52nd Annual
*

Advances & Controversies in Clinical Pediatrics

THURSDAY - SATURDAY

May 30 - June 1, 2019

Park Central Hotel, San Francisco
The Department of Pediatrics at the University of California, San Francisco invites you to attend the 52nd Annual Advances & Controversies in Clinical Pediatrics, May 30 – June 1, 2019 at the Park Central Hotel, 50 Third Street, San Francisco, California. The program endeavors to provide research, academic, and clinical information in a format that emphasizes the practical application of current concepts relevant to office practice and to professionals involved in the care of children. Pediatric, family practice and emergency room physicians, as well as physician assistants, nurses and nurse practitioners report that they consistently benefit from their participation in this program. Nationally recognized guest faculty present a series of lectures that are complemented by UCSF faculty and Bay Area experts speaking about a variety of other current or controversial pediatric issues, which will ultimately result in better care for children of all ages, infants through adolescents.

This year’s course focuses specifically on endocrinology, infectious diseases, gastroenterology, ADHD, and adolescent issues.

OBJECTIVES
Upon completion of this conference, participants should be able to:
• Implement strategies for the diagnosis and management of tickborne diseases, unexplained fever, and pertussis;
• Implement strategies for appropriate vaccine administration;
• Apply new information toward the evaluation and management of obesity, short stature, hirsutism, amenorrhea, and thyroid nodules;
• Recognize, evaluate, and utilize strategies to manage ADHD and autism;
• Apply advances and controversies in evidence-based treatment of common surgical conditions, bariatric surgery, pain management and utilization of acupuncture, hypnosis, and CBD;
• Implement innovative approaches to the management of eating disorders, IBD, NAFLD, and functional abdominal pain;
• Discuss and counsel patients about gender affirmative care, pubertal development, vaping, dermatologic fads, sunscreen, and immunizations;
• Describe the effects of environmental toxins, how to prevent leukemia, and provide care for cancer survivors and vulnerable youth accordingly;
• Recognize in what clinical situations integrative and alternative methods of pain control could or should be used.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker/Speaker(s)</th>
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<tbody>
<tr>
<td>THURSDAY</td>
<td>Registration / Continental Breakfast</td>
<td>Daniel C. West, MD</td>
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<tr>
<td>7:00 am</td>
<td>Welcome</td>
<td>Daniel C. West, MD</td>
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<tr>
<td>8:10 am</td>
<td>Keynote</td>
<td>Howard Pinderhughes, PhD</td>
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<td>8:10 am</td>
<td>Sometimes It Makes Me Wonder: Healing Youth from Trauma &amp; Restoring</td>
<td>Diane Ehrensaft, PhD</td>
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<td>8:10 am</td>
<td>Community Resiliency</td>
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<td>9:00</td>
<td>The Small &quot;t&quot; in LGBT: Gender Affirmative Care for Transgender &amp;</td>
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<td>9:00</td>
<td>Gender Expansive Children and Youth</td>
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<td>Discussion</td>
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<tr>
<td>10:05</td>
<td>Rated PG: A Pediatrician's Guide to Preventing Leukemia and other</td>
<td>Mark Miller, MD, MPH</td>
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<td>Diseases</td>
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<td>10:35</td>
<td>Nodule in the Neck – What Next? Management of Thyroid Nodules &amp;</td>
<td>Maya Lodish, MD, MHSc</td>
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<td>10:35</td>
<td>Thyroid Cancer</td>
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<td>11:05</td>
<td>Survived Childhood Cancer? What Now?</td>
<td>Robert E. Goldsby, MD</td>
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<td>11:35</td>
<td>Discussion</td>
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<td>12:00 pm</td>
<td>Lunch On Your Own</td>
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<tr>
<td>THURSDAY</td>
<td>The Skinny on Hair &amp; Skin</td>
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<tr>
<td>1:00 pm</td>
<td>Tick Tock: A Timely Talk on Tickborne Diseases</td>
<td>Victoria A. Statler, MD, MSc</td>
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<td>1:45</td>
<td>Sunscreen: Skin Savior or Sinister Stuff?</td>
<td>Renee M. Howard, MD</td>
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<td>2:15</td>
<td>A Hairy Predicament: How to Help the Amenorrheic Adolescent</td>
<td>Dennis M. Styne, MD</td>
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<td>4:05</td>
<td>Avoidance, Acceptance, &amp; Skillful Action: Effectively Managing</td>
<td>Walter E. B. Sipe, MD</td>
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<td>4:05</td>
<td>Functional Abdominal Pain</td>
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<td>4:35</td>
<td>Stay Sharp: Modern Acupuncture</td>
<td>Cynthia D. Kim, MD, MEd, LAc</td>
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<td>5:05</td>
<td>Pediatric Hypnosis: Voodoo or Science?</td>
<td>F. Ralph Berberich, MD</td>
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<td>FRIDAY</td>
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<td>8:00 am</td>
<td>Short Stature: When to Worry, When to Treat, When to Reassure</td>
<td>Dennis M. Styne, MD</td>
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<td>8:45</td>
<td>Blooming Early: What IS the New Normal?</td>
<td>Louise C. Greenspan, MD</td>
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<td>9:15</td>
<td>My Child is Not Eating!</td>
<td>Sara Buckelew, MD</td>
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<td>10:20</td>
<td>Do 3.6 Million Children Really Need Ritalin? The Integrative</td>
<td>Sanford C. Newmark, MD</td>
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<td>10:20</td>
<td>Treatment of ADHD</td>
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<td>11:05</td>
<td>All That Flaps Two Hands is Not Autism: Helping Patients on the</td>
<td>Neal L. Rojas, MD, MPH</td>
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<td>11:05</td>
<td>Fringes of the Autism Spectrum</td>
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<td>1:10 pm</td>
<td>Teens and Vaccines: Pertussis, Measles, Men B, Oh My!</td>
<td>Victoria A. Statler, MD, MSc</td>
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<td>1:55</td>
<td>Vaping: The New Frontier in Adolescent Substance Use</td>
<td>Mark L. Rubinstein, MD</td>
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<td>Bad Fads for the Skin: Tattoos, Piercings, &amp; More!</td>
<td>Nicole W. Kittler, MD</td>
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<td>4:00</td>
<td>Emerging Evidence for New Treatments of Common Surgical Conditions</td>
<td>Hanmin Lee, MD</td>
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<td>5:30 – 7:30 pm</td>
<td>UCSF Resident, Fellow, &amp; Faculty Alumni Reception</td>
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SATURDAY, JUNE 1, 2019
7:30 am  Continental Breakfast

Obesity & Its Challenges
8:00  Facing The Obesity Epidemic: What Can Providers Do?  Dennis M. Styne, MD
8:45  Super-Sized Livers: Pediatric NAFLD  Jennifer Burgis, MD
9:15  Demystifying Bariatric Surgery in Children  Lan Vu, MD
9:45  Discussion
10:05  Break

Practical Tips for Practitioners
10:20  It’s Getting Hot: Unexplained Fevers in Children  Victoria A. Statler, MD, MSc
11:05  Little Ones, Big Disease: Understanding VEO-IBD  Sofia Verstraete, MD, MAS
11:35  CBD: The Magic Potion for All of Our Patients’ Needs?  Efrat Lelkes, MD
12:05  Discussion
12:30 pm  Adjourn

P  Satisfies California requirement for CME in Pain / End of Life Care

COURSE CHAIRS
Andrea C. Sello, MD
Clinical Professor of Pediatrics
University of California, San Francisco

Scott J. Soifer, MD, MS
Professor and Vice Chair of Pediatrics
University of California, San Francisco

GUEST FACULTY
F. Ralph Berberich, MD
Pediatrics
Sutter East Bay Medical Group
Berkeley, CA

Howard Pinderhughes, PhD
Professor of Social & Behavioral Sciences
UCSF School of Nursing

Victoria A. Statler, MD, MSc
Assistant Professor of Pediatrics
Division of Pediatric Infectious Diseases
Director, Pediatric Transplant/Immunocompromised Host Infectious Diseases
University of Louisville
Louisville, KY

Dennis M. Styne, MD
Yocha Dehe Chair of Pediatric Endocrinology
Professor of Pediatrics
University of California, Davis
Sacramento, CA

UCSF SCHOOL OF MEDICINE FACULTY
Eileen G. Acaridi, MD
Clinical Professor of Pediatrics

Sara Buckelew, MD
Professor of Pediatrics

Jennifer Burgis, MD
Associate Professor of Pediatrics

Diane Ehrensaf, PhD
Adjunct Associate Professor of Pediatrics
Director of Mental Health
Child and Adolescent Gender Center

Robert E. Goldsby, MD
Professor of Clinical Pediatrics
Division of Pediatric Hematology/Oncology

Louise C. Greenspan, MD
Clinical Professor of Pediatrics
Pediatric Endocrinology
Kaiser Permanente, San Francisco

Melvin B. Heyman, MD, MPH
Professor Emeritus of Pediatrics
Division of Gastroenterology, Hepatology & Nutrition

Renee M. Howard, MD
Professor of Dermatology
Chief, Pediatric Dermatology
UCSF Benioff Children’s Hospital Oakland

Cynthia D. Kim, MD, MEd, LAc
Professor of Pediatrics

Nicole W. Kittler, MD
Assistant Professor of Dermatology
UCSF Benioff Children’s Hospital Oakland

UCSF SCHOOL OF MEDICINE FACULTY (CONT’D)
Hannin Lee, MD
Professor of Surgery, of Pediatrics and of Obstetrics,
Gynecology & Reproductive Sciences

Efrat Lelkes, MD
Assistant Professor of Pediatrics
Pediatric Critical Care
Pediatric Palliative Care

Maya Lodish, MD, MHSc
Selina L. Kaplan Chair Distinguished Professorship in Pediatric Endocrinology/Diabetes
Professor of Pediatrics
Chief, Pediatric Endocrinology & Diabetes

Anthony Luke MD, MPH
Professor of Orthopedic Surgery
Benioff Distinguished Professor in Sports Medicine
Director, UCSF Primary Care Sports Medicine

Carol A. Miller, MD
Professor of Pediatrics
Division of General Pediatrics

Mark Miller, MD, MPH
Assistant Clinical Professor of Medicine & of Pediatrics
Director, Western States Pediatric Environmental Health Specialty Unit, UCSF
Director, Community Outreach and Translation Core, Center for Integrative Research on Childhood Leukemia and the Environment, UC Berkeley
Director, Children’s Environmental Health Center, California EPA

Sanford C. Newmark, MD
Professor of Pediatrics
Director of Clinical Programs
Osher Center for Integrative Medicine

Benjamin E. Padilla, MD
Assistant Professor of Surgery
Pediatric Surgery

Neal L. Rojas, MD, MPH
Associate Professor of Pediatrics

Mark L. Rubinstein, MD
Professor and Interim Vice Chair of Pediatrics

Walter E. B. Sipe, MD
Assistant Professor of Pediatrics and of Psychiatry

Sofia Verstraete, MD, MAS
Assistant Professor of Pediatrics

Lan Vu, MD
Associate Professor of Surgery

Daniel C. West, MD
Professor and Vice Chair of Pediatrics
Director, Division of Medical Education
SYLLABUS - The syllabus will be transmitted electronically approximately 1 week prior to the course. A printed syllabus may be purchased for $50, if requested in advance with registration.

GENERAL INFORMATION
Advance registration closes one (1) business day prior to start of course. Onsite registration fees, if applicable, will be applied after this date.

HOW TO ENROLL
Online: ucsfpediatricadvances.com
Mail: Registration form with payment to: UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA 94111
Fax: Registration form with credit card number to: (415) 502-1795
Phone: 415-476-5808 UCSF CME Registration Office for registration or inquiries.
Fees: $775 Physicians
($850 if postmarked after 4/30/2019)
$675 Advanced Practice Professionals / Allied Health Professionals
($750 if postmarked after 4/30/2019)
$475 Residents / Fellows
($550 if postmarked after 4/30/2019)
Payment can be made by Visa, MasterCard, American Express or check.

ON-SITE REGISTRATION
Time: 7:00 - 8:00 am
Date: Thursday, May 30, 2019
Place: Park Central Hotel
50 Third Street
San Francisco, CA 94103
Continental Breakfast 7:30 am Daily.

REFUND POLICY
Cancellations received in writing (via RegEmail@ucsf.edu) before May 16, 2019 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. The Park Central Hotel is just steps from Union Square, the Theater District, and even closer to SFMOMA!

A block of guestrooms has been reserved at the special UCSF conference rate of $245/night, including in-room wireless internet. You are urged to make your reservations early. The cut-off date is May 6, 2019, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, go to ucsfpediatricadvances.com and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call 1-888-627-8561 and identify yourself as a member of this UCSF conference to receive the special rate. By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

RENTAL CAR
Hertz is offering special rates for participants of this conference; call 800-654-2240 and refer to convention number #03BW0138 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION
UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following offer code to book on your own: United – www.united.com and enter your Offer Code ZFMS5163540 in the Offer Code box when searching for your flights.
COURSE REGISTRATION • MPD19001

52nd Annual

Advances & Controversies in Clinical Pediatrics

May 30 - June 1, 2019

Park Central Hotel • San Francisco, California

ucsfpediatricadvances.com

Mail to: UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA 94118

Fax: (415) 502-1795
Registration Information: (415) 476-5808
Course Information: (415) 476-4251
Course Listings: cme.ucsf.edu

Online Registration:

ucsfpediatricadvances.com

□ Dr. □ Ms. □ Mr. □ Mrs. □ Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

ADDRESS

CITY STATE ZIP

DAYTIME PHONE FAX

EMAIL

Address Label Code (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list? □ Yes □ No

Date of birth to be used as OCME registrant number: ___ ___ /___ ___ / X X

Please indicate if you have any special needs:

REGISTRATION FEES

BY April 30, 2019:

□ $775 Physicians

□ $675 Allied Health Professionals

□ $475 Residents / Fellows

□ $50 Printed Syllabus

AFTER April 30, 2019:

□ $850 Physicians

□ $750 Allied Health Professionals

□ $550 Residents / Fellows

Make checks payable to UC Regents

Please charge my credit card: □ Visa □ MasterCard □ American Express for $________

CARD # __________ / __________

EXPIRATION DATE

NAME ON CARD (PLEASE PRINT) ___________________________ 

AUTHORIZED SIGNATURE ___________________________

Refund Policy: Cancellations received in writing before May 16, 2019 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date course information: ucsfpediatricadvances.com

ON-SITE REGISTRATION

Time: 7:00 - 8:00 am

Date: Thursday, May 30, 2019

Place: Park Central Hotel

50 Third Street
San Francisco, CA 94103

Continental Breakfast

7:30 am Daily