Controversies in Women’s Health

Increasing appreciation of the unique needs of women patients and women health care providers has created a need for innovative educational programs on women’s health. This program will provide a practical update on a full range of common but controversial issues in women’s health. Emphasis will be placed on new developments in preventive care for women, issues in reproductive health, and clinical strategies in the diagnosis and treatment of common gynecologic and medical disorders of women. An audience response system will be used and ample time will be provided for questions and discussion. An electronic course syllabus will be distributed to all participants prior to the meeting. A hard copy of the syllabus will be available for purchase. This course is presented by the Division of General Internal Medicine, Department of Medicine, in close collaboration with the Department of Obstetrics, Gynecology, and Reproductive Sciences and is sponsored by the University of California, San Francisco.

TARGET AUDIENCE

This course is designed for family physicians, internists, gynecologists, nurses, nurse practitioners, physician assistants, pharmacists, and all others involved in providing quality health care for women. Special attention will be paid to the day-to-day controversies of office practice, emphasizing preventive medicine, diagnosis and treatment of common disorders, issues in women’s health, and current approaches to management of chronic illness.

OBJECTIVES

The purpose of this course is to increase competence and improve clinician practice in primary care and women’s health. We specifically anticipate improvements in skills and strategies to:

- Discuss and implement new guidelines for women for prevention and early detection of cancer with clinical exams, pap tests, genetic tests, and diagnostic imaging;
- Discuss and implement new guidelines for women to prevent infectious diseases with vaccines, medications, screening tests, counseling;
- Diagnose and treat common and controversial problems in women’s health including lipid disorders, arthritis, UTIs, osteoporosis, depression and anxiety, STIs, and menopause;
- Counsel patients about treatment options in contraception and abortion;
- Counsel patients about clinical controversies during pregnancy;
- Manage common skin problems in women;
- Interpret new genetic tests in clinical practice;
- Select the best diagnostic tests;
- Evaluate and prescribe new medications;
- Utilize optimal strategies to enhance value in medical practice;
- Advocate for quality health care services for all women.

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 13.50 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency. Geriatric Medicine: The approved credits shown above include 6.00 credits toward meeting the requirements under California Assembly Bill 1820, Geriatric Medicine. Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Pharmacotherapeutics CEUs for Nurses: This activity is designated for a maximum of 8.75 pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credits™.

Maintenance of Certification:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.50 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Obstetricians/Gynecologists: Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. Determination of credit is pending.
THURSDAY, DECEMBER 5, 2019

7:30 am  Continental Breakfast and Course Registration
8:20   Welcome and Announcements  Robert B. Baron, MD, MS
8:30   RxG Prevention of Infections in Women: Best Practices in Vaccination  Lisa Winston, MD
9:10   Q & A
9:20   RxG What’s New in Management of Menopause and Peri-Menopausal Symptoms?  Judith M.E. Walsh, MD, MPH
10:00  Q & A
10:10  Coffee Break
10:30  RxG Update in Arthritis: What’s Old and What’s New?  Jonathan Graf, MD
11:10  Q & A
11:20  RxG Prevention of Cardiovascular Disease in Women: Integrating New Data and New Guidelines  Robert B. Baron, MD, MS
12:00 pm Lunch (On Your Own)
12:10  Q & A
1:30   RxG Updates in Anticoagulation for Venous Thromboembolism and Atrial Fibrillation  Margaret Fang, MD, MPH
2:10   Q & A
2:20   Rx Quality Contraception Care: Counseling and Controversies  Sara Whetstone, MD, MHS
3:00   Q & A
3:10   Coffee Break
3:30   Genomic Medicine and Women’s Health: Incorporating Genetic Testing into Practice  Mary Norton, MD
4:10   Q & A
4:20   RxG Dermatology Update: What’s New in Women’s Skin Health  Lindy Fox, MD
5:00   Q & A
5:10 pm Adjourn

GENERAL INFORMATION
Advance registration closes one (1) business day prior to start of course.

HOW TO ENROLL
Tuition: $615  Physicians
$515  Nurses/Advanced Health Practitioners/Residents/Fellows

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA
Online:  cme.ucsf.edu
Mail:  Complete course registration form and send with payment to:
       UCSF Office of CME
       3333 California Street, Suite 450
       San Francisco CA 94118

Fax:  Fax completed registration form to:
       (415) 502-1795 (be sure to include your credit card number)

Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course:  cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.

GREENER MEETING  •  We’re saving paper! The syllabus will be available on our website one week prior to the course. Optional purchase of a printed syllabus is available for an additional $35.
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:00 am</td>
<td>Continental Breakfast</td>
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<tr>
<td>8:30</td>
<td>Rx Understanding Sexually Transmitted Diseases: Now More than Ever</td>
<td>Michael S. Policar, MD, MPH</td>
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<td>9:10</td>
<td>Q &amp; A</td>
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<td>9:20</td>
<td>G Updates and Controversies in Breast Cancer Screening</td>
<td>Karla M. Kerlikowske, MD</td>
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<td>10:00</td>
<td>Q &amp; A</td>
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<td>10:30</td>
<td>Cervical Cancer Screening: What’s in Store for 2020?</td>
<td>George F. Sawaya, MD</td>
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<td>11:10</td>
<td>Q &amp; A</td>
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<td>11:20</td>
<td>RxG Current Strategies for Urinary Tract Infections</td>
<td>Brian S. Schwartz, MD</td>
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<td>Lunch (On Your Own)</td>
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<td>1:30</td>
<td>RxG Diagnosis and Treatment of Osteoporosis: What’s New and Controversial in 2020?</td>
<td>Douglas C. Bauer, MD</td>
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<td>Q &amp; A</td>
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<td>RxG Current Issues in Women’s Mental Health</td>
<td>Emma Samelson-Jones, MD</td>
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<td>3:30</td>
<td>Rx Pregnancy Questions: Controversies, Myths, and Evidence</td>
<td>Amy (Meg) Autry, MD</td>
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<td>4:10</td>
<td>Q &amp; A</td>
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<td>4:20</td>
<td>Rx New Directions for Protecting and Expanding Abortion Access</td>
<td>Jennifer Kerns, MD, MS, MPH</td>
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<td>5:00</td>
<td>Q &amp; A</td>
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<td>5:10 pm</td>
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- Meets Requirements  
- Meets Requirements for Pharmacotherapeutics for Geriatric CME CEUs for NPs/Nurses

**REFUND POLICY**
Cancellations received in writing before the first day of the course will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

**CONFERENCE LOCATION**
Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. The Hotel Nikko is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of $259/night. You are urged to make your reservations early. The cut-off date is **November 14, 2019**, or once the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, go to [cme.ucsf.edu](http://cme.ucsf.edu) and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call 800-248-3308, and identify yourself as a member of this UCSF conference to receive the special rate.

**AIR TRANSPORTATION AND RENTAL CAR**
UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL & LODGING section of the course webpage at [cme.ucsf.edu](http://cme.ucsf.edu) for more information and discount codes.
Primary Care Medicine: Principles and Practice
October 16-18, 2019
Hotel Nikko • San Francisco, California

Primary Care Medicine: Update 2020
April 5-10, 2020 • Maui, Hawaii

Essentials of Women’s Health: An Integrated Approach to Primary Care and Office Gynecology
July 5-10, 2020 • Big Island, Hawaii

Essentials of Primary Care: A Core Curriculum for Ambulatory Practice
August 2-7, 2020 • North Lake Tahoe, California

For more information, visit our website at cme.ucsf.edu.
You may also reach us by calling the Office of CME at (415) 476-4231 or emailing info@cme.ucsf.edu.
REGISTRATION FORM • MDM20M05
CONTROVERSIES IN WOMEN'S HEALTH
December 5-6, 2019 • Hotel Nikko • San Francisco, California

Mail to: UCSF Office of CME
3333 California Street, Suite 450
San Francisco CA 94118
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs. ☐ Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

ADDRESS

CITY STATE ZIP

DAYTIME PHONE FAX

EMAIL

Address Label Code Letter (see address label: example, A, B, C, D, etc.)______________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / X X

Please indicate if you have any special needs: __________________________________________

Registration Fees:
☐ $615 Physicians
☐ $515 Nurses/Advanced Health Practitioners/Residents/Fellows
☐ $35 Optional Printed Syllabus

Make checks payable to UC Regents.

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ _______________________

________________________________________|____________________________________
CARD # EXPIRATION DATE

NAME ON CARD (PLEASE PRINT) AUTHORIZED SIGNATURE

Refund Policy: Cancellations received in writing before December 4, 2019 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: cme.ucsf.edu

On-Site Registration
Date: Thursday, December 5, 2019
Time: 7:30 - 8:20 am
Location: Hotel Nikko San Francisco
222 Mason Street
San Francisco, CA 94102
415-394-1111
1-800-NIKKO-SF (248-3308)
www.hotelnikkosf.com