & Gynecology
Oregon Health & Science University, Portland, Oregon

COURSE FACULTY

(University of California, San Francisco, Department of Obstetrics, Gynecology, and Reproductive Science unless indicated)

Rebecca H. Amirault, CNM
Associate Professor

Amy (Meg) Autry, MD
Professor and Director of Graduate Medical Education

Shilpa P. Chetty, MD
Assistant Professor, Division of Maternal-Fetal Medicine

Kate Frometa, CNM, MSN
Assistant Professor

Juan M. Gonzalez Velez, MD, PhD
Associate Professor, Division of Maternal-Fetal Medicine

Roxanna Irani, MD, PhD
Assistant Professor

Ben C. Li, MD
Assistant Professor
Chief of Obstetrics
Medical Director, Labor & Delivery

Michael S. Policar, MD, MPH
Professor Emeritus

Annalisa Post, MD
Clinical Instructor

Melissa G. Rosenstein, MD, MAS
Assistant Professor

Naomi E. Stotland, MD
Professor

Amanda J. Yeaton-Massey, MD
Assistant Professor

Course Registration • MOB19003
43rd ANNUAL ANTEPARTUM AND
INTRAPARTUM MANAGEMENT

June 13-15, 2019

Hotel Nikko San Francisco, CA

Mail to : UCSF Office of CME
 3333 California Street, Suite 450
 San Francisco, CA 94118
 Fax: (415) 502-1795

Online registration: cme.ucsf.edu
 Registration Information: (415) 476-5808
 Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs. Mx.

 Last Name First M.I.

 Degree Specialty

 Address

 City State Zip

 Daytime Phone Fax

 Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____/____/XX
 Month Day

Please indicate if you have any special needs: _____

Registration Fees*

- \$765 Physicians (\$815 after 3/28/2019)
- \$575 Nurses/Pharmacists/Allied Health Professionals (\$625 after 3/28/2019)
- \$575 Residents/Fellows (\$625 after 3/28/2019)

*Onsite registration will be \$50 additional.

Check enclosed payable to *UC Regents*

Please charge my credit card: Visa MasterCard AmEx for \$ _____

 Card # Expiration date

 Name on Card (Please Print) Authorized Signature

Refund Policy: Cancellations received in writing before **June 12, 2019** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Hotel Nikko
 222 Mason Street
 San Francisco, CA 94102
 (415) 394-1111
 1-800-NIKKO-SF (248-3308)
www.hotelnikkosf.com

