This activity is developed by a community planning and advisory committee made up of self-advocates and representatives from the following agencies: UCSF, Stanford University, The Arc San Francisco, Golden Gate Regional Center, East Bay Regional Center, State Council on Developmental Disabilities, Support for Families, WITH Foundation, and the California Department of Developmental Services.

Photos courtesy of Support for Families, The Arc San Francisco, and Down Syndrome Connection of the Bay Area
This 20th annual interdisciplinary conference offers a unique update for primary care and subspecialty health care professionals and others who care for children, youth, and adults with developmental disabilities and complex health care needs. This year’s conference will be a live stream virtual program, employing a live stream webinar and various user-friendly interactive virtual platforms. The live presentations will be recorded and made available for 30 days so you can review any content you might have missed. As in past pre-pandemic conferences, non-profit exhibitors will be available to provide resources to help you to deliver more informed care for patients and clients of all ages.

Most medical and health professional education programs inadequately address care for people with developmental and intellectual developmental disabilities, although they represent a growing (and aging) population in the US. The pace of new information and research provides us with exciting opportunities to transform and improve the quality of care provided to these individuals. Ongoing research confirms racial disparities in access to quality health care and this conference features presentations which include emphasis on cultural differences, political advocacy and education to promote social justice and health equity. In these times unlike any other, the conference covers a broad spectrum of developmental disabilities, with special focus on autism spectrum disorders, seizure disorders, Down syndrome, and co-morbidities.

Our topics in 2021 include ever-present concerns about COVID-19 and updates on screening, diagnosis, and vaccines as well as associated mental health issues, crisis intervention, and the role of law enforcement related to improving interactions and encounters with children and adults with developmental disabilities. Virtual healthcare has become a reality, and ethical issues are evident within the area of healthcare advocacy. As previously, we are honored to include self-advocates among our faculty. With evidence of increasing numbers of older adults who have developmental disabilities, we are pleased to include among our esteemed speakers Dr. Louise Aronson, author of the best-selling book Elderhood.

Several practical presentations describe putting research into practice in genetics, endocrinology, gastroenterology, and neurology. Presentations by our expert faculty should be of interest to pediatricians, family physicians, nurse clinicians, psychologists, and internists who are involved in the health care of individuals across the lifespan with developmental disabilities, as well as to those in other health-related disciplines including health policy, psychiatry, school health, social work, and case management services. While the conference is designed for health care professionals, we welcome families and individuals with developmental disabilities who wish to learn from the various presentations.

We look forward to welcoming you to the 20th Annual Developmental Disabilities Update Conference and hope that your patients and clients with special health care needs will benefit from your participation.

Lucy S. Crain, MD, MPH, FAAP and Geraldine Collins-Bride, MS, ANP, FAAN
Conference Co-Chairs
THURSDAY, MARCH 25, 2021

7:30 am  Morning Check-in
7:50  Welcome and Course Overview  Lucy S. Crain, MD, MPH, FAAP
7:50  Welcome and Course Overview  Geraldine Collins-Bride, MS, ANP, FAAN
8:00  Differences Matter: Cultural Factors for Children and Adults with Developmental Disabilities  Adiaha Spinks-Franklin, MD, MPH, FAAP
8:45  Social Justice and UCSF Initiatives  J. Renee Chapman Navarro, PharmD, MD
9:15  Q & A
9:30  Break
9:50  Update on COVID-19 - Considerations for Children and Adults with Disabilities  Yvonne (Bonnie) Maldonado, MD
10:30  Impact of COVID-19 on Children and Adults with Disabilities  Georgina Peacock, MD, MPH, FAAP
11:10  Q & A
11:30  Lunch Break
1:00 pm  Political Advocacy for Health Equity – A Tribute to Stacey Milbern  Yomi Wrong
1:20  Healthcare Advocacy and Ethics  Sheraden Nicholau
1:40  Virtual Healthcare and People with Developmental Disabilities  Jennifer Dresen, MSW, MPH and Geraldine Collins-Bride, MS, ANP, FAAN
2:00  Q & A
2:15  Break
2:30  Mental Health and Crisis Intervention in People with Developmental Disabilities  Jill Hinton, PhD
3:00  Crisis Intervention Team Training and the Role of Law Enforcement  Camilla Bixler and Gregory Yates
3:30  Panel Discussion and Q & A
3:45  Stretch Break

ANNUAL SHRIVER LECTURE & AWARD
3:50  The UCSF Office for Developmental Primary Care  Clarissa C. Kripke, MD, FAAP
4:30-5:30 pm  Virtual Networking Reception

FRIDAY, MARCH 26, 2021

8:15 am  Morning Check-in
8:25  Welcome and Daily Overview  Lucy S. Crain, MD, MPH, FAAP
8:25  Welcome and Daily Overview  Geraldine Collins-Bride, MS, ANP, FAAN
8:30  Down Syndrome and Autism Spectrum Disorders  Noemi A. Spinazzi, MD, FAAP
9:10  ADHD and Autism  Adiaha Spinks-Franklin, MD, MPH, FAAP
9:40  Special Olympics: More Than Just Medals  Alicia Bazzano, MD, PhD, MPH and Allen Wong, DDS, EdD
10:10  Q & A
10:30  Break
11:00  “Elderhood” and Disabilities That Go Along with Old Age  Louise Aronson, MD, MFA
11:30  Q & A
11:35  Gastroesophageal Reflux Disease  Lauren Alexander, RN, MSN, ANP-BC
11:55  Constipation  Maria Josephina Gomez, NP
12:15 pm  Q & A
12:25  Lunch Break

THE CUTTING EDGE
1:15  Girls and Women with Autism Spectrum Disorders  Christine Wu Nordahl, PhD
1:45  Genetics – Putting Research into Practice  Randi J. Hagerman, MD, FAAP
2:25  Prader Willi Syndrome and Other Endocrinopathies with Developmental Disabilities  Diane E. J. Stafford, MD
2:35  Q & A
2:55  Break
3:15  Neurodevelopmental Considerations in Autism Spectrum Disorders  Audrey Foster-Barber, MD, PhD
3:45  Epilepsy Management  Joseph Sullivan, MD
4:15  Q & A
4:30 pm  Closing Remarks
CHAIRS
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Special Olympics Special Smiles
Program
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ACCREDITATION
The University of California, San Francisco School of
Medicine (UCSF) is accredited by the Accreditation
Council for Continuing Medical Education to provide
continuing medical education for physicians.
UCSF designates this live activity for a maximum of
13.00 AMA PRA Category 1 Credits™. Physicians
should claim only the credit commensurate with the
extent of their participation in the activity.
This CME activity meets the requirements under
California Assembly Bill 1195, continuing education
and cultural and linguistic competency.
Family Physicians
Application for CME credit has been filed with the
American Academy of Family Physicians.
Determination of credit is pending.
Nursing
For the purpose of recertification, the American Nurses
Credentialing Center accepts AMA PRA Category 1
Credit™ issued by organizations accredited by the
ACCMC.
Physician Assistants
AAP accepts category 1 credit from AOACCMC,
Prescribed credit from AAFP, and AMA PRA
Category 1 Credit™ from organizations accredited by
the ACCMC.
Psychology
This educational activity is recognized by the California
Board of Psychology as meeting the continuing
education requirements toward license renewal for
California psychologists. Psychologists are responsible
for reporting their own attendance to the California
Board of Psychology. Psychologists from other states
should check with their respective licensing boards.
Licensed Clinical Social Workers and Marriage & Family Therapists
University of California, San Francisco School of
Medicine (UCSF) is approved by the California
Association of Marriage and Family Therapists to
sponsor continuing education for LCSWs, LMFTs,
LPCCs, and/or LEPs. UCSF maintains responsibility
for this program/course and its content.
Course meets the qualifications for 13.00 hours of
continuing education credit for LMFTs, LCSWs, LPCCs,
and/or LEPs as required by the California Board of
Behavioral Sciences.
Provider Number: 64239
No instructor or facilitator is permitted to promote or
advocate for a single modality of treatment that is
discriminatory or likely to harm clients, based upon
current accepted standards of practice. All CAMFT-
certified education must provide training on how to treat
all clients in an ethically and clinically sound manner.
An attendee completing this course will be able to:

1. Approach patient care with an increased awareness of social and cultural differences and disparities, cognitive bias, and implications for healthcare access and quality of care;
2. Discuss state and national advocacy, and policy issues surrounding access to care for those with special needs and creating access to healthcare for children and adults with developmental disabilities in the 21st century;
3. Describe the impact of the COVID-19 pandemic on the developmental disabilities community, the current evidence for prevention and therapeutics, and what to watch for in your patients;
4. Identify the legal and health considerations in interactions with law enforcement and people with developmental disabilities, and implement current strategies and resources for safe crisis intervention and to support de-escalation;
5. Provide informed healthcare for people with autism spectrum disorders, Down syndrome, Prader-Willi and other developmental disabilities and develop strategies for appropriate referral;
6. Counsel individuals and families regarding ADHD, dementia, and other comorbidities of developmental disabilities, and know when and to whom to refer;
7. Increase ability to treat common GI conditions in individuals with developmental disorders;
8. Better understand how continuing neurologic and genetic research holds promise for putting research into practice;
9. Become familiar with educational programs for health professionals to promote advocacy for health equity for all and acknowledge the contributions of the UCSF Office of Developmental Primary Care in those efforts.

For early-bird registration, visit our website at cme.ucsf.edu or call (415) 476-4251.
REGISTRATION • MOC21001
20th Annual Developmental Disabilities: An Update for Health Professionals
March 25-26, 2021 • LIVE STREAM CONFERENCE

Mail to: UCSF Office of CME
490 Illinois Street, Floor 8
San Francisco, CA 94143
Register online: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs. ☐ Mx.

LAST NAME ________________________________ FIRST _______ M.I. _______

DEGREE ___________________ SPECIALTY _______________________

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CITY ______________________ STATE ______ ZIP __________________

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Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ___ ___ / ___ ___ / X X

Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

☐ $350 Practicing Physicians
☐ $250 Nurses, Other Health Professionals, and Trainees
☐ $100 Community Members (no CE/CME credit)

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Please check our website for up-to-date information on the course: cme.ucsf.edu

GENERAL INFORMATION

Registration for this virtual conference will be available until 3:00 pm on Friday March 26th. Registrants will be given instructions to access the conference platform and the electronic course materials 1 week in advance of the conference. Recordings of the talks will be available registrants to view on demand for 30 days post-course. All course times are based on Pacific Standard Time Zone.

How to Enroll

Tuition: $350 Practicing Physicians
☐ $350 (if postmarked after 1/31/21)

$250 Nurses, Other Health Professionals, and Trainees
☐ $250 (if postmarked after 1/31/21)

$100 Community Members
☐ $100 (no CE/CME credit)

Payment can be made by Visa, MasterCard, AmEx or check.

Register via:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
490 Illinois Street, Floor 8
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808

REFUND POLICY

Cancellations received in writing before March 23rd will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.