



Presented by the Division of General Internal Medicine
University of California San Francisco • School of Medicine

Controversies in Women's Health

LIVE STREAM CONFERENCE

COURSE CHAIR

Robert B. Baron, MD, MS

Professor of Medicine

Associate Dean for Graduate and

Continuing Medical Education



Thursday - Friday

December 10-11, 2020

cme.ucsf.edu

Controversies in Women's Health

The COVID-19 pandemic has dramatically transformed patient care, especially for outpatient practice. Our ambulatory environments have been transformed and telemedicine is now an essential strategy. Nonetheless, the unique needs of women patients and women's health care providers requires innovative educational programs on women's health. Clinicians must continue to focus on preventive medicine, reproductive health, management of common gynecologic and medical problems, behavioral medicine, palliative care, and the optimal use of diagnostic tests and new medications. This program will provide a practical, state-of-the art update on a full range of common but controversial issues in women's health. Emphasis will be placed on the impact of COVID-19 on women's health, health disparities, and the care of vulnerable patients. An audience response system will be utilized and ample time will be provided for questions and discussion. An electronic course syllabus will be distributed to all participants prior to the meeting. This course, chaired by Dr. Robert B. Baron and taught by UCSF's best teachers, is presented by the Division of General Internal Medicine, Department of Medicine, in close collaboration with the Department of Obstetrics, Gynecology, and Reproductive Sciences and is sponsored by the University of California, San Francisco.

OBJECTIVES

The purpose of this course is to increase competence and improve clinician practice in women's health and primary care. We specifically anticipate improvements in skills and strategies to:

- Use best evidence to treat patients with COVID-related conditions and concerns and have a better understanding of the impact that COVID-19 has had on women's health;
- Discuss and implement new guidelines for women for prevention and early detection of cancer with clinical exams, pap tests, genetic tests, and diagnostic imaging;
- Discuss and implement new guidelines for women to prevent infectious diseases with public health approaches, vaccines, medications, screening tests, and counseling;
- Diagnose and treat common and controversial problems in women's health including hypertension, lipid disorders, obesity, arthritis, osteoporosis, depression and anxiety, STIs, and menopause;
- Counsel patients about treatment options in contraception and abortion;
- Counsel patients about clinical controversies during pregnancy;
- Manage common skin problems in women;
- Select the best diagnostic tests;
- Evaluate and prescribe new medications;
- Utilize optimal strategies to enhance value in medical practice;
- Optimize patient communication and shared decision-making;
- Develop best practices to address health disparities and care for vulnerable patients;
- Advocate for quality health care services for all women.



University of California
San Francisco

490 Illinois Street, Floor 8 • San Francisco, CA 94143

For more information, visit our website at cme.ucsf.edu
You may also reach us by calling the Office of CME at
(415) 476-4251 or emailing info@ocme.ucsf.edu.

COURSE CHAIR

Robert B. Baron, MD, MS

Professor of Medicine;
Associate Dean for Graduate and
Continuing Medical Education
University of California,
San Francisco

COURSE FACULTY

(University of California, San Francisco)

Madeline Deutsch, MD, MPH

Associate Professor of Family
and Community Medicine
Medical Director, UCSF
Transgender Care

Lindy P. Fox, MD

Professor of Dermatology
Director of Hospital Consultation

Juan M. González Velez, MD, PhD

Associate Professor of Obstetrics,
Gynecology & Reproductive
Sciences; Program Director,
Maternal-Fetal Medicine Fellowship
Program; Medical Director of Labor
and Delivery

Rebecca Jackson, MD

Professor of Obstetrics,
Gynecology & Reproductive
Sciences; Chief of Obstetrics
and Gynecology, Zuckerberg
San Francisco General Hospital

Leah Karliner, MD

Professor of Medicine
Director, Center for Aging in
Diverse Communities
Director, Multiethnic Health
Equity Research Center

Karla M. Kerlikowske, MD

Professor of Medicine and of
Epidemiology and Biostatistics
Director, Women's Health Research
Fellowship

Jennifer Kerns, MD, MS, MPH

Associate Professor of Obstetrics
and Gynecology and
Reproductive Sciences
Director, Obstetrics and Gynecology
Clinical Research

Biftu Mengesha, MD, MAS

Assistant Professor of Obstetrics,
Gynecology & Reproductive
Sciences, Assistant Program
Director, Obstetrics, Gynecology &
Reproductive Sciences Residency
Program, Medical Director of
Obstetrics, Zuckerberg San
Francisco General Hospital

Michael S. Policar, MD, MPH

Professor Emeritus of Obstetrics,
Gynecology and Reproductive
Sciences

Emma Samelson-Jones, MD

Associate Professor of Psychiatry;
Embedded Psychiatrist, Division
of General Internal Medicine

Anne Schafer, MD

Associate Professor of Medicine
Chief of Endocrinology and
Metabolism, San Francisco VA
Health Care System

Brian S. Schwartz, MD

Professor of Medicine
Division of Infectious Diseases

Judith M. E. Walsh, MD, MPH

Professor of Medicine and of
Epidemiology and Biostatistics
Associate Medical Director, UCSF
Women's Health Primary Care
Practice

Sara Whetstone, MD, MHS

Assistant Professor of Obstetrics,
Gynecology & Reproductive
Sciences, Associate Program
Director, Obstetrics, Gynecology &
Reproductive Sciences Residency
Program

Lisa Winston, MD

Professor of Medicine
Chief of Staff and Hospital
Epidemiologist, Zuckerberg
San Francisco General Hospital
and Trauma Center

faculty

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **13.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine

The approved credits shown above include **8.75** credits toward meeting the requirements under California Assembly Bill 1820, Geriatric Medicine.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Pharmacotherapeutics CEUs for Nurses

This activity is designated for a maximum of **6.75** pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

Physician Assistants

AAPA accepts category 1 credit from AOACCMCE, Prescribed credit from AAFP, and *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

Pharmacy

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credits™*.

Maintenance of Certification:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **13.50 MOC** points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

Obstetricians/Gynecologists

Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists.

Determination of credit is pending.

Controversies in Women's Health

THURSDAY, DECEMBER 10, 2020

8:00 am		<i>Course Webinar Opens</i>	
8:20		Welcome and Announcements	Robert B. Baron, MD, MS
OPENING ADDRESS			
8:30	G	Structural Racism in Medicine and Women's Health	Biftu Mengesha, MD, MAS
9:10		Q & A	
9:20	RxG	Prevention of Infections in Women: Vaccines Present and Future	Lisa Winston, MD
10:00		Q & A	
10:10		<i>Coffee Break</i>	
10:30	G	Cancer Screening 2021: New Recommendations, New Controversies	Judith M. E. Walsh, MD, MPH
11:10		Q & A	
11:20	G	Updates and Controversies in Breast Cancer Screening	Karla M. Kerlikowske, MD
12:00 pm		Q & A	
12:10		<i>Lunch Break</i>	
1:20	RxG	Diagnosis and Treatment of Osteoporosis: What's New and Controversial in 2021?	Anne Schafer, MD
2:00		Q & A	
2:10	Rx	Quality Contraception Care: Counseling and Controversies	Sara Whetstone, MD, MHS
2:50		Q & A	
3:00		<i>Coffee Break</i>	
3:20	RxG	Updates in Sexual and Gender Minority Health – State of the Science in Caring for LGBTQ People	Madeline Deutsch, MD
4:00		Q & A	
4:10	RxG	Dermatology in Women's Health: Common Uncommon Disorders of the Skin	Lindy Fox, MD
4:50		Q & A	
5:10 pm		<i>Adjourn</i>	

GENERAL INFORMATION

Registration for this virtual conference will be available until 3:00 pm on Friday December 11, 2020. Registrants will be given instructions to access the conference platform and the electronic course materials 1 week in advance of the conference. All course times are based on Pacific Standard Time Zone.

HOW TO ENROLL

Tuition: **\$465** Physicians
\$355 Nurses/Advanced Health Practitioners/Residents/Fellows

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
490 Illinois Street, Floor 8
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: cme.ucsf.edu

general info

December 10-11, 2020 • Live Stream Conference

FRIDAY, DECEMBER 11, 2020

8:15 am *Course Webinar Opens*

OPENING ADDRESS

8:30	G	Providing Equitable Care to Women with Limited English Proficiency	Leah Karliner, MD MAS
9:10		Q & A	
9:20	RxG	Managing STDs and Vaginitis in 2021: Best Practices In-person and with Telemedicine	Michael S. Policar MD, MPH
10:00		Q & A	
10:10		<i>Coffee Break</i>	
10:30	Rx	Assessment and Management of the Obstetrical Patient During the COVID-19 Pandemic	Juan M. González Velez, MD, PhD
11:10		Q & A	
11:20	RxG	Top Ten Things to Know About COVID This Week	Brian S. Schwartz, MD
12:00 pm		Q & A	
12:10		<i>Lunch Break</i>	
1:20	RxG	Gynecologic Issues in Older Women	Rebecca Jackson, MD
2:00		Q & A	
2:10	RxG	Current Issues in Women's Mental Health	Emma Samelson-Jones, MD
2:50		Q & A	
3:00		<i>Coffee Break</i>	
3:20	RxG	Treatment of Hypertension and Hyperlipidemia in Women: Integrating New Data and New Guidelines	Robert B. Baron, MD, MS
4:00		Q & A	
4:10	Rx	Abortion 3.0: A New Landscape for Protecting and Expanding Access	Jennifer Kerns, MD, MS, MPH
4:50		Q & A	
5:00 pm		<i>Adjourn</i>	

G - Geriatric Credit **Rx** - Meets Requirements for Pharmacotherapeutics and Geriatric CEUs for NPs/Nurses

program

REFUND POLICY

Cancellations received in writing before December 9, 2020 will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

LIVE STREAM MEETING

This course will be offered as a live interactive virtual conference. Login instructions along with the digital syllabus will be shared with attendees before the meeting. Included in your registration fee is access to the course recordings on demand after the conference and for 30 days after the course.

All registrants will receive a webinar log-in link the week of the course. You will enter your full name and email address to "log-in" and authenticate yourself.

Once completed, you will have access to the conference, and the system will email you an individualized access link to join the webinar at any time. For the rest of the conference you will use this link to join the webinar each day and you will never need to log-in again. If you click on the link but the webinar hasn't started yet you will be placed in a waiting room. Attendees will be admitted from the waiting room into the webinar once we begin. All of the live content is recorded and hosted on the course webpage for 30 days post course so you can review anything that you might have missed.

CONTROVERSIES IN WOMEN'S HEALTH

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Mail to : UCSF Office of CME
490 Illinois Street, Floor 8
San Francisco, CA 94143

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs. Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

ADDRESS

CITY STATE ZIP

DAYTIME PHONE FAX

EMAIL

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Please indicate if you have any special needs: _____

Registration Fees:

- \$465** Physicians
- \$355** Nurses/Advanced Health Practitioners/Residents/Fellows

Make checks payable to *UC Regents*.

Please charge my credit card: Visa MasterCard AmEx for \$ _____

CARD # _____ / _____
EXPIRATION DATE

NAME ON CARD (PLEASE PRINT) _____ AUTHORIZED SIGNATURE _____

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