19th Annual
Developmental Disabilities: Update for Health Professionals

COURSE CO-CHAIRS
Lucy S. Crain, MD, MPH, FAAP
Geraldine Collins-Bride, MS, ANP, FAAN

March 5-6, 2020
Holiday Inn Golden Gateway
San Francisco, California

This activity is developed by a community planning and advisory committee made up of self-advocates and representatives from the following agencies: UCSF, Stanford University, The Arc San Francisco, Golden Gate Regional Center, East Bay Regional Center, State Council on Developmental Disabilities, Support for Families, WITH Foundation, and the California Department of Developmental Services.

Photos courtesy of Support for Families, The Arc San Francisco, and Down Syndrome Connection of the Bay Area
The 19th annual interdisciplinary conference offers a unique update for primary care and subspecialty health care professionals and others who care for children, youth, and adults with developmental disabilities and complex health care needs. Most medical and health professional education programs inadequately address care for people with developmental and intellectual developmental disabilities, although they represent a growing (and aging) population in the US. The pace of new information and research provides us with exciting opportunities to transform and improve the quality of care provided to these individuals.

The conference covers a broad spectrum of developmental disabilities, with special focus on autism spectrum disorders and cerebral palsy in 2020. Our emphasis this year is on communication, self-determination and supported decision-making, transitions from childhood to adulthood, and access to healthcare systems and services from a variety of specialists. We are pleased to also present talks on maximizing potential, mental health, dental care, and advocacy.

Presentations by our expert faculty should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in the health care of individuals with developmental disabilities, as well as to those in other health-related disciplines including health policy, epidemiology, psychiatry, school health, social work, and case management services. While the conference is designed for health care professionals, we welcome families and individuals with developmental disabilities who wish to learn from the various represented disciplines.

Non-profit conference exhibitors feature resources to help our audience better provide care for children, youth, and adults with developmental disabilities. We look forward to welcoming you to the 19th annual Developmental Disabilities Update Conference and hope that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP and Geraldine Collins-Bride, MS, ANP, FAAN

Conference Co-Chairs

**LEARNING OBJECTIVES**

An attendee completing this course will be able to:

1. Discuss state and national advocacy, and policy issues surrounding insurance for those with special needs and creating access to healthcare for children and adults with developmental disabilities in the 21st century;
2. Discuss current social and cultural disparities, and implications for healthcare access and quality of care for individuals with developmental disabilities;
3. Counsel individuals and families regarding special needs trusts, self-determination and supported decision-making;
4. Identify and implement new communication strategies for individuals with developmental and intellectual disabilities;
5. Provide informed healthcare for people with autism spectrum disorders and other behavioral disorders and develop strategies for appropriate referral;
6. Describe innovations in dental care for people with DD/ID and make patient recommendations accordingly;
7. Apply state of the art healthcare for patients with movement disorders to improve quality of life;
8. Identify the signs of sexual abuse or trafficking, and have strategies to seek intervention;
9. Counsel patients and families on potentially dangerous new “cures” for developmental disabilities;
10. Discuss mental health care and be aware of psychopharmacological considerations for people with intellectual and developmental disabilities.
### THURSDAY MARCH 5, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>7:15 am</td>
<td>Registration and Continental Breakfast</td>
<td>Lucy S. Crain, MD, MPH, FAAP, Geraldine Collins-Bride, MS, ANP, FAAN</td>
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<tr>
<td>7:50</td>
<td>Welcome and Daily Overview</td>
<td>Geraldine Collins-Bride, MS, ANP, FAAN</td>
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<tr>
<td>8:00</td>
<td>New DDS Programs for Adults with Developmental Disabilities</td>
<td>Nancy Bargmann, MSW, MBA</td>
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<tr>
<td>8:30</td>
<td>The Role of Advocacy to Improve Systems of Care</td>
<td>Mark Del Monte, JD</td>
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<tr>
<td>9:15</td>
<td>Q &amp; A</td>
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<td>9:30</td>
<td>Break, Exhibits</td>
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<tr>
<td>9:45</td>
<td>Language Nutrition for Language Health: How to talk to Children with Autism and Developmental Disabilities</td>
<td>Heidi M. Feldman, MD, PhD</td>
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<tr>
<td>10:30</td>
<td>Who Defines My Quality of Life?</td>
<td>Melissa Crisp-Cooper and Katie Savin</td>
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<tr>
<td>11:20</td>
<td>Special Needs Trusts, Self Determination and Supported Decision-Making</td>
<td>Stephen Dale, JD</td>
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<td>12:05 pm</td>
<td>Q &amp; A</td>
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<tr>
<td>12:15</td>
<td>Lunch (On Your Own)</td>
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<tr>
<td>1:15</td>
<td>The Role of the California State Council On Developmental Disabilities: Advocacy &amp; Systems Change</td>
<td>Aaron Carruthers</td>
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<tr>
<td>2:00</td>
<td>Private Lives, Private Dollars: How Philanthropy Can Address and Enhance Healthcare for Adults with Developmental Disabilities</td>
<td>Ryan Easterly</td>
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<tr>
<td>2:30</td>
<td>Q &amp; A</td>
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<td>2:45</td>
<td>Break, Exhibits</td>
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<tr>
<td>3:00</td>
<td>Reimagining the Possible for Non-Speaking, Autistic People</td>
<td>Clarissa Kripke, MD, Hari Srinivasan, David Teplitz, Tyler Fihe</td>
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<tr>
<td>4:00</td>
<td>Maximizing Potential – Understanding the Dimension of Neurodiversity</td>
<td>Kristen Pedersen</td>
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<td>4:30</td>
<td>Q &amp; A</td>
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<tr>
<td>4:45</td>
<td>ANNUAL SHRIVER LECTURE &amp; AWARD</td>
<td>Suzanne DiBianca</td>
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<td>5:15-6:15 pm</td>
<td>Networking Reception</td>
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### FRIDAY MARCH 6, 2020

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<td>California Children’s Services: Nuts and Bolts</td>
<td>Ben Meisel, MD</td>
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<td>8:45</td>
<td>What’s New with Augmentative Communication and Assistive Technologies</td>
<td>Kelly Rinehart, MA, CCC-SLP</td>
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<td>Q &amp; A</td>
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<td>Break, Exhibits</td>
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<tr>
<td>10:00</td>
<td>Cerebral Palsy: Personal &amp; Professional Perspectives</td>
<td>Henry Chambers, MD</td>
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<td>10:45</td>
<td>A Conversation on Cerebral Palsy from Consumers and Professionals</td>
<td>Elizabeth Grigsby, Henry Chambers, Ryan Easterly</td>
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<td>11:30</td>
<td>Q &amp; A</td>
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<td>11:45</td>
<td>Lunch (On Your Own)</td>
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<td>1:00 pm</td>
<td>Dangerous or Deadly “Cures” for Autism and Other Developmental Disabilities</td>
<td>Neal Rojas, MD, MPH</td>
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<td>1:30</td>
<td>Dental Care for Children &amp; Adults with DD: Special Considerations</td>
<td>Allen Wong, DDS, EdD</td>
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<td>2:00</td>
<td>Silence is Violence</td>
<td>Mark Starford and Kecia Weller</td>
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<td>3:15</td>
<td>Mental Health Challenges/Psychopharmacology for Individuals with DD</td>
<td>Richard Goldwasser, MD and Susan Goldwasser, MD</td>
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<td>4:00</td>
<td>Q &amp; A</td>
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<tr>
<td>4:15 pm</td>
<td>Course Adjourns</td>
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</table>
Nancy Bargmann, MSW, MBA
GUEST FACULTY
Health Systems
Department of Community
ANP, FAAN
Geraldine Collins Bride, MS,
ANP, FAAN
Professor of Pediatrics (Emerita)
Lucy S. Crain, MD, MPH, FAAP
CHAIRS
Primary Care
UCSF Office of Developmental
Health Advocate
Melissa Crisp-Cooper
Medical Director, David Sutherland
Palsy Program
Southern Family Chair of Cerebral
Orthopedic Education
Program Director, Pediatric
Orthopedic Surgery,
Professor of Clinical
Pediatric Orthopedic Surgeon
Henry Chambers, MD
Pediatric Orthopedic Surgeon
University of California, San Diego
Program Director, Pediatric
Orthopedic Education
Sacramento, CA
Southern Family Chair of Cerebral
Palsy Program
Medical Director, David Sutherland
Motion Analysis Laboratory
Rady Children’s Hospital San Diego
Melissa Crisp-Cooper
Health Advocate
UCSF Office of Developmental Primary Care

ACCREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of 14.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

The course meets the qualifications for 14.50 hours of continuing education credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.

Licensed Clinical Social Workers and Marriage & Family Therapists
University of California, San Francisco School of Medicine (UCSF) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSWs, LMFTs, LPCCs, and/or LEPs. UCSF maintains responsibility for this program/course and its content.

Course meets the qualifications for 14.50 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Provider Number: 64239

No instructor or facilitator is permitted to promote or advocate for a single modality of treatment that is discriminatory or likely to harm clients, based upon current accepted standards of practice. All CAMFT-certified education must provide training on how to treat all clients in an ethically and clinically sound manner.

Psychology
This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.

GUEST FACULTY (CONT’D)
Stephen W. Dale, Esq LLM
Attorney and Disability Rights
Advocate; The Dale Law Firm, PC
Mark Del Monte, JD
CEO/Executive Vice President
American Academy of Pediatrics
(AAP)
Suzanne DiBianca
Executive Vice President, Corporate
Relations and Chief Impact Officer
Salesforce
Ryan Easterly
Executive Director, WITH Foundation
Heidi M. Feldman, MD, PhD
Ballinger-Swindells Professor of
Developmental and
Behavioral Pediatrics
Stanford University School of
Medicine
Tyler Fihe
Autism Consultant, California
Richard Goldwasser, MD
Psychiatric Consultant to Redwood
Coast Regional Center and North
Bay Regional Center
Susan Goldwasser, MD
Psychiatric Consultant to Redwood
Coast Regional Center and North
Bay Regional Center
Elizabeth Grigsby
Consumer Rights Advocate
Golden Gate Regional Center
San Francisco, CA
Ben Meisel, MD
Medical Director – California
Children’s Services
San Francisco Department of
Public Health
GUEST FACULTY (CONT’D)
Kristen Pedersen
Senior Director, Business
Development and Workforce
Inclusion; The Arc-San Francisco
Kelly Rinehart, MA, CCC-SLP
AAC Specialist
Speech/Language Pathologist
Augmentative Communication &
Technology Services
Katie Savin, MSW, ASW
PhD Student, School of Social
Welfare; University of California,
Berkeley
Hari Srinivasan
Undergraduate in Psychology
University of California, Berkeley
Mark Stanford
Director, Board Resource Center
David Teplitz
Undergraduate in Political Science
University of California, Berkeley
Kecia Weller
Disability Rights Advocate and the
Board Resource Center Abuse
Prevention Advisory Team Lead
Allen Wong, DDS, EdD, DABSCD
Pacific Dugoni School of Dentistry
Professor and Director AEGD
Program; Director Hospital Dentistry
Program; Global Clinical Advisor,
Special Olympics Special Smiles
Program
UCSF FACULTY
Clarissa C. Kripke, MD, FAAFP
Professor of Family and Community
Medicine; Director, Office of
Developmental Primary Care
Family Physicians
Application for CME credit has been filed with the
American Academy of Family Physicians.
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GENERAL INFORMATION

Pre-registration is preferred to ensure that there are adequate course materials.

How to Enroll

Tuition:

Practicing Physicians: $450 ($550 if postmarked after 1/31/20)
Nurses, Other Health Professionals, and Trainees: $325 ($400 after 1/31/20)
Community Members: $100 (no CE/CME credit)

* All registrants will receive a printed syllabus when they check in to the conference.

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: cme.ucsf.edu
Mail: Complete course registration form and send with payment to: UCSF Office of CME 3333 California Street Suite 450 San Francisco CA 94118
Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)
Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808

ON-SITE REGISTRATION

Generally we are able to accommodate on-site registration at our courses. Please check our website for up-to-date information on the course: cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before March 3rd will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Featuring chic décor, a new restaurant, and a central location accessible by public transportation, the Holiday Inn Golden Gateway is centered between Nob Hill, Fisherman’s Wharf, and the Golden Gate Bridge, offering an oasis for San Francisco hotel guests looking for a true city experience.

A block of guestrooms has been reserved at the special UCSF conference rate of $249/night. You are urged to make your reservations early. The cutoff date is February 3, 2020 or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, please visit the conference website at cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course page. If you prefer to telephone in your reservation, call 866-272-7098 and identify yourself as a member of this UCSF conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.
REGISTRATION • MOC20001
19th Annual Developmental Disabilities: An Update for Health Professionals
March 5-6, 2020  • Holiday Inn Golden Gateway  • San Francisco, California

Mail to : UCSF Office of CME
3333 California Street, Suite 450
San Francisco, CA 94118
Fax: (415) 502-1795
Register online: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

□ Dr. □ Ms. □ Mr. □ Mrs. □ Mx.

Last Name
First
M.I.

Degree
Specialty

Address

City
State
Zip

Daytime Phone
Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list? □ Yes □ No

Date of birth to be used as OCME registrant number: _____ / _____ / XX
Month Day

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

□ $450 Practicing Physicians ($550 if postmarked after 1/31/20)
□ $325 Nurses, Other Health Professionals, and Trainees ($400 after 1/31/20)
□ $100 Community Members (no CE/CME credit)

Make checks payable to UC Regents

Please charge my credit card: □ Visa □ MasterCard □ American Express for $__________

_________________________ | __________ / ________
Card #

Expiration date

Name on Card (Please Print)

Authorized Signature

Refund Policy: Cancellations received in writing before March 3rd will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.
Please check our website for up-to-date information on the course: cme.ucsf.edu

Holiday Inn Golden Gateway
1500 Van Ness Avenue
San Francisco, CA 94109
goldengatewayhotel.com