



University of California
San Francisco

Department of Pediatrics
University of California San Francisco
School of Medicine

COURSE CHAIRS

Andrea C. Sello, MD
Scott J. Soifer, MD, MS

SPECIAL GUEST FACULTY

Victoria A. Statler, MD, MSc
Infectious Diseases
University of Louisville

Dennis M. Styne, MD
Endocrinology
University of California, Davis

52nd Annual

Advances & Controversies in Clinical Pediatrics

THURSDAY - SATURDAY

May 30 - June 1, 2019

Park Central Hotel, San Francisco

**ONLINE REGISTRATION AND
COURSE INFORMATION**

www.ucsfpediatricadvances.com



UCSF Benioff Children's
Hospitals
Oakland | San Francisco

52nd Annual

Advances & Controversies in Clinical Pediatrics

Park Central Hotel
San Francisco, California

May 30 - June 1, 2019

The Department of Pediatrics at the University of California, San Francisco invites you to attend the **52nd Annual Advances & Controversies in Clinical Pediatrics**, May 30 – June 1, 2019 at the Park Central Hotel, 50 Third Street, San Francisco, California. The program endeavors to provide research, academic, and clinical information in a format that emphasizes the practical application of current concepts relevant to office practice and to professionals involved in the care of children. Pediatric, family practice and emergency room physicians, as well as physician assistants, nurses and nurse practitioners report that they consistently benefit from their participation in this program. Nationally recognized guest faculty present a series of lectures that are complemented by UCSF faculty and Bay Area experts speaking about a variety of other current or controversial pediatric issues, which will ultimately result in better care for children of all ages, infants through adolescents.

This year's course focuses specifically on endocrinology, infectious diseases, gastroenterology, ADHD, and adolescent issues.

OBJECTIVES

Upon completion of this conference, participants should be able to:

- Implement strategies for the diagnosis and management of tickborne diseases, unexplained fever, and pertussis;
- Implement strategies for appropriate vaccine administration;
- Apply new information toward the evaluation and management of obesity, short stature, hirsutism, amenorrhea, and thyroid nodules;
- Recognize, evaluate, and utilize strategies to manage ADHD and autism;
- Apply advances and controversies in evidence-based treatment of common surgical conditions, bariatric surgery, pain management and utilization of acupuncture, hypnosis, and CBD;
- Implement innovative approaches to the management of eating disorders, IBD, NAFLD, and functional abdominal pain;
- Discuss and counsel patients about gender affirmative care, pubertal development, vaping, dermatologic fads, sunscreen, and immunizations;
- Describe the effects of environmental toxins, how to prevent leukemia, and provide care for cancer survivors and vulnerable youth accordingly;
- Recognize in what clinical situations integrative and alternative methods of pain control could or should be used.

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **20.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Pain Management and Care for the Terminally Ill: The approved credits shown above include **5.00 AMA PRA Category 1 Credits™** towards meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally Ill

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credits™**, issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA Category 1 Credit for the PRA from organizations accredited by the ACCME.

Pharmacists: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credits™**.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

PROGRAM COMMITTEE

Andrea C. Sello, MD
Course Chair

Scott J. Soifer, MD, MS
Course Chair

Myles B. Abbott, MD
Eileen G. Aicardi, MD
Melvin B. Heyman, MD, MPH
Carol A. Miller, MD
Daniel C. West, MD
Robert C. Zaglin, MD



52nd Annual **Advances & Controversies in**

THURSDAY, MAY 30, 2019

7:00 am *Registration / Continental Breakfast*

8:00 **Welcome**

Children & Crisis

8:10 am **Keynote**

**Sometimes It Makes Me Wonder:
Healing Youth from Trauma & Restoring
Community Resiliency**

Moderator: Daniel C. West, MD

Daniel C. West, MD

Howard Pinderhughes, PhD

9:00

**The Small “t” in LGBT:
Gender Affirmative Care for Transgender &
Gender Expansive Children and Youth**

Diane Ehrensaft, PhD

9:30 **Discussion**

9:50 *Break*

Concerns about Cancer

10:05 **Rated PG: A Pediatrician’s Guide to Preventing
Leukemia and other Diseases**

Mark Miller, MD, MPH

10:35 **Nodule in the Neck – What Next?
Management of Thyroid Nodules & Thyroid Cancer**

Maya Lodish, MD, MHSc

11:05 **Survived Childhood Cancer? What Now?**

Robert E. Goldsby, MD

11:35 **Discussion**

12:00 pm **Lunch On Your Own**

THURSDAY AFTERNOON

The Skinny on Hair & Skin

1:00 pm **Tick Tock: A Timely Talk on Tickborne Diseases**

Moderator: Melvin B. Heyman, MD, MPH

Victoria A. Statler, MD, MSc

1:45 **Sunscreen: Skin Savior or Sinister Stuff?**

Renee M. Howard, MD

2:15 **A Hairy Predicament:**

Dennis M. Styne, MD

How to Help the Amenorrheic Adolescent

3:00 **Discussion**

3:20 *Break*

Pain & Palliation

3:35 **P Avoidance, Acceptance, & Skillful Action:
Effectively Managing Functional Abdominal Pain**

Walter E. B. Sipe, MD

4:05 **P Stay Sharp: Modern Acupuncture**

Cynthia D. Kim, MD, MEd, LAc

4:35 **P Pediatric Hypnosis: Voodoo or Science?**

F. Ralph Berberich, MD

5:05 **P Discussion**

5:30 pm *Adjourn*

FRIDAY, MAY 31, 2019

7:30 am *Continental Breakfast*

Matters of Size & Development

8:00 am **Short Stature:
When to Worry, When to Treat, When to Reassure**

Moderator: Eileen G. Aicardi, MD

Dennis M. Styne, MD

8:45 **Blooming Early: What IS the New Normal?**

Louise C. Greenspan, MD

9:15 **My Child is Not Eating!
Hot Topics in Eating Disorders**

Sara Buckelew, MD

9:45 **Discussion**

10:05 *Break*

Aspects of ADHD & Autism

10:20 **Do 3.6 Million Children Really Need Ritalin?**

Sanford C. Newmark, MD

The Integrative Treatment of ADHD

11:05 **All That Flaps Two Hands is Not Autism:
Helping Patients on the Fringes of the Autism Spectrum**

Neal L. Rojas, MD, MPH

11:50 **Discussion**

12:10 pm **Lunch On Your Own**

FRIDAY AFTERNOON

Adolescent Antics

1:10 pm **Teens and Vaccines:
Pertussis, Measles, Men B, Oh My!**

Moderator: Carol A. Miller, MD

Victoria A. Statler, MD, MSc

1:55 **P Vaping:
The New Frontier in Adolescent Substance Use**

Mark L. Rubinstein, MD

2:25 **Bad Fads for the Skin: Tattoos, Piercings, & More!**

Nicole W. Kittler, MD

2:55 **Discussion**

3:15 *Break*

Old Issues, Newer Insights

3:30 **P Overuse Tendon Problems in Kids:**

Anthony Luke, MD, MPH

Tips & Tricks to Playing Safely

4:00 **Emerging Evidence for New Treatments of**

Hanmin Lee, MD

Common Surgical Conditions

4:30 **Chest Wall Malformations:
The Who, What, When, and Why**

Benjamin E. Padilla, MD

5:00 **Discussion**

5:20 pm *Adjourn*

5:30 – 7:30 pm **UCSF Resident, Fellow, & Faculty Alumni Reception**

Guest Faculty are invited to attend

SATURDAY, JUNE 1, 2019

Moderator: Sandrijn van Shaik, MD, PhD

7:30 am Continental Breakfast

Obesity & Its Challenges

8:00 **Facing The Obesity Epidemic: What Can Providers Do?** Dennis M. Styne, MD8:45 **P Super-Sized Livers: Pediatric NAFLD** Jennifer Burgis, MD9:15 **Demystifying Bariatric Surgery in Children** Lan Vu, MD9:45 **P Discussion**

10:05 Break

Practical Tips for Practitioners

10:20 **It's Getting Hot!: Unexplained Fevers in Children** Victoria A. Statler, MD, MSc11:05 **Little Ones, Big Disease: Understanding VEO-IBD** Sofia Verstraete, MD, MAS11:35 **P CBD: The Magic Potion for All of Our Patients' Needs?** Efrat Lelkes, MD12:05 **P Discussion**

12:30 pm Adjourn

P Satisfies California requirement for CME in Pain / End of Life Care

COURSE CHAIRS

Andrea C. Sello, MDClinical Professor of Pediatrics
University of California, San Francisco**Scott J. Soifer, MD, MS**Professor and Vice Chair of Pediatrics
University of California, San Francisco

GUEST FACULTY

F. Ralph Berberich, MDPediatrics
Sutter East Bay Medical Group
Berkeley, CA**Howard Pinderhughes, PhD**Professor of Social & Behavioral Sciences
UCSF School of Nursing**Victoria A. Statler, MD, MSc**Assistant Professor of Pediatrics
Division of Pediatric Infectious Diseases
Director, Pediatric Transplant/
Immunocompromised Host Infectious Diseases
University of Louisville
Louisville, KY**Dennis M. Styne, MD**Yocha Dehe Chair of Pediatric Endocrinology
Professor of Pediatrics
University of California, Davis
Sacramento, CA

UCSF SCHOOL OF MEDICINE FACULTY

Eileen G. Aicardi, MD

Clinical Professor of Pediatrics

Sara Buckelew, MD

Professor of Pediatrics

Jennifer Burgis, MD

Associate Professor of Pediatrics

Diane Ehrensaft, PhDAdjunct Associate Professor of Pediatrics
Director of Mental Health
Child and Adolescent Gender Center**Robert E. Goldsby, MD**Professor of Clinical Pediatrics
Division of Pediatric Hematology/Oncology**Louise C. Greenspan, MD**Clinical Professor of Pediatrics
Pediatric Endocrinology
Kaiser Permanente, San Francisco**Melvin B. Heyman, MD, MPH**Professor Emeritus of Pediatrics
Division of Gastroenterology, Hepatology & Nutrition**Renee M. Howard, MD**Professor of Dermatology
Chief, Pediatric Dermatology
UCSF Benioff Children's Hospital Oakland**Cynthia D. Kim, MD, MEd, LAc**

Professor of Pediatrics

Nicole W. Kittler, MDAssistant Professor of Dermatology
UCSF Benioff Children's Hospital Oakland

UCSF SCHOOL OF MEDICINE FACULTY (CONT'D)

Hanmin Lee, MDProfessor of Surgery, of Pediatrics and of Obstetrics,
Gynecology & Reproductive Sciences**Efrat Lelkes, MD**Assistant Professor of Pediatrics
Pediatric Critical Care
Pediatric Palliative Care**Maya Lodish, MD, MHS**Selna L. Kaplan Chair Distinguished Professorship in
Pediatric Endocrinology/Diabetes
Professor of Pediatrics
Chief, Pediatric Endocrinology & Diabetes**Anthony Luke MD, MPH**Professor of Orthopedic Surgery
Benioff Distinguished Professor in Sports Medicine
Director, UCSF Primary Care Sports Medicine**Carol A. Miller, MD**Professor of Pediatrics
Division of General Pediatrics**Mark Miller, MD, MPH**Assistant Clinical Professor of Medicine & of Pediatrics
Director, Western States Pediatric Environmental Health
Specialty Unit, UCSF
Director, Community Outreach and Translation Core,
Center for Integrative Research on Childhood Leukemia
and the Environment, UC Berkeley
Director, Children's Environmental Health Center,
California EPA**Sanford C. Newmark, MD**Professor of Pediatrics
Director of Clinical Programs
Osher Center for Integrative Medicine**Benjamin E. Padilla, MD**Assistant Professor of Surgery
Pediatric Surgery**Neal L. Rojas, MD, MPH**

Associate Professor of Pediatrics

Mark L. Rubinstein, MDProfessor of Pediatrics
Fellowship Director, Division of Adolescent &
Young Adult Medicine**Walter E. B. Sipe, MD**

Assistant Professor of Pediatrics and of Psychiatry

Sandrijn van Shaik, MD, PhDProfessor and Interim Vice Chair of Pediatrics
Baum Family Presidential Chair for Experiential Learning**Sofia Verstraete, MD, MAS**

Assistant Professor of Pediatrics

Lan Vu, MD

Associate Professor of Surgery

Daniel C. West, MDProfessor and Vice Chair of Pediatrics
Director, Division of Medical Education



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For more information or to register online visit our website at ucsfpediatricadvances.com. You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.

SYLLABUS - The syllabus will be transmitted electronically approximately 1 week prior to the course. A printed syllabus may be purchased for \$50, if requested in advance with registration.

GENERAL INFORMATION

Advance registration closes one (1) business day prior to start of course. Onsite registration fees, if applicable, will be applied after this date.

HOW TO ENROLL

Online: ucsfpediatricadvances.com

Mail: Registration form with payment to:
UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA 94111

Fax: Registration form with credit card number to: (415) 502-1795

Phone: 415-476-5808 UCSF CME Registration Office for registration or inquiries.

Fees: **\$775** Physicians
(**\$850** if postmarked after 4/30/2019)
\$675 Advanced Practice Professionals / Allied Health Professionals
(**\$750** if postmarked after 4/30/2019)
\$475 Residents / Fellows
(**\$550** if postmarked after 4/30/2019)

Payment can be made by Visa, MasterCard, American Express or check.

ON-SITE REGISTRATION

Time: 7:00 - 8:00 am

Date: Thursday, May 30, 2019

Place: **Park Central Hotel**
50 Third Street
San Francisco, CA 94103

Continental Breakfast 7:30 am Daily.

REFUND POLICY

Cancellations received in writing (via RegEmail@ucsf.edu) before **May 16, 2019** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. **The Park Central Hotel** is just steps from Union Square, the Theater District, and even closer to SFMOMA!

A block of guestrooms has been reserved at the special UCSF conference rate of **\$245/night**, including in-room wireless internet. You are urged to make your reservations early. The cut-off date is **May 6, 2019**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, go to ucsfpediatricadvances.com and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call 1-888-627-8561 and identify yourself as a member of this UCSF conference to receive the special rate. *By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.*

RENTAL CAR

Hertz is offering special rates for participants of this conference; call 800-654-2240 and refer to convention number **#03BW0138** or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following offer code to book on your own: United – www.united.com and enter your **Offer Code ZFM5163540** in the Offer Code box when searching for your flights.

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Mail to : UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA 94118

Fax: (415) 502-1795
Registration Information: (415) 476-5808
Course Information: (415) 476-4251
Course Listings: cme.ucsf.edu

Online Registration:
ucsfpediatricadvances.com

Dr. Ms. Mr. Mrs. Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

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DAYTIME PHONE FAX

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Address Label Code (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ___/___/XX
Month Day

Please indicate if you have any special needs: _____

REGISTRATION FEES

BY April 30, 2019:

- \$775** Physicians
- \$675** Allied Health Professionals
- \$475** Residents / Fellows

AFTER April 30, 2019:

- \$850** Physicians
- \$750** Allied Health Professionals
- \$550** Residents / Fellows

\$50 Printed Syllabus

Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard American Express for \$ _____

CARD # _____ / _____

EXPIRATION DATE

NAME ON CARD (PLEASE PRINT)

AUTHORIZED SIGNATURE

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Please check our website for up-to-date course information: ucsfpediatricadvances.com

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