Medical Care of Vulnerable and Underserved Populations

HOLIDAY INN GOLDEN GATEWAY • SAN FRANCISCO, CA

COURSE CHAIRS
Dean Schillinger, MD
Professor of Medicine
Division of General Internal Medicine

Margaret Wheeler, MD
Professor of Medicine
Division of General Internal Medicine

STEERING COMMITTEE
Gerri Collins-Bride, RN, MS, FAAN
Shira Shavit, MD

OPTIONAL
TREATMENT OF OPIOID USE DISORDER
Evening Course (Additional Fee and Pre-registration Required) Receive your MAT waiver upon completion of evening course and additional 4-hour online requirement

THURSDAY – SATURDAY
February 20-22, 2020
After years of documenting disparities in health and health care based on race, ethnicity, gender, education, and socioeconomic status, the medical community has shifted its focus to pursuing health equity or “striving for the highest possible standard of health for all people and giving special attention to the needs of those at greatest risk of poor health, based on social conditions.” (Braveman, 2014) With publicly insured and uninsured patients making up about half of all outpatient visits in the US, and millions of previously uninsured patients continuing to access health care through Medicaid expansions, becoming an expert in caring for the complicated medical and social needs of vulnerable and underserved patients is crucial to every healthcare provider.

World-class experts and front-line practitioners from the Zuckerberg San Francisco General and the UCSF Center for Vulnerable Populations will present approaches to mitigate the challenges in caring for vulnerable populations and enhance the profound joy clinicians can experience when engaging with patients in greatest need. Topics to be covered will include updates in a broad range of diseases that disproportionately affect vulnerable patients, such as HIV, depression, PTSD, obesity, hepatitis, and substance use. In addition, we discuss how clinicians can address social factors that complicate the management of medical illness, such as homelessness, school suspension, a history of trauma or of incarceration, and food insecurity, etc. Each day we will feature a nationally renowned figure in the field of the care of vulnerable populations who will deliver pearls and impart wisdom with respect to how to stay engaged, connected, and inspired in this work.

**GREENER MEETING**
We’re saving paper! The syllabus will be distributed electronically prior to the course.

**TARGET AUDIENCE**
This activity is appropriate for all specialties, particularly for those health care providers that work with underserved patients in teaching, safety net, or community practices. Physicians, subspecialists, advanced practice providers, psychologists, public health practitioners, and nurses would all find our material educational.

**OBJECTIVES**
An attendee completing this course should be able to:
- Critically review the latest updates in research on health disparities and health equity;
- Actively consider social vulnerability in medical care;
- Improve the care of transgender patients;
- Discuss medical abortion and the systems need to provide it;
- Recognize the effect of food insecurity and homelessness on patient outcomes;
- Describe what is meant by Trauma Informed Care;
- Discuss the use of PREP for HIV prevention;
- Discuss the diagnosis and treatment of depression and anxiety;
- Describe updates on treating patients with elevated lipids, latent TB; obesity and other chronic illnesses;
- Describe an approach to caring for immigrant patients;
- Discuss issues in pain control in patients with a substance use disorder;
- Describe both the medical risks and benefits of cannabis use and approaches to patients with substance use disorders.
ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of 26.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric: The approved credits shown above include 7.5 credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Pain Medicine: The approved credits shown above include 2.25 Pain Credits towards meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally Ill.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.

Pharmacotherapeutics CEUs for Nurses: For the purposes of recertification the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. This activity is designated for a maximum of 8.75 pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

Maintenance of Certification: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 26.75 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Treatment of Opioid Use Disorder • Evening Course
Thursday, February 20 and Friday, February 21, 2020 • 6:30 pm - 8:30 pm

UCSF faculty will lead an evening course on the treatment of opioid use disorder using data sponsored by The American Academy of Addiction Psychiatry. Attending both evenings will satisfy half of the 8-hour training requirement needed to receive a MAT waiver to prescribe Buprenorphine. Please note: Clinicians will need to complete the second half of the training online after completion of the 4-hour evening course.

OBJECTIVES

Learners will be able to:

1. Describe the epidemiology, diagnostic criteria, and sequelae of opioid use disorder;
2. Explain the risks and benefits of available treatments for opioid use disorder;
3. Formulate and adjust treatment plans for patients with opioid use disorder;
4. Complete the requirements to obtain the DATA Waiver from the DEA to be able to prescribe Buprenorphine for the treatment of opioid use disorder.

Funding for this initiative was made possible (in part) by grant no. 5U79TI026556 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
THURSDAY, FEBRUARY 20, 2020
7:00 am  Registration and Continental Breakfast
8:00  Introduction  Dean Schillinger, MD
8:15  GPRx Health Communication and Health Literacy  Dean Schillinger, MD
9:00  The Bigger Picture Campaign  Dean Schillinger, MD
9:10  Rx Patient Safety and Error Disclosure in the Safety Net  Urmimala Sarkar MD, MPH
9:55  Caring for LGBT Patients  Nicole Rosendale, MD
10:05  Break
10:20  Health Care Policy and the 2020 Election: Where Do the Candidates Stand?  Andrew Bindman, MD
11:05  G Rx Diabetes Devices: Can and Should the Safety Net Keep Up?  Maureen McGrath, RN, MS, PNP
11:15  G Gun Violence: Its Impact and the Way Forward  Jahan Fahimi, MD, PhD
12:00 pm  PoP-Up: Care Model for Homeless and Unstably-Housed Patients  Liz Imbert, MD
12:10  Lunch
1:40  GPRx Depression Treatment and Socially Vulnerable Patients  Lisa Ochoa-Frongia, MD
2:25  G Dementia and Cognitive Testing in Primary Care  Anna Chodos, MD, MPH
2:35  Rx Primary Care for the HIV Patient  Liz Imbert, MD
3:20  Rx Updates on Anxiety Treatment  Lisa Ochoa-Frongia, MD
3:30  Break
3:45  GPRx De-prescribing: Reducing Inappropriate Medications for the Elderly  Anna Chodos, MD, MPH
4:30  Promoting Equity in Medical Education  Kate Lupton, MD
4:40  G Rx Care of The Patient with Hypertension in Underserved Settings  Valy Fontil, MD, MAS
5:35  Adjourn
6:30 pm - Optional Treatment of Opioid Use Disorder Evening Course (Part I)  (Additional Fee and Pre-enrollment Required)
8:30 pm
FRIDAY, FEBRUARY 21, 2020
7:30 am  Continental Breakfast
8:00  Rx Abortion in 2020: the Role of Primary Care  Jess Beaman, MD, MPH
8:45  Rx Promoting Clinician Well-Being in the Safety Net  Diana Coffa, MD
8:55  Social Determinants of Health at the Bedside  Alicia Fernandez, MD
9:45  G Rx Management of Incontinence in Women  Jess Beaman, MD, MPH
9:55  Break
10:10  G Food Insecurity and Healthcare  Hilary Seligman, MD, MAS
10:55  Smoking Cessation in the Safety Net  Maya Vijayaraghavan, MD, MAS

GENERAL INFORMATION
Advance registration closes one (1) business day prior to start of course. Onsite registration fees, if applicable, will be applied after this date.

GREENER MEETING
We’re saving paper! The syllabus will be transmitted electronically prior to the course.

HOW TO ENROLL
Tuition:
Registration Fees
Treatment of Opioid Use Disorder Evening Course – Registration ONLINE only
Thursday, February 20 and Friday, February 21 – Time: 6:30 pm - 8:30 pm
Holiday Inn Golden Gateway
$50  MDs/Non-physicians/Residents & Fellows
$100  MD20M22 – Medical Care of Vulnerable and Underserved Populations
Before 12/29/19:
$700  Physicians
$600  Non-physicians
$450  Residents/Fellows
After 12/29/2019:
$800  Physicians
$700  Non-physicians
$500  Residents/Fellows

REGISTER VIA:
Online:  cme.ucsf.edu
Mail:  Complete course registration form and send with payment to: UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA  94118
Fax:  Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)
Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.
Please check our website for up-to-date information on the course:  cme.ucsf.edu
FRIDAY, FEBRUARY 21, 2020 (CONT’D)

11:05 G Rx Managing Heart Failure in the Safety Net   Rachel Stern, MD  Lucas Zier, MD
11:35  Leverage Storytelling for Advocacy   Emily Silverman, MD
12:35 pm  Lunch
1:35  Meeting People Where They’re At: Social Medicine in the Emergency Department   Jack Chase, MD
2:25  Care For Patients with a History of Incarceration   Joan Addington-White, MD  and Lisa Pratt, MD
3:25  Break
3:40 Rx Treatment of Obesity in the Safety Net   Michelle Guy, MD
4:25  What’s New in Women’s Health   Beth Harleman, MD
4:35  Homelessness and Health: Policy Implications   Margot Kushel, MD
5:20  Adjourn
6:30 pm - Optional Treatment of Opioid Use Disorder Evening Course (Part II) (Additional Fee and Pre-enrollment Required)

SATURDAY, FEBRUARY 22, 2020

7:30 am Continental Breakfast
8:00  Care of the Homeless Patient   Barry Zevin, MD
8:45  Modern Approach to Chronic Pain   Soraya Azari, MD
9:30  Oral Health and Vulnerable Populations   Susan Fisher-Owens, MD, MPH
9:40  Break
9:55  Caregivers and Vulnerable Populations   Wagahta Semere, MD
10:40  Pediatrics in the Safety Net   Susan Fisher-Owens, MD, MPH
11:25  Care for the Patient with a Soft Tissue Infection   Conference Faculty
12:00 pm Lunch
1:00  Getting to Zero: PreP in the Safety Net   Hyman Scott, MD
1:45  Busting Myths: Treatment of Alcohol Use Disorder   Triveni DeFries, MD, MPH
1:55  Give Us Your Tired, Your Sick, Your Poor?   Margaret Wheeler, MD
2:55  Break
3:10  IPV and Trauma Informed Care   Leigh Kimberg, MD
4:05  Contemporary Medication Management in Diabetes: a Safety Net Approach   Elizabeth Murphy, MD, DPhil
4:50  Care for the Patient with PTSD   Margaret Wheeler, MD
5:00 pm Adjourn

On-Site Registration: Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred.

REFUND POLICY
Cancellations received in writing by February 20, 2020 of each course will be refunded, less a $100 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
Featuring chic décor, a new restaurant, and a central location, while still offering affordable rates compared to other San Francisco hotels, Holiday Inn Golden Gateway is centered between Nob Hill, Fisherman’s Wharf, and the Golden Gate Bridge, which offers an oasis for San Francisco hotel guests looking for a true city experience. A block of guestrooms has been reserved at the special UCSF conference rate of $209/night. You are urged to make your reservations early. The cut-off date is January 20, 2020 or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, please visit the conference website at cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course page. If you prefer to telephone in your reservation, call 866-272-7098 and identify yourself as a member of this UCSF conference to receive the special rate.

Holiday Inn Golden Gateway is one mile north from Civic Center BART station. By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION AND RENTAL CAR
UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL AND LODGING section on the course webpage at cme.ucsf.edu for more information and discount codes.

Holiday Inn Golden Gateway • San Francisco, CA
COURSE DIRECTORS
Dean Schillinger, MD
Professor of Medicine
Chief, Division of General Internal Medicine
Margaret Wheeler, MD
Professor of Medicine
Division of General Internal Medicine

STEERING COMMITTEE
Gerri Collins-Bride, RN, MS, FAAN
Clinical Professor and Vice Chair for Faculty Practice, Community Health Systems and the School of Nursing
Shira Shavit, MD
Director, Transitions Clinic Network
Associate Professor of Family and Community Medicine

COURSE FACULTY
Joan Addington-White, MD
Professor of Medicine
Division of General Internal Medicine
Soraya Azari, MD
Associate Professor of Medicine
Division of General Internal Medicine
Jessica Beaman, MD, MPH
Assistant Professor of Medicine
Division of General Internal Medicine
Andrew Bindman, MD
Professor of Medicine
Philip R. Lee Institute for Health Policy Studies
Jack Chase, MD
Associate Professor of Family and Community Medicine
Anna Chodos, MD, MPH
Assistant Professor of Medicine
Division of General Internal Medicine and Division of Geriatrics
Diana Coffa, MD
Associate Professor of Medicine
Department of Family and Community Medicine
Triveni Defries, MD, MPH
Assistant Professor of Medicine
Division of General Internal Medicine

COURSE FACULTY (CONT’D)
Jahan Fahimi, MD, PhD
Associate Professor of Emergency Medicine
Alicia Fernandez, MD
Professor of Medicine
Division of General Internal Medicine
Susan Fisher-Owens, MD
Professor of Pediatrics
Michelle Guy, MD
Professor of Medicine
Division of General Internal Medicine
Vayl Fontil, MD, MAS
Assistant Adjunct Professor of Medicine, Division of General Internal Medicine
Beth Harleman, MD
Professor of Medicine
Division of Hospital Medicine
Liz Imbert, MD, MPH
Assistant Clinical Professor of Medicine; Division of HIV, Infectious Diseases, and Global Medicine
Leigh Kimberg, MD
Professor of Medicine
Division of General Internal Medicine
Margot Kushel, MD
Professor of Medicine
Division of General Internal Medicine
Kate Lupton, MD
Associate Professor of Medicine
Division of General Internal Medicine
Maureen McGrath, RN, MS, PNP
Associate Professor of Family Health Care Nursing
Elizabeth Murphy, MD, DPhil
Professor of Medicine
Division of Endocrinology and Metabolism
Lisa Ochoa-Frongia, MD
Assistant Professor of Medicine
Division of General Internal Medicine

COURSE FACULTY (CONT’D)
Lisa Pratt, MD, MPH
Director and Medical Director, Jail Health Services
San Francisco Health Network
San Francisco, CA
Nicole Rosendale, MD
Assistant Professor of Neurology
Urmimala Sarkar, MD, MPH
Professor in Residence
Division of General Internal Medicine
Hyman Scott, MD
Assistant Volunteer Clinical Professor of Medicine, Division of HIV, Infectious Diseases, and Global Medicine
Wagahta Semere, MD
Assistant Professor of Medicine
Division of General Internal Medicine
Hilary Seligman, MD, MAS
Associate Professor in Residence
Division of General Internal Medicine
Scott Steiger, MD
Associate Professor of Medicine
Division of General Internal Medicine
Rachel Stern, MD
Assistant Professor of Medicine
Division of General Internal Medicine
Emily Silverman
Assistant Clinical Professor of Medicine, Division of Hospital Medicine
Maya Vijayaraghavan, MD, MAS
Assistant Professor of Medicine
Barry Zevin, MD
Medical Director
Street Medicine and Shelter Health
San Francisco Department of Public Health
San Francisco, CA
Lucas Zier, MD
Assistant Professor of Medicine
Division of Cardiology
REGISTRATION

Treatment of Opioid Use Disorder Evening Course • Registration ONLINE ONLY!
February 20-21, 2020 • 6:30 pm - 8:30 pm

Medical Care Of Vulnerable And Underserved Populations • MDM20M22
February 20-22, 2020 • Holiday Inn Golden Gateway • San Francisco, CA

Mail to: UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA 94118
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs. ☐ Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

ADDRESS

CITY STATE ZIP

DAYTIME PHONE FAX

EMAIL

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _______________________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / X X

Month Day

Please indicate if you have any special needs: _________________________________________

REGISTRATION FEES

Treatment of Opioid Use Disorder Evening Course
Registration ONLINE ONLY!
Registration for the full course is required in order to attend this session.
Thursday, February 20 and Friday, February 21, 2020
6:30 pm - 8:30 pm

Holiday Inn Golden Gateway

Check enclosed payable to UC Regents

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for $ __________________________

CARD # __________ / __________

NAME ON CARD (PLEASE PRINT) ________________________________________________

AUTHORIZED SIGNATURE __________________________________________

Refund Policy: Cancellations received in writing before February 20, 2020 will be refunded, less a $100 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: cme.ucsf.edu

Holiday Inn Golden Gateway
1500 Van Ness Avenue
San Francisco, CA 94109
goldengatewayhotel.com

cme.ucsf.edu
For more information or to register online visit our website at cme.ucsf.edu
You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.